

DERAWAL PATRIKA डेरावाल पत्रिका

ANNUAL ISSUE DECEMBER 2023

61st

ANNUAL DERAWAL DAY

On Sunday, the 24th December, 2023



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of those people that we helped!

by

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DERAWAL PATRIKA

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रवि खेड़ा

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महेन्द्र बुद्धिराजा

प्रधान
सुरेन्द्र बुद्धिराजा

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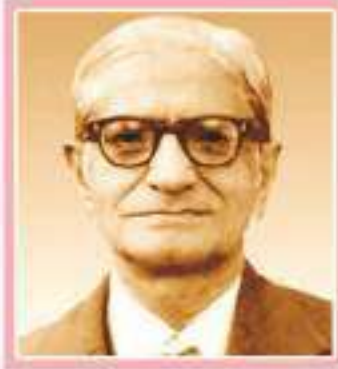
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LATE SHRI
BHAGWAN DASS MEHTA



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LATE SHRI B.D. MEHTA
Founder of Derawal Bhiawan
and Founder of
Derawal Sewa Sangh (Regd.)



LATE SHRI H.C. BHUTANI
Who laid the foundation stone of
Derawal Bhiawan, Kirti Nagar
in December, 1960



LATE SHRI R.N. SACHDEVA
Founder and the First President
of All India Derawal
Sahayak Sabha (Regd.)

सभा के प्रेरणास्रोत



LATE SH. BALLU RAM



LATE SH. N.D. GOGIA



LATE SH. G.D. NANGIA



LATE SH. S.M. CHAWLA



LATE SH. AMAR NATH MEHTA



LATE SH. R. S. LAL



LATE SHRI RAKESH AHUJA



LATE SHRI M.M. MEHTA

हमें हमेशा प्यार व साथ देने के लिए आपका पूरे परिवार व मित्रों को धन्यवाद।
हमारी प्रभु से विनती है कि आप सब हर हाल में प्यार, धैर्य, दया, आत्मविश्वास
व ईमानदारी बनाये रखे तथा हमेशा सुखी रहे।।

ALL INDIA DERAVAL SAHAYAK SABHA (Regd.)

WISHES A HAPPY NEW YEAR 2024

"MAY ALL BE HAPPY, MAY ALL BE FREE FROM ILLNESS, MAY ALL
SEE WHATS AUSPICIOUS AND PROSPEROUS, MAY NO ONE SUFFER
ALMIGHTY GOD BLESS YOU AND YOUR PARIVAR.

TO

**Esteemed Donors, Patrons, Managing Committee Members, Executive
and Co-Opted Members, Celebrities, Special Invities, Life Members
of the Sabha, All Derawal Pariwar and Near and dear.**

FROM & ON BEHALF OF



RAVI KHERA

(Chairman & Administrative Trustee)

रवि खेड़ा

(अध्यक्ष एवं प्रशासनिक ट्रस्टी)

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(Chief Patron)

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Lakshmi Narain Mehta, Anurag Chawla**

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**श्री गिरीश कुमार मेहता, श्री धरम पाल मिनोचा, श्री सुरेन्द्र कुमार मेहता,
श्री लक्ष्मी नारायण मेहता, श्री अनुराग चावला**

APPEAL

GENEROUS DONATIONS FOR NOBLE CAUSE

"Only memories remain, in the minds of those People that we have helped!"

Respected All,

Many years back, in an effort towards social well-being of the society especially the weaker sections, All India Derawal Sahayak Sabha, had set up a Homeopathy Dispensary in Derawal Bhawan, Kirti Nagar, on charitable basis. It was a humble beginning and the Dispensary was established initially under the patronage of late Shri Sham Lal Ji Mehta. The service was quite popular and was running well. Further on, there had been an era of alternate medicine and keeping in view the needs of the people, the Sabha introduced facilities for Ayurvedic treatment for sufficient long time. Homeopathic Dispensary now in Derawal Bhawan, Kirti Nagar, New Delhi, under the complete control of highly qualified Dr. Rita Wahi is in existence since 1996 and has much popularity in the vicinity & far of areas.

Over the years, All India Derawal Sahayak Sabha (Regd.) had been considering various options for proper utilization of space available in the Bhawan at Kirti Nagar. Free Health Check Up Camps were being organized every year by late Shri G.D. NANGIA and Shri RAKESH AHUJA (**Dera Rattan's**) in coordination with the Sabha. Shri Rakesh Ahuja, the back-bone of the Health Care Project had been anxious for promoting the Noble Cause, since long but the project could not be materialized for one reason or the other and it could take shape only in May, 2015.

Meanwhile, Derawal Sewa Sangh came forward to get materialized the project of Health care Centre and offered to share the funds, which were contributed by Derawal Sewa Sangh with the efforts S/Shri Ravi Khera & Girish Mehta for old age Home. The said funds were utilized for setting up of **Physiotherapy Centre** at Derawal Bhawan Kirti Nagar.

Furthermore, the space provided in the Bhawan to be used for the purpose, was got furnished as fully air-conditioned to give it a look of a modern Health Care Centre. It was finally on 10th May 2015 that **Charitable Derawal Health Care Centre** became functional in Derawal Bhawan, Kirti Nagar, New Delhi-110015.

As an additional step along with the Homeopathy facility already available, the physiotherapy facilities with the latest digital Equipment's with well-qualified Therapist are now being provided since then. **The Sabha has been putting its utmost efforts to serve the community and keep the Derawal Health Care Centre as one of the best centers in the vicinity.**

In addition, a **Dental Unit** has been established on the first-floor premises of Derawal Bhawan (Part of Derawal health Care Centre), duly furnished and well decorated, provided by Sabha. For this Unit Rotary Club of New Delhi has donated the ultra-Modern Dental Chair with latest equipment's and medical accessories, for which gesture utmost efforts made by Shri Girish Mehta one of the patrons and now Administrative Trustee of the Sabha were very much appreciated. This unit is now running successfully since its inception i.e. 26th March 2016 and is open for five working days under the care of two Specialized Doctors.

One more unit i.e. **Eye Care Centre** has also been established in a separate portion of first floor of Derawal Bhawan, duly furnished and well decorated, provided by the Sabha. For getting set up this unit (A Dream Project) all credit goes to Shri Rakesh Ahuja, one of the patrons and administrative trustees of the Sabha and Founder member of Eye care Foundation, New Delhi. For this unit on behalf of the foundation Shri Rakesh Ahuja and Mrs. Vinod Ahuja have donated all the equipments with latest digital technology. This unit was inaugurated by Dr. Archika Sudhanshu on 15th January 2017 and has been running successfully.

Eye care Centre is open for four working days under the care of specialized Doctors (M.S.) who undertake all major eye operations/surgery too.

**किसी का किया एहसान कभी भूलो मत,
अपना किया एहसान कभी याद मत करो!**

A new branded lift has also been installed in Kirti Nagar Bhawan premises by the Sabha with the funds collected by way of donations, for the convenience of ailing patient and old age of people.

Our Derawal Brethren may be aware that the Sabha has made available three air-conditioned rooms, small pantry and lobby on first floor of the Bhawan. This renovation was got completed with cooperation and donation of donors and the premises are being utilized by the community people and others for their religious and small family functions and also for short stay of guests, on charitable basis.

Donations, fund-raising and charity are important aspects or rather back-bone of any social and welfare activity. We must keep us connected with people supporting and helping such causes. The projects launched by the Sabha have been possible only with the generous donations from members and others. **For all this, your further support, good wishes and generous contributions are solicited.**

All of you with your friends and families are welcomed to avail and Utilize our facilities at Charitable Health Care Centre. The transformation done at Derawal Bhawan, Kirti Nagar, is one of the finest places in vicinity to ensure that your assistance / help would carry value & worth for genuine noble cause.

***“It's not how much we give but
how much love we put into giving.”***

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ALL INDIA DERAawal SAHAYAK SABHA (Regd.)

F-27 & 28, KIRTI NAGAR, NEW DELHI - 110015

FORMER ADMINISTRATIVE TRUSTEES

<u>S.No.</u>	<u>Name</u>	<u>Year</u>
1	Late Sh. Hukum Chand Bhutani	From 2000 to 2004
2	Late Sh. R. C. Verma	From 2000 to 2005
3	Sh. K. K. Ahuja	From 2000 To 2014
4	Late Sh. G.D. Nangia	From 2000 To 2016
5	Late Sh. M.L. Makhija	From 2000 to 2017
6	Late Sh. M. M. Mehta	From 2000 To 2021
7	Late Sh. Rakesh Ahuja	From 2000 To 2021
8	Late Sh. R. S. Lal	From 2009 To 2017
9	Late Sh. A.S. Chaudhary	From 2018 To 2021

FORMER CHAIRMEN

<u>S.No.</u>	<u>Name</u>	<u>Year</u>
1	Late Sh. Hukam Chand Bhutani	upto - 2004
2.	Late Sh. N. D. Gogia	2004 to 2007
3.	Late Sh. Ganga Dhar Nangia	2007 to 2016
4.	Late Sh. Madan Mohan Mehta	2016 to 2021

FORMER CHIEF PATRONS

<u>S.No.</u>	<u>Name</u>	<u>Year</u>
1	Late Sh. Hukam Chand Bhutani	1989 to 2000
2.	Late Sh. N. D. Gogia	2000 to 2004
3.	Late Sh. Madan Mohan Mehta	2004 to 2008
4.	Late Sh. Rakesh Ahuja	2008 to 2013
5.	Sh. K. K. Ahuja	2013 to 2014
6.	Sh. Ravi Khera	2015 to 2021



ALL INDIA DERAawal SAHAYAK SABHA (Regd.)

F-27 & 28, KIRTI NAGAR, NEW DELHI - 110015

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1955-1962 SH. RAM NATH SACHDEVA

1963-1964 SH. BHAGWAN DAS MEHTA

1965 SH. GHANSHAM DAS MAKHIJA

1966 SH. P.N. BHUTANI

1967 SH. MADAN LAL MONGIA

1968 SH. SHAM LAL MEHTA

1969 SH. MADAN LAL MAKHIJA

1970-1974 SH. PURAN CHAND NANGIA

1975-1976 SH. TIRATH DAS MEHTA

1977 SH. GANGA DHAR GUGLANI

1978-1979 SH. M.L. NANGIA

1980 SH. JAI DEV LAL NANGIA

1981-1982 SH. MOHAN LAL AHUJA

1983 SH. KRISHAN SARUP MAKHIJA

1984 SH. MOHAN LAL SETHI

1985 SH. M.L. GUGLANI

1986 SH. G.D. NANGIA

1987 SH. RAKESH AHUJA

1988-1989 SH. M.M. MEHTA

1990-1991 SH. N.D. GOGIA

1992-1994 SH. G.D. TUTEJA

1994-1995 SH. R.C. VERMA

1996-1998 SH. S.M. CHAWLA

1998-2000 SH. M.P. DAWAR

2000-2002 SH. R. K. TARNEJA

2002-2004 SH. RAVI KHERA

2004-2007 SH. RAMESH AHUJA

2007-2009 SH. D. P. MINOCHA

2009-2011 SH. B. R. PULYANI

2011-2014 SH. ANURAG CHAWLA

2014-2015 SH. SURENDER KUMAR MEHTA

2016-2017 SH. VIJAY HURIA

2018-2019 SH. INDER KUMAR DHINGRA

2019-2021 SH. MADAN MOHAN CHAWLA

2022-2023 SH. SURINDER BUDHIRAJA





EDITORIAL

"DERAWAL DAY" & FESTIVAL OF JOY

DERAWAL DAY functions are a vibrant celebration that brings together the Derawal Biradri (community) in India, creating an atmosphere of unity and cultural richness. This annual event serves as a platform for members to reconnect, celebrate their shared heritage, and partake in various cultural activities. From traditional performances to insightful discussions on community development, Derawal Day functions play a crucial role in fostering a sense of belonging and pride within the community. These gatherings not only showcase the cultural diversity of the Derawal Biradri but also provide an opportunity for members to reflect on their shared history and strengthen the bonds that define their unique identity.

NEW YEAR 2024 :

With the arrival of the New Year, we embark on a new beginning filled with fresh dreams and aspirations. It's a time to reflect on the successes and lessons of the past year and set new missions and goals for the upcoming time. Along with the New Year's arrival, we celebrate by adding more colors to our lives, moving towards happiness, and cherishing this joyful occasion with family and friends.

LOHRI :

Lohri is a splendid festival of the Punjabi community, bringing warmth and enthusiasm to the cold winter season. Celebrated on the first day of the Hindi month, it coincides with Makar Sankranti. During the

Lohri festival, we gather around the bonfire, perform rituals with offerings of sesame seeds, jaggery, and peanuts, and sing beautiful songs. This festival fills us with the spirit of prosperity and self-confidence associated with the warmth of the bonfire.

REPUBLIC DAY :

On January 26th, Republic Day marks the celebration of our country's constitution. On this day, we remember the establishment of the first Republic of India just after gaining independence. The day is commemorated with the grand parade, dedicated events in schools and colleges, and the resonance of the national anthem. Republic Day reminds us of the importance of our constitution, prosperity, and unity. It inspires us to remain committed to the principles of self-reliance and dedication to our country.

With these all festivals, we welcome joy and prosperity into the Derawal Day, and New Year, embrace the warmth and excitement of Lohri, and through Republic Day, renew our commitment to the progress of our nation. These celebrations signify that every festival provides an opportunity to share prosperity, happiness, and communal self-confidence.

*Happy Derawal Day
Cheerful and Prosperous New Year, 2024
to All of You*

**-Mahinder Budhiraja
EDITOR**

THOUGHT OF THE MONTH

**You are never too old to set another goal or
to dream a new dream.**

— Malala Yousafzai

मीनाक्षी लेखी MEENAKASHI LEKHI



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Minister of State for
External Affairs & Culture
Government of India, New Delh-110001

Dated December 20, 2023



Message

I am happy to know that the **All India Derawal Sahayak Sabha (Regd.), Kirti Nagar, New Delhi** is celebrating **61st Annual Derawal Day** on Sunday, 24th December, 2023 at **EUPHORIA MANSION**, 16, Shivaji Marg, New Delhi-110015 and publishing its Annual Derawal Patrika for the month of December, 2023. I appreciate the efforts of the members of All India Derawal Sahayak Sabha and I express my high appreciation for making continuous efforts.

I take this opportunity to extend my warm greetings and convey my best wishes to all the members of **All India Derawal Sahayak Sabha (Regd.), Kirti Nagar, New Delhi** to all success in their future.

(Meenakashi Lekhi)

To,
SURINDER BUDHIRAJA
President
All India Derawal Sahayak Sabha (Regd.)
Derawal Bhawan, F-27 & 28,
Kirti Nagar, New Delhi 110015

Office Address : 14, Mahadev Road, New Delhi-110001
Tel. : +91-11-2332 7501, 2332 7502, 2332 7503 • E-mail : m.lekhi@sansad.nic.in

शिवचरण गोयल
सदस्य, दिल्ली विधानसभा
Shiv Charan Goel

Member, Delhi Legislative Assembly

CHAIRMAN

Acharya Bhikshu Hospital (Rogi Kalyan Samiti)

MEMBER

Special Enquiry Committee of Sports
Standing Committee on Health
Department Related Standing Committee on Development
Homeopathic Board
Tihar Jail & Rohini Jail
Private Member's & Bills Resolution Committee
Reform of Business Advisory Committee



सत्यमेव जयते

कार्यालय : सामुदायिक केन्द्र बी ब्लॉक
न्यू मोती नगर, नई दिल्ली - 110015
Office : Community Centre B-Block
New Moti Nagar, New Delhi-110015
Mob. : 011-4517718, Mob. : 9811221995
E-mail : s.c.goel6262@gmail.com

Dated : 20.12.2023



मुझे जानकर अत्यंत हर्ष हो रहा है कि डेरावाल समाज इस वर्ष अपना 61वाँ वार्षिक समारोह मना रहा है। डेरावाल सभा निरंतर समाज सेवा के प्रयास में अग्रणी भूमिका निभा रहा है तथा इसी तरह यह समाज अपने दायित्वों की पूर्ति करते हुए मानव कल्याण में कार्यरत रहे।

इसी आशा के साथ मेरी ओर से हार्दिक शुभकामनाएँ।

To,
Mr. Surinder Budhiraja
President
All India Derawal Sahayak Sabha (Regd.)
Derawal Bhawan, F-27 & 28,
Kirti Nagar, New Delhi 110015

शिवचरण गोयल
(विधायक न्यू मोती नगर)



ALKA DHINGRA
Municipal Councillor
Ward-90 Moti Nagar
Municipal Corporation of Delhi



शुभकामना सन्देश

मुझे यह जानकर बहुत प्रसन्नता हो रही है कि डेरावाल समाज हर वर्ष की तरह इस वर्ष भी अपना 61वां "डेरावाल वार्षिक समारोह" मना रहा है। मानवता के कल्याण के लिए डेरावाल समाज की भूमिका बहुत ही सराहनीय है।

मेरी प्रभु से यही प्रार्थना है कि डेरावाल समाज मानवता के कल्याण में यूँ ही दिन-रात प्रगति करता रहे।

इसी प्रार्थना के साथ समस्त डेरावाल समाज को 61वें "डेरावाल वार्षिक समारोह" पर मेरी और से अनंत शुभकामनाएं।

अलका ढींगरा

Alka Dhingra

निगम पार्षद
वार्ड -90 मोती नगर

Office Address : D-34B, Ground Floor, Moti Nagar, New Delhi-15
Office No. 8368136643 : Email : ward90motinagar@gmail.com

Prof. (Dr.) JAGDISH MUKHI

Former : Governor Assam, Nagaland, Mizoram & Manipur

Former : Lt. Governor Andman * Nicobar Island

Former : Leader of Opposition Delhi Vidhan Sabha

Former : Finance Minister Delhi Govt.



A-2/70, Janak Puri,
New Delhi-110058
Tel. : 011 79608660
9350053031



Message

18 December 2023

I am glad that **All India Derawal Sahayak Sabha (Regd.)** is celebrating its **61st annual Derawal Day**. This Sabha seems to be the oldest Punjabi organisation in Delhi. The Sabha has provided various facilities to the community. I appreciate the hardwork put in by the trustees and office bearers of this Sabha to bring the organisation at this level.

My good wishes for the successful conduct of the annual function.

(Prof. Jagdish Mukhi)

To,

Mr. Ravi Khera

Chairman and Administrative Trustee
All India Derawal Sahayak Sabha (Regd.)
Derawal Bhawan, F-27 & 28,
Kirti Nagar, New Delhi 110015

LEENA KUMAR

Municipal Councillor
Malviya Nagar,
Ward 149



LEENA HARISH KUMAR

- Glad to know that like every year , All India Derawal Sahayak Sabha (regd.) is celebrating its 61st " Annual Derawal Day Function" this year too.
- The role of All India Derawal Sahayak Sabha (regd.) for the welfare of humanity is very commendable!
- My prayer to God is that All India Derawal Sahayak Sabha (regd.) continues to progress day by day in the welfare of humanity.
- With this prayer, I extend my best wishes and blessing to the entire Derawal community on the " 61st Annual Derawal Day Function ".

LEENA KUMAR
Municipal Councillor
Malviya Nagar, Ward 149

Office address : MCD J.E office .Opposite Malviya nagar main market .
Phone no. : 9810178255, 9311103005



सुभाष सचदेवा

पूर्व विधायक
दिल्ली विधान सभा



डी-42, मानसरोवर गार्डन,
नई दिल्ली-110015
दूरभाष : 25191645, 25158910

19 दिसम्बर 2023

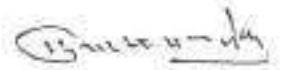
संदेश

मुझे यह जानकर अति प्रसन्नता हुई कि ऑल इण्डिया डेरावाल सहायक सभा (रजि.), कीर्ति नगर, नई दिल्ली द्वारा 61वाँ वार्षिकोत्सव का आयोजन 24 दिसम्बर, 2023 को होने जा रहा है। इस सामाजिक, सांस्कृतिक व पारिवारिक परिवेश पर आधारित कार्यक्रम पर मैं आपको हार्दिक शुभकामनाएँ प्रेषित कर रहा हूँ।

इस तरह के आयोजन की आज के समाज में अति आवश्यकता है जो समाज को जागरूक एवं एक सूत्र में पिरोता है।

श्री सुरेन्द्र बुद्धिराजा

प्रधान,
ऑल इण्डिया डेरावाल सहायक सभा
कीर्ति नगर, नई दिल्ली-110015


(सुभाष सचदेवा)

DERAWAL BHAWAN, KIRTI NAGAR, NEW DELHI



DERAWAL BHAWAN (DHARAMSHALA) HARIDWAR



MESSAGE FROM



SH. RAVI KHERA

Chairman & Administrative Trustee

ALL INDIA DERAVAL SAHAYAK SABHA (Regd.)

F-27 & 28, KIRTI NAGAR, NEW DELHI-110015

On this joyful occasion of the celebration of our **61st Annual Derawal Day** on 24th Dec. 2023. (After a gap of two years Sabha could not Organize the Annual Derawal Day due to the Covid-19 pandemic. I on behalf of All India Derawal Sahayak Sabha (Regd.) offer my best wishes and heartfelt greetings to all our Derawal and known people within the country and abroad.

With every passing day AIDSS (Regd.) is doing the best of its ability to bring out remarkable improvement through Social and Charitable Health Care activities in Derawal Bhawan, Kirti Nagar, New Delhi, and providing comfortable stay-on charitable rates at Derawal Bhawan, Haridwar.

Thanks to the entire team of All India Derawal Sahayak Sabha (Regd.), and recently introduced Sub-committees for their excellent performance in the execution of their duties.

Special Thanks to the Honoured Donors for their generous support and Associate Organization for their selfless moral support.

Rest assured that our efforts will continue to further enhance the level and quality of comfort in the field of Social Welfare Activities and Health Care Services.

Wishing you and your Family Members

A Very Happy Prosperous & Healthy New Year 2024

MESSAGE FROM



D.P. MINOCHA
Administrative Trustee & Patron

ALL INDIA DERAVAL SAHAYAK SABHA (Regd.)
F-27 & 28, KIRTI NAGAR, NEW DELHI-110015

It matters great-pride & is of immense pleasure to extend greetings to all Derawal Brethren on this auspicious occasion of celebration of **61st ANNUAL DERAVAL DAY on 24th December, 2023** by All India Derawal Sahayak Sabha (Regd.) Kirti Nagar, New Delhi.

I pay my sincere regards, particularly to the Donors, to all associated members of Managg. Committee, Seniors & other workers for their selfless services in achieving goals of success in Sabha's Various Social & religious projects and charitable activities, which were/are impossible without their co-operation.

I wish the Sabha to achieve new heights in other such projects too. I also extend my warm wishes for success of Jalsa.

Best wishes for A Happy & Prosperous New Year 2024
to All of You and Your Families.

MESSAGE FROM



GIRISH MEHTA
Administrative Trustee & Patron

ALL INDIA DERAVAL SAHAYAK SABHA (Regd.)

F-27 & 28, KIRTI NAGAR, NEW DELHI-110015

It is with great pleasure I express my gratitude to the Management Team for their extraordinary support with the philanthropic projects in serving the society, and carrying on the tradition started by our elders.

Welcoming the 61st ANNUAL DERAVAL DAY of All India Derawal Sahayak sabha (AIDSS) this year with tremendous gratitude and love to everyone

Wishing you all

A VERY HAPPY AND PROSPEROUS NEW YEAR 2024

MESSAGE FROM



SURENDER KUMAR MEHTA
Administrative Trustee & Patron

ALL INDIA DERAVAL SAHAYAK SABHA (Regd.)
F-27 & 28, KIRTI NAGAR, NEW DELHI-110015

It is with great pleasure I express my gratitude to the Management Team for their extraordinary support with the philanthropic projects in serving the society, and carrying on the tradition started by our elders.

Welcoming the 61st ANNUAL DERAVAL DAY of All India Derawal Sahayak Sabha (AIDSS) this year with tremendous gratitude and love to everyone.

Wishing you all
A VERY HAPPY AND PROSPEROUS NEW YEAR 2024

MESSAGE FROM



SURINDER BUDHIRAJA
President

ALL INDIA DERAVAL SAHAYAK SABHA (Regd.)
F-27 & 28, KIRTI NAGAR, NEW DELHI-110015

It gives me immense pleasure to say that with the co-operation of all Derawal Brethren and the Generous contribution of our esteemed donors, your sabha has been able to achieve the glorious heights in improvements both in Derawal Bhawan, Haridwar and Kirti Nagar.

I assure you that our team shall continue its best efforts in the same spirit and always aim at, giving a fillip to the charitable and social activities of the sabha.

Wishing you and your family

A Very Happy, Healthy and Prosperous New Year 2024



KNOW YOUR SABHA

CHAIRMAN, ADMINISTRATIVE TRUSTEES & PATRONS 2022-2024



SH. RAVI KHERA
Chairman & Administrative Trustee
D-85, Kirti Nagar,
New Delhi-110015
(M) : 9811044791
(R) : 011-45076262



SH. SURENDER KUMAR MEHTA
Administrative Trustee & Patron
N-58, Kirti Nagar,
New Delhi-110015
(M) : 9811100683



SH. D. P. MINOCHA
Administrative Trustee & Patron
F-10 / B, Kirti Nagar,
New Delhi-110015
(M) : 9312215597



SH. L. N. MEHTA
Administrative Trustee & Patron
C-29, Vikas Puri,
New Delhi - 110018
(M) : 9891422416
9810626787



SH. GIRISH MEHTA
Administrative Trustee & Patron
38/13, East Patel Nagar,
New Delhi-110008
Tel. : (R) 25787525 (O) : 28115050
(M) : 9811027331



SH. ANURAG CHAWLA
Administrative Trustee & Patron
Noida (U.P.)
(M) : 9810154811, 9910054811



CHIEF PATRON 2022-2024



SH. RAMESH AHUJA
Chief Patron
8-A/56, W.E.A., Karol Bagh,
New Delhi-110005
Tel. : 011-25728276
(M) : 7838441693



PATRONS 2022-2024



SH. K. S. MAKHIYA
Patron
A-34, N.D.S.E., Part-II,
New Delhi-110 049
(M) : 9999555525



Dr. RAM SARUP VERMA
Patron
H. No. 484, Sector 16-A,
Faridabad (Haryana)
(M) : 9311049984



SH VIJAY HURIA
Patron
F-21, Ground Floor,
Kirti Nagar, New Delhi-110015
Tel. : @ 45056735
(M) : 9810248610



SH. GURU DUTT RAKHEJA
Patron
A-103, Vishal Enclave,
New Delhi-110027
(M) : 9711152275



PATRONS 2022-2024



SH. HANS RAJ KALRA
Patron
C-3/361, Janak Puri
New Delhi-110058
(M) : 9582829009



SH. HARISH CHHABRA
Patron
3-C/35 New Rohtak Road
New Delhi-110015
Tel. : 9818401848



SH. INDER KUMAR DHINGRA
Patron
D-49 Kirti Nagar
New Delhi-110015
(M) : 9818441412



SH. MADAN GOPAL MEHTA
Patron
C-1/45, Janak Puri,
New Delhi-110058
(M) : 9810046862



SH. MAHINDER BUDHIRAJA
Patron
F-75, Kirti Nagar,
New Delhi-110015
Tel. : 41425446
(M) : 9312241788



SH. MANOJ HURIA
Patron
66, Tarun Enclave,
Pitampura, Delhi-110034
(M) : 999985180



SH. VED PRAKASH CHAWLA
Patron
M/s. Dreamland Publications
J-128, Kirti Nagar,
New Delhi-110015
Tel. : 011-25106050, 25435657



CELEBRITIES OF THE SABHA 2022-2024



SH. ARUN RAKHEJA
P-10/3, DLF, Ph-II,
Gurugram-122002 (Haryana)
(M) : 9810128787



SH. B. R. SIKRI
C-976, Sushant Lok,
Gurugram-122002 (Haryana)
(M) : 9810333492



SH. BHUPENDER KUMAR NAGPAL
F-78, 2nd Floor,
Kirti Nagar,
New Delhi-110015
(M) : 9891482214



SH. RAJIV SACHDEVA
J-1328, Palam Vihar,
Gurugram-122017 (Haryana)
(M) : 9811033655



SH. YASH PAL ARYA
WZ-6/1, Krishnapuri,
P.O. Tilak Nagar,
New Delhi-110018
(M) : 9818216037



MANAGING COMMITTEE MEMBERS 2022 - 2024



SH. SURINDER KUMAR BUDHIRAJA
President
F-75 Kirti Nagar
New Delhi-110015
(M) : 9810254630



SH. MOHIT AHUJA
Joint Secretary
7/217, 1st Floor,
Ramesh Nagar,
New Delhi-110015
(M) : 9871022522



SH. BHARAT BHUSHAN AHUJA
Vice President
N-62 Kirti Nagar
New Delhi-110015
(M) : 9811132949, 8368559491



SH. MONISH TANEJA
Treasurer
F-14, Kirti Nagar,
New Delhi-110015
(M) : 9212838307



SH. RAMESH KATHURIA
Secretary
F-31, Kirti Nagar,
New Delhi-110015
(M) : 9810039245



SH. SAMEER GROVER
I.T. Advisor
13/1, 1st Floor,
Old Rajinder Nagar,
New Delhi-110060
(M) : 9811111951



EXECUTIVE MEMBERS 2022 - 2024



SH. ANIL KHERA
Executive Members
262, 2nd Floor,
Gujrawala Town,
Part-III, Delhi-110009
(M) : 9810452331



SH MAHINDER MEHTA
Executive Member
N-59, Kirti Nagar,
New Delhi-110015
(M) : 9911687055



SH. ANIL SACHDEVA
Executive Member
F-41, Kirti Nagar,
New Delhi-110015
(M) : 9818508511



SH NARESH KUMAR MINOCHA
Executive Member
F-10 B,
Kirti Nagar,
New Delhi-110015
(M) : 9582780851



SH. K.N. NAGPAL
Executive Member
F-37, Ground Floor,
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(M) : 9811744480



SH O.P. RAJPAL
Executive Member
F-18 Kirti Nagar,
New Delhi-110015
Tel. : (R) 25462692
(M) : 9911542488



SH LOKESH SACHDEVA
Executive Member
C-139, West Patel Nagar
New Delhi-110008
(M) : 9811193811



SH PRABHU DAYAL SATIJA
Executive Member
L-77, Malviya Nagar, New Delhi-17
A-273, Shivalik, Malviya Ngr, N.Delhi-17
Tel. : (O) 011-26680126, 26682351
(M) : 9871053202, 8178456956



EXECUTIVE MEMBERS 2022 - 2024



SH. PARMOD KUMAR BHATIA
Executive Member
F-98, 1st Floor,
Kirti Nagar, New Delhi
(M) : 9810240447



SH. SURESH KUMAR GULATI
Executive Member
N-97, Ground Floor,
Kirti Nagar,
New Delhi-110015
(M) : 9810472033



SH RAKESH MINOCHA
Executive Member
F-10 B, Kirti Nagar,
New Delhi-110015
(M) : 9312232161



SH. VEER BHAN THAKUR
Co-opted Member
240, Tarun Enclave,
Pitampura, Delhi-110034
(M) : 9868832224



SH. SANJAY RAJPAL
Executive Member
F-18 Kirti Nagar
New Delhi-110015
(M) : 9811226561



SH. VIVEK KHERA
Executive Member
D-85, Kirti Nagar
New Delhi-110015
Tel. : 45076263
(M) : 9899808911



SH. SUDERSHAN PAWHA
Executive Member
2/107 (Front Side) 1st Floor
Subhash Nagar, New Delhi-27
Tel. : (R) 25140610
(M) : 9999091021



SH YOGESH BHUTANI
Executive Member
68-A, 3rd Floor, Front Side,
Single Storey, Ramesh Nagar,
New Delhi-15
(M) : 9213479878, 8285009878



CO-OPTED EXC. MEMBERS 2022 - 2024



PT. MAHESH SHARMA
Co-Opted Member
B2/B-42, Janak Puri,
New Delhi-110058
(M) : 9818223557



SH. CHANDER SETHI
Co-Opted Member
C-68, Kirti Nagar,
New Delhi, 110015
(M) : 9810995479



SH. AJIT BHUTANI
Co-opted Member
6-B, Vikrant Enclave, Mayapuri,
New Delhi-110064
(M) 9818910003/04



SH. DHRUV MAKHIJA
Co-Opted Member
27/28, Patel Nagar East
New Delhi -110008
(M) : 9582360717



SH ASHUTOSH SHARMA
Co-Opted Member
B-24, Dayanad Colony,
Lajpat Nagar-IV, New Delhi-110024
Tel. : 011-26436147
(M) : 9312105617



SH. GAURAV KHERA
Co-Opted Member
D-85, Kirti Nagar,
New Delhi-110015
(M) : 9999035311



CO-OPTED EXC. MEMBERS 2022 - 2024



SH. INDER CHHABRA
Co-Opted Member
F-9, Kirti Nagar
New Delhi-110015
(M) : 8860096863



SH. NEERAJ GROVER
FW01, 14B, M3M
Golf Estate, Sector-65,
Gurgaon-122102, Haryana
(M) 9811380942



Sh. J.R. MEHNDIRATTA
Co-opted Member
201, Mukharjee Nagar,
Delhi-110009
(M) : 9811242519



SH RAVINDER BUDHIRAJA
Co-opted Member
F-75, Kirti Nagar
New Delhi-110015
(M) : 9868176288



SH KAMAL TUTEJA
Co-opted Member
3/8, 1st Floor, Ramesh Nagar,
New Delhi-110015
(M) : 9810199249



SH UMESH KHERA
Co-opted Member
D-56 Kirti Nagar
New Delhi-110015
(M) : 9212081181



SH. MANISH MINOCHA
Co-opted Member
F-10/B, Kirti Nagar,
New Delhi-15
(M) : 9873693669



SH. VISHAL HURIA
Co-opted Member
F-21, Kirti Nagar,
New Delhi-110015
(M) : 9718375535



SH MUNISH NAGPAUL
Co-opted Member
J-49, 3rd Floor, Kirti Nagar
New Delhi-110015
(M) : 9810324546



SH Y.K. BHUTANI
Co-opted Member
F-52, Ground Floor,
Kirti Nagar,
New Delhi-110015
(M) : 9868822079



SPECIAL INVITEES 2022-2024



SH. CHANDER BAJAJ
Special Invitee
H.No. 1858, Sector-16,
Faridabad-212002 (Haryana)
(M) : 9990400261



SH. GAURAV BAWA
Special Invitee
M/s. Bawa Jewellers
Kirti Nagar,
New Delhi-110015
(M) : 7847004700



SH. D.N. MADAN
Special Invitee
129, Tarun Enclave,
Pitampura,
Delhi-110034



SH. HARISH CHAWLA
Special Invitee
13/8, East Patel Nagar,
New Delhi-110008
(M) : 9810015254



SPECIAL INVITEES 2022-2024

**SH. JEEWAN MEHTA**

Special Invitee
E-21, 1st Floor,
Moti Nagar,
New Delhi-110015
(M) : 09359946520

**MAJ. M.K. NAGPAL**

Special Invitee
248-G, MIG Flats,
Rajouri Garden,
New Delhi-110027
(M) : 9871833225

**SH. MANISH DIWAN**

Special Invitee
F-37, Mansarovar Garden,
New Delhi-110015
(M) : 9868156997

**SH. NARENDER BAJAJ**

Special Invitee
M/s. Shyam Sweets
House No. 104, Model Town,
4/8, Marla, Gurugram-122007 (HR)
M : 9811335581

**SH. SHAMMI GAMBHIR**

Special Invitee
C-3/71, Ashok Vihar,
Phase-II, New Delhi-110052
(M) : 9810062366

**SH SUDHIR GROVER**

Special Invitee
Tower No. 6, 701,
Palam Terraces Select,
Sector-66, Gurugram (Haryana)
(M) : 9811050521

**SH. VIJAY NANGIA**

Special Invitee
B-4/19B, Ashok Vihar,
Phase-II, New Delhi-110052
(M) : 9910255299

**SH. VINAI MEHTA**

(Financial Consultant)
Special Invitee
KU-10, Vaisakha Enclave
Pitampura, Delhi-110034
Tel. : 27345789 (M) : 9810134332

**SH. VIKAS SEHRA**

Special Invitee
A-111, Lok Vihar,
Pitampura, Delhi-110034
(M) 9810028790



ALL INDIA DERAWAL SAHAYAK SABHA (REGD.)

Following Derawals have attained the age of 85 yrs. and above. Sabha wishes them long & healthy life

**SMT. SAROJ MUKHI**

W/o Late Sh. Yudhister Lal Mukhi
D.O.B. : 17.08.1935
I-27, Kirti Nagar,
New Delhi-110015

**SH. YASH PAL ARYA**

D.O.B. : 01.10.1938
WZ-6/1, Krishnapuri,
P.O. Tilak Nagar,
New Delhi-110018

**SH. GURU DUTT RAKHEJA**

D.O.B. : 16.03.1937
A-103, Vishal Enclave,
New Delhi-110027

**SH. Dr. M.L. MANCHANDA**

D.O.B. : 06.06.1930
Palwal, Haryana



ALL INDIA DERAWAL SAHAYAK SABHA (REGD.)

Following Derawals have attained the age of 85 yrs. and above. Sabha wishes them long & healthy life



SMT. RAM PYARI BHUTANI
W/o Late Sh. Radhey Shyam Bhutani
D.O.B. : Jan. 1930
Flat P4181, ATS Pristine,
Sector-150, Noida, U.P.



SMT. LAJWATI BANGIA
D.O.B. : 15.04.1933
1400/10, Katra Safed,
Amritsar (Punjab)



SH. D.N. MADAN
D.O.B. : 03.11.1930
129, Tarun Enclave,
Pitampura,
Delhi-110034



SH. JEEWAN MEHTA
D.O.B. : 25.07.1937
E-21, 1st Floor,
Moti Nagar,
New Delhi-110015



SH RAM PARKASH MEHTA
D.O.B. : 01.04.1934
E-22, Moti Nagar,
New Delhi-110015



SH. JAGDISH CHANDER KHERA
D.O.B. : 18.10.1928
17, Ground Floor, Bank Enclave,
Rajouri Garden, New Delhi-110027



SHRI J.K.L. AHUJA
D.O.B. : 18.08.1933
E-1059, Saraswati Vihar,
Delhi-110034



SH. ISHWAR DATT MADAN
D.O.B. : 91 years.
276, Sector-31,
Gurugram-122001 (Haryana)



SH. VED PRAKASH KATHURIA
D.O.B. : 24.02.1928
F-49, Kirti Nagar,
New Delhi-110015



SMT. UMA MADAN
D.O.B. : 86 years.
276, Sector-31,
Gurugram-122001 (Haryana)



SH. LAKSHMI NARAIN MEHTA
D.O.B. : 18.07.1934
C-29, Vikas Puri,
New Delhi-110018



Sh. DHARAM DEV NANGIA
D.O.B. : 10 JUNE 1933
13/38A, Tilak Nagar,
NEW DELHI-110018



MRS. LAJWANTI MEHTA
D.O.B. : 24.04.1936
C-29, Vikas Puri,
New Delhi-110018

Secretary's Report



Dear Derawal Brethren,

It gives me immense pleasure for availing the opportunity of presenting ANNUAL REPORT of your own Sabha ALL INDIA DERAVAL SAHAYAK SABHA (Regd.)

ANNUAL DERAVAL DAY :

Our Sabha celebrated its 60th Annual Derawal Day Function on 29th December 2019 with usual gaiety at S . D . PUBLIC SCHOOL grounds, Kirti Nagar, New Delhi. This was a very successful programme in which a very large number of Derawals participated from different parts of the country. The programme was so interesting that audience glued to their seats. Dedicated members of the Sabha were honoured for their services.

RETREAT FUNCTION to celebrate the success of Annual Derawal Day was held in February 2020. HEALTH CHECK UP CAMP was organized at DERAVAL BHAVAN, Kirti Nagar, in March 2020 in which well qualified doctors and specialists attended to hundreds of persons and advised them suitably.

Sabha could not hold Annual Function after 2019 due to the worldwide spread of pandemic CORONA VIRUS.

JYOT YATRA :

Our Sabha has been organizing Jyot Yatra to the Holy city of Haridwar for GANGAAARTI during the month of April every year for the past so many years but due to spread of CORONA VIRUS, Sabha could not organize the Jyot Yatra but a trip was organized jointly with DERAVAL SHIV SAMITI in the month of June 2022 with GANGAAARTI & Puja.

SPECIAL SERVICES :

Due to the pandemic CORONA VIRUS, Sabha had to stop providing charitable services in its Health Care Department at Derawal Bhavan, Kirti Nagar, New Delhi. I feel pleasure in telling you that Sabha started its HOMOEOPATHIC & PHYSIOTHERAPY services for the General Public on Charitable basis from the month of September 2021. EYE CLINIC, DENTAL CLINIC as well as ACCUPRESSURE clinic also started functioning regularly from June 2023.. Besides, Sabha is providing Free Medical check up services of Blood Pressure and Blood Sugar daily at Derawal Bhavan, Kirti Nagar, New Delhi.

Monthly Derawal Patrika was published regularly till March 2020 but due to CORONA VIRUS, we had to stop its publication. After a gap of over 2 years, Sabha has re-started publishing **DERAWAL PATRIKA on Quarterly** basis from October 2022.

Sabha has its **Website : www.derawalsahayaksabha.com** and **E-mail : delhi@derawalsahayaksabha.com** is also available and all day to day activities are uploaded in it and the members can get the information from the website.

Dear friends, you will appreciate that sincere and strong efforts are made by your Sabha in the service of humanity and providing charitable health care services to the general public. Each one of us can be justifiably proud of all this. This could only be possible with the able guidance of our worthy Chairman, Chief Patron, Administrative Trustees, Patrons and all my colleagues and the staff of Derawal Bhawan, both at New Delhi and Haridwar. Still if any member or Derawal Brethren has any suggestion for further improvement, it is always welcome and appreciable.

I AM FULLY CONFIDENT THAT WITH THIS HELP AND ENCOURAGEMENT WE SHALL CONTINUE TO SERVE THE COMMUNITY IN FUTURE TOO.

Wishing you and your families A VERY HAPPY NEW YEAR 2024.

—RAMESH KATHURIA
Secretary



Mahinder Budhiraja

Guinness & OMG World Record Holder

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Editor : DERAVAL PATRIKA, ALL INDIA DERAVAL SAHAYAK SABHA (Regd.)
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Chairman : LIONS CLUBS DELHI WEST, Lions Clubs Intl. 321 A-3
President : DELHI PRINTERS' ASSOCIATION Regd. (2019-20)
President : DELHI PRINTERS' CLUB
Chief Patron : KIRTI NAGAR RESIDENTS WELFARE ASSN.
Patron : RETIRED PERSONS WELFARE ASSN., Kirti Nagar
Vice President : F-BLOCK KIRTI NAGAR RESI. WELFARE ASSN.
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WELCOME ADDRESS

Presented by



ALL INDIA DERAVAL SAHAYAK SABHA (Regd.)

F-27-28, Kirti Nagar, New Delhi-110015

to

Prof. (Dr.) JAGDISH MUKHI

CHIEF GUEST

at

61st ANNUAL DERAVAL DAY FUNCTION

Held on Sunday, the 24th DECEMBER, 2023

Sir,

All India Derawal Sahayak Sabha (Regd.) with immense pleasure feels greatly honoured by your kind acceptance of its invitation to be **CHIEF GUEST of the JALSA** on its **61st ANNUAL DERAVAL DAY FUNCTION** organized by it and extends to you and each member of your august family a Warm and Hearty Welcome, besides Greetings and Best Wishes for the ensuing New Year 2024.

Sir, You were born in the year 1942 in a reputed family in Dajal, District Dera Ghazi Khan. You have God gifted qualities with a philanthropic spirit, highly educated personality. Your allround admirable proficiency has always been appreciated in the Political arena. You have always justified the confidence reposed in you as Administrator, Politician and other entrusted Portfolios.

Sir, you served as Minister of Finance, Planning, Excise & Taxation and Higher Education in Delhi Government and your ability reflected in every department.

Sir, recognizing your caliber, the Hon'ble President of India was pleased to appoint you as Lietenant Governor of Andaman & Nicobar Islands in the year 2016. Later on you served as the Hon'ble Governor of Assam from 2017 to 2023. You held the Additional charge of Governor of Nagaland from 2021 to 2023.

Sir, **All India Derawal Sahayak Sabha (Regd.)** expresses its heartfelt gratitude and feels proud of your achievements, emotions and sentiments that you are a distinguished Derawal Personality. May the Almighty God bless you and your family members a long life and good health to enable you to continue to serve the humanity.

With best compliments from



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WELCOME ADDRESS

Presented by



ALL INDIA DERAawal SAHAYAK SABHA (Regd.)

F-27-28, Kirti Nagar, New Delhi-110015

to

SHRI L. N. MEHTA

GUEST OF HONOUR

at

61st ANNUAL DERAawal DAY FUNCTION

Held on Sunday, the 24th DECEMBER, 2023

Our Administrative Trustee, Dera Bhushan **Shri L. N. Mehta** was born on 18th July 1934 in the well-known Mehta Parivar of Dera Ghazi Khan. After the partition of the Country, like other victims of partition, the family migrated to settle in Ghaziabad, a small town near Delhi.

He continued his studies and graduated in Commerce (B. Com) from Agra University in the year 1954 with flying colours. He obtained 3rd position in the University and was the proud awardee of the Chancellor's Medal and Scholarship for pursuing higher studies. Destiny, however, decided otherwise and he took up his career as an Auditor in the Accountant General's Office (Government of India). Subsequently, he succeeded in joining the Central Secretariat Service (CSS). Being a person of great acumen, his hard work and brilliance paid rich dividends and he was fortunate enough to reach the level of Deputy Secretary, Government of India. He had long innings of around twenty years in the Ministry of Defence where he gained expertise in the areas of weapons and armaments for the Armed Forces apart from Administration and Vigilance.

The last five years of his career were spent all together in a different field in the Department of Electronics, Ministry of Information Technology from where he retired as Deputy Secretary in the year 1992. His competence led him to the scientific and technical field of Standardization, Testing, and Quality Control relating to electronic goods. In the process, he got involved in setting up new Laboratories all around the country especially in the Northeastern States apart from upgrading the existing facilities. This job also gave him a chance to take part in Electronic Exhibitions in Germany and USA. The department recognized his caliber and re-appointed him as a consultant for some time.

Shri L. N. Mehta is married to Ms. Lajwanti daughter of the late Shri Assa Nand Dhingra, then settled in Varanasi. She graduated and obtained a master's

degree in political science from BHU. After marriage, she completed her B.Ed. from Punjab University and entered the Teaching profession in Delhi and earned a respectable position. She retired as Vice Principal in the year 1996.

Shri L. N. Mehta has been blessed with two daughters. Both the daughters are very intellectual like their parents and are in the medical profession. The elder daughter Dr. Poonam is a renowned Gynecologist and is married to Dr. K. K. Chawla, Physician. They run a Nursing Home in Vikaspuri, New Delhi, known as CHAWLA MATERNITY HOME. Younger daughter Dr. Manisha is a Consultant (Anesthetics) and is married to Dr. Kapil Kumar, an Ortho Surgeon. The couple is settled in Scotland (UK).

His association with The All India Derawal Sahayak Sabha has been as old as the Sabha itself. It started with the time when late Shri Bhagwan Das Ji Mehta and Late Shri Radhey Sham Lal picked him up and took him to the Printing Press in Karol Bagh where the three of them used to spend hours in the evenings sometimes till late midnight to check the proofs to ensure timely publication of Derawal Patrika. This was the period when the composition and printing work was done manually. His active participation in Derawal Sahayak Sabha started in the year 1962 and served in various capacities before he took over as Joint Secretary in 1966 when the late Shri P. N. Bhutani became President of the Sabha. He became Secretary in 1967 and 1968 during the presidency of late S/Shri M. L. Mongia and Sham Lal Ji Mehta. He is one of the celebrities of the Sabha. He has been an Executive Committee member for many-many years. He was assigned a very important portfolio of Internal assessment. Besides internal Audit, he had to study the functioning of Haridwar Bhawan to streamline the management there and plug loopholes. His assessment and reporting were always commendable and implemented for smooth administration control.

Sabha expected more important duties to be discharged by him, so he was requested to take the Editorship of Derawal Patrika after the demise of Shri Veer Bhan Ji Veer. He had been very diligently justifying the trust reposed in him by the Sabha for more than 8 years. His editorials were hot topics of the day, are worth reading, and are educative too.

It is a matter of great pleasure for **All India Derawal Sahayak Sabha (Regd.)** to honour Shri L. N. Mehta as **"GUEST of HONOUR"** at the Annual Derawal Day Function. The Sabha prays to the Almighty God to give him and his family a long life and good health.



WELCOME ADDRESS

Presented by



ALL INDIA DERAVAL SAHAYAK SABHA (Regd.)

F-27-28, Kirti Nagar, New Delhi-110015

to

SHRI VINOD RAJPAL

GUEST OF HONOUR

at

61st ANNUAL DERAVAL DAY FUNCTION

Held on Sunday, the 24th DECEMBER, 2023

Sir,

All India Derawal Sahayak Sabha (Regd.) has the proud privilege of welcoming you today at its **61st Annual Derawal Day** as **Guest of Honour**, being celebrated by it and offers you and all the members of your family warm Greetings and Very Best Wishes for the ensuing New Year, 2024.

Sir, You were born on 6th January 1948 and belong to Dera Gazi Khan Family. You are associated with the Printing Industry and your business in Noida and Dubai. You are always ahead in social service and you held senior positions in Printing Organizations, many associations and Societies.

Sir, you are very generous, religious and most cooperative personality. You are so firm in your life that you always are hopeful to achieve a particular goal and equipped with best ability and art you achieved what you thought. Sir, while acquiring all the rare qualities you have gained highest repute and goodwill in the society.

Sir, All India Derawal Sahayak Sabha expresses its heartfelt gratitude and really proud of your achievements, emotions and sentiments that you are a distinguished Personality and it prays may God bless you and your family members a long life and good health to enable you to continue to serve needy persons at large particularly Derawal Community with the same zeal and vigour as you have shown till this day.

डेरावाल दिवस
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Ramesh Kathuria
Gen. Secretary
All India Derawal Sahayak Sabha (Regd.)

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LIFETIME ACHIEVEMENT AWARD



SHRI DINA NATH MADAN

Shri D. N. Madan was born on the 3rd of November 1930 in a respected land-lord family of Dera Ghazi Khan, (now in Pakistan), his early schooling gave signs of the emerging personality of Shri Madan. At the age of 12 when he was asked to recite a few shlokas of Shri Madbhagvad Gita, to the awe of everyone, he verbatim reiterated chapter 6 (Atma Sanyam Yog) in Sanskrit. He was told by the headmaster, Shri Ram Rattan Virmani that "You are not only monitor of your class, but you will also monitor your residential block". He passed Matriculation in March 1947 with distinction. Illustrious past Presidents of AIDSS, viz Sh. Mohan Lal Ahuja, GD Tuteja, and Mohan Lal Sethi were among his classmates.

After completing his studies up to M.Com and LLB & clearing competitive exams, he joined Government service in 1954.

Since 1954 he has collected all issues of a monthly magazine, Reader's Digest till date. His personal library consists of about 2500 books, including religious, academic & general books.

During service, he published many books, and got a merit award and cash prize for his 1650-page book "Comprehensive Treatise on Theory & Practice of Public Works Accounts". The culmination of his literary career came in 2014 when he sat down to write a Theo-philosophical book "Sat-Shloki Shri Madbhagvad Gita & Ram Charit Manas", which provides in-depth knowledge and discussion on 135 shlokas from Shri Madbhagvad Gita and 300 verses of Ram Charit Manas. The book was distributed free of charge to knowledgeable people in the country & in the world.

In his life he was highly influenced by 4 Gurus:

- i) Educational Guru: Sh. Ram Rattan Virmani, Headmaster of Hindu High School, Dera Ghazi Khan,
- ii) Administrative Guru: Dr. SC Mehta, FRCS (England),
- iii) Sociology & Behavioral Guru: Sh. Yatinder Singh, IAS,
- iv) Spiritual Guru: Maha Mandaleshwar Swami Santoshi Mata Ji.

During government service, he showed exemplary courage in fighting against corruption. So much so, that the government had to provide round-the-clock police protection for around two years. He was married to the famous Gogia clan of DG Khan; his wife, Savitri Madan breathed her last in 2018. His son, Dr. Arun Madan is a Professor of Pulmonary Medicine & his daughter, Sangeeta Vig is settled in Gurgaon. His grandson and granddaughter are specialists in computer sciences and biotechnology, respectively, currently settled in the USA. With divine blessings, D. N. Madan Ji is 93 years old now and in good health.

His post-retirement period of 35 years has not gone idle. His endeavors resulted in the formation of the Radha Kishan Mandir Committee, Resident Welfare Committee, etc. Laughter Yoga Club at Tarun Enclave was founded in 1998 of which he is now the chief Patron. It has contributed enormously to the life and health of participating members. Laughter Yoga International University, Bangalore has bestowed upon him the title of "Laughter Ambassador". Even today he practices Yoga regularly at home. In fact, he has set up one room as a sort of Gym.

He was guest of honor at the 56th Annual Derawal Day, held on 20th December 2015.

His works of charity towards religious and social causes are well known. He is an ardent follower of Swami Ramkishan Paramhans & his disciple, Swami Vivekanand. He earnestly believes in their preachings and practices.

His devotion and careful attitude toward our Sabha are commendable. **All India Derawal Sahayak Sabha (Regd.)** feels utmost pleasure in conferring the **LIFETIME ACHIEVEMENT AWARD** on **Shri D.N. Madan**, resident of Tarun Enclave, Pitampura, Delhi on account of his life-long journey of high thinking and upright living.

All India Derawal Sahayak Sabha (Regd.) congratulates him for his noble achievements and prays for his good health to serve the Society and our community.



DERA VIBHUSHAN AWARD



SHRI SURENDER KUMAR MEHTA

Shri Surender Kumar Mehta was born on 11th Sept.1943, in Dera Gazi Khan. At present, you are one of the Administrative Trustees of All India Derawal Sahayak Sabha (Regd.) the younger son of the late Hakim Devki Nandan Mehta one of the Patrons of A.I.D.S.S. in 1955-60, and the Late Sh. Tirath Das Mehta the eldest son came from a very religious and Vaishnav hierarchy of the Late Hakim Mohan Lal (your grandfather) of Dera Ghazi Khan a Zamindar, whose name was spread throughout as a great Nabaz (uCt+) one who would be diagnosed by merely placing his three middle sensitive fingers on the wrist of the patient and prescribe. Your brother-in-law of Late Sh. Manohar Lal Guglani was also a Patron from 2005-2016

Your family, after partition, settled in Mathura, where your grandfather had set up a Dharamshala for the devotee of Lord Krishna. Your father and eldest son Late Sh. Tirath Das Mehta who was managing the agricultural land, allotted by Govt. of India to the family in Ballabgarh, Haryana as a claim in place of their land in Pakistan.

In the 1950s a team of 8-9 Derawal colleagues explored a new colony named Kirti Nagar, where they launched, and formed a society that was registered as Derawal Sahayak Sabha. On buying the huge number of plots by Derawal brethren from one of the agents. The team, including Late Sh. Tirath Das Mehta was offered some commission by the agent. So, the team keeping in mind a vision of a community center for Derawal Biradari in Kirti Nagar, resolved to purchase the piece of land for community service in Kirti Nagar.

Your elder brother Late Sh. Tirath Das Mehta was associated with Sabha since its inception was One of The Founding Fathers of Derawal Sahayak Sabha (Regd.) and remained its President in the year 1975-76. You became a member and associated with Sabha through Late Sh. Tirtha Das Mehta. In the later stage, your nephew Shri Vinai

Kumar Mehta a CA by profession, was involved in Sabha and is an integral part of the Sub-committee at present.

Sir, you did your schooling in Mathura and completed your higher education in Delhi in the field of Sound and Acoustics you joined Philips as a service engineer a well-known company of that time. Later on, you started your company in the name of I.D.S.Pvt.Ltd prominent for Sound and Light shows of Historical Places in India.

You got married to Sudesh Nagpal who has done her graduation from BHU. She is a social worker and is associated with Shri Ram Sharnam, Panipat. D/o Shri Jagan Nath Nagpal the Vice President of the Sabha in 1979.

As the family grew bigger you purchased your own house in Punjabi Bagh and so got busy in your profession even though your distant association with Sabha remained.

You were blessed with one son and one daughter, namely Mr. Pawan Mehta and Mrs. Tanu Ahuja who are living happily married lives in Bahrain and Atlanta USA, respectively with their children.

Your contribution to the Sabha and hard work were well recognized by Sabha Seniors who nominated you for the post of Vice-President and president in the years 2013, and 2014-15 respectively, and later elevated to Patron. You proved yourself a good organizer with determination. You very effectively took the responsibility of renovation work at Derawal Bhawan, Kirti Nagar, and Haridwar under architect Late Sh. Dharm Vir Bhutani which was appreciated by all.

Your soft-spoken nature and keen interest in health-related issues made you the HOD of Derawal Health Care Centre. Thus became a very sought-after person by doctors, staff, and incoming patients for providing comfortable treatments and the implementation of the best systems, in Homeopathy, Dental, Eye Care, Physiotherapy centers, etc.

With all the above extra-ordinary qualities in his account, he is not only attached to the Sabha but also associated with Derawal Sewa Sangh (Regd.) and Eye Care Foundations who donated all Physiotherapy and Eye Care Centre's equipment, etc. at Derawal Health Care Centre to Sabha.

All India Derawal Sahayak Sabha (Regd.), New Delhi feels pride in conferring the DERA VIBHUSAN AWARD to Shri. Surender Kumar Mehta at Annul Derawal Day held on 24th Dec.2023. May God give him strength and courage to continue his mission of life for many more years with the same selfless devotion.



DERA BHUSHAN AWARD



SHRI SAMEER GROVER

Shri Sameer Grover was born on 11th July 1975 in New Delhi. His Father Sh. Devender Grover is the younger brother of Late Sh. Satpal Grover partner in Empire Radio, was associated with All India Derawal Sahayak Sabha from the day of its inception and graced the occasion of becoming President of Annual Derawal Day in the year 1988.

Your maternal uncle Late Sh. Mohan Lal Mehta, brother of your mother Smt. Sharda Grover was one of the founding fathers of Derawal Sahayak Sabha now All India Derawal Sahayak Sabha (Regd.)

You have done your schooling at Bal Bharti Public School and graduated from Rajdhani College, with B.Sc- Electronics (Delhi University) in 1995.

After your studies, you started your career as a support Engineer in M/s. Datamatics India, M/s. Jetking and worked as a Freelancer from 1999 to 2006.

Shri Sameer Grover married a well-cultured and educated girl Ms. Juhi in the year 2000, daughter of Sh. Arun Khosla and Smt. Kamla Khosla. Mrs. Juhi Grover is working as Headmistress, Montessori Department at Bal Bharti Public School Ganga Ram Hospital Marg, New Delhi.

Shri Sameer Grover has been blessed with one daughter Ms. Suhani who is pursuing Psychology Hons. from Vivekanand Collage (Delhi University)

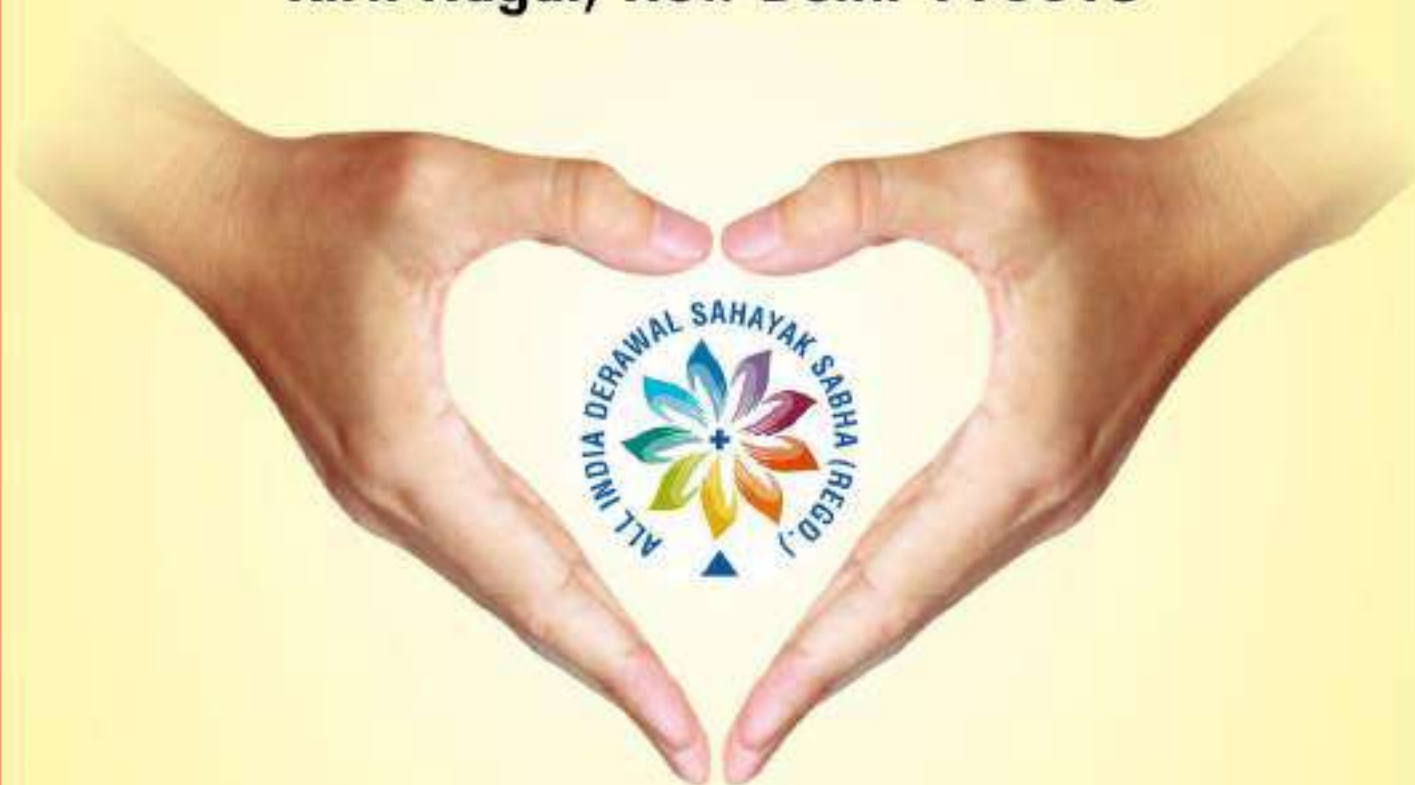
Sir, from 2006 to 2013 you worked as IT Manager at Reliable Travels & Cargo Pvt. Ltd. at Mahipalpur, New Delhi. At present, you are working as Asst. General Manager IT, in Grover Sons Industries Pvt. Ltd. since 2013

Shri Sameer Grover was consulted by Shri Ravi Khera, Patron (now Chairman) of Sabha in the middle of the year 2013 because you are a pioneer in the field of Web-designing and its development. Hence you were assigned to the unique idea of launching a Website for A.I.D.S.S. You revealed your willingness to voluntarily serve Sabha in developing the A.I.D.S.S. Website as per advice.

His association and devotion to the Sabha are admirable and impressive. **All India Derawal Sahayak Sabha (Regd.)** feels proud to confer **DERA BHUSHAN AWARD** to **Shri Sameer Grover**. And prays for his good health to serve the Sabha and community.

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MALHOTRA FAMILY

B-20, Kirti Nagar
New Delhi-110015



DERA KARAMVIR AWARD



SHRI NARESH KUMAR MINOCHA

Shri Naresh Kumar Minocha was born on October 19, 1955 in Delhi to a very God Loving and religious Minocha family. His parents were ardent followers of Gopi Nath Jee. Shri Naresh Kumar Minocha is also a very religious person.

His father Late Shri Ishar Dass Minocha, who was a dedicated, sincere and honest personality. His father had very high profile of social service and served All India Derawal Sahayak Sabha (Regd.) for over 25 years. His elder brother Shri Dharam Pal Minocha, Administrative Trustee and Patron of All India Derawal Sahayak Sabha (Regd.) is more popular in Derawal Biratheri.

Shri Naresh Kumar Minocha after his schooling and graduation from Delhi University, got his job in Dalmia Organisation (OCL India Limited) and served in different capacity in the company for more than 37 years.

Shri Naresh Kumar Minocha married to well cultured and educated girl Ms Anita, a school teacher and a grand-daughter of renowned Hakim Late Shri Goverdhan Dass Kathuria and daughter of Late Shri Desh Bandhu Ahuja and Smt. Mahesh Ahuja, both principals of govt. schools.

Shri Naresh Kumar Minocha has been blessed with two daughters both married and are well settled, his elder daughter is in Delhi and younger is in Canada. After retirement from Dalmia Organisation, Shri Naresh Kumar Minocha offered to serve Derawal Health Center and was assigned to handle Physiotherapy Center and now he is also giving his services to other Health Center Units of All India Derawal Sahayak Sabha (Regd.), Kirti Nagar, New Delhi.

Shri Naresh Kumar Minocha inherited the qualities of social service from his father and elder brother Shri Dharam Pal Minocha is also very actively connected with All India Derawal Sahayak Sabha (Regd.). Activities since 2013 and has served the Sabha as Secretary 2018-2019. For his dedicated social unique free services to health center, he has been awarded with "**Shawl Saropa**" in 2019.

Shri Naresh Kumar Minocha is a very hard working dedicated and religious personality. His association and devotion to Sabha is commendable and unforgettable. All India Derawal Sahayak Sabha feels proud in conferring **DERA KARAMVIR AWARD** to **Shri Naresh Kumar Minocha** at **Annual Derawal Day held on 24th December, 2023** and wishes him a happy and long life to enable him to serve the community and other social and religious institutions with same zeal.

With best compliments from :

GOPAL KUMAR
M.D.

(M) : 9810066211
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GLIMPSES OF 60TH ANNUAL DERAWAL DAY HELD ON 29 DECEMBER, 2019

ALL INDIA DERAWAL SHAYAK SABHA (REGD.)

Derawal Bhawan, F/27-28, Kirti Nagar, New Delhi-110015

ANNUAL DERAWAL DAY



APPEAL

GENEROUS DONATIONS FOR NOBLE CAUSE



Derawal Health Care Centre

Under the aegis of

ALL INDIA DERAVAL SAHAYAK SABHA (Regd.)

PROVIDE CHARITABLE SERVICE

Devoted to the health care of the Needy



HOMEOPATHY

MONDAY TO SATURDAY
Timing : 4:30 PM TO 6 PM



PHYSIOTHERAPY

MONDAY TO SATURDAY
Timing : 4 PM TO 6 PM



DENTAL CARE

MON., WED. & SAT.
Timing : 11:30 AM TO 1 PM



EYE CARE CENTRE

TUESDAY & FRIDAY
Timing : 5 PM TO 6 PM



ACUPRESSURE

TUESDAY & FRIDAY
Timing : 4 PM TO 6 PM



MEDICAL CHECKUP

MONDAY TO SATURDAY
Timing : 10 AM TO 1:30 PM

**"ONLY MEMORIES REMAIN IN THE MINDS OF
THOSE PEOPLE THAT WE HAVE HELPED!"**

ALSO DONATE FOR DERAVAL BHAWAN
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For Upgrading the amenities to
"MAA GANGA DISCIPLES" (Yatri)

For the finest services on a Charitable Basis
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Sabha is run by your
Generous Donation and Support.
A Forever Continue Process
"It's not how much we give but
how much love we put into giving."

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dt:24.09.2021 Period from AY 2022-23 to AY 2026-2027

BANK NAME : ALL INDIA DERAVAL SAHAYAK SABHA (REGD.)
DETAILS : NAME OF BANK : UNION BANK OF INDIA
BRANCH : D-85, LOK NATH MARG, KIRTI NAGAR, NEW DELHI-110015
ACCOUNT NO. : 520401000076469
IFS CODE : UBIN0905739

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B-69, Ramesh Nagar, Opp. Pillar No. 348,
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manish.davar@gmail.com

Varun Diwan (Gurgaon)
M. : 9891346999

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ALL INDIA DERAWAL SAHAYAK SABHA (REGD.)

OUR HONOURED PRESIDENTS & GUESTS OF HONOUR AT

ANNUAL DERAWAL DAY FUNCTION 1961- 2023

YEAR	PRESIDENT	GUEST OF HONOUR	YEAR	PRESIDENT	GUEST OF HONOUR
1961	Dr. B.D. Kumar	—	1997	Smt. Usha Nangia	Sh. R.K. Ahuja Sh. Sham Lal Huria
1962	Sh. R.B. Parmanand Sachdeva	—	1998	Smt. Sneha Rajpal	Sh. Vijay Madan Smt. Seema Makhija
1963	Sh. Asa Nand Chugh	—	1999	Sh. Mangal Sain Bawa	Sh. B. D. Gulati Sh. Yash Pal Mehta Sh. R.K. Mehta
1964	Sh. Sham Lal Mehta	—	2000	Smt. Sheela Pahwa	Sh. Chander Parkash Seth Sh. L.R. Kataria
1965	Sh. G.P. Bhutani	Sh. M. L. Mongia	2001		Sh. Sham Lal Bajaj Sh. Madan Lal Verma Sh. Chander Parkash Bajaj Sh. Subhash Pahuja
1966	Sh. Brij Rattan Mehta	Sh. Anoop Chand Sachdeva	2003	Sh. Satish Kalra	Sh. Ramesh Kathuria Sh. Paul Verma
1967	Sh. Ram Krishan Chawla	Sh. Hakeem Devkinandan Mehta	2004	Smt. Bala Ahuja	Smt. Mitu Mehta Smt. Savitri Suneja
1968	Sh. Jaman Lal Gulati	Sh. R. B. Bhagat Jagan Nath	2005	Sh. Rajinder Taneja	Smt. Lilly Bhatia Smt. Jyoti Gulati Sh. Shankar Das Manchanda
1969	Sh. Kunwar Bhan Chugh	Sh. Tej Bhan Tola Ram Chugh	2006	Sh. Harish Chawla	Smt. Karam Chand Sh. Lion Mahipal Budhraj
1970	Sh. Sukh Dev Kumar	Sh. Mohan Lal Chowdhary	2007	Sh. Manish Dewan	Sh. D. R. Kataria Sh. B. B. Huria
1971	Sh. Sat Pal Madan	Sh. Asa Nand Nangia	2008		Sh. Manoj Huria Sh. Dharamvir Bhutani
1972	Sh. Topan Lal Ahuja	Sh. Om Prakash Taneja	2009	Sh. Sushil Kumar Mehta	Sh. Mool Chand Chawla Sh. J. C. Khanna
1973	Sh. Rattan Chand Verma	Sh. Sadhu Ram Mehta	2010	Sh. Ved Parkash Mehta	Sh. Guru Dutt Rakheja Sh. Gulshan Kumar Ahuja
1974	Sh. Tara Chand Kathuria	Sh. Roshan Lal Batra	2012	Dr. Ram Saroop Verma	Sh. Madan Lal Makhija Sh. Tarun Chaudhary
1975	Sh. Mohan Lal Sethi	Sh. Asa Nand Nangia	2013	Sh. Anil Chawla	Sh. Ved Parkash Chawla Sh. Shammi Gambhir Sh. Ajay Sharma
1976	Sh. Sukh Dev Gogia	Sh. Tej Bhan Kalra	2014	Sh. Ram Saran Bhatia	Sh. Ajit Sinha Sh. Arvind Chaudhary
1977	Sh. Rajinder Kumar Gupta	Sh. V. K. Malhotra	2015	Sh. B.R. Sikri	Smt. Shakuntla Bhatia Sh. D. N. Madan Lion Vikram Sharma
1978	Sh. Shanti Bhushan Arora	Sh. Atma Ram Grover	2016	Sh. Dalip Guglani	Sh. Vikas Sehra Sh. Sanjay Sharma Smt. Neena Sharma
1979	Smt. Ganga Devi Malhotra	Sh. Dina Nath Chawla	2017	Sh. Gaurav Bawa	Smt. Shakuntla Bhambhani
1980	Sh. Mohan Lal Ahuja	Sh. J. N. Hasija	2018	Sh. Arun Rakheja	Sh. Vijay Nangia
1981	Sh. J.K. Tameja	Sh. Gian Chand Kumar	2019 to 2022		—
1982	Sh. Radhey Sham Tuteja	Sh. Sukh Dev Gogia	2023	Prof. (Dr.) Jagdish Mukhi (Chief Guest)	Sh. L. N. Mehta Sh. Vinod Rajpal
1983	Sh. Sukh Raj Narula	Sh. Gopal Krishan Bhatia			
1984	Smt. Saroj Nangia	Sh. Madan Mohan Lal Makhija			
1985	Sh. Mohan Lal Khattar	Smt. Mahesh Parkash			
1986	Sh. Bhagwan Das Rajpal	Sh. K. K. Dhingra			
1987	Sh. Gopal Das Bhutani	Sh. Ram Lal Bhutani			
1988	Sh. S.P. Grover	Sh. P. S. Wadhwa			
1989	Sh. N.N. Bhutani	Sh. Ramesh Ahuja			
1990	Sh. Raman Bhutani	Sh. Shiv Khara			
1991	Sh. L.D. Kataria	Sh. Madan Lal Makhua			
1992	Sh. J.C. Dawar	Sh. Narinder Nath Sachdeva			
1993	Sh. Brij Rattan Mehta	Smt. Shanti Devi Mehta			
1994	Sh. Anand Dewan	Sh. Krishan Kumar Nangia			
1995	Sh. R.C. Virmani	Sh. Radhey Krishan Nangia Sh. Sukh Dev Gogia			
1996	Smt. Kanta Rani Mehta	Smt. Mahesh Parkash			



ALL INDIA DERAawal SAHAYAK SABHA (REGD.)

DERAWAL BHAWAN, F-27 & 28, Kirti Nagar, New Delhi-110 015

LIST OF OFFICE BEARERS 1955-2023

1955 TO 1960

President	Sh. R.N. Sachdeva
Vice President	Sh. Bhagwan Das Mehta
Secretary	Sh. Sohan Lal Huria
Jt. Secretary	Sh. M.R. Khara
Treasurer	Sh. Hira Nand Mehta

1961

President	Sh. R.N. Sachdeva
Sr. Vice-President	Sh. Bhagwan Das Mehta
Vice-President	Sh. P.N. Bhutani
Secretary	Sh. Sohan Lal Huria
Jt. Secretary	Sh. M.R. Khara
Treasurer	Sh. Hira Nand Mehta

1962

President	Sh. R.N. Sachdeva
Sr. Vice-President	Sh. Bhagwan Das Mehta
Vice-President	Sh. P.N. Bhutani
Secretary	Sh. Sohan Lal Huria
Jt. Secretary	Sh. M.R. Khara
Treasurer	Sh. Hira Nand Mehta

1963

President	Sh. Bhagwan Das Mehta
Sr. Vice-President	Sh. P.N. Bhutani
Vice-President	Sh. Amar Nath Mehta
Secretary	Sh. Sohan Lal Huria
Jt. Secretary	Sh. M.R. Khara

1964

President	Sh. Bhagwan Das Mehta
Sr. Vice President	Sh. Ghansham Das Makhija
Vice-President	Sh. P.N. Bhutani
Secretary	Sh. O.P. Guglani
Jt. Secretary	Sh. R.S. Dhingra
Treasurer	Sh. Tirath Das Mehta

1965

President	Sh. G.D. Makhija
Sr. Vice President	Sh. P.N. Bhutani
Vice-President	Sh. Amar Nath Mehta
Secretary	Sh. D.D. Guglani
Jt. Secretary	Sh. R.S. Dhingra
Treasurer	Sh. Sohan Lal Huria

1966

President	Sh. P.N. Bhutani
Sr. Vice President	Sh. M.L. Mongia
Vice-President	Sh. Sham Lal Mehta
Secretary	Sh. R.K. Tarneja
Jt. Secretary	Sh. L.N. Mehta
Treasurer	Sh. Sohan Lal Huria

1967

President	Sh. M.L. Mongia
Sr. Vice President	Sh. Sham Lal Mehta
Vice-President	Sh. G.D. Guglani
Secretary	Sh. L.N. Mehta
Jt. Secretary	Sh. P.N. Mehta
Treasurer	Sh. Sohan Lal Huria

1968

President	Sh. Sham Lal Mehta
Sr. Vice President	Sh. Tirath Das Mehta
Vice-President	Sh. Madan Makhija
Secretary	Sh. L.N. Mehta
Jt. Secretary	Sh. Raj Kishore Mehta
Treasurer	Sh. Sohan Lal Huria

1969

President	Sh. Madan Makhija
Sr. Vice President	Sh. P.C. Nangia
Vice-President	Sh. G.D. Tuteja
Secretary	Sh. Raj Kishore Mehta
Jt. Secretary	Sh. S.D. Mehta
Treasurer	Sh. R.K. Tameja

1970

President	Sh. P.C. Nangia
Sr. Vice President	Sh. Tirath Das Mehta
Vice-President	Sh. Tej Bhan Das Chugh
Secretary	Sh. Bhola Nath Gogia
Jt. Secretary	Sh. J.N. Nagpal
Treasurer	Sh. Hira Nand Mehta

1971 - 1974

Chief Patron	Sh. H.C. Bhutani
Patron	Sh. S.L. Mehta
President	Sh. P.C. Nangia

1975 - 1976

President	Sh. T.D. Mehta
Secretary	Sh. J.N. Nagpal
Treasurer	Sh. Kedar Nath Lal

1977

President	Sh. G.D. Guglani
Vice-President	Sh. M.L. Nagpal
Secretary	Sh. J.N. Nagpal

1978

President	Sh. M.L. Nangia
Vice-President	Sh. Jai Dev Lal Nangia
Secretary	Sh. J.N. Nagpal
Jt. Secretary	Sh. S.K. Mehta
Treasurer	Sh. Kedar Nath Lal

1979

President	Sh. M.L. Nangia
Vice-President	Sh. Jai Dev Lal Nangia
Vice-President	Sh. J.N. Nagpal
Secretary	Sh. M.L. Guglani
Jt. Secretary	Sh. S.R. Bhutani
Treasurer	Sh. B.D. Khurana

1980

President	Sh. Jai Dev Lal Nangia
Vice-President	Sh. K.S. Makhija
Vice-President	Sh. M.L. Sethi
Secretary	Sh. A.N. Mehta
Jt. Secretary	Sh. S.R. Bhutani
Treasurer	Sh. M.L. Ahuja

1981

President	Sh. M.L. Ahuja
Sr. Vice-President	Sh. K.S. Makhija
Vice-President	Sh. M.L. Sethi
Secretary	Sh. M.L. Guglani
Jt. Secretary	Sh. L.N. Mehta
Treasurer	Sh. R.S. Dhingra

1982

President	Sh. M.L. Ahuja
Sr. Vice-President	Sh. K.S. Makhija
Vice-President	Sh. M.L. Sethi
Secretary	Sh. M.L. Guglani
Jt. Secretary	Sh. L.N. Mehta
Treasurer	Sh. R.S. Dhingra

1983

President	Sh. K.S. Makhija
Vice-President	Sh. M.L. Sethi
Vice-President	Sh. M.L. Guglani
Secretary	Sh. D.D. Nangia
Jt. Secretary	Sh. D.P. Minocha
Treasurer	Sh. R.S. Dhingra

1984

President	Sh. M.L. Sethi
Vice-President	Sh. M.L. Guglani
Vice-President	Sh. G.D. Nangia
Secretary	Sh. D.D. Nangia
Jt. Secretary	Sh. S.D. Sachdeva
Treasurer	Sh. D.P. Minocha

1985

President	Sh. M.L. Guglani
Vice-President	Sh. G.D. Nangia
Vice-President	Sh. R.K. Ahuja
Secretary	Sh. D.D. Nangia
Jt. Secretary	Sh. S.D. Sachdeva
Treasurer	Sh. D.P. Minocha

1986

President	Sh. G.D. Nangia
Vice-President	Sh. Rakesh Ahuja
Vice-President	Sh. M.M. Mehta
Secretary	Sh. N.D. Gogia
Jt. Secretary	Sh. D.P. Minocha
Treasurer	Sh. S.D. Sachdeva

1987

President	Sh. Rakesh Ahuja
Vice-President	Sh. M.M. Mehta
Vice-President	Sh. S.D. Sachdeva
Secretary	Sh. N.D. Gogia
Jt. Secretary	Sh. D.P. Minocha
Treasurer	Sh. K.N. Nagpal

1988 - 1989

President	Sh. M.M. Mehta
Vice-President	Sh. D.D. Nangia
Vice-President	Sh. G.D. Bhutani
Secretary	Sh. N.D. Gogia
Jt. Secretary	Sh. Ravi Khara
Treasurer	Sh. K.N. Nagpal

1989 - 1990

President	Sh. M.M. Mehta
Vice-President	Sh. N.D. Gogia
Vice-President	Sh. G.D. Tuteja
Secretary	Sh. S.D. Sachdeva
Jt. Secretary	Sh. Ravi Khara
Treasurer	Sh. K.N. Nagpal

1990 - 1991

President	Sh. N.D. Gogia
Vice-President	Sh. G.D. Tuteja
Vice-President	Sh. S.D. Sachdeva
Secretary	Sh. D.P. Minocha
Jt. Secretary	Sh. Vijay Khaneja
Treasurer	Sh. K.N. Nagpal

1992 - 1993

President	Sh. G.D. Tuteja
Vice-President	Sh. S.D. Sachdeva
Vice-President	Sh. R.C. Verma
Secretary	Sh. L.N. Mehta
Jt. Secretary	Sh. K.N. Nagpal
Treasurer	Sh. D.P. Minocha

1994 - 1995

President	Sh. R.C. Verma
Sr. Vice-President	Sh. S.M. Chawla
Vice-President	Sh. M.P. Dawar
Secretary	Sh. R.K. Tarneja
Jt. Secretary	Sh. D.P. Rajpal
Treasurer	Sh. D.P. Minocha

1996 - 1997

President	Sh. S.M. Chawla
Sr. Vice-President	Sh. M.P. Dawar
Vice-President	Sh. R.K. Tarneja
Secretary	Sh. D.P. Minocha

Jt. Secretary	Sh. D.P. Rajpal
Treasurer	Sh. K.N. Nagpal

1998 - 1999

President	Sh. M.P. Dawar
Sr. Vice-President	Sh. R.K. Tarneja
Vice-President	Sh. Ravi Khara
Secretary	Sh. Ramesh Ahuja
Jt. Secretary	Sh. B.R. Pulyani
Treasurer	Sh. K.N. Nagpal

2000 - 2001

President	Sh. R.K. Tarneja
Sr. Vice-President	Sh. Ravi Khara
Vice-President	Sh. Ramesh Ahuja
Secretary	Sh. B.R. Pulyani
Jt. Secretary	Sh. D.P. Rajpal
Treasurer	Sh. Ashok Mehta

2002 - 2003

President	Sh. Ravi Khara
Sr. Vice-President	Sh. Ramesh Ahuja
Vice-President	Sh. D.P. Minocha
Secretary	Sh. B.R. Pulyani
Jt. Secretary	Sh. D.P. Rajpal
Treasurer	Sh. K.N. Nagpal

2004 - 2005

President	Sh. Ramesh Ahuja
Sr. Vice-President	Sh. D.P. Minocha
Vice-President	Sh. B.R. Pulyani
Secretary	Sh. Anurag Chawla
Jt. Secretary	Sh. Hans Raj Kalra
Treasurer	Sh. K.N. Nagpal

2006

President	Sh. Ramesh Ahuja
Sr. Vice-President	Sh. D.P. Minocha
Vice-President	Sh. B.R. Pulyani
Secretary	Sh. Anurag Chawla
Jt. Secretary	Sh. Hans Raj Kalra
Treasurer	Sh. K.N. Nagpal

2007 - 2008

President	Sh. D.P. Minocha
Sr. Vice-President	Sh. B.R. Pulyani
Vice-President	Sh. Anurag Chawla
Secretary	Sh. Vijay Huria
Jt. Secretary	Sh. Hans Raj Kalra
Treasurer	Sh. K.N. Nagpal

2009 - 2010

President	Sh. B.R. Pulyani
Vice-President	Sh. Anurag Chawla
Secretary	Sh. Vijay Huria
Jt. Secretary	Sh. K.N. Nagpal
Treasurer	Sh. S.K. Budhiraja

2011 - 2012

President	Sh. Anurag Chawla
Sr. Vice-President	Sh. K.N. Nagpal

Secretary	Sh. Vijay Huria
Jt. Secretary	Sh. S.K. Budhiraja
Treasurer	Sh. Inder Dhirra

2013

President	Sh. Anurag Chawla
Sr. Vice-President	Sh. Surender Kumar Mehta
Vice-President	Sh. K.N. Nagpal
Secretary	Sh. Vijay Huria
Jt. Secretary	Sh. S.K. Budhiraja
Treasurer	Sh. Inder Dhirra

2014-2015

President	Sh. Surender Kumar Mehta
Sr. Vice-President	Sh. Vijay Huria
Vice-President	Sh. Inder Dhirra
Secretary	Sh. Surinder Budhiraja
Jt. Secretary	Sh. Madan Chawla
Treasurer	Sh. B.B. Ahuja

2016 - 2017

President	Sh. Vijay Huria
Sr. Vice-President	Sh. Inder Dhirra
Vice-President	Sh. Madan Chawla
Secretary	Sh. Surinder Budhiraja
Jt. Secretary	Sh. Rakesh Minocha
Treasurer	Sh. B.B. Ahuja

2018

President	Sh. Inder Kumar Dhirra
Sr. Vice-President	Sh. Madan Mohan Chawla
Vice-President	Sh. Surinder Budhiraja
Secretary	Sh. Naresh Kumar Minocha
Jt. Secretary	Sh. Rakesh Minocha
Treasurer	Sh. B.B. Ahuja

2019

President	Sh. Inder Kumar Dhirra
Sr. Vice-President	Sh. Madan Mohan Chawla
Vice-President	Sh. Surinder Budhiraja
Secretary	Sh. Hans Raj Kalra
Jt. Secretary	Sh. Rakesh Minocha
Treasurer	Sh. B.B. Ahuja

2020-2022

President	Sh. Madan Mohan Chawla
Sr. Vice-President	Sh. Surinder Kumar Budhiraja
Vice President	Sh. Hans Raj Kalra
Gen. Secretary	Sh. Rakesh Minocha
Jt. Secretary	Sh. J. R. Mehndiratta
Treasurer	Sh. Sanjay Rajpal
Internal Auditor	Sh. Ajay Ahuja
IT Advisor	Sh. Sameer Grover

2022-2024

President	Sh. Surinder Kumar Budhiraja
Vice President	Sh. Bharat Bhushan Ahuja
Gen. Secretary	Sh. Ramesh Kathuria
Jt. Secretary	Sh. Mohit Ahuja
Treasurer	Sh. Mohish Tameja
IT Advisor	Sh. Sameer Grover



ALL INDIA DERAWAL SAHAYAK SABHA (REGD.)

DERAWAL BHAWAN, F-27 & 28, Kirti Nagar, New Delhi-110 015

LIST OF OUR HONOURED MEMBERS / GUEST AT ANNUAL DERAWAL DAYS

1994 TO 2014

S.No.	Name of the Person	Status	Honoured	Year
1.	Shri H. C. Bhutani	Chairman	Trophy & Shawl Saropa	1994
2.	Shri K. N. Nagpal	MCM	Shawl Saropa	1994
3.	Shri Gian Chand Mehta	Announcer	Shawl Saropa	1994
4.	Shri M. P. Dawar	MCM	Shawl Saropa	1994
5.	Shri S. M. Chawla	MCM	Shawl Saropa	1994
6.	Shri S. D. Gogia	MCM - Donner	Shawl Saropa	1995
7.	Shri A. S. Anand	Scholar	Shawl Saropa	1996
8.	Shri Ashish Chawla	Member	Shawl Saropa	1997
9.	Shri L. N. Mehta	MCM	Shawl Saropa	1997
10.	Shri Anurag Chawla	Exc. Member	Shawl Saropa	1998
11.	Shri B. R. Pulyani	MCM	Sewa Medal	1998
12.	Shri S. R. Bhutani	Exc. Member	Shawl Saropa	1998
13.	Smt. Sawaran Anand	Social worker	Shawl Saropa	1998
14.	Shri S. R. Bhutani	Exc. Member	Shawl Saropa	1999
15.	Shri Chander Bajaj	Donor	Shawl Saropa	1999
16.	Shri Ashish Chawla	Member	Shawl Saropa	2000
17.	Shri Chander Bajaj	Donor	Shawl Saropa	2000
18.	Shri Satish Pahawa	South Delhi	Shawl Saropa	2000
19.	Shri B. D. Chhabra	Member	Shawl Saropa	2001
20.	Shri J. R. Dhingra	Manager	Shawl Saropa	2001
21.	Shri Chander Bajaj	Donor	Shawl Saropa	2001
22.	Shri Ashish Chawla	Manager	Shawl Saropa	2001
23.	Shri Chander Kanta	Social worker	Shawl Saropa	2001
23.	Shri Palwal School	Palwal Biradri	Shawl Saropa	2001
24.	Shri Prabh Dayal Satija	South Delhi	Shawl Saropa	2001
25.	Shri Jagdish Kabini	South Delhi	Shawl Saropa	2001
26.	Shri S. D. Gogia	MCM	Shawl Saropa	2002
27.	Shri Daulat Ram Gandhi	South Delhi	Shawl Saropa	2003
28.	Dr. Rita Wahi	Doctor	Shawl Saropa	2003
29.	Shri B. L. Dhingra	Exc. Member	Shawl Saropa	2003
30.	Shri S. K. Budhiraja	Exc. Member	Shawl Saropa	2003
31.	Shri N. D. Gogia	Chairman	Trophy & Shawl Saropa	2004
33.	Shri Suresh Nangia	Shiv Samiti	Shawl Saropa	2004
35.	Shri Vir Bhan Vir	Editor	Shawl Saropa	2004
36.	Shri Anil Sachdeva	Palwal School	Shawl Saropa	2004
37.	Shri P. S. Taneja	Derawal Biradri	Shawl Saropa	2004
38.	Shri Prabhu Dayal Satija	South Delhi	Shawl Saropa	2004
32.	Shri Ravi Khera	Patron	Trophy & Shawl Saropa	2005
34.	Shri B.D. Sachdeva	Exc. Member	Shawl Saropa	2005
39.	Shri A. S. Chaudhary	Jampur Biradri	Trophy & Shawl Saropa	2005
40.	Shri L. N. Mehta	Editor in Chief	Trophy & Shawl Saropa	2005
41.	Shri S. R. Bhutani	Member	Trophy & Shawl Saropa	2005
42.	Shri Satish Pahwa	South Delhi-Donor	Trophy & Shawl Saropa	2005
43.	Shri Subhash Guglani	Member	Trophy & Shawl Saropa	2005
44.	Shri R. K. Tameja	Ex. President	Shawl Saropa	2005
45.	Shri M. P. Dawar	Ex. President	Shawl Saropa	2005
46.	Shri Pardeep Barara	Social Worker	Shawl Saropa	2005
47.	Shri B. S. Nagia	Gaziabad	Trophy & Shawl Saropa	2005
48.	Shri Vicky Bajaj	Donor	Trophy & Shawl Saropa	2005
49.	Shri M.L. Makhija	Patron	Trophy & Shawl Saropa	2005
50.	Shri M.S. Bawa	Donor	Trophy & Shawl Saropa	2005
51.	Shri Jagdish Sharma	Member	Trophy & Shawl Saropa	2005
52.	Dr. Rita Wahi	Dr. Homoeopathy	Trophy & Shawl Saropa	2005
53.	Shri Prabhu Dayal Satija	Social Worker	Trophy & Shawl Saropa	2005



LIST OF OUR HONOURED MEMBERS / GUEST AT ANNUAL DERAWAL DAYS

1994 TO 2014

54.	Shri R.S. Dhingra	Special invitee	Trophy & Shawl Saropa	2005
55.	Shri G.D. Nangia	Patron	Trophy & Shawl Saropa	2006
56.	Shri L.R. Kataria	Donor	Trophy & Shawl Saropa	2006
57.	Shri P.S. Wadhwa	Donor	Trophy & Shawl Saropa	2006
58.	Shri Gyan Chand Mehta	Announcer	Trophy & Shawl Saropa	2006
59.	Shri Rakesh Ahuja	FBD	Trophy & Shawl Saropa	2006
60.	Shri Vir Bhan Vir	Editor	Trophy & Shawl Saropa	2006
61.	Shri Suneja	Donor	Trophy & Shawl Saropa	2006
62.	Shri Mahinder Budhiraja	Exc. Member	Trophy & Shawl Saropa	2006
63.	Shri D.P. Minocha	Sr. Vice President	Trophy & Shawl Saropa	2006
64.	Shri K.N. Nagpal	Treasurer	Trophy & Shawl Saropa	2006
65.	Shri I.C. Khera	Exc. Member	Trophy & Shawl Saropa	2006
66.	Shri G. D. Nangia	Chairman	Trophy & Shawl Saropa	2007
67.	Shri L. N. Mehta	Chief Editor	Trophy & Shawl Saropa	2007
68.	Shri B. R. Pulyani	Sr. Vice President	Trophy & Shawl Saropa	2007
69.	Shri D. P. Minocha	President	Trophy & Shawl Saropa	2007
70.	Shri Gian Chand Mehta	Announcer	Shawl Saropa	2007
71.	Shri Vijay Huria	MCM	Trophy & Shawl Saropa	2008
72.	Shri Yashwant Bhutani	Exc. Member	Shawl Saropa	2008
73.	Shri S. R. Bhutani	Exc. Member	Shawl Saropa	2008
74.	Shri Subhash Guglani	Exc. Member	Shawl Saropa	2008
75.	Shri Inder Chhabra	Exc. Member	Trophy & Shawl Saropa	2008
76.	Shri I. C. Khera	Exc. Member	Trophy & Shawl Saropa	2008
77.	Smt. Laaj Dhingra	Social Worker	Shawl Saropa	2008
78.	Smt. Mukti Priya	Doctor	Shawl Saropa	2008
79.	Pt. Mahesh Sharma	Pandit ji	Shawl Saropa	2009
80.	Shri Satish Pahwa	South Delhi-Donor	Shawl Saropa	2009
81.	Shri Suresh Nangia	South Delhi	Shawl Saropa	2009
82.	Shri H. K. Pahuja	Gurgaon Sabha	Shawl Saropa	2009
83.	Shri M. L. Luthra	Accountant	Shawl Saropa	2009
84.	Shri A. S. Chaudhary	Patron	Shawl Saropa	2009
85.	Shri Vasdev Tuteja	South Delhi	Shawl Saropa	2009
86.	Smt. Asha Gogia	Social worker	Shawl Saropa	2009
87.	Shri Sudarshan Pahwa	Exc. Member	Shawl Saropa	2009
88.	Shri Manish Dewan	Exc. Member	Shawl Saropa	2009
89.	Shri Madan Chawla	Exc. Member	Shawl Saropa	2009
90.	Shri G. D. Nangia	Chairmen	Trophy & Shawl Saropa	2010
91.	Shri Rakesh Ahuja	Admn. Trustee & Patron	Trophy & Shawl Saropa	2010
92.	Shri Megh Raj Khera	Founder	Trophy & Shawl Saropa	2010
93.	Dr. Jatinder Nagpal	Doctor	Trophy & Shawl Saropa	2010
94.	Dr. M. M. Anand	Doctor	Trophy & Shawl Saropa	2010
95.	Shri D. P. Minocha	Ex. President	Trophy & Shawl Saropa	2012
96.	Shri Anurag Chawla	President	Trophy & Shawl Saropa	2012
97.	Shri Vijay Huria	MCM	Trophy & Shawl Saropa	2012
98.	Shri Sita Ram Bhutani	Exc. Member	Trophy & Shawl Saropa	2012
99.	Shri Jeewan Mehta	Haridwar - Manager	Trophy & Shawl Saropa	2012
100.	Shri Megh Raj Khera	Founder	Shawl Saropa	2013
101.	Shri Suresh Nangia	South Delhi	Shawl Saropa	2013
102.	Shri Gulshan Ahuja	Donor	Shawl Saropa	2013
103.	Shri Aashotsosh Sharma	South Delhi	Shawl Saropa	2013
104.	Shri K. N. Nagpal	Vice President	Trophy & Shawl Saropa	2013
105.	Shri M. K. Nagpal	Donor	Shawl Saropa	2014
106.	Shri Amir Chand	Faridabad - Donor	Shawl Saropa	2014
107.	Shri Hans Raj Kalra	Exc. Member	Shawl Saropa	2014
108.	Shri Prabhu Dayal Sabija	Exc. Member	Shawl Saropa	2014
109.	Shri Madan Mohan Chawla	MCM	Shawl Saropa	2014
110.	Shri C. M. Khanna	Donor	Shawl Saropa	2014
111.	Smt. Santosh Hasija	Donor	Shawl Saropa	2014



ALL INDIA DERAWAL SAHAYAK SABHA (REGD.)

DERAWAL BHAWAN, F-27 & 28, Kirti Nagar, New Delhi-110 015

LIST OF OUR HONOURED MEMBERS & AWARDS

YEAR WISE 2015 ONWARDS

S.No.	Name of the Person	Status	Honoured with	Year
1.	Shri H. C. Bhutani	Chairman & Admn. Trustee	Dera Rattan	1994
2.	Shri G. D. Nangia	Chairman & Admn. Trustee	Dera Rattan	2015
3.	Shri Rakesh Ahuja	Admn. Trustee & Ex. Chief Patron	Dera Rattan	2015
4.	Shri M. R. Khera	Founder Member	Life Time Achievement Award	2015
5.	Shri Mohan Lal Mehta	Founder Member	Life Time Achievement Award	2015
6.	Shri Girish K. Mehta	Patron	Dera Vibhushan	2015
7.	Shri A. S. Chaudhri	Patron	Dera Bhushan	2015
8.	Smt. Laaj Dhingra	Social Worker	Dera Shardha Samman	2015
9.	Shri Jeewan Mehta	Haridwar - Manager	Dera Karamveer	2015
10.	Shri R. S. Lal	Admn. Trustee & Patron	Life Time Achievement Award	2016
11.	Shri M. L. Makhija	Admn. Trustee & Patron	Life Time Achievement Award	2016
12.	Shri D. P. Minocha	Patron	Dera Vibhushan	2016
13.	Shri L. N. Mehta	Chief Editor	Dera Bhushan	2016
14.	Shri S. R. Bhutani	Exec. Member	Dera Karamveer	2016
15.	Smt. Vinod Ahuja	Social Worker	Dera Sharda Samman	2016
16.	Shri M. L. Kumar	Social Worker	Karam Yogi	2016
17.	Shri Madan M. Mehta	Chairman & Admn. Trustee	Dera Rattan	2017
18.	Shri S. D. Gogia	Patron	Life Time Achievement Award	2017
19.	Shri A. S. Anand	Patron	Life Time Achievement Award	2017
20.	Shri K. S. Makhija	Patron	Life Time Achievement Award	2017
22.	Shri Anurag Chawla	Patron	Dera Vibhushan	2017
23.	Shri Suresh Kr. Nangia	Shiv Samiti	Dera Bhushan	2017
24.	Smt. Prabha Chawla	Social Worker	Dera Shardha Samman	2017
25.	Shri K. N. Nagpal	Exec. Member	Dera Karamveer	2017
26.	Shri Subhash Guglani	Exec. Member	Dera Karamveer	2017
27.	Shri Subhash Sachdeva	Ex. MLA & Social Worker	Karam Yogi	2017
28.	Shri Ravi Khera	Chief Patron & Admn. Trustee	Dera Rattan	2018
29.	Shri R. K. Tarneja	Celebrity	Life Time Achievement Award	2018
30.	Shri Ramesh Ahuja	Patron	Dera Vibhushan	2018
31.	Shri Harish Kumar Chhabra	Special Invitee	Dera Bhushan	2018
32.	Dr. Rita Wahi	Homoeopathy Dispensary	Dera Shardha Samman	2018
33.	Shri Ishwar Chand Khera	Co-Opted Executive Committee Members	Dera Karamveer	2018
34.	Shri Inder Kumar Chhabra	Co-Opted Executive Committee Members	Dera Karamveer	2018
35.	No Awardee	NONE	NONE	2019
35.	No Function held	NONE	NONE	2020-22
36.	Sh. Dina Nath Madan	Charity Towards Religious & Social Causes	Lifetime Achievement Award	2023
37.	Sh. Surender Kumar Mehta	Administrative Trustee	Dera Vibhushan	2023
38.	Sh. Sameer Grover	IT Advisor - Website	Dera Bhushan	2023
39.	Sh. Naresh Kumar Minocha	Executive Member	Dera Karamveer	2023
POSTHUMOUS AWARDS (CERTIFICATE)				
40.	Late Sh. Baldev Raj Pulyani	Former Patron	Dera Vibhushan	2023
41.	Late Smt. Hema Bhutani	Social Worker	Dera Shardha Samman	2023

ऑल इण्डिया डेरावाल सहायक सभा (पंजी) वेबसाइट का परिचय



श्री मेघ राज खेड़ा

वर्ष 2012 में एक दिन, मैं अपने पिता श्री मेघ राज खेरा के साथ बैठा था, जो ए.आई.डी.एस.एस. के एकमात्र जीवित संस्थापक सदस्य थे और 2015 में लाइफटाइम अचीवमेंट अवार्ड के गर्वित प्राप्तकर्ता थे। मेरे पिता ने उत्सुकता दिखाई और ईमानदारी से सुझाव दिया कि हमारे समुदाय की महान संस्कृति और अच्छाई को संरक्षित करने के लिए एक कथन संकलित करने का प्रयास किया जाना चाहिए, जो हमारे पूर्व डेरावालों के इतिहास के बारे में काफी अनभिज्ञ हैं।

वे अब ज्ञान के बिना हैं क्योंकि उन्होंने अपने माता-पिता या प्रियजनों को खो दिया है, जो उन्हें अतीत से अवगत करा सकते हैं और अंतराल को भर सकते हैं। इस तरह की कथा आज की युवा पीढ़ी और भविष्य की पीढ़ी के लिए दिलचस्प और रोशन दोनों होगी। यह पुनः खोज की प्रक्रिया में एक कदम होगा।

यद्यपि सभा डेरावाल पत्रिका का प्रकाशन जो मासिक आधार पर प्रकाशित कर रही थी अब यह पत्रिका "त्रैमासिक आधार" पर प्रकाशित कर रही है, जिसमें निम्न सभी प्रकार के ए.आई.डी.एस.एस. गतिविधियां, संपादकीय, अपनी सभा को जानें (Know Your Sabha) जैसे शीर्षक से पदाधिकारियों की जानकारी, मासिक कार्यक्रम, जीवन सदस्यों को (उनकी तस्वीरों के साथ), मासिक आधार पर जन्मदिन की शुभकामनाएं, स्वास्थ्य पर लेख, हमारे सम्मानित दान दाताओं की सूची व श्रद्धांजलि, हिंदी और अंग्रेजी में प्रकाशित की जाती है।

पिछला इतिहास वर्तमान के लिए एक आधार होना चाहिए, जिससे भविष्य की पीढ़ी के लिए मार्गदर्शन, प्रेरणा और सबक तैयार किए जा सकते हैं। इसमें विवेक और विवेक निहित है।



श्री रवि खेड़ा

इस प्रकार, मैं अपने डेरावाल इतिहास को संरक्षित करने की अवधारणा पर विचार करना शुरू किया। इसलिए, अक्टूबर 2012 के महीने में, मैंने ए.आई.डी.एस.एस. वेबसाइट के डिजिटल प्लेटफॉर्म के विकास और उचित डिजाइनिंग के लिए हमारे दिवंगत प्रशासनिक ट्रस्टी और पूर्व मुख्य संरक्षक श्री एमएम मेहता, तत्कालीन मौजूदा अध्यक्ष श्री सुरेंद्र कुमार मेहता और पूर्व अध्यक्ष श्री अनुराग चावला के साथ इस मामले का प्रस्ताव रखा और चर्चा की। इस अवसर पर अनुराग चावला ने ए.आई.डी.एस.एस. के डोमेन को पंजीकृत करने के लिए एक वेब डिजाइनर की सिफारिश की।

एक बार डोमेन प्राप्त करने के बाद वेब डिजाइनर को जानकारी दी गई और ए.आई.डी.एस.एस. वेबसाइट पर अपलोड करने के लिए प्रासंगिक दस्तावेज दिए गए लेकिन मेरा प्रस्ताव अद्वितीय था जैसा कि ऊपर व्यक्त किया गया था, इसलिए मैंने इसे ए.आई.डी.एस.एस. की बैठक में अनुमोदित किया और इसे निष्पादित करना शुरू कर दिया जिसने 2014 के मध्य में एक बेहतर आकार लिया।

यह विचार उपरोक्त जानकारी को एक मंच पर उपलब्ध करने का है, जो न केवल आगंतुकों को ए.आई.डी.एस.एस. द्वारा की जा रही गतिविधियों के बारे में जानने में सक्षम ही नहीं बल्कि अखिल भारतीय डेरावाल सहायक सभा (पंजी.) के लिए भारत के साथ-साथ दुनिया भर में स्थित संभावित सदस्यों तक पहुंचने के लिए एक वैश्विक प्रचार उपकरण के रूप में भी कार्य कर सकता है।

इसलिए, मैंने श्री समीर रोवर से सिफारिश की, जो वेब डिजाइनिंग और विकास आदि के क्षेत्र में अग्रणी हैं। उन्होंने ए.आई.डी.एस.एस. वेबसाइट विकसित करने के लिए स्वेच्छा से

निःशुल्क सभा की सेवा करने की अपनी उत्सुकता प्रकट की। जब डोमेन ए.आई.डी.एस.एस. के नाम पर पंजीकृत हो जाने के उपरान्त उन्होंने मेसर्स एमके प्रिंटर के श्री महिंदर बुद्धिराजा से जो भी विवरण प्राप्त हुआ, डेरावल पत्रिका और वार्षिक डेरावल दिवस पत्रिका सहित ए.आई.डी.एस.एस. की वेबसाइट पर सभी जानकारी उपलब्ध करना शुरू कर दिया।

ए.आई.डी.एस.एस. वेबसाइट अंततः वर्ष 2015 के मध्य में बेहतर संस्करण में शुरू किया गया था। इस वेबसाइट को विकसित करने के लिए, मैं श्री सुरेंद्र कुमार मेहता (ट्रस्टी) और श्री समीर ग़ोवर (आईटी सलाहकार) को समय-समय पर उनके ईमानदार सुझावों के लिए तहे दिल से धन्यवाद देता हूँ और वेबसाइट को समय की आवश्यकता के अनुसार अपग्रेड करता रहा। अर्थात्, "अपनी सभा को जानें" (Know Your Sabha) और अन्य विवरणों को जोड़ना, हटाना आदि, और एड्स वेबसाइट को एक बड़ी सफलता साबित कराना है। इसके अलावा, यह अंत नहीं है, आप सभी अपडेट प्राप्त करते रहेंगे, क्योंकि यह एक निरंतर प्रक्रिया है।

इसलिए इस संदर्भ में यह प्रयास किया गया है। मैं पाठकों/दर्शकों से अनुरोध करूंगा कि जब भी आप इसे पढ़ें तो कृपया मेरे साथ रहें और कमियों के बावजूद इसे उसी भावना से स्वीकार करें जिसमें इसे डिजाइन किया गया है।

आखिरकार, यह मेरे द्वारा एक विनम्र प्रयास है।

क्षमायाचना :

इन सभी वर्षों में ए.आई.डी.एस.एस. वेबसाइट पर वर्णन अपलोड करने के लिए छोटे और विनम्र प्रयास किए गए हैं ताकि अधिक से अधिक लेखों को शामिल किया जा सके। भले ही प्रामाणिक लेखों को शामिल करने के लिए कड़े सत्यापन किए गए हैं, लेकिन चूक होना तय है। मैं आपको आश्वस्त करता हूँ कि पूरी ईमानदारी के साथ भेदभाव करने का कोई इरादा नहीं है।

यह चूक या तो जानकारी की कमी के कारण या एड्स के आधिकारिक दस्तावेजों, डेरावल पत्रिका सहित घटना की तस्वीरों आदि के पास उपलब्ध रिकॉर्ड के कारण होगी।

जहां तक संभव हो एक तथ्यात्मक चित्रण किया गया है। लेकिन मैं सुधार के पक्ष में हूँ। अतः मैं सभी डेरावाल भाइयों से अनुरोध करता हूँ कि वे सही जानकारी अपलोड करने के लिए अपने विचार और सुझाव देने के लिए आगे आएँ।

धन्यवाद और नमस्कार!

रवि खेड़ा

(अध्यक्ष और प्रशासनिक ट्रस्टी)

2 अक्टूबर 2022

To read in English please go to our website :

<http://alliandiaderawalsahayaksabha.com>



शुभ कामनाओं सहित

रिश्ते ही रिश्ते



विवाह सम्बन्धी सेवा के लिए सम्पर्क करें :

Prabhu Dayal Satija चेयरमैन (9871053202)	Vasdev Tuteja प्रधान (9899113436)	Ashutosh Sharma महामंत्री (9312105617)
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डेरावाल सहायक समिति (रजि०)

साउथ दिल्ली, पहली मंजिल, प्राचीन
शिव शक्ति मंदिर, लोधी होटल के सामने निजामुददीन, नई दिल्ली- 110013

शनिवार एवं प्रत्येक रविवार प्रातः 11 बजे से दोपहर 2 बजे



डेरावाल स्वास्थ्य केन्द्र

एफ : 27 - 28, कीर्ति नगर, नई दिल्ली - 110015

ऑल इण्डिया डेरावाल सहायक सभा (पंजी.) और डेरावाल सहायक संघ (पंजी.) दोनों मिलकर जीवन के मूल्यों को आधार बनाकर सेवा के कार्यों को आगे बढ़ाने में हमेशा अग्रणी रहे हैं।

इसी समाजिक कार्यों को आगे बढ़ाते हुए डेरावाल सेवा संघ (पंजी.) एवं ऑल इण्डिया डेरावाल सहायक सभा (पंजी.) दोनों ने मिलकर 10 मई, 2015 को डेरावाल स्वास्थ्य केन्द्र की नींव रखी। डेरावाल भवन एफ-27-28, कीर्ति नगर, नई दिल्ली में आज इस स्वास्थ्य केन्द्र के कुछ कार्य सफल पूर्वक चल रहे हैं :-

- (1) Charitable Homeopathy Dispensary
- (2) Charitable Physiotherapy Centre
- (3) Charitable Dental Care Centre
- (4) Charitable Eye Care Centre

कोरोना वायरस के बाद डेरावाल स्वास्थ्य केन्द्र के सभी निम्नलिखित केन्द्र सुचारू रूप से चल रहे हैं :-

1. CHARITABLE HOMEOPATHY DISPENSARY :

We feel pride to inform to have association of a qualified & experienced **Dr. Rita Wahi** who has been running the dispensary for the last 30 years with her ability (Monday to Saturday 4.30 pm to 6 pm)

2. CHARITABLE PHYSIOTHERAPY CENTRE:

यह फिजियोथेरेपी सेन्टर पिछले 7 सालों से कोरोना समय को छोड़कर सुचारू रूप से चल रहा है। इसमें अभी Qualified **Dr. Rajesh Kashyap** अपनी **Assistant Mrs. Sheela** के साथ Laser, I.F.T., Tens, Traction & Ultrasonic की आधुनिक मशीनों द्वारा मरीजों का इलाज कर रहे हैं। (Mon. to Sat., 4 pm to 6 pm)

3. CHARITABLE EYE CARE CENTRE :

This Centre once again running after Covid under the supervision of **Dr. Amit Juneja** qualified Eye Specialist (Tuesday & Friday 5 to 6 pm)

4. CHARITABLE DENTAL CARE CENTRE:-

यह केन्द्र भी नये तरीके से शुरू किया है। अभी **Dr. Chitrangi Juneja** Consultant Dental Surgeon available with advance Machines. She is giving treatment with her ability & experience to the patients with complete family Dentistry, multi specialty Dental & Implant Centre etc. with modern equipment (Monday-Wednesday & Saturday, 11.30 am to 1.00 pm)

5. CHARITABLE ACUPRESSURE NEW CENTRE (OPENED)

By Specialist **Dhanraj Dangi** giving treatment for all sorts of pains. (Tuesday & Friday 4 to 6 pm)

ऑल इण्डिया डेरावाल सहायक सभा (पंजी.) द्वारा चल रहे कुछ अन्य प्रमुख कार्य :

- (1) प्रतिदिन सुबह 10:00 बजे से दोपहर 1:00 बजे तक

B.P. एवं Sugar का Free Checkup (डेरावाल भवन में) प्रशिक्षित नर्स द्वारा किया जा रहा है। इसके अतिरिक्त यह सभी सेवायें नर्स द्वारा वृद्ध लोगों (जो असमर्थ हैं) के घरों में जाकर भी प्रदान की जा रही है।

- (2) प्रति मंगलवार को सुंदर काण्ड पाठ का आयोजन सायं 4:30 बजे से 6:00 बजे तक किया जाता है।

- (3) प्रत्येक शुक्रवार को सायंकाल 4:00 बजे से 6:00 बजे तक महिला मण्डल द्वारा कीर्तन किया जाता है।

यह सभा हमेशा आभारी रहेगी स्व. श्री राकेश आहूजा जी एवम् स्व. श्रीमती विनोद आहूजा जी की जिन्होंने इस स्वास्थ्य केन्द्र को आगे बढ़ाने में अपना सहयोग दिया। इसके साथ ही सभा आभारी रहेगी श्री रवि खेड़ा एवं श्री गिरीश मेहता जी की जिन्होंने इस स्वास्थ्य केन्द्र में अपना सहयोग दिया और अति आधुनिक मशिनें इस स्वास्थ्य केन्द्र को उपलब्ध करवाई।

यह सभा हमेशा आभारी रहेगी सर्वश्री अनुराग चावला, सुरेन्द्र कुमार मेहता, राकेश मिनोचा एवं स्व. श्री धर्मवीर भुटानी की जिन्होंने फिजियोथेरेपी केन्द्र का निर्माण कार्य को पूरा करने और डिजाइनिंग करने में अपना अमूल्य समय दिया।

इस डेरावाल स्वास्थ्य केन्द्र में चल रहे सभी स्वास्थ्य केन्द्रों में मरीजों की देख-रेख और निःस्वार्थ सेवाये सर्वश्री नरेश कुमार मिनोचा, रविन्द्र कुमार बुद्धिराजा, श्रीमती शायनी सुनिल एवं कुमारी किरण सेठी द्वारा की जा रही है। सभा इन सबकी सेवाओं का धन्यवाद करती है जो अपनी निःस्वार्थ सेवा से पुण्य कमा रहे हैं।

अन्त में प्रभु से यही प्रार्थना है कि ऐसी संस्थाएँ दिन-रात चौगुनी तरक्की करें तथा समाज सेवा से ओतप्रोत रहें और इनसे जुड़े सभी सहयोगी दानवीरों का भी धन्यवाद, जो

न केवल “डेरावाल स्वास्थ्य केन्द्र” के इस पुण्य कार्य को आगे बढ़ा रहे हैं अपितु अन्य गतिविधियों में अपना यथाशक्ति सहयोग कर रहे हैं।

“दान से वस्तु घटती नहीं बल्कि बढ़ती है”

“दान के लिए वर्तमान ही सबसे उचित समय है।”

आईए! इस स्वास्थ्य केन्द्र में हम सभी मिलकर अपने सहयोग की आहुति प्रदान करें।

“IT'S NOT HOW MUCH WE GIVE BUT HOW MUCH LOVE WE PUT INTO GIVING”

-NARESH KUMAR MINOCHA

शुभ कामनाओं सहित रिश्ते ही रिश्ते



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“डेरावाल भवन”

एफ - 27 एवं 28, कीर्ति नगर, नई दिल्ली - 110015

Mobile : 9250810522

सोमवार से शनिवार प्रातः 11 बजे से दोपहर 3 बजे तक

INTRODUCTION OF NEW FEATURES & OTHER DEVELOPMENT IN A.I.D.S.S. (Regd.) WEBSITE

Respected All,

I feel pleasure to inform you that The All India Derawal Sahayak Sabha (Regd.) launched its website a few years back. The Final Shape of the Website was done in the middle of 2015. On 2nd October 2022, the Introduction Page was added and uploaded to the A.I.D.S.S. Regd. Website. Details of the Website will also be given in the upcoming Edition of the Annual Derawal Day Patrika under the Title “ऑल इण्डिया डेरावाल सहायक सभा (पंजी.) वेबसाइट का परिचय”

The Website development went on a slow pace due to my busy schedule on account of my aged father's illness who passed away peacefully on 7th August 2023 at the age of 96 years. He was a great Motivator and always encouraged us to preserve our great culture and the goodness of our community.

The AIDSS Website contains vital information that will interest the members and our endeavor is to constantly improve the Website and keep the members updated on all the Significant Upgrades/developments in the Website as and when they happen.

There are sufficient printing materials available since 1966 like interesting Articles in the Derawal Patrika, Photo albums of Past Events, Cassettes, and CDs/DVDs in the Sabha's records at Derawal Bhawan Kirti Nagar. Not much effort and Time has been devoted to organizing and preserving them. We are coming up with a New Museum cum Library on the 2nd Floor of Derawal Bhawan, Kirti Nagar, New Delhi. All these precious materials which represent our rich Culture and Great community would be on display and available to everyone at the Museum cum Library. The Sabha is thankful to Sh. Rakesh Minocha the Ex-General Secretary of the Sabha reminded us in the last AGM held on 29th, Dec 2022, that a Hall size space on the 2nd floor of the Bhawan is almost ready for converting to Museum cum library purposes.

We wish to inform you all that since January 2023 Sabha has started Paying Homages (श्रद्धांजलि) to all our veterans along with Derawal Biradari members, who went for their heavenly abode since 1990 onwards, (Based on availability of records to us) in a specifically designed format under the Section "Our Source of Inspiration". This was a challenging task to compile the data, scrutinize, and check its authenticity, either from Patrika, the Minutes book of the Executive Committee, or AGM records. Not only this but sometimes we have to collect information from their family members if we come across such a forgotten person.

The Sabha was following the practice of paying Tribute/Homage to our Respected Members who had left for their heavenly abode in earlier years as a mark of Respect in the Patrika.

In addition to this, we have also started the practice of paying Tribute/Homage and memorizing all those Respected Members who left for their heavenly abode in the previous quarters. Since the Derawal Patrika is being Published quarterly therefore Homage/Tribute to those who left for their heavenly abode in the previous quarter will be paid Homage/Tribute and memorized in this quarterly Partika under the Section "Our Source of Inspiration". (सभा उन सदस्यों को भी श्रद्धांजलि दे रही है जिनका पिछली पत्रिका में निधन का उल्लेख नहीं हो पाया।)

Sabha published Birthday wishes to Life members in Patrika as well through WhatsApp

messages. But from Jul 2023 onwards, it is being sent in a new format with a membership number and their photo on WhatsApp.

Since Oct.2023 the Website sub-committee team has started sending Birthday Wishes directly to the respective Birthday Person through WhatsApp API (**AIDSS - Kirti Nagar**) Subsequently, they sent through the "Derawal Parivar Member" group for an intimation. So that if someone wants to express his wishes to the Birthday person, he/she can do so personally. **A link : <http://derawalsayaksabha.com>** to the AIDSS Website has also been created so that one can view the details on the Website in an especially designed format.

In the Website drop-down box "**KNOW YOUR SABHA**" we have included all former Administrative Trustees, Chairman, Chief Patrons, Patrons, Celebrities, Managing Committee members, Executive / Co-opted Exc. members, and Special Invitees list from the year 2000 onwards.

I feel proud to apprise you that, very soon you will have very vital information on the AIDSS Website such as:- The 1st Executive Members List of 1961, A List of Donors of 1961, Gist of members listed in the 1st Directory of Derawal Brethren printed in 1961 (Approx 1200 members), Extract from "Dera Phoolan Da Sehra" about the existence of Derawal Sahayak Sabha. And various other articles published by our Derawal Members in the ancient Patika.

The process of compiling the data from the years 1966 to 1990 will start after the Annual Derawal Day Function which falls due on 24th Dec.2023. As scanning of vital documents, articles of interest, photographs of events, etc. is a lengthy, and time-consuming process, kindly bear with us and Sabha will start uploading on the AIDSS Website slowly and steadily.

For developing this Website, I am wholeheartedly obliged to Shri Surender Kumar Mehta (Administrative Trustee) and Shri Sameer Grover (IT Advisor) for their sincere suggestion from time to time and for keeping the website upgraded and making the AIDSS WEBSITE a great success.

Wish you all a Happy New Year

DISCLAIMER:

Small and humble efforts have been made in all these years to upload the narration on the AIDSS WEBSITE to include as many articles as has been possible. Even though stringent verifications have been made to incorporate authentic articles, there are bound to be omissions. Let me assure you, with all the sincerity at my control, there has been no intention to discriminate.

The omission would be inadvertent either due to lack of knowledge or because of records available with AIDSS official documents, Derawal Patrika including event photographs, etc.

As far as possible a factual portrayal has been made. But I stand to corrections. So, I request all Derawal Brethren to come forward to give their views and suggestions for uploading the correct information.

Thanks & Regards.

RAVI KHERA
(Chairman - AIDSS)



ALL INDIA DERAWAL SAHAYAK SABHA (REGD.)

DERAWAL BHAWAN, F-27 & 28, Kirti Nagar, New Delhi-110 015

OUR ANCESTORS' MOTIVES

"BELIEFS, PRINCIPLES, AND HONESTY"

EXTRACT TAKEN FROM "DERA PHULAN DA SEHRA"

Written By Late Shri Ram Nath Sachdeva (1987)

- At that time, no rich person, leader, or social guide was with us. It was the unity of purpose that bound us together.
- Byelaws were made without any realization of what type of implications would arise later.
- Our hopes and aspirations ran sky high as we all were determined to build a loft castle of brotherhood, affinity, understanding, and a sense of oneness.
- That was the inspiration and objectives at the back of our minds then. It was a team of workers, without anyone trying to become a leader. All of us formed a cohesive, well-knit, and coordinated team.
- No one of us had experience in the field of social beggary. There were many occasions when we went out for the purpose but did not know how to start the topic. The only thing that urged and goaded us all, was the unshakable faith in our mission and confidence that our Biradri would rise to the occasion and never let us down. It was a happy team of workers, practical in approach and sincere in efforts, each one spending from his pocket, without grudge or publicity.
- No one cared for any office and each time, was ever willing to share any responsibility which was placed on their shoulders. Another guiding factor was that we should call our elders and offer them our respect or appreciation for their past services. It was aimed to honour them. These were some of the guidelines on which we worked, to lay the strong and selfless foundation for a lasting Sabha.
- The Sabha will have to open its minds and hearts to afford the much-needed positive accommodation for the larger good of all Derawal.
- A joint chorus has force and wider vibrations than a single song. It is the unity of hearts which is the need of the hour. A bridge has to be put across, to bring all in one embrace. The time is ripe. Let us see who grasps it.

Reproduced by: **RAVI KHERA (Chairman)**
All India Derawal Sahayak Sabha (Regd.)



ALL INDIA DERAawal SAHAYAK SABHA (Regd.)

HAPPY BIRTHDAY

Your life is a gift from the creator. Your gift back to the creator is what you do with your life.

FOR THE MONTH OF DECEMBER

DATE	NAME, ADDRESS & CONTACT NO.	DATE	NAME, ADDRESS & CONTACT NO.
06-12-1955 MS No.72	SH. MOHENDER KUMAR KHERA B-76, Jangpura-B, New Delhi 110014 Mob: 9871332066	21.12.1976 MS No. 173	SH. YOGESH BHUTANI 68A,3rd Floor,Single Storey, Ramesh Nagar, New Delhi-110015 Mob: 9213479878 /8285009878 yogeshbhutani@hotmail.com
07-12-1971 MS No. 70	SH. AJAY KHERA D-19, Jangpura-B, New Delhi-110014 Mob: 9999966415 khera.ajay114@gmail.com	23-12-1956 MS No. 270	SH. ASHOK KUMAR GROVER H-13, Second Floor, M2K The Whitehouse, Sector 57, Gurugram, Haryana Mob: 9910011938 /9910011938 suryaenterprises181@gmail.com
11-12-1962 MS No. 202	SH. VINOD KUMAR MALIK A-3/311 Paschim Vihar, New Delhi 110063 Mob: 9811422731 vinodmlik1962@gmail.com	23-12-1969 MS No. 201	SH. VISHAL HURIA F-21, Ground Floor, Kirti Nagar, New Delhi-110015, Mob: 9718375535 vishalhuria@hotmail.com
14-12-1953 MS No. 113	SH. VIJAY KUMAR BHUTANI 1248, Sec-29, Mahavir Apptt. Noida-201301, Mob: 8800383943 vjbhutani@gmail.com	24-12-1950 MS No. 100	SH. VINOD KUMAR SETHI WZ-A-3, Ground Floor, Stree No.8, Krishna Park, Extn. New Delhi-110018 Mob: 9654141584 vinodsethi50@gmail.com
14-12-1960 MS No. 216	SH. PRAVEEN KUMAR NANGIA 10, Tarun Enclave Pitampura, Delhi 110034 Mob: 9650457106 parveenkumarnangia@gmail.com	27-12-1975 MS No. 27	SH. RAKESH MINOCHA F-10B, Kirti Nagar, New Delhi 110015 Mob: 9312232161 minocha.rakesh@gmail.com
20-12-1961 MS No. 216	DR. ASHOK KUMAR TANEJA D-3, Harsh Apartments IIT Society, Peera Garhi, Near MCD School, New Delhi-110087, Mob: 9481325909 drashoktaneja@gmail.com	07-12-19 MS No. 109	SH. OM PARKASH MITRA O-19, Lajpat Nagar-4, Nirmal Puri, New Delhi-110024

आज आपके जन्मदिन के शुभ अवसर पर हम तहे दिल से आपको शुभकामनाएं देते हैं।
आपका साथ और स्नेह हमेशा बना रहे, यही हमारी ईश्वर से दुआएं हैं।

FOR & ON BEHALF OF

RAVI KHERA
Chairman & Admn. Trustee



RAMESH AHUJA
Chief Patron

ADMINISTRATIVE TRUSTEES

Girish Mehta, Dharam Pal Minocha, L.N. Mehta, Surender Kumar Mehta & Anurag Chawla
All Patrons, MCM, Executive, Co-Opted Executive, Celebrities members, Special Invitees & Life Members.

"ARYANS"

INDIANS OR FOREIGNERS

For hundreds of years, Indians have been falsely taught that the Aryans, their foreparents, were some fair skinned people who came riding their horses from somewhere in the Central and Eastern Europe to invade the then India, defeat the then Indians and push them from the northern, eastern and western parts of India to force them to limit themselves only to southern parts of India.

It has also been propagated for hundreds of years that the then Indians were not as technologically advanced as the invaders or attackers were and that the then Indians did not know the art of writing. Furthermore, it is claimed that Sanskrit, the mother of most modern languages including the ones used by Europeans, the North Americans and the Latin Americans was brought, and thus introduced to the then Indians by the invaders.

Another myth or false story being propagated is that Alexander, the Greek king, defeated Porus, the then king of Punjab. Moreover, it has been claimed that the books revered by the Indians, the scriptures such as the Ramayan and the Mahabharat, are nothing but myths or stories which were imagined by some creative people and thus written down. And last, though not the least, the Rigveda, the oldest written book in the world, was penned down at some time between 3500 and 4000 years ago.

Goebelles, the propaganda minister of Hitler during the Second World War, once said, "Repeat a lie often enough, and it becomes a truth." How true it is! And it is truer in the case of people who have no pride in their own culture and heritage. We Indians have always believed in whatever foreigners tell us. The reason is very simple - We have no pride in our roots.

Till very recently, we did not have any way of disproving all this falsified information being propagated for selfish and malicious purpose or mentally and emotionally making us feel inferior. And like fools lacking the moral strength to resist all this false propaganda, we have accepted our own inferiority and others' superiority.

Science and technology, the knowledge we were behind most, has now come to our help. Recent scientific studies in the field of molecular biology and those in the field of archaeology have clearly established that our foreparents moved out of India to all the far off places such as the Americas, Europe and Australia. In other words, our ancestors taught the world languages, science, technology and architecture.

Moreover, the Rigveda mentions again and again about the mighty river Saraswati. It claims that this mighty river resembled a sea, and that it was normally in flood. It also tells us that the then Indians, our ancestors, worshipped this river. Unfortunately, this river started waning around 8000 years ago before it went completely extinct. So if this river started losing its waters 8000 years ago, the Rigveda, and the Vedic Sanskrit, it was written in, are at least 8000 years old.

Modern archaeological excavations evidence a number of places mentioned in the Ramayan and the Mahabharat. One such is the great city of Dwarka, the one Lord Krishna moved to after leaving Mathura, found submerged in the sea. There is a mention in the Mahabharat that Arjun, the Pandava prince, saw it happening with his own eyes.

Our ancestors were spiritually oriented and spiritually awakened people who were not attached to material achievements and glorification of their accomplishments. They never thought of glorifying battles or wars unless they were waged for the protection and preservation of Dharma. Unfortunately, the system of education introduced around two centuries ago has led us to believe that all that our ancestors achieved for what the whole world admired and respects them is due to the influence of the Aryans who came to India or Bharatvarsh from far away. It is time we consign all this to the dustbin and revisit our glorious inheritance safe in the knowledge that we have taught the world the real way to live and not the world has taught us how to live.

—VISHAL HURIA

With best compliments from :

डेरावाल दिवस की हार्दिक शुभकामनाएँ

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PROFESSIONALS/PVT. SERVICE/GOVT. SERVICE BOYS :

01. 30(+) years (23.12.93, 03:52 PM, Delhi), Height 5'-10", Fair, Slim Body, B.Tech. in Computer Vscience, Dera Ghazi Khan family boy, Working with a pvt. company at Noida, Earning Rs. 20.00 lakhs PA, Contact his father Sh. Ajay Ahuja at Ph.: 9958935380, 9810276181, Suitable working girl required.
02. 35(+) years (09.01.88, 10:30 AM, Rohtak), Height 5'-8", Fair, B. Com, MBA in marketing, Dera Ghazi Khan family boy, Working as Asstt. Manager with Kotak Bank in Connaught Place, New Delhi, Earning Rs. 8.00 lacs PA, Contact his father Sh. Dalip Kumar Bhuttan at Ph. : 9818014169, Suitable working girl required.
03. 27(+) years (10.08.96, 01:20 AM, Delhi), Height 5'-10", Fair, Normal built, 12th Pass, Dera Ghzi Khan family boy, Earning Rs. 4.00 to 5.00 lakhs PA, Contact his father Sh. Jitender Arora at Ph. : 7011516659, Suitable girl required.
04. Dr. Dinesh Kumar Chopra (Khatri Punjabi Family), (04.01.1979, 9:10 AM, Delhi), Height- 5'-8", BDS from MAMC, Delhi & MDS (from AIIMS, Delhi), Recently came back India after serving as Sr. Orthodontics in Saudi Arab, Ministry of Health (MOH), Now Setting up his own practice in Delhi, Family is a very simple, Down to earth, Open minded, Punjabi family, Father (retired from CPWD) and Mother (retired from Directorate of Revenue Intelligence), 1 younger brother & 1 younger sister has done MCA & is happily married, Currently working in reputed MNC), Contact Ph. : 7838004845 (Sister). 9899904179 [Dr Dinesh).
05. 36 years (30.11.1987, 6:20 PM, Delhi), Height 5'-10", Fair, B.Com, Consultant at Tectonic Media Pvt. Ltd. (Delhi), Package 4.5 Laks PA, Own house at Sector-151, Noida, One brother married & settled in USA, Contact his father Sh. Charanjeet Bhutani, Ph. : 9899565268.
06. 32 years (1991) , Height-180 CM, M.Com, CA Inter, Self Employed, Financial & Business Planner, Tax Consultant, Contact Mobie No. 9213105067, Working girl preferred.



BUSINESS BOYS :

01. 27(+) years (15.07.96, 08.46 AM, Delhi), Height 5'-11", Very fair, Slim, M.Com., B.Ed, Dera Ghazi Khan family boy, Running his own institute in South Delhi, Earning Rs. 7.00 lakhs PA, Contact his father Sh. Ramesh Ahuja at Ph. : 8130774143, Suitable educated girl from good family is required.
02. 36(+) years (18.09.87), Height 5'-10", Wheatish, Normal built, 10th pass, Running his own electric shop and photography business, Contact his mother Smt. Veena Munjal at Ph. : 9910167044, 9213620737, Suitable girl required.

DIVORCEE BOY :

01. 31(+) years (01.03.92, 08.14 AM, Delhi), Height - 6", Fair, Slim, C.A., ICAI, Multan family boy, Working with UK based MNC as Financial Controller, Earning Rs. 42.00 lacs PA, Divorcee 15 days marriage, Contact his father Sh. Pradeep Kapoor at Ph. : 9312508350, 9716148350, Suitable girl required.

PROFESSIONALS / PVT. SERVICE / GOVT. SERVICE / TEACHER GIRLS :



01. 39(+) years (14.06.84, 05.10 AM, Delhi), Height 5'-3", Very fair, Slim, B.A., Running her own event company, Earning Rs.50000/- PM, Contact her father Sh. Roolpal Dasswani at Ph. : 9312269501, 9350065808, Suitable boy required.
02. 29(+) years (06.12.94, 05.31 PM, Gurugram), Height 5'-8", Fair, Slim, B.Tech(IT), Dera Ghazi Khan family girl, Working as team leader in us based MNC in Gurugram, Earning Rs. 13.00 lakhs PA, Contact her father Sh. Rajinder Paul at Ph. : 9871119396, 9871119643, Professional educated, Handsome boy from good family is required.
03. 30(+) years (22.11.93, 10.06 PM, Delhi), Height 5'-2", Fair, Slim, B.Sc. (Math, H), M.Sc. (Maths) from Delhi University, Using specs some time, Working with Barclay Co. at Noida, Earning Rs. 35.00 lakhs PA, Contact her father Sh. Gulshan Kumar Jagia at Ph. : 9711844370, 9811007048, Suitable well educated boy settled in business / service required.
04. 33(+) years(21.12.90, 02.55 Pm, Delhi), Height 5'-3", Fair, Slim, Using specs, B.A, M.A, B.Ed., Dera Ghazi Khan family girl, Working as a teacher, Earning Rs. 05.00 lakhs PA, Contact her father Sh. Vijay Walecha at Ph. : 9958719976, Suitable educated boy required.
05. 33(+) years (27.08.90), Height - 5', Fair, Slim, B.Com., MBA in Finance, Working with it company as project lead In Noida, Earning Rs.15.00 lakhs PA, Contact her mother Smt. Neena Chopra at Ph. : 7973953691, Suitable boy required.
06. 28(+) years (13.07.95, 05.18 PM, Delhi), Height 5'-2", Fair, Slim, B.Tech., Diploma in marketing management from IGNOU (final year), Working as Senior Analyst in WIPRO in Gurugram, Earning good salary, Contact at Ph. : 9958719976 (Ms. Sunita Ji), Suitable educated boy required.
07. 29(+) years (06.12.94, 05.30 PA, Gurugram), Height 5'-8", Very Fair, Slim, B.Tech. in it, Dera Ghazi Khan family girl, Working as Team Lead in US based MNC in Gurugram, Earning Rs.13.00 lakhs PA, Contact her father Sh. Rajinder Paul at Ph. : 9871119396, Suitable well educated, handsome boy from Hindu, Punjabi respected family required.
8. Diksha Chutani, 30 years (24.03.1993, 5:55 AM), Height - 5', B.Com (Graduate), Fair, Medium, Average body, Weight -50 kgs, Freelancer Makeup Artist, Founder at Moonshineventsbyd (Digital marketing agency), South Delhi prime location, Sibling 1 young sister (working with designers with a firm at gurgaon), Mother housewife, Father Businessman, Contact Ph. : 9871882278 (Mother), E-mail ID : dikshachutani184@gmail.com, Her ideal match must be vegetarian, Well groomed open minded, Upper middle class, Well settled (Delhi).

MANGLIK GIRLS :

01. 31(+) years (25.11.92, 11.58 PM, Delhi), Height 5'-2", Fair, Medium built, MA, Working in Gurugram, Contact her father Sh. Manchanda at Ph. : 9891175556, Suitable good looking boy settled in business / service required.
02. 31(+) years (10.06.92, 02.53 PM, Delhi), Height 5'-1", Fair, Slim, MBA, Dera Ghazi Khan family girl, Doing private job, Contact her father Sh. Jagdish Kumar Arora at Ph. : 8076568178, Handsome boy from good family is required.

DIVORCEE GIRL :

01. 35(+) years (29.06.1988, 1:12 PM, Delhi), Height 5'-2", Fair, Beautiful, Slim, Weight - 50 kg, Graduation & Professional course in Air Ticketing, Working as Ground Staff, **LEGALLY DIVORCED**, No Issue, Contact her mother Mrs. Asha Khurana Ph. : 9871032378, 9811307671, Her ideal match should be a well groomed person, Having a settled career, Divorcee issueless / General, Locally settled in Delhi.

— ASHUTOSH SHARMA, 9312105617

अभिमान

‘गज़ब अभिमान का दावा है, इन इन्सानों में
अजीब ज़िद्द पर अड़े हुए है, बेकार झगड़ों पर तुल रहे है’

यह मनुष्य के स्वभाव का अनोखापन है, मानव मानवता को ही खो बैठता है और अभिमान में आकर उसे यथार्थ की पहचान ही नहीं रहती। स्वभाविक है कि इस संसार में रहकर मैं और मेरा, जिसे आप स्वामित्व और स्वाभिमान की भावना कहे किसी रूप में सबके हृदय में होती है। जब यह अहंकार होता है तो व्यक्ति का विवेक नष्ट हो जाता है। अजानी होकर वह अनर्थ कार्य करता है। जहां मैं और मेरा है दूसरा क्यों अधिकारी बने, वह मेरी संपत्ति क्यों ले और लोभ की वृत्ति मानव में अभिमान लाकर झगड़ों की नींव दृढ़ कर देती है। संसारिक जीवन में कोई भी व्यक्ति अधिक संपत्ति वाला, सफल परिवार वाला, अधिक विद्वान हो जाता है तो उसमें अभिमान के बीज अंकुरित होने लगते हैं। मैं मेरा और अपना होने की सत्ता का तो कोई मूल्य है ही नहीं।

सुख और दुःख स्वयं में तो कुछ भी नहीं जब तक उसमें (मैं) शब्द नहीं जोड़ते, मैं सुखी हूं, मैं दुःखी हूं, मैं तो निर्धन हूं और मैं मुझे कुछ फिक्क नहीं, मैं तो धनी हूं, यह सब हमारे मन के विकार ही तो हैं। अभिमानी व्यक्ति के जीवन में उदण्डता और अशान्ति बनी ही रहती है -

‘इस दुनियां में एक अंधेरा, मैं और मेरा सबकी आंखों में छाया’

अब प्रश्न यह उठता है कि मानव इस अभिमान को मन में न आने दे और इस प्रवृत्ति का नाश कैसे हो? मोह ममता का त्याग और भक्ति ही इस अहम् को मिटाने में सहायक होती है। मैं हूं, मेरे विचार उच्च है, मैं सरल स्वभाव वाला हूं, मैं बलवान हूं, मुझे आयु के कारण अनुभव है, सेवा भाव और दया करता हूं, मैं बुद्धिमान हूं, मेरा पति आदर्शवादी है, मेरी पत्नि पतिव्रता है, मेरी सन्तान अच्छी बुद्धि वाली है, मेरे पास कई मकान गाड़ियां और सुविधाओं के लिये धन सम्पत्ति है यह सूक्ष्म भावनाएं ही मनुष्य के मन में अभिमान का कारण बन उसे दुःखी भी करती है। नीतिरत्न में भी यही वर्णन आता है, दिव्य आम का रस पीकर भी कोयल अहंकार नहीं करती किन्तु गंदा पानी पीकर भी एक मेंढक टर्राने लगता है। भरा हुआ पानी का घड़ तो शान्त रहता है किन्तु आधा भरा अहंकारी छलकता है। यह जीवन बुलबुले के समान क्षणभंगुर है, अस्थायी है, किन्तु समझते जानते हुए भी अहंकार को नहीं छोड़ता

संसारिक वस्तुओं का त्याग फिर भी सरल है किन्तु अभिमान का त्याग अत्यन्त कठिन है।
अपने साहित्य के पन्ने खोले तो अभिमानी दुर्योधन का महाभारत में ज्वलन्त उदाहरण है -

यदि हम विचार करें तो क्या हम अहंकारी कंस की क्रूरता को भुला सकते हैं? उस गर्वीले रावण ने अभिमान में आकर सीता हरण किया। अपने आप को बलवान समझने वाले हिरण्यकश्यप ने निजी पुत्र को जलाना चाहा। सारी दुनियां को पराजित करने के स्वप्न लेने वाला सिकन्दर अभिमान में उसका क्या अन्त हुआ। जब काल ने अहंकार भरे राजा महाराजा और शूरवीरों को नहीं छोड़ा तो आप ही सोचिये कि अभिमान से सामान्य मानव की क्या स्थिति है?

‘न वो ले गये कुछ साथ, जो मुल्कों के वाली थे, सिकन्दर जब गया दुनियां से दोनों हाथ खाली थे’

यदि व्यक्ति संसार में उपभोग करते हुए अहंकार नहीं करता, आत्म निरीक्षण और आत्म भाव में स्थित रहकर मित्र और वैरी को समदृष्टि से देखता है - जब व्यक्ति के मन में सफलता असफलता, हार जीत, मान अपमान का सम्बन्ध नहीं रहता और कर्त्तव्य फल की इच्छा न करके सुचारु रूप से कर्म करता है तो वह अभिमान रहित हो जाता है। अभिमान रहित होने से बुद्धि का विकास होता है, मन के विकार मिट जाते हैं, और मानव मानसिक शान्ति अनुभव करने लगता है। किसी कवि ने सत्य ही कहा है: -

न कर अभिमान ए मूर्ख तू दुनियां छोड़ जायेगा,
यह मेला चार दिन का है, तू सबसे रिश्ता तोड़ जायेगा।

जीवन के वास्तविक स्वरूप को पहचान मानसिक शान्ति के लिये मेरी प्रार्थना है कि हम सब कर्मशील, गतिशील और अभिमान रहित बनें। इसी चिन्तन से सभी दर्शकों का धन्यवाद।

- सुरेन्द्र बुद्धिराजा

लोहड़ी, मकर संक्रान्ति और पोंगल

हमारी भारतीय संस्कृति में त्यौहारों का विशेष महत्त्व है। इस नववर्ष जनवरी में इन अवसरों लोहड़ी, मकर संक्रान्ति और पोंगल और फिर गणतन्त्र दिवस के शुभ अवसर पर मेरी आप सबके लिये शुभकामनायें हैं। समयानुसार जीवन में नीरसता को दूर कर यह त्यौहार उमंगे और उल्लास लाते हैं। सबसे पहले 13 जनवरी को लोहड़ी का त्यौहार धूमधाम से मनाया जाता है। ऐतिहासिक रूप से यह त्यौहार हरिसिंह नलवा के समय से प्रारम्भ हुआ जबकि उत्तर भारत में बहुत लूटमार हो रही थी। उन दिनों पहरा देने के उद्देश्य से और शीत ऋतु से बचने के लिये तो आंगन में एकत्रित होकर लकड़ियां जलाते थे। इसके पीछे भावना यही थी कि - जीवन सबका हो पवित्र, रुदन मिटे वसुन्धरा का, स्वार्थ भाव को दे तिलांजलि, मानवता का उद्धार करें।

हमारा देश कृषि प्रधान देश है, इन दिनों किसानों की फसल तैयार होती थी और उस फसल को काटने की प्रसन्नता से किसान हर्षोल्लास से इस त्यौहार को मनाते थे। अपनी अच्छी फसल और मनोकामना की पूर्ति के लिये संध्या समय मिलकर प्रार्थना कर अग्नि में तिल गुड़ डालकर पूजा की प्रथा भी थी। लोहड़ी के त्यौहार के पीछे एक ओर लोक प्रसंग भी है कि उस समय मुगल शासक अकबर सम्राट थे। गंजीबार क्षेत्र में एक सुन्दरी नामक कन्या अपने ब्राह्मण परिवार में रहती थी। सुन्दरी नाम के अनुसार वह अत्यन्त सुन्दर और रूपवान थी। शाही शासक ने जैसे ही उस पर नज़र डाली, वह इतना मोहित हुआ कि उसने सुन्दरी के पिता को बहुत लोभ-लालच दिये की उसको राजा के पास भेज दिया जाये। सदेश सुनते ही ब्राह्मण अपनी पुत्री की रक्षा हेतु जंगल के सबसे प्रसिद्ध डाकू दुल्ला भट्टी के पास गये और उसे अपने मन की व्यथा सुनाई। उसी रात को दुल्ला भट्टी ने एक ब्राह्मण युवक को बुलाया और उससे सुन्दरी का विवाह कर दिया। उस समय डाकू के पास कुछ धन नहीं था, इसलिये उसने शक्कर और तिल दिया और सुन्दरी को ब्राह्मण युवक को उसकी रक्षा हेतु सौंप दिया। राजा को जब इस घटना का पता लगा तो उन्होंने अपने सैनानियों को भेजकर दुल्ला भट्टी को मारने की आज्ञा दी, किन्तु उस डाकू ने शाही सेना को परास्त कर दिया और इसी खुशी में एकत्रित होकर लोगों ने अग्नि के अलाव जलाये और इस तरह दुल्ला भट्टी की प्रशंसा के गीत इस त्यौहार पर अमर हो गये।

सुन्दर मुन्दिरये हो तेरा कौन विचारा हो, दुल्ला भट्टी वाला हो, दुल्ले ने धी व्याही हो,
से शक्कर पाई हो, कुड़ी दे मामे आये हो, मामे चूरी कुट्टी हो, जर्मीदारा लुटी हो,
कुड़ी दा लाल दुपट्टा हो, दुल्ले ने धी व्याही हो।

लोहड़ी के पश्चात अगले दिन 14 जनवरी को मकर संक्रान्ति होती है, मकर संक्रान्ति के दिन दान देने का विशेष महत्त्व होता है, इस दिन गुड़, अनाज, धन का दान दिया जाता है, जब भी सूर्य एक राशि से दूसरी राशि मकर में प्रवेश करता है, उस दिन मकर संक्रान्ति मनाई जाती है। ज्योतिष गणना के अनुसार ही इसका विशेष महत्त्व है। इस पर्व पर खिचड़ी दान की प्रथा है। जब किसानों की फसल दाल चावल पककर तैयार हो जाते हैं, इसलिये वह खिचड़ी का भोग, और खिचड़ी ही प्रसाद में दी जाती है।

दक्षिण भारत में किसान के घर आंगन में जब सूर्य का भरपूर प्रकाश होता है, तब पोंगल का पर्व का आयोजन किया जाता है। तमिलनाडू में यह त्यौहार तीन दिन तक मनाने की परम्परा है। इस दिन मिट्टी के नये बर्तन में खीर बनाकर सूर्य नारायण को भोग लगाकर प्रार्थना करते हैं, क्योंकि सूर्य ही सभी ऋतुओं को नियम में रखता है, हमें ज्योति और प्रकाश देता है, और समृद्धि का प्रतीक भी है। दूसरे दिन लक्ष्मी पूजन और तीसरे दिन पशुओं की पूजा की जाती है।

इन त्यौहारों पर तिल गुड़ को विशेष महत्त्व दिया जाता है, कारण यह कि -

‘तिल प्रतीक है मधुर स्नेह का, गुड़ मधुमय वाणी का,
रहे समन्वित रूप देश की, संस्कृति कल्याणी का,
सभी के लिये यह त्यौहार मंगलमय हो।

- महिन्द्र बुद्धिराजा

आज का कड़वा सच

दिन रात टी.वी. समाचारों में, अखबारों में केवल ही केवल लड़ाई झगड़े और एक दूसरे पर दोषारोपण के सिवाय कुछ भी अच्छा देखने सुनने और पढ़ने को नहीं मिलता, तो मन दुःखी हो जाता है और दिल करता है कुछ लिखूँ इन पर, सो पेश है मेरे मन के विचार!

एक शायर ने लिखा था कभी, जो आज सच होता दिखता है की: -

“महसूस ये होता है, ये दौरे गवाही है, शीशे की अदालत है, पत्थर की गवाही है,
दुनियां में कहीं ऐसी तफसील नहीं मिलती, कातिल ही मुहाफिज़ है, और कातिल ही सिपाही है।
और यही आज की सच्चाई है, तो अर्ज किया है : -

ये चेहरे पक्की उमर के हैं, धरती के फफोले हैं
इंसानियत के बूत हैं ये, पर लगते बड़े भोले हैं।
ये कुर्सियों के जाल में फंसते रहे हैं सदा,
(देखने में) दुनियां के रहनुमा हैं, पर अदर से आग के गोले हैं।
करते हैं कहीं प्यार की बातें, कहीं तकरार की बातें,
कहीं इकरार की बातें, तो कहीं इनकार की बातें,

समझ आ रहा है सब कुछ, कि इन बातों में, है क्या बातें, पर नहीं समझ में आई आज तक, इनकी और सरकार की बातों
पर अब इनका कद, पहचानना हो जाएगा आसान, करेगा जो जितना बड़ा घोटाला, वो हो जाएगा उतना ही महान।

लालच में आकर : -

ये लोग जमीं बेच रहे हैं, गगन बेच रहे हैं
ये लोग मेरे देश का, चैनों अमन बेच रहे हैं
धरा बेच देंगे, गगन बेच देंगे, कली बेच देंगे, सुमन बेच देंगे,
अगर हम कलम के पुजारी, कहीं सो गए तो,
ये 'वतन के पुजारी' तो वतन ही बेच देंगे
अब जनता में, ना कोई उत्साह रहा, ना ही रही कोई उमंग,
ना ही दिखती कोई आशा, ना ही रहा कोई हर्ष
बस देखते रहो, इन पार्टियों का टूटना, जुड़ना, रहनुमाओं का लड़ना झगड़ना,
सुभाष-गांधी की दिलाई हुई आजादी का निकला यही निष्कर्ष।
नहीं दिखती कोई आशा, और ना ही रहा कोई हर्ष।

देश जाता जा रहा है धरातल में, बस इसी तरह बीते हैं देश के ये 75 वर्ष
अब प्रार्थना है इन रहनुमाओ से: -

अरे! मंदिर-मस्जिद, गुरुद्वारों ने, बांट दिया भगवान को,
धरती बांटी, सागर बांटे, अब मत बांटो, तुम इन्सान को। मत बांटो तुम इन्सान को
पर आजकल क्या हो रहा है :-

हर रोज दुनियां में, अपराध बढ़ते जा रहे हैं
जिन्होंने सम्भालना है देश को, वही बिगड़ते जा रहे हैं।
और हम सब, देखने सुनने के सिवा, कुछ कर नहीं सकते,
इन पार्टियों की लड़ाई में, हालात देश के और भी अधिक बिगड़ते जा रहे हैं।
और अधिक बिगड़ते जा रहे हैं।

दुःखी मन अपने विचार रखने वाली
बहन सुमित्रा मरवीजा

बहुत सी बीमारियों का इलाज है “अदरक”

अदरक का विशुद्ध शब्द है आर्दक। वास्तव में अदरक गरमी प्रदान करने वाली वस्तु है, लिहाजा इसका सेवन सर्दी अथवा वर्षा के मौसम में अवश्य करना चाहिए। इसको सुखाकर इसे सोंठ का नाम दे दिया जाता है। अदरक को अपने आपमें स्वास्थ्य के दृष्टिकोण से गुणों की खान कहा जाता है। आइये, इसके कुछ गुणों से लाभ उठाने का प्रयास करें।

- अपच की शिकायत होने पर एक चम्मच शहद में अदरक का रस मिलाकर पी लें। आपको राहत महसूस होगी।
- पेट में गैस हो रही हो तो एक चौथाई चम्मच नींबू का रस मिलाकर चाट लें। पेट की गैस समाप्त हो जाएगी। और आप राहत महसूस करेंगे।
- गैस की ही शिकायत होने पर इस तरह से भी अदरक का सेवन आप कर सकते हैं। अदरक, हरड़, बहेड़ा, आंवला तथा सोंठ (सूखा अदरक) काली मिर्च और पीपल (सभी पांच ग्राम) लेकर पीस लें। अब एक प्याला पानी उबाल कर उक्त मिश्रण को मिलाकर पी जायें। अप्रत्याशित रूप से आराम मिलेगा।
- अगर आपकी नाक बंद हो और आंखों में जलन हो तो अदरक का रस और गुड़ मिलाकर सूंघें। आराम मिलेगा।
- अगर आवाज फट रही हो या गला बैठ गया हो तो अदरक को धोकर उसमें चाकू से काट कर, गूदा सा बनाकर उसमें चुटकी भर हींग भर कर पान के पत्ते में लपेटकर कड़े (उपले) की मध्यम आंच पर भूनें। बाद में ठंडा कर अदरक को पीस कर छोटी-छोटी गोलियां बनाकर दिन में चार बार एक एक गोली चूसें। आराम मिलेगा।
- गले में खराश होने पर अदरक के रस में शहद मिला कर चाटें। गला ठीक हो जायेगा।
- यदि आपकी उंगली कुचल गयी हो (खून न बह रहा हो) तो अदरक को बारीक कुचल कर गरम कर लें और कुचले हुए हिस्से पर किसी कपड़े की सहायता से बांध दें। दर्द में आराम मिलेगा।
- मिचली आ रही हो तो अदरक को छील कर उसके एक छोटे से टुकड़े पर नींबू निचोड़ कर ऊपर से नमक छिड़क कर चबाइये। आराम मिलेगा।

- उल्टी सी महसूस हो रही हो तो साफ अदरक के एक टुकड़े के समान नींबू रस करीब उतनी ही मात्रा में अनारदाना और मुनक्का मिलाकर पीस लें। इस चूर्ण को चाटें।
- पूरी रात सोने के पश्चात् भी दिन में कॉलेज अथवा ऑफिस में नींद आ रही हो तो चाय बनवाते वक्त सोंठ का चुटकी भर पाउडर मिलाकर डालें और प्रातःकाल लगातार एक सप्ताह तक पियें।
- पेट में जलन यानी अम्लता की शिकायत होने पर सूखा अदरक और हरी धनिया की पत्ती मिलाकर कूट लें। इसे एक गिलास पानी में मिलाकर उबालें। एक तिहाई पानी बचने पर उसमें शहद मिलाकर पी जाएं। आराम मिलेगा।
- कब्ज होने पर एक टुकड़ा अदरक और एक मध्यम आकार का आम और नींबू का रस निचोड़ कर एक प्याला पानी में मिलाकर पी जाएं।
- कमर दर्द की शिकायत होने पर अदरक की फाक पर नींबू का रस और नमक छिड़क कर सेवन करने से कमर का दर्द जाता रहता है। गर्भवती स्त्रियों को चाहिए कि सोंठ के चूर्ण को तेल में भून कर पीठ और कमर में मालिश करानी चाहिए। इससे कमर और पीठदर्द की शिकायत नहीं रहती।
- खट्टे डकार आने पर अदरक के साथ अनारदाना, काली मिर्च, काला नमक, हींग और दालचीनी मिलाकर पीस लें। इतनी ही मात्रा में मिश्री मिलाकर नींबू के रस में लेप बना लें और दिन में तीन-बार चाटें। यदि डकार ज्यादा आ रही हो तो चार बार भी चाटा जा सकता है। खांसी के साथ बुखार आ रहा है तो एक चम्मच सोंठ के चूर्ण में एक चुटकी अजवाइन डाल कर स्वायें और आराम करें। पसीने के साथ ही आपकी सारी शिकायत समाप्त हो जायेगी। दिन में तीन बार इसका इस्तेमाल करें।
- यदि गला पक जाने का कारण खांसते वक्त खून आ रहा हो तो घबरायें नहीं। अदरक कुचल कर गरम करें और घी अथवा तेल में भूनकर किसी साफ कपड़े में बांधकर गले में लपेट लें। आराम मिलेगा।

— डी.पी. मिनोचा

नाभी कुदरत की एक अद्भुत देन है

एक 62 वर्ष के बुजुर्ग को अचानक बाई आंख से कम दिखना शुरू हो गया। खासकर रात को नजर न के बराबर होने लगी। जांच करने से यह निष्कर्ष निकला कि उनकी आंखें ठीक हैं परंतु बाई आंख की रक्त नलीयां सूख रही हैं, परन्तु रिपोर्ट में यह सामने आया कि अब वो जीवन भर देख नहीं पायेंगे।... मित्रों यह सम्भव नहीं है..

मित्रों हमारा शरीर परमात्मा की अद्भुत देन है... गर्भ की उत्पत्ति नाभी के पीछे होती है और इस नाभी का उसके माता के साथ जुड़ी हुई नाडी से पोषण मिलता है इसलिए मृत्यु के तीन घंटे तक नाभी गर्म रहती है।

गर्भधारण के नौ महीनों अर्थात् 270 दिन बाद एक सम्पूर्ण बाल स्वरूप बनता है। नाभी के द्वारा सभी नसों का जुड़ाव गर्भ के साथ होता है। इसलिए नाभी एक अद्भुत भाग है।

नाभी के पीछे की ओर पेचूटी या navel button होता है जिसमें 72000 से भी अधिक रक्त धमनियां स्थित होती हैं। अगर सारी धमनियों को जोड़ा जाए तो उनकी लम्बाई इतनी हो जायेगी कि पृथ्वी के गोलाई पर दो बार लपेटा जा सके।

नाभी में गाय का शुद्ध घी या तेल लगाने से बहुत सारी शारीरिक दुर्बलता का उपाय हो सकता है :-

1. आंखों का शुष्क हो जाना, नजर कमजोर हो जाना, चमकदार त्वचा और बालों के लिये उपाय...

सोने से पहले 3 से 7 बूंदें शुद्ध घी और नारियल के

तेल नाभी में डालें और नाभी के आसपास डेढ़ ईंच गोलाई में फैला दें।

2. घुटने के दर्द में उपाय :

सोने से पहले तीन से सात बूंद इरंडी का तेल नाभी में डालें और उसके आसपास डेढ़ ईंच में फैला दें।

3. शरीर में कमपन्न तथा जोड़ों में दर्द और शुष्क त्वचा के लिए उपाय :-

रात को सोने से पहले तीन से सात बूंद राई या सरसों का तेल नाभी में डालें और उसके चारों ओर डेढ़ ईंच में फैला दें।

4. मुंह और गाल पर होने वाले पिम्पल के लिए उपाय: -

नीम का तेल तीन से सात बूंद नाभी में उपरोक्त तरीके से डालें।

नाभी में तेल डालने का कारण :

हमारी नाभी को मालूम रहता है कि हमारी कौन सी रक्त वाहिनी सूख रही है, इसलिए वो उसी धमनी में तेल का प्रवाह कर देती है।

जब बालक छोटा होता है और उसका पेट दुखता है तब हम हिंग और पानी या तेल का मिश्रण उसके पेट और नाभी के आसपास लगाते थे और उसका दर्द तुरंत गायब हो जाता था। बस यही काम है तेल का।

‘घी और तेल नाभी में डालते समय ड्रापर का प्रयोग करें, ताकि उसे डालने में आसानी रहे।’

लेख : के. एन. नागपाल

रीढ़ की हड्डी पर बढ़ता बोझ

दिमाग व पूरे शरीर के कामों के बीच की एक महत्वपूर्ण कड़ी है हमारी रीढ़ की हड्डी। अस्वस्थ जीवनशैली, मोटापा, बढ़ता स्क्रीन टाइम और भारी बस्ते, बड़ों समेत बच्चों में भी सेहत की इस बुनियाद को कमजोर कर रहे हैं।

रीढ़ की हड्डी यानी स्पाइन पर हमारे शरीर की बुनियाद खड़ी होती है। हमारी स्पाइन के तीन प्रमुख भाग हैं। पहला, सर्वाइकल (गर्दन), दूसरा थोरेसिक (छाती) और लम्बर (कमर, का निचला भाग) आमतौर पर लोग रीढ़ की सेहत पर ध्यान नहीं देते। खराब जीवनशैली भी रीढ़ की समस्याओं का एक बड़ा कारण है।

रीढ़ की समस्या के प्रमुख लक्षण :

- कमर, खासतौर पर निचले हिस्से में दर्द और जकड़न।
- गर्दन में दर्द और जकड़न रहना।
- कमर व कूल्हों से होते हुए पैर तक दर्द महसूस करना।
- व्यायाम या फिर थोड़ा ज्यादा चलने-फिरने के बाद कमर व गर्दन दर्द का बढ़ना।
- गर्दन व कमर के भाग में सुन्नता।
- रीढ़ की समस्या गंभीर होने पर मरीज को नित्य क्रिया करने जैसे पेशाब आदि से जुड़ी समस्या भी हो सकती है।

रीढ़ से संबन्धित प्रमुख समस्याएं :

1. गठिया : इसे स्पाइनल ऑस्टियो आर्थराइटिस भी कहते हैं। इसमें रीढ़ के कार्टिलेज घिसने लगते हैं, जिससे प्रभावित वटिंब्रा, रीढ़ की अन्य वटिंब्रा के संपर्क में आने लगती है। जिससे दर्द महसूस होता है।
2. हर्निएटेड डिस्क : प्रत्येक वटिंब्रा के बीच डिस्क होती है। इससे वटिंब्रा आपस में टकराती नहीं है। कई कारण से डिस्क क्षतिग्रस्त हो जाती है, जिससे दर्द होता है।
3. सायटिका : रीढ़ की हड्डी की यह समस्या शरीर की सबसे लंबी नस, सायटिक से जुड़ी है। सायटिका का दर्द कमर के निचले हिस्से से शुरू होकर पैरों तक जाता है। अंतिम विकल्प के तौर पर सर्जरी का सहारा लिया जाता है।
4. स्पाइनल स्टेनेसिस : जब रीढ़ की हड्डी में मौजूद नसों की जगह सिकुड़ जाती है, तब इस स्थिति में नसों पर दबाव पड़ता है। ऐसे में मरीज को दर्द, सुन्नता, झुनझुनी, हाथ व

पैरों में कमजोरी आदि का अहसास होता है।

5. स्कोलियोसिस : इस समस्या में रीढ़ की हड्डी की बनावट में बदलाव आ जाता है।

6. एंजिलसिंग स्पॉन्डिलाइटिस : इसमें कमर के निचले भाग व कूल्हों की तरफ दर्द होता है। यह दर्द अन्य भागों में भी फैल सकता है।

7. स्पाइनल कार्ड इंजरी : जब किसी चोट, आघात या दुर्घटना के कारण 'स्पाइनल कैनल' में स्थित नसों व कोशिकाओं को नुकसान पहुंचता है, तो इसे स्पाइनल कॉर्ड इंजरी कहा जाता है। इस स्थिति में व्यक्ति को लगवा मार सकता है।

कुछ उपाय :

सही मुद्रा में बैठने की आदत डालें : ऑफिस में हर एक घंटे बाद सीट से उठें टहलें व बार-बार मुद्रा बदलते रहें। मेज व कुर्सी की ऊंचाई व दूरी का ध्यान रखें। बच्चों को भी सही मुद्रा में बैठना सिखाएं। आरामदायक कुर्सी पर बैठें, दर्द है तो पीठ को सहारा देने के लिए गद्दी लगाएं।

वजन ध्यान से उठाएं : भारी वस्तु उठाने समय पहले घुटनों को मोड़कर वस्तु के करीब खड़े हों और फिर वस्तु उठाएं। झटके से न झुके, न उठें। सामान भारी है तो दूसरों की मदद लें। भारी बैग पीठ पर लादे न रहे।

सही ढंग से सोएं : सोने का बिस्तर रीढ़ को सहारा देने वाला होना चाहिए। यह न बहुत मुलायम, हो न सख्त। रीढ़ सही रखने के लिए पेट के बल या करवट में सोते समय घुटने के नीचे तकिया रखें।

नियमित करें योग व व्यायाम : योग व व्यायाम से रीढ़ में लचीलापन व मजबूती बढ़ती है। अपनी उम्र और शारीरिक क्षमता का ध्यान रखें।

आरामदायक जूते : चलते, दौड़ते समय अच्छी गुणवत्ता वाले आरामदायक जूते पहनें। देर तक ऊंची एड़ी वाले जूते कमर व रीढ़ की सेहत पर बुरा असर डालते हैं। पैर व कमर दर्द रहता है तो टखने और एड़ी को अच्छा सपोर्ट देने वाले जूते पहनें।

संकलन : अनिता मिनोचा

भजन

हे आर्य पुत्रों, हे राम भक्तों, तुम्हे अयोध्या बुला रही है.....
हे आर्य पुत्रों, हे राम भक्तों, तुम्हे अयोध्या बुला रही है.....
चमक रहा है श्रीराम मन्दिर, चमक रहा है श्रीराम मन्दिर
दीवाली सी जगमगा रही है..

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हे आर्य पुत्रों, हे राम भक्तों, तुम्हे अयोध्या बुला रही है.....

बड़ी खुशी का, दिन आज आया, राम लला ने, है मान पाया
बड़ी खुशी का, दिन आज आया, राम लला ने, है मान पाया
ध्वजा सनातन, ले राम टोली, ध्वजा सनातन, ले राम टोली,
वचन को अपने निभा रही है....

हे आर्य पुत्रों, हे राम भक्तों, तुम्हे अयोध्या बुला रही है.....

हे आर्य पुत्रों, हे राम भक्तों, तुम्हे अयोध्या बुला रही है.....

हजारों सालों की, चिर प्रतीक्षा, सफल हुई, भक्तों की तपस्या,
हजारों सालों की, चिर प्रतीक्षा, सफल हुई, भक्तों की तपस्या,

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हे आर्य पुत्रों, हे राम भक्तों, तुम्हे अयोध्या बुला रही है.....

अवधपुरी की धरा मगन हो, अवधपुरी की धरा मगन हो,
जय जय श्रीराम गा रही है....

हे आर्य पुत्रों, हे राम भक्तों, तुम्हे अयोध्या बुला रही है.....
हे आर्य पुत्रों, हे राम भक्तों, तुम्हे अयोध्या बुला रही है.....

जो कार सेवक थे उनका वंदन, सभी के साथे पे आज चंदन
जो कार सेवक थे उनका वंदन, सभी के साथे पे आज चंदन
हनुमान गढ़ी, कनक भवन को, हनुमान गढ़ी, कनक भवन को,
सरयु मैया लुभा रही है.....

हे आर्य पुत्रों, हे राम भक्तों, तुम्हे अयोध्या बुला रही है.....

हे आर्य पुत्रों, हे राम भक्तों, तुम्हे अयोध्या बुला रही है.....

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दीवाली सी जगमगा रही है..

हे आर्य पुत्रों, हे राम भक्तों, तुम्हे अयोध्या बुला रही है.....

सौजन्य : सुदर्शन पाहवा

कार्यकारिणी सदस्य :

ऑल इण्डिया डेरावाल सहयाक सभा (रजि.)

भारतीय परिवार व्यवस्था

भारतीय परिवार व्यवस्था हमारे समाज का मानवता को दिया हुआ अनमोल योगदान है। परिवार व्यक्ति की आर्थिक व सामाजिक सुरक्षा के साथ-साथ गुण विकास का महत्वपूर्ण माध्यम है। परन्तु आज हमारी परिवार रूपी यह मंगलमयी सांस्कृतिक धरोहर बिस्वरती हुई दिखाई दे रही है। जिस परिवार को सुखी बनाने के लिए हम नैतिक, अनैतिक कमाई करने में जुटे हैं, हम अपने परिवार से ही धीरे-धीरे दूर होते जा रहे हैं। एक मकान में रहते हुए भी हमारा आपस में मिलना भी कभी-कभी ही होता है।

भोगवादी मनोवृत्ति एवं आत्केन्द्रिता के कारण कुण्ठा, आक्रोश, तनाव, अविश्वास, सहनशीलता में कमी, डर, तनाव में आत्महत्या, जरा सी बात पर तलाक, लिव इन रिलेशन, बलात्कार, दहेज, लूटपाट आदि घटनाएं बढ़ती जा रही हैं। कुटुम्ब (परिवार) प्रबोधन गतिविधि ने विचार कर कुछ मार्ग निकालने का प्रयास किया है। धर्म, संस्कृति एवं जीवनमूल्यों के आधार पर "भजन, भोजन, भाषा, भूषा, भवन, भ्रमण हो, इस बात की ओर ध्यान रखना। परिवार प्रबोधन गतिविधि के माध्यम से परिवारों को जोड़ने का कार्य प्रारम्भ किया है।

परिवार का प्रत्येक सदस्य अपने व्यस्त समय में से परिवार के लिए सप्ताह में एक घंटे का समय निकाल कर नियमित रूप से पूरे परिवार के साथ बैठें। इस एक घंटे में सपरिवार सामूहिक भोजन, भोजन से पूर्व भजन, बाद में चर्चा (गपशप) करें। ध्यान रहे इस गपशप में राजनीति, टीवी सीरियल, क्रिकेट की चर्चा न करें तो अच्छा रहेगा। इस एक घंटे में टीवी, मोबाइल बंद रखें। इसे साप्ताहिक गृह सभा या परिवार बैठक या परिवार सत्संग भी कह सकते हैं। इसी से होगा ऊपर वर्णित अनगिनत समस्याओं का हल।

हमारी परिवार व्यवस्था की धुरी माँ होती है। मातृशक्ति का सम्मान करने का स्वभाव परिवार के प्रत्येक सदस्य में आना

चाहिए। सामूहिक निर्णय हमारे परिवार की परंपरा बननी चाहिए। परिवार के सदस्यों में अधिकारों की जगह कर्तव्यों पर चर्चा होनी चाहिए।

विद्युत्ताओं के कारण अलग रह रहे एकल परिवार भी अपने मूल परिवार के साथ निश्चित अन्तराल पर कुछ समय सामूहिक रूप से अवश्य बिताएँ।

अपने पूर्वजों के स्थान से जुड़ाव, परिवार सहित एकत्रित होना, सेवा कार्य आदि आयोजित करते रहना चाहिए। अपने निवास क्षेत्र में सामूहिक उत्सवों एवं कार्यक्रमों द्वारा वृहद परिवार का भाव निर्मित किया जा सकता है।

त्याग संयम, प्रेम, आत्मीयता, सहयोग व परस्पर पूरकता से युक्त जीवन ही सुखी परिवार की आधारशिला है। इन विशेषताओं से युक्त परिवार ही सभी घटकों के सुखी जीवन को सुनिश्चित करेगा।

अपना घर – भक्तिमय, शक्तिमय, आनन्दमय बनाना है।

करणीय कार्य :

1. मास में दो - तीन बार परिवारजनों के साथ बैठकर सामूहिक भोजन तथा क्या अच्छा देखा, सुना, पढ़ा, सीखा? इस विषय पर गपशप करना।
2. मास में एक दिन दो चार मित्र, परिवारों को अपने घर पर भोजन, जलपान, चायपान के लिए बुलाना
3. मोबाईल, टी.वी. आदि का विवेकपूर्ण उपयोग करना।
4. आप जितने बजे जगते हैं उससे 30 मिनट पहले जगना।
5. प्रतिदिन सदसाहित्य का वाचन - मनन करना (धार्मिक ग्रंथ, दोहे, श्लोक, स्तोत्र, प्रेरक कथाएं तथा जीवनियाँ)।
6. अपनी इच्छा, आवश्यकताओं की पूर्ति करते समय अधिकाधिक स्थानिक उत्पादों, वस्तुओं की स्वरीदारी करना।
7. अपने घर परिवार से आलस्य, गलत सामाजिक मान्यताएं, भय, स्वार्थ, अहंकार को दूर करना।
8. जन्मदिन मनाते समय आत्मीयता, सद्गुण, संवर्धन को प्रोत्साहन देना।
9. उदार मन से सामाजिक सेवा संस्थाओं को तन - मन - धन पूर्वक सहयोग करना।

स्वयं मूल्यांकन करें

सुखी रहने के लिए परिवार के सभी सदस्यों को करना है यह काम। “हों” या “नहीं” का निशान लगायें :

1. क्या आप सूर्योदय से पहले उठते हैं?
2. क्या उठते समय दाहिनी ओर से उठते हैं?
3. क्या उठते ही दोनों हथेलियों को देखकर निम्न श्लोक बोलते हैं?
करायो वसते लक्ष्मीः, करमध्ये सरस्वती। करमूले तु गोविन्दः प्रभाते कर दर्शनम्॥
4. क्या आप पूर्व / दक्षिण दिशा में सिर रखकर सोते हैं?
5. क्या आप जितना आवश्यक है, उतना ही पानी का उपयोग करते हैं?
6. क्या आप नित्य स्नान करते हैं?
7. क्या आप भगवान के सामने 5 - 10 मिनट बैठकर ध्यान करते हैं?
8. खाने के बाद प्लेट में भोजन जूठा तो नहीं छोड़ते?
9. क्या खाने के बाद बर्तन निश्चित स्थान पर रखते हैं?
10. क्या आप प्रतिदिन व्यायाम करते हैं?
11. क्या आपके घर में दान देने का स्वभाव है?
12. क्या आपके घर के बाहर द्वार पर कोई धार्मिक / शुभ शब्द / चिन्ह अंकित है?
13. क्या आपके घर में पूजा स्थल है?

14. क्या आपके घर में तुलसी का पौधा है?
15. क्या आप घरेलू कामों में शेष बन्धुओं का सहयोग करते हैं?
16. क्या आप घर में मातृभाषा का ही प्रयोग करते हैं?
17. क्या आप धार्मिक स्थल, मन्दिर, गुरुद्वारे में जाते रहते हैं?
18. क्या आप फोन उठाने के बाद हरि ॐ श्रीराम, जय श्रीराम, जय श्रीकृष्ण आदि से संबोधन करते हैं?
19. क्या आप जन्मदिन भारतीय पद्धति से ही मनाते हैं?
20. क्या आप भोजन बैठकर करते हैं?
21. क्या आप ऊर्जा की बचत के लिए जिस जगह कोई न हो वहां की लाईट, पंखे आदि बंद रखते हैं?
22. क्या आपके घर में देवी-देवताओं, महापुरुषों, क्रांतिकारियों के चित्र लगे हैं?
23. क्या घर में बचत करने का अभ्यास है?
24. क्या घर के लोग वर्ष में एक बार कोई प्रेरणा देने वाले स्थान पर 2-3 दिन के लिए जाते हैं?
25. क्या आपके घर में रामायण, श्रीमद्भगवत गीता है?
26. क्या कभी-कभी घर में पूर्वजों की उपलब्धियों की चर्चा होती है?
27. आप टी.वी. देखते भोजन को नहीं करते हैं?
28. क्या घर में स्वदेशी वस्तुओं को प्राथमिकता दी जाती है?
29. क्या आपका पूरा परिवार सप्ताह में कम से कम एक घंटा एक साथ भोजन करता है?
30. क्या आप भोजन से पूर्व ईश्वर को याद करते हैं?

सौजन्य : सुदर्शन पाहवा

कार्यकारिणी संदस्य : ऑल इण्डिया डेरावाल सहयाक सभा (रजि.)

मोक्ष और जीवन

एक बार नारद ने सोचा कि पृथ्वी पर मोक्ष की इच्छुक आत्माओं को विष्णुलोक लाकर उन्हें मोक्ष प्रदान करवा दिया जाए। इसकी अनुमति लेने वह विष्णु के पास पहुंचे। विष्णु उनकी बात सुनकर मुस्कराए और बोले, “नारद तुम्हारा विचार तो अति उत्तम है पर मुझे लगता है कि कोई आत्मा मोक्ष लेना चाहेगी।” नारद को आश्चर्य हुआ कि कोई भला मोक्ष लेने से इन्कार क्यों करेगा। उन्होंने कहा, “प्रभु आप आत्माओं को यहां लाने की अनुमति तो दे फिर देखते हैं कि कोई कैसे मोक्ष नहीं लेता।” भगवान विष्णु ने अनुमति दे दी। नारद तत्काल पृथ्वीलोक जा पहुंचे और जितने भी भक्तगण या तपस्वी थे, उनसे मिलने लगे। पर कोई भी मोक्ष लेने को तैयार नहीं हुआ। साम-दाम-दंड भेद तो क्या, उनकी दिव्य-सत्संग सुधा भी लोगों को इसके लिए तैयार नहीं कर पाई। निराश होकर नारद एक सेठ के पास पहुंचे और उसे मोक्ष लेने को कहा। सेठ ने शर्त रखी कि जब उसके बेटे का विवाह हो जाएगा तो वह मोक्ष ले लेगा। नारद मान गये। जल्दी ही सेठ के पुत्र का विवाह सम्पन्न हो गया। लेकिन अब सेठ ने एक नई शर्त जोड़ दी और कहा कि जब उसका व्यवसाय संभाल लेगा तो वह मोक्ष ले सकता है। ऐसी भी हो गया लेकिन सेठ ने फिर मोक्ष लेने से इन्कार कर दिया। अब वह कहने लगा कि अब वह दादा बन जाएगा तब मोक्ष लेगा। उसकी यह बात भी पूरी हो गई उसका पोला काफी बड़ा भी हो गया पर सेठ मोक्ष को किसी न किसी बहाने टालता रहा। इस बीच उसकी मृत्यु हो गई। नारद ने दिव्यदृष्टि से देखा कि वह शूकर की योनि में पैदा हुआ है। वहां पहुंचकर उन्होंने सेठ को मोक्ष की याद दिलाई। शूकर बने सेठ ने कहा, “नारद जी, मोक्ष तो मैं लूंगा पर अब मैं कीचड़ में रहने का आदी हो गया हूँ। क्या विष्णुलोक में कीचड़ मिलेगा?”

नारद जी दौड़े हुए विष्णु के पास पहुंचे और उन्होंने अपनी गलती के लिए क्षमा याचना की।



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ALL INDIA DERAWAL SAHAYAK SABHA (Regd.)

OUR SOURCE OF INSPIRATION

Your contribution to All India Derawal Sahayak Sabha (Regd.) is a great inspiration for all of us.

सभा उन सदस्यों को भी श्रद्धांजलि दे रही है जिनका डेरावसल पत्रिका के पिछले प्रकाशन (OCT. to Dec. 2023) के दौरान निधन हो गया था :

DATE	NAME & ADDRESS	DATE	NAME & ADDRESS
16-11-2023	LATE SH. KRISHAN KUMAR CHHABRA Brother-in-Law of Sh. D. P. Minocha, Trustee A.I.D.S.S. Kirti Nagar, New Delhi.	28-11-2023	LATE SMT. SARLA BAJAJ (GUDDI) W/o Late Sh. Gurdyal Bajaj, 484/4, Basai Road, Ram Nagar, Gurugram
18-11-2023	LATE SMT. SAVITRI SACHDEVA 196, Pocket-5, Mayur Vihar, Ph-1, New Delhi	30-11-2023	LATE SH. VAS DEV TUTEJA B-56, Dayanand Col., Lajpat Ngr, New Delhi.
26-11-2023	LATE SH. GOPAL DAS AHUJA B-57, Rohini, New Delhi	17-12-2023	LATE SH. KRISHAN SARUP MAKHIJA Former Patron, Recipient of Life Time Achievement Award (2017), A-34, South Extn., New Delhi-49
सभा के पूर्व मार्गदर्शक		सभा के पूर्व मार्गदर्शक	
05-12-1996	LATE SH. HEM RATTAN MAKHIJA Former Patron Kirti Nagar, New Delhi.	01.12.2018	LATE SMT. BIMLA VERMA Winner of many Awards, Recognized the empowered woman by former President Mrs. Pratibha Patil, Best Principal Trophy etc., W/o Dr. R. S. Verma, President of AIDSS Function (2012), Faridabad
20.12.2002	LATE SH. S. M. CHAWLA Former Patron (F/o Sh. Anurag Chawla-Admn, Trustee)	25.12.2021	LATE SMT. LAJWANTI DHINGRA Recipient of Dera Shardha Saman in 2015 & Head of Mahila Satsang Mandli, W/o Late Sh. Radhy Sham Dhingra, One of our Founder Members.
06.12.2006	LATE SH. M. L. AHUJA Former President & Patron Eldest Brother of Late Sh. Rakesh Ahuja, Former Admn. Trustee, Chief Patron & Dera Rattan Awardee (2015)	डेरावाल बिरादरी-समाज सेवी	
01.12.2008	LATE SMT. CHANDER KANTA SACHDEVA W/o Late Sh. Ram Nath Sachdeva One of The Founding Fathers & 1st President of Sabha, Kirti Nagar, New Delhi.	DATE	NAME & ADDRESS
20.12.2011	LATE SMT. SANGEETA KHERA Recipient for the benevolent act of Organ Donation by Honorable Health Minister Dr. Harsh Vardan. W/o Shri Ravi Khera, Chairman & Admn. Trustee.	18.12.1975	LARE SH. NARAIN DAS MEHTA Moti Nagar, New Delhi
13.12.2015	LATE SH. SUNDER DAS SACHDEVA Former Vice President, Retired IRS officer from Senior Post. Recipient of Shawal Saropa Palam Vihar, Gurgaon.	16-12-1992	LATE SH. RAGHU NATH SEHRA Janakpuri, New Delhi
		01-12-1993	LATE MAJ. S. K. GOGIA (Retd.) S/o Late Sh. N. D. Gogia, Former Chairman & Admn. Trustee. Kirti Nagar, New Delhi
		05-12-1994	LATE SMT. SAVITRI DEVI BHUTANI W/o Late Sh. Atam Parkash Bhutani, Kirti Nagar, New Delhi

डेरावाल बिरादरी-समाज सेवी

DATE	NAME & ADDRESS
08.12.1993	LATE SHRI MOHAN LAL MEHTA F/o Late Capt. Ramesh Mehta, Kirti Nagar, New Delhi.
18-12-1993	LATE SMT. SUSHILA DEVI MEHTA Kirti Nagar, New Delhi
19.12.1993	LATE SH. SHANTI LAL THAKKAR Kirti Nagar, New Delhi
15.12.1996	LATE SH. JETHA NAND LUTHRA
22.12.1996	LATE SMT. SHANTI DEVI GOGIA East Patel Nagar, New Delhi.
31.12.2000	LATE SMT. SHANTI DEVI NANGIA Kirti Nagar, New Delhi.
13.12.2001	LATE SMT. KRISHNA DEVI WADHWA New Rajender Nagar, New Delhi.
19.12.2001	LATE SMT. GANESH DEVI RAKHEJA Mother of Sh. Guru Dutt Rakehja, Vishal Enclave, New Delhi
23.12.2002	LATE SH.DINA NATH GROVER Vijay Nagar, New Delhi.
05-12-2004	LATE SMT. CHANDER KANTA DHINGRA Social Worker Teacher at Girls Knitting School at Bhawan & Recipient of Shawal Saropa, Uttam Nagar, New Delhi

डेरावाल बिरादरी-समाज सेवी

DATE	NAME & ADDRESS
31.12.2008	LATE SH. RAKESH MEHTA S/o Late Sh. Sadhu Ram Mehta, West Patel Nagar, New Delhi.
12.06.2010	LATE SHRI R. S. BATRA Janakpuri, New Delhi
30.12.2010	LATE SMT. YOGESH BHUTANI W/o Sh. Prem Bhutani, Dehradoun, D/o. of Late Sh. Bhagwan Das Mehta, One of the Founders of Sabha
18.12.2012	LATE SH.SADA NAND KHERA Jangpura-B, New Delhi.
23.12.2014	LATE SH. SATISH PAHAWA Generous Donor, Greater Kailash, New Delhi.
24.12.2014	LATE SH. ASHOK ABBI Son in Law of Late Sh. Mohan Lal Mehta, One of our Founding Fathers, Hyderabad.
02.12.2016	LATE SH. MOHAN MEHTA Ghaziabad, U.P.
11.12.2018	LATE SH. KRISHAN LAL KATHURIA F/o Sh. Ramesh Kathuria (G. Secretary) Kirti Nagar, New Delhi
07.12.2022	LATE SMT. BHAWNA DHAWAN A relative of Former President Sh. Madan Mohan Chawla, Bikaner.

***You have been and will always be a guiding force and inspiration to all of us.
Deeply missed and remembered by***



FOR & ON BEHALF OF

RAVI KHERA

Chairman & Admn. Trustee



RAMESH AHUJA

Chief Patron

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All Patrons, Celebrities, MCM, Executive, Co-opted, Special Invites & Life Members.**



ALL INDIA DERAVAL SAHAYAK SABHA (Regd.)

DONATION RECEIVED DETAILS FROM OCTOBER 2023 TO DECEMBER 2023

Rec. No.	Name of Donor	Amount	Rec. No.	Name of Donor	Amount
44084	Physiotherapy (October' 2023)	9320	44116	Shri Indresh Chander Nangia	10000
44101	Physiotherapy (November' 2023)	2730	44117	Shri Yogesh Gauba	2000
44083	Homoeopathy (October' 2023)	34700	44119	Shri Vinod Rajpal	50000
44102	Homoeopathy (November' 2023)	38125	44120	Smt. Seroj Mukhi	21000
44017	Homoeopathy (September' 2023)	41920	44121	Shri Manish Diwan	3000
44086	Accupressure (October'2023)	950	44122	Shri Ved Prakash Kathuria	500
44105	Accupressure (November'2023)	450	44124	Shri Lakshmi Narain Mehta	100000
44085	Eye Care (October'2023)	1800	MEMBERSHIP :		
44104	Eye Care (November'2023)	560	44074	Shri Madan Gopal Mehta	2100
44087	Dental (October' 2023)	10360	44075	Shri Arun Rakheja	2100
44103	Dental, (november'2023)	5790	44082	Shri Upender Popli	2100
DONATION :			44089	Shri Ramesh Kumar Ahuja	2100
44067	Shri Ravi Kumar Lal	500	44107	Shri Bhupender Kumar Nagpal	2100
44070	Shri K.N. Nagpal	500	ADVERTISEMENT :		
44072	Mahila Satsang Mandali	500	44079	M/s. Jyoti's Noddy Play School	5100
44076	Shri Sameer Grover	1556	44080	M/s. Em Kay Printers	6000
44090	Late Shri Gangadhar Khurana	500	44080	Shri Ravi Khera	5000
44091	Mahila Satsang Mandali	500	44097	M/s. Indian Book Depot	11000
44092	Shri Saurabh Chhabra	500	44106	M/s. Bawa Jewellers	15000
44094	Shri Tarun Kumar	2000	44115	M/s. Dreamland Publications	11000
44096	Shri Yogesh Bhutani	3000	44069	Shri Gulshan Bajaj	17000
44098	Smt. Meera Sachdeva	21000	44073	Shri Namit Verma (Art of Living)	5500
44099	Smt. Sudesh Bhutani	5100	44077	Shri Namit Verma (Art of Living)	3000
44108	Gulak	11000	44078	Shri Vikas	6500
44109	Mr. Sethi	1100	44093	Shri Saurabh Rawat	17000
44111	M/s. Philco Industries	3100	44095	Shri B.B. Ahuja	3100
44112	M/s. Derawal Sewa Sangh (Regd.)	3100	44118	Shri Namit Verma (Art of Living)	5500
44113	Mahila Satsang Mandali	500	— Sunil Dutt Tripathi, Manager		

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Web : www.derawalsahayaksabha.com

APPLICATION FORM

Reg. No.

FOR LIFE MEMBERSHIP



Dear Sir,

Please enroll me as a member of the Sabha. My particulars are appended below: -

- (i) Name in Full (Capital Letters)
- (ii) Father's Name
- (iii) Date of Birth..... Age..... Aadhar No.....
- (iv) Occupation: Service / Business.....
- (v) Residential Address : Pin Code.....
Mob. No..... Tel.No..... Email ID.....
- (vi) Office Name & Address :
Mob. No..... Tel.No..... Email ID.....
- (vii) Is / Were your Father / any of the Family members / Relative, already a Member / Life member of the Sabha, if yes / No. Please give his / her name and membership No.....
Relation..... Shri / Smt.

I confirm that I will abide by the rules and regulations of the Sabha.

Yours Faithfully.

Signature of the Applicant

RECOMMENDED BY - MEMBER GENERAL BODY

Signature

Signature

Name in Capital

Name in Capital

Membership No.

Membership No.

Kindly send the payment of Rs.2100/- by Cheque in favor of "ALL INDIA DERAVAL SAHAYAK SABHA (Regd.)

F/27-28, Kirti Nagar, New Delhi-110015 or Deposit On-Line in.

UNION BANK OF INDIA, A/C No. 520401000076469, IFSC Code UBIN0905739

In Fond and Deep Remembrance of our
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ON HIS
79TH BIRTH ANNIVERSARY



1ST JANUARY, 1945 - 12TH FEBRUARY, 2021

Remembering a kind Soul who exhibited a rare
Combination of Love, Humanity, Sacrifice, Kindness.
Struggles and Dedication for the Family

**You live on with us always in Our Thoughts
and Forever in Our Hearts**

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**Mitu Mehta (Wife)
Mona - Dimpy (Rajeev), Reema - Jolly
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15th Oct 1955 – 20th, Dec. 2011

अंग दान करना “मानवता के लिए सबसे बड़ा महान कार्य है”

WHAT IS ORGAN DONATION?

Organ donation means that a person during his lifetime pledges that after his/her death, organs from his/her body can be used for transplantation to help terminally ill patients giving them a new lease of life.



WHO CAN DONATE ORGANS?

Organ donors can be living or deceased (cadaveric donors). Living donors can donate only a few organs, namely one of their two kidneys (as one kidney can maintain the body functions), a portion of the pancreas (as half of the pancreas is adequate for sustaining pancreatic functions), and a part of the liver (as the few segments that are donated will regenerate after a period of time). On the other hand, all the organs listed above and the heart, as well as tissues can be donated to “Brain-Dead” persons. Brain death is the irreversible and permanent cessation of all

brain functions, when the brain can no longer send messages to the body to perform vital functions like breathing, sensation, obeying commands, etc. Such people are kept on artificial support (ventilation) to maintain oxygenation of organs so that the organs are in a healthy condition until they are removed. Most cases of brain death are the result of head injuries or terminally ill patients with brain tumors from Intensive Care Units.

“जो चीजें आप अपने लिए करते हैं और जब आप चले जाते हैं वो सबभी आपके साथ चली जाती हैं, लेकिन जो चीजें आप दूसरों के लिए करते हैं वो आपकी विरासत के रूप में रहती हैं!”

STATE OF ORGAN TRANSPLANTATION IN INDIA

The government of India has enacted the Transplantation of Human Organs Act – 1994. The act has legalized brain death and provided regulations related to the retrieval, storage, and transplantation of human organs. However, there is a huge gap in the demand and supply of human organs and tissues which is primarily due to a lack of awareness and acceptance of brain death in society.

**DON'T TAKE YOUR ORGANS TO HEAVEN WITH YOU.
HEAVEN KNOWS WE NEED THEM HERE.
YOU CAN LIVE TWICE.**

One organ donor can save 8 lives by donating their organs after their death.
And don't forget to tell your family about your wonderful and noble decision!

I Ravi Khera through this message appeal to all the individuals to join hands in this noble act and pledge their organs so that someone can live.

Extract taken from ORBO.

RAJINDER TANEJA

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OUR STALWARTS OF SABHA SPRING A LEGACY THAT WILL INSPIRE EVERY MEMBER FOR YEARS THEY HEAVENLY ABODE DURING 2020-2023



सभा के हमारे दिग्गजों ने एक ऐसी विरासत पैदा की है जो वर्षों तक हर सदस्य को प्रेरित करेगी।

Your contribution to All India Derawal Sahayak Sabha is a great inspiration for all of us.



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LATE SH. SATPAL GROVER
President of Annual Derawal Day (1988)
New Rajender Nagar,
New Delhi-110060



11-11-2020
LATE SH. DHARMAVIR BHUTANI
Former Patron & Guest of Honour
at Annual Day (2008)
Ramesh Nagar, New Delhi-110015



17-01-2021
LATE SH. SUKH DEV GOGIA
Life Time Achievement Awardee (2017)
Former Patron, Recipient of Shawl Saropa
Sainik Farm, New Delhi



04-02-2021
LATE SH. SITA RAM BHUTANI
Dera Karamveer Awardee (2016)
Recipient of Trophies & Shawl Saropa,
Kirti Nagar, New Delhi-15



12-02-2021
LATE SH. M. M. MEHTA
Dera Rattan Awardee 2017
Former Admin. Trustee, Chairman,
Chief Patron & President
Kirti Nagar, New Delhi-15



25-04-2021
LATE SH. A. S. CHAUDARY
Dera Bhushan Awardee (2015)
Former Patron & Recipient of Trophy &
Shawl Saropa
Rajender Nagar, New Delhi-110060



12-10-2021
LATE SH. RAKESH KR. AHUJA
Dera Rattan Awardee (2015)
Former Admin. Trustee, Chief Patron,
President & Recipient of Trophy & Shawl Saropa,
Som Vihar, R.K. Puram, New Delhi



26-10-2021
LATE SH. M. P. DAWAR
Former Patron, President &
Recipient of Shawl Saropa
Rajouri Garden, New Delhi-110027



24-11-2021
LATE SMT. VINOD AHUJA
Social Activist, Recipient of Shardha
Samman Award in 2016, W/o Dera Rattan
Late Sh. Rakesh Ahuja & motivational for
the opening of the Eye Care Centre at DHCC,
Kirti Nagar, New Delhi.



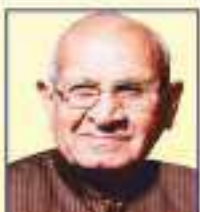
25-12-2021
LATE SMT. LAJWANTI DHINGRA
Dera Shardha Suman Awardee in 2015,
Head of Mahila Satsang Mandal
W/o Late Sh. R. S. Dhingra, One of our
Founding Fathers, Kirti Nagar, N.Delhi-15



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LATE SHRI MADAN MOHAN MEHTA**

You left us on 12th Feb 2021 at the age of 76 years. You have in impeccable personality and have not only left behind a legacy for all present and future generations of AIDSS but also an inspiring role model for all who have been fortunate to have known him.



1ST JANUARY, 1945 - 12TH FEBRUARY, 2021

Your love, care, and guidance still illuminate our path. A path that has led us to prosperity, growth & success. Following your principles and values, we are striving towards greater achievements and contributing our best towards greater achievements and contributing our best towards community betterment.

Fondly remembered by :

For & On Behalf of

RAVI KHERA

(Chairman & Administrative Trustee)



RAMESH AHUJA

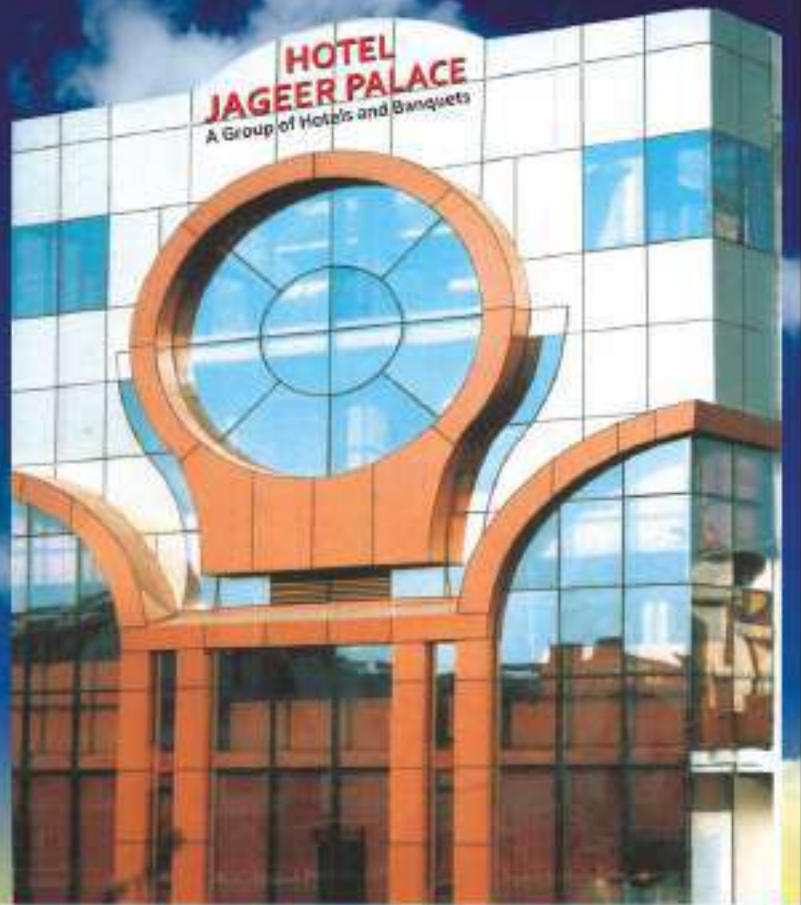
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LATE SHRI DHARM VIR BHUTANI

(9th September 1943 - 11th November, 2020)

Your Thoughts are our Ideal

Your Memories are our eternal Treasurer

Your energy and Love for all will always be fondly remembered.

We all bow our heads to follow your footprints

आपके विचार हमारे आदर्श हैं,

आपकी यादें हमारी शाश्वत निधि हैं।

सभी के लिए आपकी ऊर्जा और प्यार हमेशा याद किया जाएगा।

हम सभी आपके पदचिन्हों का अनुसरण करने के लिए अपना सिर झुकाते हैं।

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श्रद्धा सुमन

मेरे प्यारे पापा और सबके दुलारे मामाजी और वीर अंकल
Mere pyare Papa aur Sabke Dulare Mamaji n Veer Uncle.

- ◆ Hum chote the to papa ki coat ki jebein tatolte.
- ◆ Kaun si toffee plane se mili uspe khush ho jate.. thandi toffee is wat we used to call.
- ◆ School jane se pahle papita khaana strict rule tha.
- ◆ Apne haath se nikala hua gajar orange ka juice ka swad best tha.
- ◆ School ki bus tak chhod ke aana... haath pakad ke road cross karwana... wo subah subah garmiyon ki chhuttiyon mein fan band karna aur jog ke liye leke jana aur PT karana... aise the papa.
- ◆ Halwai ke samosa unse chup ke khaana... usko gandh bhala kehte haldiram ki chaat pakore khilate the... aise the papa.
- ◆ Wo DBB 2531 van ki beep beep sunte hi TV band aur homework pe thyaan dena.
- ◆ Par chhuttiyon mein jamke masti karana... aise the papa
- ◆ Bhanje Bhanjiyon ke saath trip... mamaji ke saath motor cycle club ki masti... block ke bachon ke saath Vaisnodevi ki yatra... her trip ko adventure bana dena... aise the papa
- ◆ Harki Podi ki dubkiyaan aaj bhi yaad aati hai.
- ◆ Nanital, Massourie ke dialogue gora ready.
- ◆ Classic Nepal ki sair aur red Maruti van.... sabko yaad hoga us car mein kitne log the!!!
- ◆ Badrinath ke landslides also didn't stop him to drive.... chakori Binsar Ranikhet ke bungalows ab kaun leke jayeg..
- ◆ N some of the recent trips with all grandkids bas yaad aate hein... Naina Inaaya are very blessed that they got to go on a trip with their Naanu... never imagined it would be my last one with him,
- ◆ Apni 50th marriage anniversary pe sabko cruise pe leke jaunga... aise the papa.
- ◆ Papa ki background music, shori je tombo komal sasa sa komal yaa... kaun si language mein guun Gunnaate the hahaha... aise the papa.
- ◆ Papa ki walk, papa ka hasya yoga, pap ki disciplined diet, his positivity his unconditional love for everyone, how to live that kind of life will be our perfect homage to him.

We all are his legacy that has left behind. I pray hope and wish we get to spent some time with each other a lot more than we do today.

From all of us to our ever vibrant cheerful larger than life youngest nanu... mamajee... Veer uncle... n hamare papa... we love you!

Medha Aggarwal (USA)
Daughter

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IN REMEMBRANCE OF



LATE SH. VASDEV TOTEJA
(30TH NOVEMBER 2023)

*Your Principles and Values will guide us through our lives,
Your life was a blessing the memory of which will be cherished,
We love you beyond words and miss you beyond measure,
as you were the Guiding Light of our lives.*

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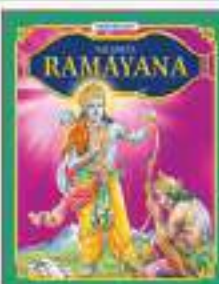
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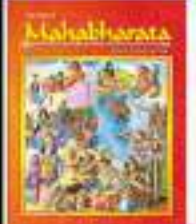
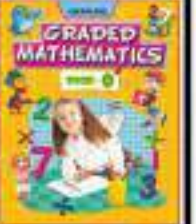
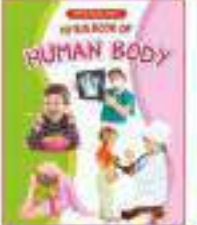
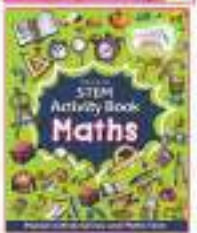
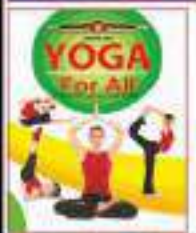
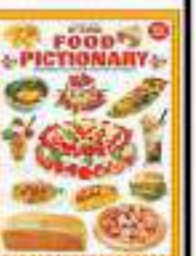
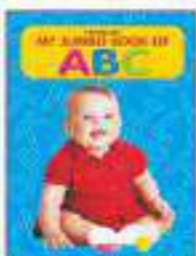
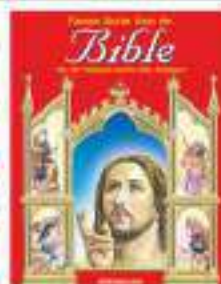
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