

# DERAWAL PATRIKA डेरावाल पत्रिका

ANNUAL ISSUE DEC. 2024

# 62<sup>nd</sup>

## ANNUAL DERAWAL DAY

ON SUNDAY, THE 29<sup>TH</sup> DECEMBER, 2024



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of those people that we helped!

by

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# DERAWAL PATRIKA

सम्पादक मण्डल

SPECIAL ISSUE

चेयरमैन रवि खेड़ा	मुख्य संरक्षक रमेश आहूजा	प्रकाशक रवि खेड़ा	सम्पादक महेन्द्र बुद्धिराजा	प्रधान भारत भुषण आहूजा
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## IN THIS ISSUE

Our Founding Fathers	—	05
Architects of Sabha	—	07
Apeal - Generous Donations for Noble Cause	—	09
Former Administrative Trustees / Chairmen / Chief Patrons	—	11
Our Illustrious Presidents	—	12
Editorial - "derawal Day" & Festival of Joy	Editor - Mahinder Budhiraja	13
Message from Shri Shiv Charan Goel	—	15
Message from Smt. Leena Kumar	—	16
Message from Shri Subhash Sachdeva	—	17
Message from Shri Ravi Khera	—	19
Message from Shri D.P. Minocha	—	20
Message from Shri Girish Mehta	—	21
Message from Shri Surender Kumar Mehta	—	22
Message from Shri Bharat Bhushan Ahuja	—	23
Know Your Sabha	—	24
Donation A.I.D.S.S. (Regd.) Received from Oct. 2024 to Dec. 2024	Shri Sunil Dutt Tripathi	30
Donation D.S.S. (Regd.) Dec. 2024 (upto 20.12. 2024)	Shri K.N. Nagpal	30
Secretary's Report	Shri Ramesh Kathuria	31
डेरवाल स्वास्थ्य केन्द्र	श्री नरेश कुमार मिनोचा	32
Our Honoured Presidents & Guests of Honour at Annual Derawal...	—	34
Welcome Address : Big. S.K. Sachdeva (VSM)	—	35
Welcome Address : Shri Rajiv Sachdeva	—	37
A Shining Star - Pride of Derawals : Shri Sanjiv Rajpal	—	39
Glimpses of 61st Annual Derawal Day Held on 24 DecceMBER, 2023	—	41
Glimpses of Retreat & Holi Milan, 2024	—	53
Glimpses of "Sunder Kand Path" at Derawal Bhawan, August. 2024	—	59
Glimpses of "Sunder Kand Path" on the Eve of Deepawali on 24 Oct. 2024	—	61
10 Things everyone should know about Organ Donation	Shri Ravi Khera	65
List of Office Bearers 1955-2024	—	67
List of Our Honoured Members/Guests at Annual Derawal Days...	—	69
List of Our Honoured Members & Awards: Year wise 2015 Onwards	—	71
List of Our Honoured Members & Posthumous Awards: Year wise 2024 Onwards	—	72
Detail of persons above 85 years	—	72
What an unforgettable history - A.I.D.S.S. (by Late Sh. Ram Nath Sachdeva 1987)	Shri Ravi Khera	73
Happy Birthday for the month of December & January	Shri Ravi Khera	80
Matrimonial Service, South Delhi	Shri Ashutosh Sharma	83
किसी दीवाली पर कुछ शब्द याद आए... / एक कविता बढ़ती हुई Pollution पर	श्रीमती सुमित्रा मखीजा	86
बुद्धि में भ्रम	श्री महिन्द्र बुद्धिराजा	87
अभिमान और प्रशंसा	श्री सुरेन्द्र बुद्धिराजा	88
अस्थि हानि लाती है परेशानी	श्री नरेश मिनोचा	88
यज्ञ की महिमा	श्रीमती विमल बुद्धिराजा	89
ईश्वर पर विश्वास	श्रीमती विमल बुद्धिराजा	90
It is just a circle of life, people forget old veterans...	—	91
Dera Lifetime Achievement Award : Late Shri Ramnath Sachdeva	—	93
Dera Lifetime Achievement Award : Late Shri Sohan Lal Huria	—	94
Dera Lifetime Achievement Award : Late Shri Radhey Sham Dhingra	—	95
Dera Lifetime Achievement Award : Late Shri Ishar Das Minocha	—	96
Dera Lifetime Achievement Award : Late Shri Tirath Das Mehta	—	97
Dera Karamveer Award : Late Shri Ramchand Rajpal (Bhagat Ji)	—	98
Dera Karamveer Award : Late Shri Chetan Das Ahuja	—	99
Dera Vibhushan Award : Late Shri Mohan Lal Sethi	—	100
Dera Vibhushan Award : Late Shri Sunder Das Sachdeva	—	101
Dera Karamveer Award : Late Shri Sham Lal Sehra	—	102
Dera Karamveer Award : Late Shri Puran Chand Lal	—	103
हम बीमार क्यों पड़ते हैं?	श्री सुदर्शन पाहवा	107
बहुत सी बीमारियों का इलाज है "अदरक"	श्री डी.पी. मिनोचा	110
Our Source of Inspiration	Shri Ravi Khera	111
पिता का स्थान	श्रीमती उपमा (स्वीटी)	113
Special Thanks to All Advertisers	—	113
Cover Pages	—	1-2 & 123-124

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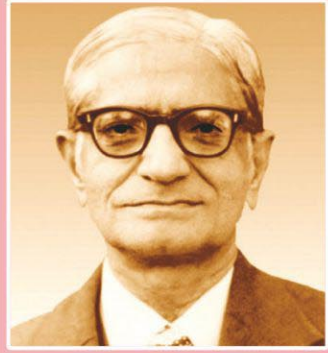
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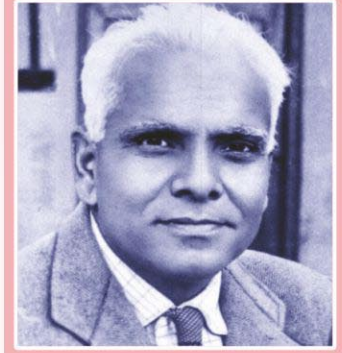
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RAM NATH SACHDEVA



LATE SHRI  
BHAGWAN DASS MEHTA



LATE SHRI  
SOHAN LAL HURIA



LATE SHRI  
MEGH RAJ KHERA



LATE SHRI  
RAM HIRA NAND MEHTA



LATE SHRI  
PARMA NAND MEHTA



LATE SHRI  
RADHEY SHAM DHINGRA



LATE SHRI  
MOHAN LAL MEHTA



LATE SHRI  
HAKIM TIRATH DASS MEHTA

हमें हमेशा प्यार व साथ देने के लिए आपका पूरे परिवार व मित्रों को धन्यवाद।  
हमारी प्रभु से विनती है कि आप सब हर हाल में प्यार, धैर्य, दया, आत्मविश्वास  
व ईमानदारी बनाये रखे तथा हमेशा सुखी रहे।।

## ALL INDIA DERAVAL SAHAYAK SABHA (Regd.)

### WISHES A HAPPY NEW YEAR 2025

"MAY ALL BE HAPPY, MAY ALL BE FREE FROM ILLNESS, MAY ALL  
SEE WHATS AUSPICIOUS AND PROSPEROUS, MAY NO ONE SUFFER  
ALMIGHTY GOD BLESS YOU AND YOUR PARIVAR.

TO

Esteemed Donors, Patrons, Managing Committee Members, Executive  
and Co-Opted Members, Celebrities, Special Invities, Life Members  
of the Sabha, All Derawal Pariwar and Near and dear.

## FROM & ON BEHALF OF



**RAVI KHERA**

(Chairman & Administrative Trustee)

रवि खेड़ा

(अध्यक्ष एवं प्रशासनिक ट्रस्टी)

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(Chief Patron)

रमेश आहूजा

(मुख्य संरक्षक)

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# ARCHITECTS OF SABHA



**LATE SHRI B.D. MEHTA**  
Founder of Derawal Bhiawan  
and Founder of  
Derawal Sewa Sangh (Regd.)



**LATE SHRI H.C. BHUTANI**  
Who laid the foundation stone of  
Derawal Bhiawan, Kirti Nagar  
in December, 1960



**LATE SHRI R.N. SACHDEVA**  
Founder and the First President  
of All India Derawal  
Sahayak Sabha (Regd.)

## सभा के प्रेरणास्रोत



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**LATE SH. N.D. GOGIA**



**LATE SH. G.D. NANGIA**



**LATE SH. S.M. CHAWLA**



**LATE SH. AMAR NATH MEHTA**



**LATE SH. R. S. LAL**



**LATE SHRI RAKESH AHUJA**



**LATE SHRI M.M. MEHTA**



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# APPEAL

## GENEROUS DONATIONS FOR NOBLE CAUSE

*“Only memories remain, in the minds of those People that we have helped!”*

Respected All,

Many years back, in an effort towards social well-being of the society especially the weaker sections, All India Derawal Sahayak Sabha, had set up a Homeopathy Dispensary in Derawal Bhawan, Kirti Nagar, on charitable basis. It was a humble beginning and the Dispensary was established initially under the patronage of late Shri Sham Lal Ji Mehta. The service was quite popular and was running well. Further on, there had been an era of alternate medicine and keeping in view the needs of the people, the Sabha introduced facilities for Ayurvedic treatment for sufficient long time. Homeopathic Dispensary now in Derawal Bhawan, Kirti Nagar, New Delhi, under the complete control of highly qualified Dr. Rita Wahi is in existence since 1996 and has much popularity in the vicinity & far of areas.

Over the years, All India Derawal Sahayak Sabha (Regd.) had been considering various options for proper utilization of space available in the Bhawanat Kirti Nagar. Free Health Check Up Camps were being organized every year by late Shri G.D. NANGIA and Shri RAKESH AHUJA (**Dera Rattan's**) in coordination with the Sabha. Shri Rakesh Ahuja, the back-bone of the Health Care Project had been anxious for promoting the Noble Cause, since long but the project could not be materialized for one reason or the other and it could take shape only in May, 2015.

Meanwhile, Derawal Sewa Sangh came forward to get materialized the project of Health care Centre and offered to shared the funds, which were contributed by Derawal Sewa Sangh with the efforts S/Shri Ravi Khara & Girish Mehta for old age Home. The said funds were utilized for setting up of **Physiotherapy Centre** at Derawal Bhawan Kirti Nagar.

Furthermore, the space provided in the Bhawan to be used for the purpose, was got furnished as fully air-conditioned to give it a look of a modern Health Care Centre. It was finally on 10th May 2015 that **Charitable Derawal Health Care Centre** became functional in Derawal Bhawan, Kirti Nagar, New Delhi-110015.

As an additional step along with the Homeopathy facility already available, the physiotherapy facilities with the latest digital Equipment's with well-qualified Therapist are now being provided since then. **The Sabha has been putting its utmost efforts to serve the community and keep the Derawal Health Care Centre as one of the best centers in the vicinity.**

In addition, a **Dental Unit** has been established on the first-floor premises of Derawal Bhawan (Part of Derawal health Care Centre), duly furnished and well decorated, provided by Sabha. For this Unit Rotary Club of New Delhi has donated the ultra-Modern Dental Chair with latest equipment's and medical accessories, for which gesture utmost efforts made by Shri Girish Mehta one of the patrons and now Administrative Trustee of the Sabha were very much appreciated. This unit is now running successfully since its inception i.e. 26<sup>th</sup> March 2016 and is open for five working days under the care of two Specialized Doctors.

One more unit i.e. **Eye Care Centre** has also been established in a separate portion of first floor of Derawal Bhawan, duly furnished and well decorated, provided by the Sabha. For getting set up this unit (A Dream Project) all credit goes to Shri Rakesh Ahuja, one of the patrons and administrative trustees of the Sabha and Founder member of Eye care Foundation, New Delhi. For this unit on behalf of the foundation Shri Rakesh Ahuja and Mrs. Vinod Ahuja have donated all the equipments with latest digital technology. This unit was inaugurated by Dr. Archika Sudhanshu on 15<sup>th</sup> January 2017 and has been running successfully.

**Eye care Centre** is open for four working days under the care of specialized Doctors (M.S.) who undertake all major eye operations/surgery too.

Services of an experienced General Physician are also being provided 6 days a week (Monday to Saturday) from 4-00 PM to 5-30 PM at Derawal Bhawan, Kirti Nagar, New Delhi.

## **"HEAL A LIFE, DONATE WITH LOVE"**

**SUPPORT OUR CHARITABLE DERAWAL HEALTHCARE CENTER AND HELP US PROVIDE MEDICAL CARE TO THOSE IN NEED. EVERY DONATION COUNTS AND YOUR GENEROSITY CAN SAVE LIVES!**

Lift at Derawal Bhawan, Kirti Nagar is also in operation for the convenience of patients and old age persons.

Our Derawal Brethren may be aware that the Sabha has made available three air-conditioned rooms, small pantry and lobby on first floor of the Bhawan. This renovation was got completed with cooperation and donation of donors and the premises are being utilized by the community people and others for their religious and small family functions and also for short stay of guests, on charitable basis.

**Donations, fund-raising and charity are important aspects or rather back-bone of any social and welfare activity.** We must keep us connected with people supporting and helping such causes. The projects launched by the Sabha have been possible only with the generous donations from members and others. **For all this, your further support, good wishes and generous contributions are solicited.**

All of you with your friends and families are welcomed to avail and Utilize our facilities at Charitable Health Care Centre. The transformation done at Derawal Bhawan, Kirti Nagar, is one of the finest places in vicinity to ensure that your assistance / help would carry value & worth for genuine noble cause.

## **"DONATE TO HEAL, DONATE TO SAVE"**

**YOUR CONTRIBUTION CAN HELP US PROVIDE LIFE-SAVING MEDICAL CARE TO THE NEEDY AT OUR CHARITABLE DERAWAL HEALTH CARE CENTER. DONATE GENEROUSLY AND HELP US CREATE A HEALTHIER COMMUNITY FOR ALL.**

**(CONTRIBUTIONS TO ALL INDIA DERAWAL SAHAYAK SABHA ARE ELIGIBLE FOR INCOME TAX REBATE UNDER SECTION 80 G.)**

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# ALL INDIA DERAWAL SAHAYAK SABHA (Regd.)

F-27 & 28, KIRTI NAGAR, NEW DELHI - 110015

## FORMER ADMINISTRATIVE TRUSTEES

<u>S.No.</u>	<u>Name</u>	<u>Year</u>
1	Late Sh. Hukum Chand Bhutani	From 2000 to 2004
2	Late Sh. R. C. Verma	From 2000 to 2005
3	Sh. K. K. Ahuja	From 2000 To 2014
4	Late Sh. G.D. Nangia	From 2000 To 2016
5	Late Sh. M.L. Makhija	From 2000 to 2017
6	Late Sh. M. M. Mehta	From 2000 To 2021
7	Late Sh. Rakesh Ahuja	From 2000 To 2021
8	Late Sh. R. S. Lal	From 2009 To 2017
9	Late Sh. A.S. Chaudhary	From 2018 To 2021

## FORMER CHAIRMEN

<u>S.No.</u>	<u>Name</u>	<u>Year</u>
1	Late Sh. Hukum Chand Bhutani	upto - 2004
2.	Late Sh. N. D. Gogia	2004 to 2007
3.	Late Sh. Ganga Dhar Nangia	2007 to 2016
4.	Late Sh. Madan Mohan Mehta	2016 to 2021

## FORMER CHIEF PATRONS

<u>S.No.</u>	<u>Name</u>	<u>Year</u>
1	Late Sh. Hukum Chand Bhutani	1989 to 2000
2.	Late Sh. N. D. Gogia	2000 to 2004
3.	Late Sh. Madan Mohan Mehta	2004 to 2008
4.	Late Sh. Rakesh Ahuja	2008 to 2013
5.	Sh. K. K. Ahuja	2013 to 2014
6.	Sh. Ravi Khera	2015 to 2021



# ALL INDIA DERAWAL SAHAYAK SABHA (Regd.)

F-27 & 28, KIRTI NAGAR, NEW DELHI - 110015

## OUR ILLUSTRIOUS PRESIDENTS

1955-1962	SH. RAM NATH SACHDEVA	1988-1989	SH. M.M. MEHTA
1963-1964	SH. BHAGWAN DAS MEHTA	1990-1991	SH. N.D. GOGIA
1965	SH. GHANSHAM DAS MAKHIJA	1992-1994	SH. G.D. TUTEJA
1966	SH. P.N. BHUTANI	1994-1995	SH. R.C. VERMA
1967	SH. MADAN LAL MONGIA	1996-1998	SH. S.M. CHAWLA
1968	SH. SHAM LAL MEHTA	1998-2000	SH. M.P. DAWAR
1969	SH. MADAN LAL MAKHIJA	2000-2002	SH. R. K. TARNEJA
1970-1974	SH. PURAN CHAND NANGIA	2002-2004	SH. RAVI KHERA
1975-1976	SH. TIRATH DAS MEHTA	2004-2007	SH. RAMESH AHUJA
1977	SH. GANGA DHAR GUGLANI	2007-2009	SH. D. P. MINOCHA
1978-1979	SH. M.L. NANGIA	2009-2011	SH. B. R. PULYANI
1980	SH. JAI DEV LAL NANGIA	2011-2014	SH. ANURAG CHAWLA
1981-1982	SH. MOHAN LAL AHUJA	2014-2015	SH. SURENDER KUMAR MEHTA
1983	SH. KRISHAN SARUP MAKHIJA	2016-2017	SH. VIJAY HURIA
1984	SH. MOHAN LAL SETHI	2018-2019	SH. INDER KUMAR DHINGRA
1985	SH. M.L. GUGLANI	2019-2021	SH. MADAN MOHAN CHAWLA
1986	SH. G.D. NANGIA	2022-2024	SH. SURINDER BUDHIRAJA
1987	SH. RAKESH AHUJA	2024-2026	SH. BHARAT BHUSHAN AHUJA





## EDITORIAL

# HINDUS AND ISKCON IN BANGLADESH

1) The first week of August in the year 2024 saw a stunning sight unfold itself on the world, and more specifically on the Indian Subcontinent as the democratically elected leader of that nation, Sheikh Hasina Wajid, the daughter of Sheikh Mujibur Rahman, was dethroned by a group of thousands and thousands of students of that nation who were armed to their teeth, figuratively as well as literally, aimed, as per these, to establish a just and fair rule. Tragedy, as they say, often repeats itself, was once again proved as her late father Sheikh Mujibur Rahman, the man who instrumentally and heroically led the fight against the inhuman and inhumane atrocities of the Pakistani rulers of that place - earlier known as East Pakistan - for the nation's birth and freedom, was also assassinated on 15 August 1975 with most of his family members.

2) As Indians, we cannot forget the revered date 15 August has been to us for close to eight decades as it was the day in the year 1947 that we breathed in the free air for the first time after centuries. As Indians, we cannot forget the incomparable role we played in helping the Mukti Bahini troops led by Mujib reach the enshrined estate of freedom. In fact, our valian army forced the humiliating surrender of more than 90000 troops. As Indians, we cannot forget that we have selflessly extended assistance of every kind to Bangladesh so that the nation becomes a better one for its citizens. And, as Indians, we cannot forget that in 1951, four years after the brutal British departed from India, Bangladesh had 22% Hindus residing within the boundaries of its statehood.

3) As Indians, we cannot forget that this population kept shrinking and shrinking to reach under 8% presently, while in India, the Muslim population kept surging and surging to reach close to 15% presently from less than 10% in 1951. As Indians, we cannot forget the antagonism and agitation the people of Bangladesh - the Muslims - have been treating all minorities, especially the Hindus and other Indic origin religions and showing hostility as well as annoyance against India. And as Indians, we cannot forget that in Pakistan, the population of the Hindus and other non-Muslim minorities has reached a minuscule under 1% presently. And as Indians, we cannot forget that the ISKCON, the monotheistic organisation following the message of Lord Krishna, the one he delivered to Arjun just before the Mahabharat Battle, the one the great Sage and Hermit Vedvyas compiled as

the Gita, has always preached love, affection, consideration and kindness to every human irrespective of their caste, creed, ethnicity, race or religion.

4) Since the time Sheikh Hasina was removed undemocratically from power, a hardcore and radical dispensation has taken control of Bangladesh. Fronted by Mohammad Yunus, the octogenarian man, the government bodies and the people of that nation have shown their bestial nature towards non-Muslims in every plausible and implausible manner. They have been equally barbaric towards India, and towards any thing or person or organisation they feel is related in any way to India. The ISKCON, the selfless organisation or devotees and servers, has now been targeted by them as first its leader, Chinmoy Das, was arrested 'for hoisting a saffron flag above that of Bangladesh's national flag, an act considered to be seditious. A couple of days after his arrest and imprisonment, a couple of his followers who went to give him prasad were also arrested and imprisoned. Moreover, many bank accounts operated by the arrested leaders and others operated by the organisation were frozen. And just to prove how humanly animalistic these rogues and marauders can be, a Muslim lawyer who went to defend Chinmay was brutally done to death the moment he stepped out of the courtroom.

5) The present day India is not the India of the past when neither the people inhabiting this great land nor those administering it showed any kind of spunk or spirit to protest against any action of any injustice committed against any person owing any affinity or allegiance to it. The present generation of the Indians and the incumbent government of the nation have the stature and strength to raise their voice against any such action done anywhere in the world. This time too millions have protested strongly against this inhuman treatment of not of humans but also places considered sacred by the victimised humans with their only being living in areas which were once buzzing with mantras, but which were unfortunately and tragically lost to certain barbarians and beasts. It is time that the Sanatanis should remember what their revered figures have told them - stay emanating peace till it is possible and radiate turbulence when it is not.

*Happy Deraawal Day  
Cheerful and Prosperous New Year, 2025  
to All of You*

**-MAHINDER BUDHIRAJA  
Editor**

### THOUGHT OF THE MONTH

**You are never too old to set another goal or  
to dream a new dream.**

*— Malala Yousafzai*

**शिवचरण गोयल**

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**Shiv Charan Goel**

Member, Delhi Legislative Assembly

**CHAIRMAN**

Acharya Bhikshu Hospital (Rogi Kalyan Samiti)

Delhi Vidhansabha Standing Committee

**MEMBER**

Committee on Municipal Corporation of Delhi (MCD)



सत्यमेव जयते

कार्यालय : सामुदायिक केन्द्र बी ब्लॉक

न्यू मोती नगर, नई दिल्ली - 110015

Office : Community Centre B-Block

New Moti Nagar, New Delhi-110015

Mob. : 011-4517718, Mob. : 9811221995

8588833425

E-mail : s.c.goel6262@gmail.com

Dated : 17.12.20254



मुझे जानकर अत्यंत हर्ष हो रहा है कि डेरावाल समाज इस वर्ष अपना 62वाँ वार्षिक समारोह मना रहा है। डेरावाल सभा निरंतर समाज सेवा के प्रयास में अग्रणी भूमिका निभा रही है तथा इसी तरह यह समाज अपने दायित्वों की पूर्ति करते हुए मानव कल्याण में कार्यरत रहे।

इसी आशा के साथ मेरी ओर से हार्दिक शुभकामनाएँ।

To,

**Mr. Bharat Bhushan Ahuja**

President

**All India Derawal Sahayak Sabha (Regd.)**

Derawal Bhawan, F-27 & 28,

Kirti Nagar, New Delhi 110015



**LEENA KUMAR**  
Municipal Councillor  
Ward : 149



Malviya Nagar,  
New Delhi-110017



**LEENA HARISH KUMAR**

- The role of All India Derawal Sahayak Sabha (Regd.) for the welfare of humanity is very commendable!
- My prayer to God is that All India Derawal Sahayak Sabha (Regd.) continues to progress day by day in the welfare of humanity.
- With this prayer, I extend my best wishes and blessings to the entire Derawal Community on the "62nd ANNUAL DERAVAL DAY FUNCTION".

**LEENA KUMAR**  
Municipal Councillor  
Malviya Nagar, Ward 149

**OFFICE ADDRESS :**

**MCD J.E. Office, Opposite Malviya Nagar Main Market,  
New Delhi-110017 | Phone : 9810178255, 9311103005**



**सुभाष सचदेवा**

पूर्व विधायक  
दिल्ली विधान सभा



सत्यमेव जयते

डी-42, मानसरोवर गार्डन,  
नई दिल्ली-110015  
दूरभाष : 25191645, 25158910

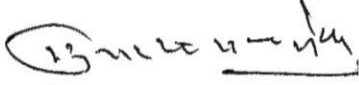
19 दिसम्बर 2024



## संदेश

मुझे यह जानकर अति प्रसन्नता हुई कि ऑल इण्डिया डेरावाल सहायक सभा (रजि.), कीर्ति नगर, नई दिल्ली द्वारा 62वाँ वार्षिकोत्सव का आयोजन 29 दिसम्बर, 2024 को होने जा रहा है। इस सामाजिक, सांस्कृतिक व पारिवारिक परिवेश पर आधारित कार्यक्रम पर मैं आपको हार्दिक शुभकामनाएँ प्रेषित कर रहा हूँ।

इस तरह के आयोजन की आज के समाज में अति आवश्यकता है जो समाज को जागरूक एवं एक सूत्र में पिरोता है।

  
(सुभाष सचदेवा)

श्री भारत भूषण आहूजा

प्रधान,

ऑल इण्डिया डेरावाल सहायक सभा  
कीर्ति नगर, नई दिल्ली-110015

**DERAWAL BHAWAN, KIRTI NAGAR, NEW DELHI**



**DERAWAL BHAWAN (DHARAMSHALA) HARIDWAR**



## MESSAGE FROM



### SH. RAVI KHERA

Chairman & Administrative Trustee

### ALL INDIA DERAWAL SAHAYAK SABHA (Regd.)

F-27 & 28, KIRTI NAGAR, NEW DELHI-110015

On this joyful occasion of the celebration of our **62nd Annual Derawal Day** on 29th Dec. 2024. (After a gap of two years Sabha could not Organize the Annual Derawal Day due to the Covid-19 pandemic. I on behalf of All India Derawal Sahayak Sabha (Regd.) offer my best wishes and heartfelt greetings to all our Derawal and known people within the country and abroad.

With every passing day A.I.D.S.S. (Regd.) is doing the best of its ability to bring out remarkable improvement through Social and Charitable Health Care activities in Derawal Bhawan, Kirti Nagar, New Delhi, and providing comfortable stay on charitable rates at Derawal Bhawan, Haridwar.

Thanks to the entire team of All India Derawal Sahayak Sabha (Regd.), and recently introduced Sub-committees for their excellent performance in the execution of their duties.

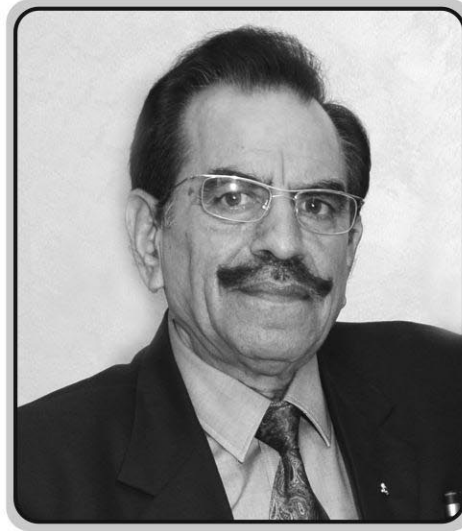
Special Thanks to the Honoured Donors for their generous support and Associate Organizations for their selfless moral support.

Rest assured that our efforts will continue to further enhance the level and quality of comfort in the field of Social Welfare Activities and Health Care Services.

Wishing you and your Family Members

**A Very Happy Prosperous & Healthy New Year 2025**

**MESSAGE FROM**



**D.P. MINOCHA**  
Administrative Trustee & Patron

**ALL INDIA DERAVAL SAHAYAK SABHA (Regd.)**  
F-27 & 28, KIRTI NAGAR, NEW DELHI-110015

It matters great-pride & is of immense pleasure to extend greetings to all Derawal Brethren on this auspicious occasion of celebration of **62nd ANNUAL DERAVAL DAY on 29th December, 2024** by All India Derawal Sahayak Sabha (Regd.) Kirti Nagar, New Delhi.

I pay my sincere regards, particularly to the Donors, to all associated members of Managg. Committee, Seniors & other workers for their selfless services in achieving goals of success in Sabha's Various Social & religious projects and charitable activities, which were/are impossible without their co-operation.

I wish the Sabha to achieve new heights in other such projects too. I also extend my warm wishes for success of Jalsa.

**Best wishes for A Happy & Prosperous New Year 2025**  
**to All of You and Your Families.**

**MESSAGE FROM**



**GIRISH MEHTA**  
Administrative Trustee & Patron

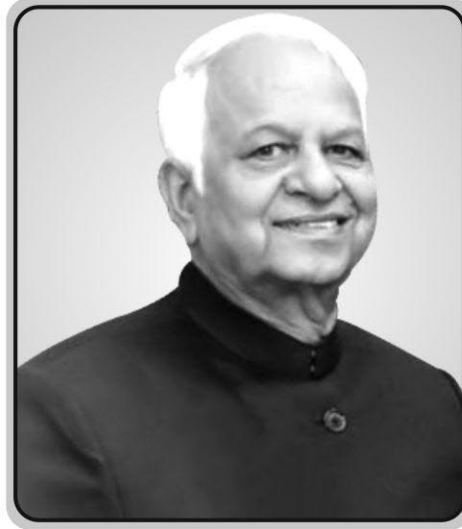
**ALL INDIA DERAVAL SAHAYAK SABHA (Regd.)**  
F-27 & 28, KIRTI NAGAR, NEW DELHI-110015

It is with great pleasure I express my gratitude to the Management Team for their extraordinary support with the philanthropic projects in serving the society, and carrying on the tradition started by our elders.

Welcoming the 62nd ANNUAL DERAVAL DAY of All India Derawal Sahayak Sabha (AIDSS) this year with tremendous gratitude and love to everyone

Wishing you all  
**A VERY HAPPY AND PROSPEROUS NEW YEAR 2025**

**MESSAGE FROM**



**SURENDER KUMAR MEHTA**  
Administrative Trustee & Patron

**ALL INDIA DERAVAL SAHAYAK SABHA (Regd.)**

F-27 & 28, KIRTI NAGAR, NEW DELHI-110015

It is with great pleasure I express my gratitude to the Management Team for their extraordinary support with the philanthropic projects in serving the society, and carrying on the tradition started by our elders.

Welcoming the 62nd ANNUAL DERAVAL DAY of All India Derawal Sahayak Sabha (AIDSS) this year with tremendous gratitude and love to everyone.

Wishing you all

**A VERY HAPPY AND PROSPEROUS NEW YEAR 2025**

**MESSAGE FROM**



**BHARAT BHUSHAN AHUJA**  
President

**ALL INDIA DERAVAL SAHAYAK SABHA (Regd.)**  
F-27 & 28, KIRTI NAGAR, NEW DELHI-110015

It gives me immense pleasure to say that with the co-operation of all Derawal Brethren and the Generous contribution of our esteemed donors, your sabha has been able to achieve the glorious heights in improvements both in Derawal Bhawan, Haridwar and Kirti Nagar.

I assure you that our team shall continue its best efforts in the same spirit and always aim at, giving a fillip to the charitable and social activities of the sabha.

Wishing you and your family  
A Very Happy, Healthy &  
Prosperous New Year 2025



# KNOW YOUR SABHA

## CHAIRMAN, ADMINISTRATIVE TRUSTEES & PATRONS 2024-2026



**SH. RAVI KHERA**  
Chairman & Administrative Trustee  
D-85, Kirti Nagar,  
New Delhi-110015  
(M): 9811044791  
(R): 011-45076262



**SH. SURENDER KUMAR MEHTA**  
Administrative Trustee & Patron  
N-58, Kirti Nagar,  
New Delhi-110015  
(M): 9811100683



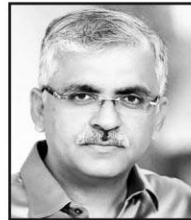
**SH. D. P. MINOCHA**  
Administrative Trustee & Patron  
F-10 / B, Kirti Nagar,  
New Delhi-110015  
(M): 9312215597



**SH. L. N. MEHTA**  
Administrative Trustee & Patron  
C-29, Vikas Puri,  
New Delhi - 110018  
(M): 9891422416  
9810626787



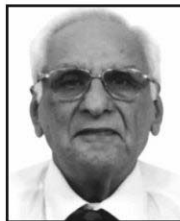
**SH. GIRISH MEHTA**  
Administrative Trustee & Patron  
38/13, East Patel Nagar,  
New Delhi-110008  
Tel. : (R) 25787525 (O) : 28115050  
(M) : 9811027331



**SH. ANURAG CHAWLA**  
Administrative Trustee & Patron  
Noida (U.P.)  
(M): 9810154811  
9910054811



## CHIEF PATRON 2024-2026



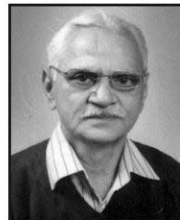
**SH. RAMESH AHUJA**  
Chief Patron  
8-A/56, W.E.A., Karol Bagh,  
New Delhi-110005  
Tel. : 011-25728276  
(M) : 7838441693



## PATRONS 2024-2026



**Dr. RAM SARUP VERMA**  
Patron  
H. No. 484, Sector 16-A,  
Faridabad (Haryana)  
(M): 9311049984



**SH. GURU DUTT RAKHEJA**  
Patron  
A-103, Vishal Enclave,  
New Delhi-110027  
(M): 9711152275



**SH. VIJAY HURIA**  
Patron  
F-21, Ground Floor,  
Kirti Nagar, New Delhi-110015  
Tel. : @ 45056735  
(M) : 9810248610



**SH. HANS RAJ KALRA**  
Patron  
C-3/361, Janak Puri  
New Delhi-110058  
(M) : 9582829009

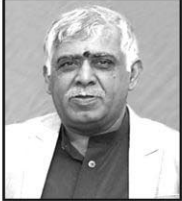




## PATRONS 2024-2026



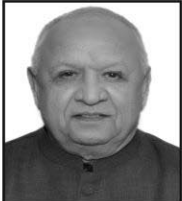
**SH. MAHINDER BUDHIRAJA**  
**Patron**  
F-75, Kirti Nagar,  
New Delhi-110015  
Tel. : 41425446  
(M) : 9312241788



**SH. HARISH CHHABRA**  
**Patron**  
3-C/35 New Rohtak Road  
New Delhi-110015  
Tel. : 9818401848



**SH. MANOJ HURIA**  
**Patron**  
66, Tarun Enclave,  
Pitampura, Delhi-110034  
(M) : 9999985180



**SH. INDER KUMAR DHINGRA**  
**Patron**  
D-49 Kirti Nagar  
New Delhi-110015  
(M) : 9818441412



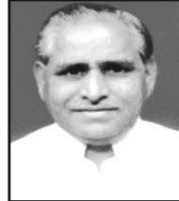
**SH. VED PRAKASH CHAWLA**  
**Patron**  
M/s. Dreamland Publications  
J-128, Kirti Nagar,  
New Delhi-110015  
Tel. : 011-25106050, 25435657



**SH. MADAN GOPAL MEHTA**  
**Patron**  
C-1/45, Janak Puri,  
New Delhi-110058  
(M) : 9810046862



**SH. HARISH CHAWLA**  
**Patron**  
13/8, East Patel Nagar  
New Delhi-110008  
(M) : 9810015254



**SH. SUDERSHAN PAWHA**  
**Patron**  
2/107 (Front Side) Ist Floor  
Subhash Nagar, New Delhi-27  
Tel. : (R) 25140610  
(M) : 9999091021



**SH. PRABHU DAYAL SATIJA**  
**Patron**  
L-77, Malviya Nagar, New Delhi-17  
A-273, Shivalik, Malviya Ngr, N.Delhi-17  
Tel. : (O) 011-26680126, 26682351  
(M) : 9871053202, 8178456956



## CELEBRITIES OF THE SABHA 2024-2026



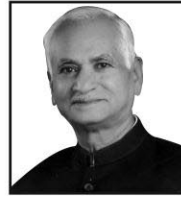
**SH. ARUN RAKHEJA**  
P-10/3, DLF, Ph-II,  
Gurugram-122002 (Haryana)  
(M) : 9810128787



**SH. RAJIV SACHDEVA**  
J-1328, Palam Vihar,  
Gurugram-122017 (Haryana)  
(M) : 9811033655



**SH. B. R. SIKRI**  
C-976, Sushant Lok,  
Gurugram-122002 (Haryana)  
(M) : 9810333492



**SH. YASH PAL ARYA**  
WZ-6/1, Krishnapuri,  
P.O. Tilak Nagar,  
New Delhi-110018  
(M) : 9818216037



**SH. BHUPENDER KUMAR NAGPAL**  
F-78, 2nd Floor,  
Kirti Nagar,  
New Delhi-110015  
(M) : 9891482214



## IMMEDIATE PAST PRESIDENT



**SH. SURINDER KUMAR BUDHIRAJA**  
**President (2022-2024)**  
F-75 Kirti Nagar  
New Delhi-110015  
(M) : 9810254630



## MANAGING COMMITTEE MEMBERS 2024 - 2026



**SH. BHARAT BHUSHAN AHUJA**  
**President**  
N-62 Kirti Nagar  
New Delhi-110015  
(M) : 9811132949, 8368559491



**SH. MOHIT AHUJA**  
**Secretary**  
7/217, 1st Floor,  
Ramesh Nagar,  
New Delhi-110015  
(M) : 9871022522



**SH. PARMOD BHATIA**  
**Sr. Vice President**  
F-92, 1st Floor,  
Kirti Nagar  
New Delhi-110015  
(M) : 9810240447



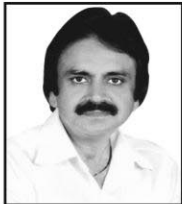
**SH. MOHNISH TANEJA**  
**Jt. Secretary**  
F-14, Kirti Nagar,  
New Delhi-110015  
(M) : 9212838307



**SH. SAMEER GROVER**  
**Vice President**  
13/1, 1st Floor,  
Old Rajinder Nagar,  
New Delhi-110060  
(M) : 9811111951



**SH. SURESH KUMAR GULATI**  
**Treasurer**  
N-97, Ground Floor,  
Kirti Nagar,  
New Delhi-110015  
(M) : 9810472033



**SH. RAMESH KATHURIA**  
**Gen. Secretary**  
F-31, Kirti Nagar,  
New Delhi-110015  
(M) : 9810039245



## EXECUTIVE MEMBERS 2024 - 2026



**SH. ANIL KHERA**  
**Executive Member**  
262, 2nd Floor,  
Gujrawala Town, Part-III,  
Delhi-110009  
(M) : 9810452331



**SH. ANIL SACHDEVA**  
**Executive Member**  
F-41, Kirti Nagar,  
New Delhi-110015  
(M) : 9818508511



**SH. MAHINDER MEHTA**  
**Executive Member**  
N-59, Kirti Nagar,  
New Delhi-110015  
(M) : 9911687055



**SH NARESH KUMAR MINOCHA**  
**Executive Member**  
F-10 B, Kirti Nagar,  
New Delhi-110015  
(M) : 9582780851



## EXECUTIVE MEMBERS 2024 - 2026



**SH. K.N. NAGPAL**  
**Executive Member**  
F-37, Ground Floor,  
Kirti Nagar, New Delhi-110015  
Tel.: @ 25194191  
(M) : 9811744480



**SH. O.P. RAJPAL**  
**Executive Member**  
F-18 Kirti Nagar,  
New Delhi-110015  
Tel. : (R) 25462692  
(M) : 9911542488



**SH. LOKESH SACHDEVA**  
**Executive Member**  
C-139,  
West Patel Nagar  
New Delhi-110008  
(M) : 9811193811



**SH. UPENDER POPLI**  
**Executive Member**  
C-90, Ground Floor,  
Kirti Nagar,  
New Delhi-110015  
(M) : 9971806306, 8700163814



**SH. RAKESH MINOCHA**  
**Executive Member**  
F-10 B, Kirti Nagar,  
New Delhi-110015  
(M) : 9312232161



**SH. SANJAY RAJPAL**  
**Executive Member**  
F-18, Kirti Nagar  
New Delhi-110015  
(M) : 9811226561



**SH. VIVEK KHERA**  
**Executive Member**  
D-85, Kirti Nagar  
New Delhi-110015  
Tel. : 011-45076263  
(M) : 9899808911



**SH. YOGESH BHUTANI**  
**Executive Member**  
68-A, 3rd Floor, Front Side,  
Single Storey, Ramesh Nagar,  
New Delhi-110015  
(M) : 9213479878, 8285009878



**SH. AJIT BHUTANI**  
**Executive Member**  
6-B, Vikrant Enclave,  
Mayapuri,  
New Delhi-110064  
(M) 9818910003/04



**SH. CHANDER SETHI**  
**Executive Member**  
C-68, Kirti Nagar,  
New Delhi-110015  
(M) : 9810995479



**SH. ASHUTOSH SHARMA**  
**Executive Member**  
B-24, Dayanad Colony,  
Lajpat Nagar-IV, New Delhi-110024  
Tel. : 011-26436147  
(M) : 9312105617



## CO-OPTED MEMBERS 2024 - 2026



**SH. DHARUV MAKHIJA**  
**Co-Opted Member**  
27/28,  
Patel Nagar East,  
New Delhi -110008  
(M) : 9582360717



**SH. GAURAV KHERA**  
**Co-Opted Member**  
D-85, Kirti Nagar,  
New Delhi-110015  
(M) : 9999035311



## CO-OPTED MEMBERS 2024 - 2026



**SH.INDER CHHABRA**  
**Co-Opted Member**  
F-9, Kirti Nagar  
New Delhi-110015  
(M) : 8860096863



**SH.NEERAJ GROVER**  
**Co-Opted Member**  
FW01, 14B, M3M  
Golf Estate, Sector-65,  
Gurgram-122102, Haryana  
(M) 9811380942



**SH.UMESH KHERA**  
**Co-Opted Member**  
D-56,  
Kirti Nagar  
New Delhi-110015  
(M) : 9212081181



**SH.MANISH MINOCHA**  
**Co-opted Member**  
F-10/B,  
Kirti Nagar,  
New Delhi-110015  
(M) : 9873693669



**SH.VISHAL HURIA**  
**Co-opted Member**  
F-21,  
Kirti Nagar,  
New Delhi-110015  
(M) : 9718375535



**SH.MUNISH NAGPAUL**  
**Co-opted Member**  
J-49, 3rd Floor,  
Kirti Nagar,  
New Delhi-110015  
(M) : 9810324546



**SH.Y.K. BHUTANI**  
**Co-opted Member**  
F-52, Ground Floor,  
Kirti Nagar,  
New Delhi-110015  
(M) : 9868822079



**SH.RAKESH GUGLANI**  
**Co-opted Member**  
35, Panchdeep Apartments,  
Vikasपुरi,  
New Delhi-110018  
(M) : 9868822079



**SH.RAMESH KUMAR AHUJA**  
**Co-opted Member**  
B-535/29, 3rd Floor,  
Paschim Vihar,  
New Delhi-110063  
(M) : 9868283982



**SH.SHARAD SHARMA**  
**Co-opted Member**  
F-21, 3rd Floor,  
Kirti Nagar,  
New Delhi-110015  
(M) : 9997959653



## SPECIAL INVITEES 2024-2026



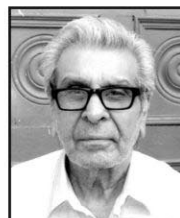
**SH.CHANDER BAJAJ**  
**Special Invitee**  
H.No. 1858,  
Sector-16,  
Faridabad-212002 (Haryana)  
(M) : 9990400261



**SH.GAURAV BAWA**  
**Special Invitee**  
M/s. Bawa Jewellers  
Kirti Nagar,  
New Delhi-110015



**SH.D.N. MADAN**  
**Special Invitee**  
129, Tarun Enclave,  
Pitampura,  
Delhi-110034



**SH.JEEWAN MEHTA**  
**Special Invitee**  
E-21, 1st Floor,  
Moti Nagar,  
New Delhi-110015  
(M) : 09359946520



## SPECIAL INVITEES 2024-2026



**SH. SUDHIR GROVER**  
**Special Invitee**  
Tower No. 6, 701,  
Palam Terraces Select,  
Sector-66, Gurugram (Haryana)  
(M) : 9811050521



**MAJ. M.K. NAGPAL**  
**Special Invitee**  
248-G, MIG Flats,  
Rajouri Garden,  
New Delhi-110027  
(M) : 9871833225



**SH. VIJAY NANGIA**  
**Special Invitee**  
B-4/19B, Ashok Vihar,  
Phase-II,  
New Delhi-110052  
(M) : 9910255299



**SH. MANISH DIWAN**  
**Special Invitee**  
F-37,  
Mansarover Garden,  
New Delhi-110015  
(M) : 9868156997



**SH. VINAI MEHTA**  
(Financial Consultant)  
**Special Invitee**  
KU-10, Vaisakha Enclave  
Pitampura, Delhi-110034  
Tel. : 27345789 (M) : 9810134332



**SH. NARENDER BAJAJ**  
**Special Invitee**  
M/s. Shyam Sweets  
House No. 104, Model Town,  
4/8, Marla, Gurugram-122007 (HR)  
M : 9811335581



**SH. VIKAS SEHRA**  
**Special Invitee**  
A-111, Lok Vihar,  
Pitampura,  
Delhi-110034  
(M) 9810028790



**SH. SHAMMI GAMBHIR**  
**Special Invitee**  
C-3/71,  
Ashok Vihar, Phase-II,  
New Delhi-110052  
(M) : 9810062366



**SH. SUSHIL MEHTA**  
**Special Invitee**  
13/8,  
West Patel Nagar,  
New Delhi-110008  
(M) : 9891413788



**ADVOCATE J.L. GROVER**  
**Special Invitee**  
C-114, Inder Puri,  
Central Delhi,  
Delhi - 110012  
(M) : 9810023239



**SH. VINOD RAJPAL**  
**Special Invitee**  
A-20, Hosiery Complex,  
Noida, Phase-II Extn.  
U.P. - 201305  
(M) : 9899106688, 9810090933



**SH. VEER BHAN THAKUR**  
**Special Invitee**  
240, Tarun Enclave,  
Pitampura, Delhi-110034  
(M) : 9868832224



**PT. MAHESH SHARMA**  
**Special Invitee**  
B2/B-42,  
Janak Puri,  
New Delhi-110058  
(M) : 9818223557



# ALL INDIA DERAVAL SAHAYAK SABHA (Regd.)

## DONATION RECEIVED DETAILS FROM OCTOBER 2024 TO DECEMBER 2024

Rec. No.	Name Of Donar	Amount	Rec. No.	Name Of Donar	Amount
44415	Physiotherapy, (October' 2024)	5090			
44434	Physiotherapy, (November' 2024)	3110			
44413	Homoeopathy (October' 2024)	30490			
44436	Homoeopathy , (November' 2024)	41965			
44414	Eye Care, (October' 2024)	630			
44433	Eye Care, (November' 2024)	420			
44416	Dental, (October' 2024)	14150			
44435	Dental, (November' 2024)	9990			
44437	Allopathy (November'2024)	1050			
<b>Donation :</b>			<b>Membership :</b>		
44404	Shri K.N. Nagpal	500	44428	Smt. Pratibha Mukhi	2000
44405	Mahila Satsang Mandali	500	44429	Shri Madan Lal Dhingra	500
44408	Shri Madan Lal Dhingra	500	44430	Smt. Raj Sehra/Dr. Jagdish Sehra	500
44410	Shri Jatin Budhiraja	2000	44431	Smt. Sumitra Makhija	1100
44421	Shri Sameer Grover	1627	44442	Shri Madan Lal Dhingra	500
44423	Mahila Satsang Mandali	500			
44425	Shri Naresh Kumar Minocha	500	44411	Shri Jagdish Lal Grover	2100
			44422	Shri Vinod Bassi	2100
			44424	Shri Abhishek Pahwa	2100
			44427	Shri Sumit Ahuja	2100
			<b>Advertisement :</b>		
			44406	Dr. Sethi	5100
			44409	Shri Namit Verma (Art of Living)	5500
			44412	Shri Vikas Chhabra	2100
			44420	Shri Namit Verma (Art of Living)	5500
			44426	Shri Deepak Behl	6000
			44432	Shri Sanjiv Kumar Sharma	6000
			44438	Shri Attar Deep Singh	25000
			44440	Shri Manoj Kumar	6000
			44444	Shri Sanjay Nijhawan	6000
			44446	Shri Namit Verma (Art of Living)	2200

— Sunil Dutt Tripathi, Manager



## DERAWAL SEWA SANGH (Regd.)

38/13, East Patel Nagar, New Delhi-110008

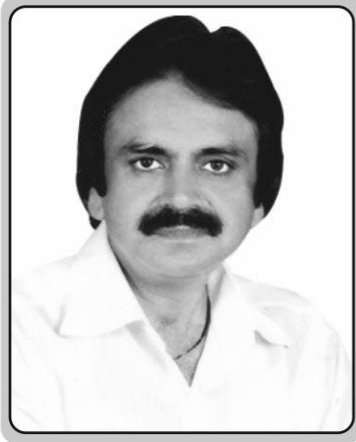


### DONATIONS RECEIVED LIST

S.No.	Name	Amount (Rs.)	S.No.	Name	Amount (Rs.)
<b>DONATIONS RECEIVED - OCTOBER, 2024</b>					
1.	SH. K.N. NAGPAL (Kirti Nagar)	500/-	2.	SMT. SUSHMA NAGPAL (Kirti Nagar)	300/-
2.	MRS. SUSHMA NAGPAL (Kirti Nagar)	300/-	3.	MRS. KOKILA BHUTANI (Ashok Nagar)	200/-
3.	MRS. KOKILA BHUTANI (Ashok Nagar)	200/-	<b>DONATIONS RECEIVED - DECEMBER, 2024 (upto 20.12.2024)</b>		
4.	SH. K.N. NAGPAL (Kirti Nagar) (In memory of his Mother)	1000/-	1.	SH. K.N. NAGPAL (Kirti Nagar)	500/-
5.	SH. JATIN BUDHIRAJA (Kirti Nagar) (In memory of his Fatherr)	1000/-	2.	SMT. SUSHMA NAGPAL (Kirti Nagar)	300/-
<b>DONATIONS RECEIVED - NOVEMBER, 2024</b>			3.	MRS. KOKILA BHUTANI (Ashok Nagar)	200/-
1.	SH. K.N. NAGPAL (Kirti Nagar)	500/-	<b>— K.N. NAGPAL</b>		

For Secretary, Derawal Sewa Sangh (Regd.)  
Mobile : 9811744480

# Secretary's Report



Dear Friends,

It gives me great pleasure in presenting ANNUAL REPORT of ALL INDIA DERAVAL SAHAYAK SABHA (Regd.), New Delhi. The year under review has been full of special features.

**SHREE RAM PRAN PRATISHTHA.** After five centuries, the wait for SHREE RAM MANDIR ended and we **SANATANIS** had the sweetest pleasure of our life. SHREE RAM PRAN PTATISHTHA was celebrated by DERAVALS also on 23rd January 2024. A grand function was organized at Derawal Bhavan, Kirti Nagar, New Delhi.

**ANNUAL DERAVAL DAY.** Your own Sabha celebrated its 61st ANNUAL DERAVAL DAY on SUNDAY, the 24th December, 2023 at EUPHORIAMANSION, Najafgarh Road, New Delhi. Hundreds

of Derawals and their families participated in the function which was a grand success.

**FREE HEALTH CHECK UP CAMP.** Keeping our past tradition, this year too, a FREE HEALTH CHECK UP CAMP was organized on SUNDAY, the 10th March, 2024 at DERAVAL BHAVAN, Kirti Nagar, New Delhi. Doctors in the field of General Physician, Orthopaedics, Dental, Eye, Physiotherapy, Gynaecology, Homoeopathy, Acupressure attended to over 200 people and gave their valuable advice. ECG, Blood Test were also done free of cost. A special feature added this year was the services of **HEARING SPECIALIST DOCTORS.** This was courtesy **HEAR CLEAR INDIA.** The Camp was a great success and applauded by the local residents.

**RETREAT CUM HOLI MILAN.** To celebrate the success of our 61st ANNUAL DERAVAL DAY function, a joint celebration clubbing HOLI was arranged on 23rd March, 2024 at Derawal Bhavan, Kirti Nagar, New Delhi. Guests of Honour were honoured. Dedicated workers, Administrative Trustees, Patrons and Several new Executive Members were honoured on stage and presented Collages, Trophies etc. A reputed musical group entertained the audience. HIGH TEA was served.

**SPECIAL ACTIVITIES.** Your Sabha has recently started the Charitable services of an General Physician. The consultation of the doctor is available daily from 4.00 PM to 5.30 PM (Monday to Saturday) at Derawal Bhavan, Kirti Nagar, New Delhi. Renovation Work at DERAVAL BHAVAN , Haridwar was also undertaken this year.

Friends, you can well judge that all this could happen only with the sincere efforts, guidance & participation of my seniors and active co-operation of my colleagues & staff of Derawal Bhavans, both at New Delhi and Haridwar.

I am fully confident that collectively we shall continue to serve the humanity in future too.

WISHING YOU AND YOUR FAMILIES A VERY HAPPY NEW YEAR 2025

—RAMESH KATHURIA  
Secretary

# डेरावाल स्वास्थ्य केन्द्र

एफ : 27 - 28, कीर्ति नगर, नई दिल्ली - 110015

ऑल इण्डिया डेरावाल सहायक सभा (पंजी.) और डेरावाल सहायक संघ (पंजी.) दोनो मिलकर जीवन के मूल्यों को आधार बनाकर सेवा के कार्यों को आगे बढ़ाने में हमेशा अग्रणी रहे हैं।

इसी समाजिक कार्यों को आगे बढ़ाते हुए डेरावाल सेवा संघ (पंजी.) एवं ऑल इण्डिया डेरावाल सहायक सभा (पंजी.) दोनो ने मिलकर 10 मई, 2015 को डेरावाल स्वास्थ्य केन्द्र की नींव रखी। डेरावाल भवन एफ - 27 - 28, कीर्ति नगर, नई दिल्ली में आज इस स्वास्थ्य केन्द्र के कुछ कार्य सफल पूर्वक चल रहे हैं :-

- (1) Charitable Homeopathy Dispensary
- (2) Charitable Physiotherapy Centre
- (3) Charitable Dental Care Centre
- (4) Charitable Eye Care Centre

कोरोना वायरस के बाद डेरावाल स्वास्थ्य केन्द्र के सभी निम्नलिखित केन्द्र सुचारू रूप से चल रहे हैं :-

## 1. CHARITABLE HOMEOPATHY DISPENSARY :

We feel pride to inform to have association of a qualified & experienced **Dr. Rita Wahi** who has been running the dispensary for the last 30 years with her ability (Monday to Saturday 4.30 pm to 6 pm)

## 2. CHARITABLE PHYSIOTHERAPY CENTRE:

यह फिज़ियोथेरेपी सेन्टर पिछले 7 सालों से कोरोना समय को छोड़कर सुचारू रूप से चल रहा है। इसमें अभी Qualified **Dr. Rajesh Kashyap** अपनी **Assistant Mrs. Sheela** के साथ Laser, I.F.T., Tens, Traction & Ultrasonic की आधुनिक मशीनों द्वारा मरीजों का इलाज कर रहे हैं। (Mon. to Sat., 4 pm to 6 pm)

## 3. CHARITABLE EYE CARE CENTRE :

This Centre once again running after Covid under the supervision of **Dr. Amit Juneja** qualified Eye Specialist (Tuesday & Friday 5 to 6 pm)

## 4. CHARITABLE DENTAL CARE CENTRE:-

यह केन्द्र भी नये तरीके से शुरू किया है। अभी **Dr. Chitrangi Juneja** Consultant Dental Surgeon available with advance Machines. She is giving treatment with her ability & experience to the patients with complete family Dentistry, multi specialty Dental & Implant Centre etc. with modern equipment (Monday-Tuesday & Thursday, 11.30 am to 1.00 pm)

## 5. CHARITABLE ALLOPATHY CENTRE (OPENED) NOVEMBER 2024

This Centre opened under the supervision of Dr. (Mrs.) Nirmala Gera (MBBS). She is Examining Patients in a decent way & advising appropriately. (Monday to Saturday at 4 pm. to 5:30 pm).

ऑल इण्डिया डेरावाल सहायक सभा (पंजी.) द्वारा चल रहे कुछ अन्य प्रमुख कार्य :

- (1) प्रतिदिन सुबह 10:00 बजे से दोपहर 1:00 बजे तक **B.P. एवं Sugar का Free Checkup** (डेरावाल भवन में) प्रशिक्षित नर्स द्वारा किया जा रहा है। इसके अतिरिक्त यह सभी सेवायें नर्स द्वारा वृद्ध लोगों (जो असमर्थ हैं) के घरों में जाकर भी प्रदान की जा रही है।
- (2) प्रति मंगलवार को **सुंदर काण्ड पाठ** का आयोजन सायं 4:30 बजे से 6:00 बजे तक किया जाता है।
- (3) प्रत्येक शुक्रवार को सायंकाल 4:00 बजे से 6:00 बजे तक **महिला मण्डल द्वारा कीर्तन** किया जाता है।

यह सभा हमेशा आभारी रहेगी स्व. श्री राकेश आहूजा जी एवम् स्व. श्रीमती विनोद आहूजा जी की जिन्होंने इस स्वास्थ्य केन्द्र को आगे बढ़ाने में अपना सहयोग दिया। इसके साथ ही सभा आभारी रहेगी श्री रवि खेड़ा एवं श्री गिरीश मेहता जी की जिन्होंने इस स्वास्थ्य केन्द्र में अपना सहयोग दिया और अति



आधुनिक मशीनें इस स्वास्थ्य केन्द्र को उपलब्ध करवाई।

यह सभा हमेशा आभारी रहेगी सर्वश्री अनुराग चावला, सुरेन्द्र कुमार मेहता, राकेश मिनोचा एवं स्व. श्री धर्मवीर भुटानी की जिन्होंने फिजियोथेरेपी केन्द्र का निर्माण कार्य को पूरा करने और डिजाइनिंग करने में अपना अमूल्य समय दिया।

इस डेरावाल स्वास्थ्य केन्द्र में चल रहे सभी स्वास्थ्य केन्द्रों में मरीजों की देख-रेख और निःस्वार्थ सेवाये सर्वश्री नरेश कुमार मिनोचा, मनीष नागपाल एवं कुमारी किरण सेठी द्वारा की जा रही है। सभा इन सबकी सेवाओं का धन्यवाद करती है जो अपनी निःस्वार्थ सेवा से पुण्य कमा रहे हैं।

अन्त में प्रभु से यही प्रार्थना है कि ऐसी संस्थाएँ दिन-रात चौगुनी तरक्की करें तथा समाज सेवा से ओतप्रोत

रहें और इनसे जुड़े सभी सहयोगी दानवीरों का भी धन्यवाद, जो न केवल “डेरावाल स्वास्थ्य केन्द्र” के इस पुण्य कार्य को आगे बढ़ा रहे हैं अपितु अन्य गतिविधियों में अपना यथाशक्ति सहयोग कर रहे हैं।

“दान से वस्तु घटती नहीं बल्कि बढ़ती है”

“दान के लिए वर्तमान ही सबसे उचित समय है।”

आईए! इस स्वास्थ्य केन्द्र में हम सभी मिलकर अपने सहयोग की आहुति प्रदान करें।

**“IT'S NOT HOW MUCH WE GIVE BUT HOW MUCH LOVE WE PUT INTO GIVING”**

**—NARESH KUMAR MINOCHA**



## ***Mahinder Budhiraja***

Guinness, OMG & Talent World Record Holder

**Patron :** ALL INDIA DERAVAL SAHAYAK SABHA (Regd.)

**Editor :** DERAVAL PATRIKA, ALL INDIA DERAVAL SAHAYAK SABHA (Regd.)

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**President :** DELHI PRINTERS' CLUB

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# ALL INDIA DERAWAL SAHAYAK SABHA (REGD.)

## OUR HONOURED PRESIDENTS & GUESTS OF HONOUR AT ANNUAL DERAWAL DAY FUNCTION 1961- 2024

YEAR	PRESIDENT	GUEST OF HONOUR	YEAR	PRESIDENT	GUEST OF HONOUR
1961	Dr. B.D. Kumar	—	1999	Sh. Mangal Sain Bawa	Sh. B. D. Gulati Sh. Yash Pal Mehta Sh. R.K. Mehta
1962	Sh. R.B. Parma Nand Sachdeva	—	2000	Smt. Sheela Pahwa	Sh. Chander Parkash Seth Sh. L.R. Kataria
1963	Sh. Asa Nand Chugh	—	2001		Sh. Sham Lal Bajaj Sh. Madan Lal Verma Sh. Chander Parkash Bajaj Sh. Subhash Pahuja
1964	Sh. Sham Lal Mehta	—	2003	Sh. Satish Kalra	Sh. Ramesh Kathuria Sh. Paul Verma
1965	Sh. G.P. Bhutani	Sh. M. L. Mongia	2004	Smt. Bala Ahuja	Smt. Mitu Mehta Smt. Savitri Suneja
1966	Sh. Brij Rattan Mehta	Sh. Anoop Chand Sachdeva	2005	Sh. Rajinder Taneja	Smt. Lilly Bhatia Smt. Jyoti Gulati Sh. Shankar Das Manchanda
1967	Sh. Ram Krishan Chawla	Sh. Hakeem Devkinandan Mehta	2006	Sh. Harish Chawla	Smt. Karam Chand Sh. Lion Mahipal Budhraj
1968	Sh. Jaman Lal Gulati	Sh. R. B. Bhagat Jagan Nath	2007	Sh. Manish Dewan	Sh. D. R. Kataria Sh. B. B. Huria
1969	Sh. Kunwar Bhan Chugh	Sh. Tej Bhan Tola Ram Chugh	2008		Sh. Manoj Huria Sh. Dharamvir Bhutani
1970	Sh. Sukh Dev Kumar	Sh. Mohan Lal Chowdhary	2009	Sh. Sushil Kumar Mehta	Sh. Mool Chand Chawla Sh. J. C. Khanna
1971	Sh. Sat Pal Madan	Sh. Asa Nand Nangia	2010	Sh. Ved Parkash Mehta	Sh. Guru Dutt Rakheja Sh. Gulshan Kumar Ahuja
1972	Sh. Topan Lal Ahuja	Sh. Om Prakash Taneja	2012	Dr. Ram Saroop Verma	Sh. Madan Lal Makhija Sh. Tarun Chaudhary
1973	Sh. Rattan Chand Verma	Sh. Sadhu Ram Mehta	2013	Sh. Anil Chawla	Sh. Ved Parkash Chawla Sh. Shammi Gambhir Sh. Ajay Sharma
1974	Sh. Tara Chand Kathuria	Sh. Roshan Lal Batra	2014	Sh. Ram Saran Bhatia	Sh. Ajit Sinha Sh. Arvind Chaudhary
1975	Sh. Mohan Lal Sethi	Sh. Asa Nand Nangia	2015	Sh. B.R. Sikri	Smt. Shakuntla Bhatia Sh. D. N. Madan Lion Vikram Sharma
1976	Sh. Sukh Dev Gogia	Sh. Tej Bhan Kalra	2016	Sh. Dalip Guglani	Sh. Vikas Sehra Sh. Sanjay Sharma Smt. Neena Sharma
1977	Sh. Rajinder Kumar Gupta	Sh. V. K. Malhotra	2017	Sh. Gaurav Bawa	Smt. Shakuntla Bhambhani
1978	Sh. Shanti Bhushan Arora	Sh. Atma Ram Grover	2018	Sh. Arun Rakheja	Sh. Vijay Nangia
1979	Smt. Ganga Devi Malhotra	Sh. Dina Nath Chawla	2019 to 2022		—
1980	Sh. Mohan Lal Ahuja	Sh. J. N. Hasija	2023	Prof. (Dr.) Jagdish Mukhi (Chief Guest)	Sh. L. N. Mehta Sh. Vinod Rajpal
1981	Sh. J.K. Tarneja	Sh. Gian Chand Kumar	2024	Brig. S.K. Sachdeva (VSM) (Chief Guest)	Sh. Rajiv Sachdeva
1982	Sh. Radhey Sham Tuteja	Sh. Sukh Dev Gogia			
1983	Sh. Sukh Raj Narula	Sh. Gopal Krishan Bhatia			
1984	Smt. Saroj Nangia	Sh. Madan Mohan Lal Makhija			
1985	Sh. Mohan Lal Khattar	Smt. Mahesh Parkash			
1986	Sh. Bhagwan Das Rajpal	Sh. K. K. Dhingra			
1987	Sh. Gopal Das Bhutani	Sh. Ram Lal Bhutani			
1988	Sh. S.P. Grover	Sh. P. S. Wadhwa			
1989	Sh. N.N. Bhutani	Sh. Ramesh Ahuja			
1990	Sh. Raman Bhutani	Sh. Shiv Khera			
1991	Sh. L.D. Kataria	Sh. Madan Lal Makhua			
1992	Sh. J.C. Dawar	Sh. Narinder Nath Sachdeva			
1993	Sh. Brij Rattan Mehta	Smt. Shanti Devi Mehta			
1994	Sh. Anand Dewan	Sh. Krishan Kumar Nangia			
1995	Sh. R.C. Virmani	Sh. Radhey Krishan Nangia Sh. Sukh Dev Gogia			
1996	Smt. Kanta Rani Mehta	Smt. Mahesh Parkash			
1997	Smt. Usha Nangia	Sh. R.K. Ahuja Sh. Sham Lal Huria			
1998	Smt. Sneha Rajpal	Sh. Vijay Madan Smt. Seema Makhija			



# WELCOME ADDRESS

*Presented by*



**ALL INDIA DERAVAL SAHAYAK SABHA (Regd.)**

F-27-28, Kirti Nagar, New Delhi-110015

to

**DERA ATTI VISHISHT**

**BRIG. S.K. SACHDEVA (VSM)**

**CHIEF GUEST**

at

**62<sup>nd</sup> ANNUAL DERAVAL DAY FUNCTION**

Held on Sunday, the 29th DECEMBER, 2024

Sir,

It is with a sense of pride and pleasure that **All India Derawal Sahayak Sabha (Regd.)** avails itself of this opportunity of welcoming your august personality to this **62<sup>nd</sup> ANNUAL DERAVAL DAY FUNCTION** as its **CHIEF GUEST OF FUNCTION** and offers you and all members of your family Warm Greetings and best wishes for the ensuing New Year 2025.

Sir, you are the scion of illustrious family, being groomed into a fine, talented man of great intellect. You were born on 10th January 1947 in a highly educated and well known Sachdeva family of Dera Ghazi Khan. Your father Late Shri Sunder Das Sachdeva was an IRS officer and your mother Late Smt. Kamla Sachdeva was a very Pious & God fearing lady. You are happily married to Mrs. Nita Sachdeva in 1973, blessed with 2 daughters and 3 grandsons, two of whom have represented India in Squash Junior level.

Sir, right from childhood, you had an ambition to join Defence Services and serve the Nation. You joined Gorkha Rifles in 1966. During your career of 34 years in Indian Army, you excelled professionally and had been an integral part of many challenging situations in almost every corner of the country. You served the Nation in troubled times and also served in NSG.

Sir, your intelligence reflects as you were among a very few selected to undergo training in the USA for one year and were the proud **Awardee** of **VSM (VISHISHT SEVA MEDAL)** for your distinguished services.

Sir, besides your pleasant nature, you are fond of Reading, Travelling and staying in touch with family and making friends.

Sir, **All India Derawal Sahayak Sabha (Regd.)** expresses its heartfelt gratitude for your acceptance of the invitation. It prays to the Almighty God to grant you and all members of your family, a long healthy life, prosperity and much more courage and worth to enable you to continue your purposeful activities in the service of Nation in General and Derawal community in particular.



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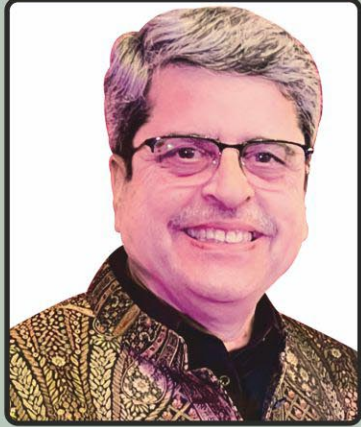


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# WELCOME ADDRESS

*Presented by*

**ALL INDIA DERAawal SAHAYAK SABHA (Regd.)**

F-27-28, Kirti Nagar, New Delhi-110015

to

**DERA VISHISHT**

**SHRI RAJIV SACHDEVA**

**GUEST OF HONOUR**

at

**62<sup>nd</sup> ANNUAL DERAawal DAY FUNCTION**

Held on Sunday, the 29th DECEMBER, 2024

Sir,

**All India Deraawal Sahayak Sabha (Regd.)** New Delhi has the proud privilege of welcoming you today at its **62<sup>ND</sup> ANNUAL DERAawal DAY** as **Guest of Honour**, being celebrated by it and offers you and all the members of your family Warm Greetings and Very Best Wishes for the ensuing New Year 2025.

Sir, you were born on 8.9.1955 in a highly educated and well known Sachdeva Family of Dera Ghazi Khan. Your father Late Shri Sunder Das Sachdeva was an IRS Officer and your mother Late Smt. Kamla Sachdeva was a very simple, pious & God fearing lady. You were very fortunate to get married to an educated lady Ms. Meera Sachdeva in the year 1980. By God's grace, your wife has always been very cooperative and committed to the well-being of the family & blessed with two sons who are equally intelligent like their parents. Both your sons Manik & Rahat are well settled and looking after Company's business abroad under your able guidance. Both of them have their own companies, one in Canada and other in U.K. They are gradually enriching business in India and abroad.

Sir, from childhood itself, you were very sharp and inherited the brilliant qualities of your father. You are a quality business-minded leader with a strong background of various training in the Cargo field besides being an open-minded person with complete knowledge of Customs, Airlines and related activities. Presently you are running very successfully your new venture RAHAT CONTINENTAL (P) LTD. You always focused on

Leadership, Ethics, Mindfulness, Sustainability, Diversity and have become a well known person in the Cargo & Airline industry.

Sir, you always thought of doing something new and grabbed with both hands the opportunity, turned the fate of your business and thus completed 45 years of experience in the Logistics Business. Your company holds branches in India and abroad.

Sir, you inherited the high qualities of Dedication and Commitment to Social Service from your late father and are closely associated with various activities of All India Derawal Sahayak Sabha (Regd.).

Sir, All India Derawal Sahayak Sabha (Regd.) expresses its heartfelt gratitude and is proud of your achievements, emotions and sentiments as a Derawal Brethren. You are a distinguished personality. We are confident that the day is not too far when by God's Grace and with the Blessings of your late Respected parents, you will touch the heights of a successive Business Entrepreneur and become one of the top Logistics Companies.

**All India Derawal Sahayak Sabha (Regd.)** prays for long life and good health for you and your family to enable you to continue to serve needy persons at large particularly Derawal Community with the same zeal and vigour as you have shown till today.



## A SHINING STAR - PRIDE OF DERAWALS



### SHRI SANJIV SACHDEVA

Born in an illustrious and well educated family of Shri Harikishan Sachdeva of Dera Ghazi Khan obtained laurels in the field of Sports.

Following the foot-steps of his father Shri Sunder Das Sachdeva, Shri Sanjiv Sachdeva was selected for Sports School Jalandhar at a very young age , excelled in Badminton and represented in State and National levels. He is the proud winner of National Doubles (Professional) Badminton tournament in 1982.

After studying at DAV College, he chose Badminton as a career and earned a DIPLOMA from National Sports Institute in Patiala in 1975 for Badminton. Was selected as National Coach from 1976 to 2012. Also performed the duties of CHIEF NATIONAL COACH for Juniors from 2000 to 2012. This was a Golden Period for Indian Badminton.

He has been accompanying and guiding Indian teams for various International tournaments viz. Thomas Cup, Uber Cup, World Championships, Asian Games, Commonwealth Games etc. Highly respected in Badminton circles all over the world, he has been invited to several Global Conferences and Seminars relating to Badminton. A recipient of Meritorious Award from International Badminton Federation and was also nominated for the most prestigious **DRONACHARYA AWARD in 2008**.

At this juncture of Golden Dusk of his career, we **ALL INDIA DERAWAL SAHAYAK SABHA (Regd.)** proudly with great honour wish him the very best in his career to achieve further glories and endeavours.

# डेरावाल दिवस की हार्दिक शुभकामनाएँ



**Ramesh Kathuria**

Gen. Secretary

All India Derawal Sahayak Sabha (Regd.)

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**E-mail : rameshkathuria2013@gmail.com**



# GLIMPSES OF 61<sup>ST</sup> ANNUAL DERAWAL DAY HELD ON 24<sup>TH</sup> DECEMBER, 2023



# APPEAL

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Timing : 11:30 AM TO 1 PM



### EYE CARE CENTRE

TUESDAY & FRIDAY  
Timing : 5 PM TO 6 PM



### ALLOPATHY

MONDAY TO SATURDAY  
Timing : 4 PM TO 5:30 PM



### MEDICAL CHECKUP

MONDAY TO SATURDAY  
Timing : 10 AM TO 1:30 PM

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as per Director of Income Tax Exemption No. AAATA1223FE2013,  
dt:24.09.2021 Period from AY 2022-23 to AY 2026-2027

**BANK NAME : ALL INDIA DERAVAL SAHAYAK SABHA (REGD.)**  
**DETAILS : NAME OF BANK : UNION BANK OF INDIA**  
**BRANCH : D-85, LOK NATH MARG, KIRTI NAGAR, NEW DELHI-110015**  
**ACCOUNT NO. : 520401000076469**  
**IFS CODE : UBIN0905739**

F-27&28, Kirti Nagar, New Delhi-110015 • Tel : (Delhi) 9250810522, (Haridwar) 01334-2272211, 9359946520

**Email: delhi@derawalsahayaksabha.com • Web: www.derawalsahayaksabha.com**

# GLIMPSES OF 61<sup>ST</sup> ANNUAL DERAWAL DAY HELD ON 24<sup>TH</sup> DECEMBER, 2023



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# GLIMPSES OF 61<sup>ST</sup> ANNUAL DERAWAL DAY HELD ON 24<sup>TH</sup> DECEMBER, 2023

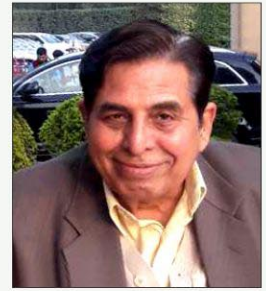




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# GLIMPSES OF 61<sup>ST</sup> ANNUAL DERAWAL DAY HELD ON 24<sup>TH</sup> DECEMBER, 2023



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# GLIMPSES OF 61<sup>ST</sup> ANNUAL DERAWAL DAY HELD ON 24<sup>TH</sup> DECEMBER, 2023



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# GLIMPSES OF 61<sup>ST</sup> ANNUAL DERAWAL DAY HELD ON 24<sup>TH</sup> DECEMBER, 2023



*With best compliments from :*

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**Latika Khanna**

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# GLIMPSES OF RETREAT CUM HOLI MILAN ON 23rd MARCH 2024



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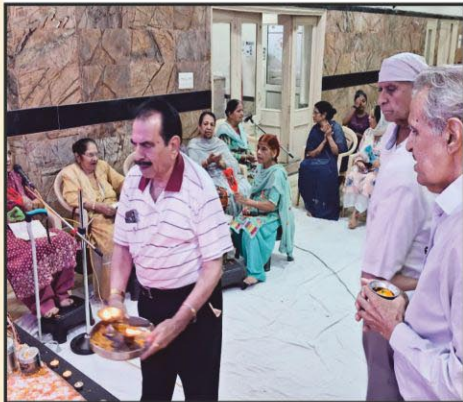
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Glimpses of **SHREE SUNDAR KAND PATH** on the **EVE OF DEEPAWALI** held at **"DERAWAL BHAWAN"**, Kirti Nagar, New Delhi on **30<sup>th</sup> October 2024**



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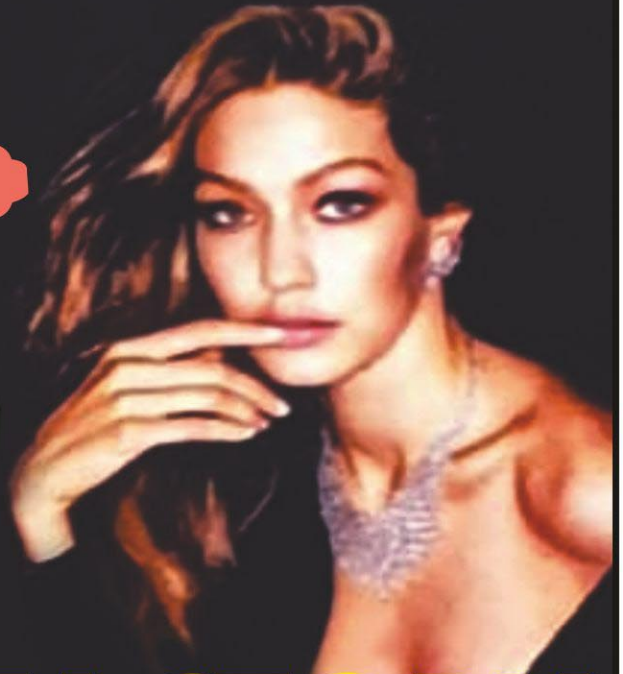
Glimpses of **SHREE SUNDAR KAND PATH** on the **EVE OF DEEPAWALI** held at **"DERAWAL BHAWAN"**, Kirti Nagar, New Delhi on **30<sup>th</sup> October 2024**



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## 10 THINGS EVERYONE SHOULD KNOW ABOUT ORGAN DONATION

More than half a million Indians are estimated to be in dire need of an organ transplant each year. Yet, less than 2-3 percent of these people receive an organ transplant. Some of these people will find a living donor who will donate an organ to them. The rest will probably die waiting for an organ. And the same cycle will be repeated the next year.

You can help. All you have to do is pledge your organs after your death and you are a hero for millions who are waiting for an organ transplant. Before you do, there are 10 things everyone should know about organ donation.

- 1) First off there is a common misconception that organs can be donated by anyone after their death. **That is not true.** Donations following a cardiac death are donations of tissues, that are eyes, skin, bones, heart-valves. You can even donate your body for research. But once a person dies a cardiac death, organs like the heart, lungs, liver, kidneys, pancreas, intestines also die from lack of blood supply. So donation of vital organs is not possible once the heart stops beating.

It is *only* in the case of **brain death**, when it's determined that the brain has ceased working (no electrical activity, blood flow or function in the brain) and the condition is irreversible, that a person can donate his/her organs. Even though the person is Brain Dead, it's still possible to sustain organ function through use of a ventilator. Therefore organ donations (transplantation of organs from a donor to a waiting recipient) can only happen when a person is already in a hospital on a ventilator and then brain death occurs. This is called deceased organ donation.

- 2) Many families refuse to accept brain death as a form of death. In this situation, when the heart is still beating artificially, it makes the declaration of brain death extremely hard, especially since the concept is unknown to many. Lack of clarity makes the already emotional family unwilling to accept death.

You should know that the medical fraternity follows very strict standards laid down by the Transplantation of Human Organs Act 1994, to determine if a person is brain dead or not. In India, a panel of 4 doctors declares a person brain dead before organs can be retrieved. One of these is the registered medical practitioner in charge of the hospital. This panel will declare the brain death only after a series of exhaustive tests which are repeated twice with a gap of six hours.

- 3) Brain death is NOT coma. Coma is a state of deep unconsciousness, where the brain continues to function and the person can breathe on his/her own, without the help of a ventilator. Brain activities can be seen through various tests. Thus the brain still has the capacity to heal, and the person can come out of coma. If there is even a slight amount of activity in the brain or any reflexes, the person will not be declared brain dead, and the same will be communicated to their families.

Brain death results from such severe injury (like a roadside accident or a stroke) that the damage is permanent and all functions of the brain stop totally. It is not possible to recover from Brain Death. A brain death person is not suffering from Brain Death. He/She is dead.

- 4) No organ donation can be carried out without the consent of the next of kin. Unlike in many western countries where people can make the choice in their lifetime and it's legally binding, in India no donation can happen unless the next of kin agree. The final choice is left to the family. So it's crucial that you speak to your family about your intention to be an organ donor, should anything happen. Even if you decide to pledge your organs, if your family says no at the time, then it's a no.
- 5) You should know that one organ donor can save up to 9 lives and positively affect up to 50 others if all organs and tissues are used effectively! 2 kidneys, 2 lungs, heart, liver can be split into two and help save two people,

intestine, pancreas and sometimes even the small bowel can save a life. In addition to vital organs, corneas, skin, bones, heart valves etc can significantly improve peoples' lives.

- 6) Your organs will not be sold. They will be given to donors at the hospital who are facing organ failure and waiting for organ transplants. These recipients may even be in another city where the organ can be flown.
- 7) There is time limit within which families need to decide if they want to donate their loved ones' organs. Despite the ventilator, once brain death occurs, the organs will start to fail. It's very difficult for doctors to maintain the organs at a level where they are still suitable for transplantation. This is why awareness is crucial so that families are already aware of organ donation and can decide whether they want to go through with it or not.
- 8) The body will not be mutilated during the retrieval of organs. There is a single incision made through which organs will be retrieved, and the body will be cleaned, stitched and handed back to the family in the most respectful manner. No one will be able to notice that anything is amiss.
- 9) Despite India being the world's second most populous country, it has a very low deceased donation rate of just 0.65 per million population compared to 34 in the US, 46.9 in Spain which has the highest organ donation rate in the world! In the West, most transplants are dependent on deceased donors. In India most transplants are dependent on living donors. (Livers and kidneys can be transplanted from living donors to other living donors.)
- 10) Every year, there are less than 1000 deceased organ donors in all of India. You can be the difference. Pledge your organs during your lifetime. Talk to your family. Save lives.

I Ravi Khera on behalf of "Organ Receiving & Giving Awareness Network" encourage everyone to know that Organ Donor can save 8 lives by donating their organs after their deaths. Do you want to be one of them?

**For more information on organ donation**, log on to [www.organindia.org](http://www.organindia.org), where you can also fill out a form and claim your donor card. We will mail it to you within two weeks. Or call us at 1800-120-3648 011-41838382 or 9650952810 if you have any questions. Visit our facebook page [www.facebook.com/ORGANINDIA](http://www.facebook.com/ORGANINDIA)



**"The things you do for yourself are gone when you are gone,  
but the things you do for others remain as your legacy."  
—Kalu Ndukwe Kalu**



**Sunayana Singh,**  
Chief Executive Officer,  
ORGAN India, Parashar Foundation



# ALL INDIA DERAWAL SAHAYAK SABHA (REGD.)

DERAWAL BHAWAN, F-27 & 28, Kirti Nagar, New Delhi-110 015

## LIST OF OFFICE BEARERS 1955-2024

### 1955 TO 1960

President	Sh. R.N. Sachdeva
Vice President	Sh. Bhagwan Das Mehta
Secretary	Sh. Sohan Lal Huria
Jt. Secretary	Sh. M.R. Khera
Treasurer	Sh. Hira Nand Mehta

### 1961

President	Sh. R.N. Sachdeva
Sr. Vice-President	Sh. Bhagwan Das Mehta
Vice-President	Sh. P.N. Bhutani
Secretary	Sh. Sohan Lal Huria
Jt. Secretary	Sh. M.R. Khera
Treasurer	Sh. Hira Nand Mehta

### 1962

President	Sh. R.N. Sachdeva
Sr. Vice-President	Sh. Bhagwan Das Mehta
Vice-President	Sh. P.N. Bhutani
Secretary	Sh. Sohan Lal Huria
Jt. Secretary	Sh. M.R. Khera
Treasurer	Sh. Hira Nand Mehta

### 1963

President	Sh. Bhagwan Das Mehta
Sr. Vice-President	Sh. P.N. Bhutani
Vice-President	Sh. Amar Nath Mehta
Secretary	Sh. Sohan Lal Huria
Jt. Secretary	Sh. M.R. Khera

### 1964

President	Sh. Bhagwan Das Mehta
Sr. Vice President	Sh. Ghansham Das Makhija
Vice-President	Sh. P.N. Bhutani
Secretary	Sh. O.P. Guglani
Jt. Secretary	Sh. R.S. Dhingra
Treasurer	Sh. Tirath Das Mehta

### 1965

President	Sh. G.D. Makhija
Sr. Vice President	Sh. P.N. Bhutani
Vice-President	Sh. Amar Nath Mehta
Secretary	Sh. D.D. Guglani
Jt. Secretary	Sh. R.S. Dhingra
Treasurer	Sh. Sohan Lal Huria

### 1966

President	Sh. P.N. Bhutani
Sr. Vice President	Sh. M.L. Mongia
Vice-President	Sh. Sham Lal Mehta
Secretary	Sh. R.K. Tarneja
Jt. Secretary	Sh. L.N. Mehta
Treasurer	Sh. Sohan Lal Huria

### 1967

President	Sh. M.L. Mongia
Sr. Vice President	Sh. Sham Lal Mehta

Vice-President	Sh. G.D. Guglani
Secretary	Sh. L.N. Mehta
Jt. Secretary	Sh. P.N. Mehta
Treasurer	Sh. Sohan Lal Huria

### 1968

President	Sh. Sham Lal Mehta
Sr. Vice President	Sh. Tirath Das Mehta
Vice-President	Sh. Madan Makhija
Secretary	Sh. L.N. Mehta
Jt. Secretary	Sh. Raj Kishore Mehta
Treasurer	Sh. Sohan Lal Huria

### 1969

President	Sh. Madan Makhija
Sr. Vice President	Sh. P.C. Nangia
Vice-President	Sh. G.D. Tuteja
Secretary	Sh. Raj Kishore Mehta
Jt. Secretary	Sh. S.D. Mehta
Treasurer	Sh. R.K. Tarneja

### 1970

President	Sh. P.C. Nangia
Sr. Vice President	Sh. Tirath Das Mehta
Vice-President	Sh. Tej Bhan Das Chugh
Secretary	Sh. Bholu Nath Gogia
Jt. Secretary	Sh. J.N. Nagpal
Treasurer	Sh. Hira Nand Mehta

### 1971 - 1974

Chief Patron	Sh. H.C. Bhutani
Patron	Sh. S.L. Mehta
President	Sh. P.C. Nangia

### 1975 - 1976

President	Sh. T.D. Mehta
Secretary	Sh. J.N. Nagpal
Treasurer	Sh. Kedar Nath Lal

### 1977

President	Sh. G.D. Guglani
Vice-President	Sh. M.L. Nagpal
Secretary	Sh. J.N. Nagpal

### 1978

President	Sh. M.L. Nangia
Vice-President	Sh. Jai Dev Lal Nangia
Secretary	Sh. J.N. Nagpal
Jt. Secretary	Sh. S.K. Mehta
Treasurer	Sh. Kedar Nath Lal

### 1979

President	Sh. M.L. Nangia
Vice-President	Sh. Jai Dev Lal Nangia
Vice-President	Sh. J.N. Nagpal
Secretary	Sh. M.L. Guglani
Jt. Secretary	Sh. S.R. Bhutani
Treasurer	Sh. B.D. Khurana

### 1980

President	Sh. Jai Dev Lal Nangia
Vice-President	Sh. K.S. Makhija
Vice-President	Sh. M.L. Sethi
Secretary	Sh. A.N. Mehta
Jt. Secretary	Sh. S.R. Bhutani
Treasurer	Sh. M.L. Ahuja

### 1981

President	Sh. M.L. Ahuja
Sr. Vice-President	Sh. K.S. Makhija
Vice-President	Sh. M.L. Sethi
Secretary	Sh. M.L. Guglani
Jt. Secretary	Sh. L.N. Mehta
Treasurer	Sh. R.S. Dhingra

### 1982

President	Sh. M.L. Ahuja
Sr. Vice-President	Sh. K.S. Makhija
Vice-President	Sh. M.L. Sethi
Secretary	Sh. M.L. Guglani
Jt. Secretary	Sh. L.N. Mehta
Treasurer	Sh. R.S. Dhingra

### 1983

President	Sh. K.S. Makhija
Vice-President	Sh. M.L. Sethi
Vice-President	Sh. M.L. Guglani
Secretary	Sh. D.D. Nangia
Jt. Secretary	Sh. D.P. Minocha
Treasurer	Sh. R.S. Dhingra

### 1984

President	Sh. M.L. Sethi
Vice-President	Sh. M.L. Guglani
Vice-President	Sh. G.D. Nangia
Secretary	Sh. D.D. Nangia
Jt. Secretary	Sh. S.D. Sachdeva
Treasurer	Sh. D.P. Minocha

### 1985

President	Sh. M.L. Guglani
Vice-President	Sh. G.D. Nangia
Vice-President	Sh. R.K. Ahuja
Secretary	Sh. D.D. Nangia
Jt. Secretary	Sh. S.D. Sachdeva
Treasurer	Sh. D.P. Minocha

### 1986

President	Sh. G.D. Nangia
Vice-President	Sh. Rakesh Ahuja
Vice-President	Sh. M.M. Mehta
Secretary	Sh. N.D. Gogia
Jt. Secretary	Sh. D.P. Minocha
Treasurer	Sh. S.D. Sachdeva

**1987**

President	Sh. Rakesh Ahuja
Vice-President	Sh. M.M. Mehta
Vice-President	Sh. S.D. Sachdeva
Secretary	Sh. N.D. Gogia
Jt. Secretary	Sh. D.P. Minocha
Treasurer	Sh. K.N. Nagpal

**1988 - 1989**

President	Sh. M.M. Mehta
Vice-President	Sh. D.D. Nangia
Vice-President	Sh. G.D. Bhutani
Secretary	Sh. N.D. Gogia
Jt. Secretary	Sh. Ravi Khera
Treasurer	Sh. K.N. Nagpal

**1989 - 1990**

President	Sh. M.M. Mehta
Vice-President	Sh. N.D. Gogia
Vice-President	Sh. G.D. Tuteja
Secretary	Sh. S.D. Sachdeva
Jt. Secretary	Sh. Ravi Khera
Treasurer	Sh. K.N. Nagpal

**1990 - 1991**

President	Sh. N.D. Gogia
Vice-President	Sh. G.D. Tuteja
Vice-President	Sh. S.D. Sachdeva
Secretary	Sh. D.P. Minocha
Jt. Secretary	Sh. Vijay Khaneja
Treasurer	Sh. K.N. Nagpal

**1992 - 1993**

President	Sh. G.D. Tuteja
Vice-President	Sh. S.D. Sachdeva
Vice-President	Sh. R.C. Verma
Secretary	Sh. L.N. Mehta
Jt. Secretary	Sh. K.N. Nagpal
Treasurer	Sh. D.P. Minocha

**1994 - 1995**

President	Sh. R.C. Verma
Sr. Vice-President	Sh. S.M. Chawla
Vice-President	Sh. M.P. Dawar
Secretary	Sh. R.K. Tarneja
Jt. Secretary	Sh. D.P. Rajpal
Treasurer	Sh. D.P. Minocha

**1996 - 1997**

President	Sh. S.M. Chawla
Sr. Vice-President	Sh. M.P. Dawar
Vice-President	Sh. R.K. Tarneja
Secretary	Sh. D.P. Minocha
Jt. Secretary	Sh. D.P. Rajpal
Treasurer	Sh. K.N. Nagpal

**1998 - 1999**

President	Sh. M.P. Dawar
Sr. Vice-President	Sh. R.K. Tarneja
Vice-President	Sh. Ravi Khera
Secretary	Sh. Ramesh Ahuja
Jt. Secretary	Sh. B.R. Pulyani
Treasurer	Sh. K.N. Nagpal

**2000 - 2001**

President	Sh. R.K. Tarneja
Sr. Vice-President	Sh. Ravi Khera
Vice-President	Sh. Ramesh Ahuja
Secretary	Sh. B.R. Pulyani
Jt. Secretary	Sh. D.P. Rajpal
Treasurer	Sh. Ashok Mehta

**2002 - 2003**

President	Sh. Ravi Khera
Sr. Vice-President	Sh. Ramesh Ahuja
Vice-President	Sh. D.P. Minocha
Secretary	Sh. B.R. Pulyani
Jt. Secretary	Sh. D.P. Rajpal
Treasurer	Sh. K.N. Nagpal

**2004 - 2005**

President	Sh. Ramesh Ahuja
Sr. Vice-President	Sh. D.P. Minocha
Vice-President	Sh. B.R. Pulyani
Secretary	Sh. Anurag Chawla
Jt. Secretary	Sh. Hans Raj Kalra
Treasurer	Sh. K.N. Nagpal

**2006**

President	Sh. Ramesh Ahuja
Sr. Vice-President	Sh. D.P. Minocha
Vice-President	Sh. B.R. Pulyani
Secretary	Sh. Anurag Chawla
Jt. Secretary	Sh. Hans Raj Kalra
Treasurer	Sh. K.N. Nagpal

**2007 - 2008**

President	Sh. D.P. Minocha
Sr. Vice-President	Sh. B.R. Pulyani
Vice-President	Sh. Anurag Chawla
Secretary	Sh. Vijay Huria
Jt. Secretary	Sh. Hans Raj Kalra
Treasurer	Sh. K.N. Nagpal

**2009 - 2010**

President	Sh. B.R. Pulyani
Vice-President	Sh. Anurag Chawla
Secretary	Sh. Vijay Huria
Jt. Secretary	Sh. K.N. Nagpal
Treasurer	Sh. S.K. Budhiraja

**2011 - 2012**

President	Sh. Anurag Chawla
Sr. Vice-President	Sh. K.N. Nagpal
Secretary	Sh. Vijay Huria
Jt. Secretary	Sh. S.K. Budhiraja
Treasurer	Sh. Inder Dhingra

**2013**

President	Sh. Anurag Chawla
Sr. Vice-President	Sh. Surender Kumar Mehta
Vice-President	Sh. K.N. Nagpal
Secretary	Sh. Vijay Huria
Jt. Secretary	Sh. S.K. Budhiraja
Treasurer	Sh. Inder Dhingra

**2014-2015**

President	Sh. Surender Kumar Mehta
Sr. Vice-President	Sh. Vijay Huria
Vice-President	Sh. Inder Dhingra
Secretary	Sh. Surinder Budhiraja
Jt. Secretary	Sh. Madan Chawla
Treasurer	Sh. B.B. Ahuja

**2016 - 2017**

President	Sh. Vijay Huria
Sr. Vice-President	Sh. Inder Dhingra
Vice-President	Sh. Madan Chawla
Secretary	Sh. Surinder Budhiraja
Jt. Secretary	Sh. Rakesh Minocha
Treasurer	Sh. B.B. Ahuja

**2018**

President	Sh. Inder Kumar Dhingra
Sr. Vice-President	Sh. Madan Mohan Chawla
Vice-President	Sh. Surinder Budhiraja
Secretary	Sh. Naresh Kumar Minocha
Jt. Secretary	Sh. Rakesh Minocha
Treasurer	Sh. B.B. Ahuja

**2019**

President	Sh. Inder Kumar Dhingra
Sr. Vice-President	Sh. Madan Mohan Chawla
Vice-President	Sh. Surinder Budhiraja
Secretary	Sh. Hans Raj Kalra
Jt. Secretary	Sh. Rakesh Minocha
Treasurer	Sh. B.B. Ahuja

**2020-2022**

President	Sh. Madan Mohan Chawla
Sr. Vice-President	Sh. Surinder Kumar Budhiraja
Vice President	Sh. Hans Raj Kalra
Gen. Secretary	Sh. Rakesh Minocha
Jt. Secretary	Sh. J. R. Mehndiratta
Treasurer	Sh. Sanjay Rajpal
Internal Auditor	Sh. Ajay Ahuja
IT Advisor	Sh. Sameer Grover

**2022-2024**

President	Sh. Surinder Kumar Budhiraja
Vice President	Sh. Bharat Bhushan Ahuja
Gen. Secretary	Sh. Ramesh Kathuria
Jt. Secretary	Sh. Mohit Ahuja
Treasurer	Sh. Mohnish Tarneja
IT Advisor	Sh. Sameer Grover

**2024-2026**

President	Sh. Bharat Bhushan Ahuja
Vice President	Sh. Parmod Bhatia
Vice President	Sh. Sameer Grover
Gen. Secretary	Sh. Ramesh Kathuria
Secretary	Sh. Mohit Ahuja
Jt. Secretary	Sh. Mohnish Tarneja
Treasurer	Sh. Suresh Kumar Gulati



# ALL INDIA DERAWAL SAHAYAK SABHA (REGD.)

DERAWAL BHAWAN, F-27 & 28, Kirti Nagar, New Delhi-110 015

## LIST OF OUR HONOURED MEMBERS / GUEST AT ANNUAL DERAWAL DAYS

1994 TO 2014

S.No.	Name of the Person	Status	Honoured	Year
1.	Shri H. C. Bhutani	Chairman	Trophy & Shawl Saropa	1994
2.	Shri K. N. Nagpal	MCM	Shawl Saropa	1994
3.	Shri Gian Chand Mehta	Announcer	Shawl Saropa	1994
4.	Shri M. P. Dawar	MCM	Shawl Saropa	1994
5.	Shri S. M. Chawla	MCM	Shawl Saropa	1994
6.	Shri S. D. Gogia	MCM - Donner	Shawl Saropa	1995
7.	Shri A. S. Anand	Scholar	Shawl Saropa	1996
8.	Shri Ashish Chawla	Member	Shawl Saropa	1997
9.	Shri L. N. Mehta	MCM	Shawl Saropa	1997
10.	Shri Anurag Chawla	Exc. Member	Shawl Saropa	1998
11.	Shri B. R. Pulyani	MCM	Sewa Medal	1998
12.	Shri S. R. Bhutani	Exc. Member	Shawl Saropa	1998
13.	Smt. Sawaran Anand	Social worker	Shawl Saropa	1998
14.	Shri S. R. Bhutani	Exc. Member	Shawl Saropa	1999
15.	Shri Chander Bajaj	Donor	Shawl Saropa	1999
16.	Shri Ashish Chawla	Member	Shawl Saropa	2000
17.	Shri Chander Bajaj	Donor	Shawl Saropa	2000
18.	Shri Satish Pahawa	South Delhi	Shawl Saropa	2000
19.	Shri B. D. Chhabra	Member	Shawl Saropa	2001
20.	Shri J. R. Dhingra	Manager	Shawl Saropa	2001
21.	Shri Chander Bajaj	Donor	Shawl Saropa	2001
22.	Shri Ashish Chawla	Manager	Shawl Saropa	2001
23.	Shri Chander Kanta	Social worker	Shawl Saropa	2001
23.	Shri Palwal School	Palwal Biradri	Shawl Saropa	2001
24.	Shri Prabh Dayal Satija	South Delhi	Shawl Saropa	2001
25.	Shri Jagdish Kabini	South Delhi	Shawl Saropa	2001
26.	Shri S. D. Gogia	MCM	Shawl Saropa	2002
27.	Shri Daulat Ram Gandhi	South Delhi	Shawl Saropa	2003
28.	Dr. Rita Wahi	Doctor	Shawl Saropa	2003
29.	Shri B. L. Dhingra	Exc. Member	Shawl Saropa	2003
30.	Shri S. K. Budhiraja	Exc. Member	Shawl Saropa	2003
31.	Shri N. D. Gogia	Chairman	Trophy & Shawl Saropa	2004
33.	Shri Suresh Nangia	Shiv Samiti	Shawl Saropa	2004
35.	Shri Vir Bhan Vir	Editor	Shawl Saropa	2004
36.	Shri Anil Sachdeva	Palwal School	Shawl Saropa	2004
37.	Shri P. S. Taneja	Derawal Biradri	Shawl Saropa	2004
38.	Shri Prabhu Dayal Satija	South Delhi	Shawl Saropa	2004
32.	Shri Ravi Khera	Patron	Trophy & Shawl Saropa	2005
34.	Shri B.D.Sachdeva	Exc. Member	Shawl Saropa	2005
39.	Shri A. S. Chaudhary	Jampur Biradari	Trophy & Shawl Saropa	2005
40.	Shri L. N. Mehta	Editor in Chief	Trophy & Shawl Saropa	2005
41.	Shri S. R. Bhutani	Member	Trophy & Shawl Saropa	2005
42.	Shri Satish Pahwa	South Delhi-Donor	Trophy & Shawl Saropa	2005
43.	Shri Subhash Guglani	Member	Trophy & Shawl Saropa	2005
44.	Shri R. K. Tarneja	Ex. President	Shawl Saropa	2005
45.	Shri M. P. Dawar	Ex. President	Shawl Saropa	2005
46.	Shri Pardeep Barara	Social Worker	Shawl Saropa	2005
47.	Shri B. S. Nagia	Gaziabad	Trophy & Shawl Saropa	2005
48.	Shri Vicky Bajaj	Donor	Trophy & Shawl Saropa	2005
49.	Shri M.L. Makhija	Patron	Trophy & Shawl Saropa	2005
50.	Shri M.S. Bawa	Donor	Trophy & Shawl Saropa	2005
51.	Shri Jagdish Sharma	Member	Trophy & Shawl Saropa	2005
52.	Dr. Rita Wahi	Dr. Homoeopathy	Trophy & Shawl Saropa	2005
53.	Shri Prabhu Dayal Satija	Social Worker	Trophy & Shawl Saropa	2005



## LIST OF OUR HONOURED MEMBERS / GUEST AT ANNUAL DERAWAL DAYS

1994 TO 2014

54.	Shri R.S. Dhingra	Special Invitee	Trophy & Shawl Saropa	2005
55.	Shri G.D. Nangia	Patron	Trophy & Shawl Saropa	2006
56.	Shri L.R. Kataria	Donor	Trophy & Shawl Saropa	2006
57.	Shri P.S. Wadhwa	Donor	Trophy & Shawl Saropa	2006
58.	Shri Gyan Chand Mehta	Announcer	Trophy & Shawl Saropa	2006
59.	Shri Rakesh Ahuja	FBD	Trophy & Shawl Saropa	2006
60.	Shri Vir Bhan Vir	Editor	Trophy & Shawl Saropa	2006
61.	Shri Suneja	Donor	Trophy & Shawl Saropa	2006
62.	Shri Mahinder Budhiraja	Exc. Member	Trophy & Shawl Saropa	2006
63.	Shri D.P. Minocha	Sr. Vice President	Trophy & Shawl Saropa	2006
64.	Shri K.N. Nagpal	Treasurer	Trophy & Shawl Saropa	2006
65.	Shri I.C. Khera	Exc. Member	Trophy & Shawl Saropa	2006
66.	Shri G. D. Nangia	Chairman	Trophy & Shawl Saropa	2007
67.	Shri L. N. Mehta	Chief Editor	Trophy & Shawl Saropa	2007
68.	Shri B. R. Pulyani	Sr. Vice President	Trophy & Shawl Saropa	2007
59.	Shri D. P. Minocha	President	Trophy & Shawl Saropa	2007
70.	Shri Gian Chand Mehta	Announcer	Shawl Saropa	2007
71.	Shri Vijay Huria	MCM	Trophy & Shawl Saropa	2008
72.	Shri Yashwant Bhutani	Exc. Member	Shawl Saropa	2008
73.	Shri S. R. Bhutani	Exc. Member	Shawl Saropa	2008
74.	Shri Subhash Guglani	Exc. Member	Shawl Saropa	2008
75.	Shri Inder Chhabra	Exc. Member	Trophy & Shawl Saropa	2008
76.	Shri I. C. Khera	Exc. Member	Trophy & Shawl Saropa	2008
77.	Smt. Laaj Dhingra	Social Worker	Shawl Saropa	2008
78.	Smt. Mukti Priya	Doctor	Shawl Saropa	2008
79.	Pt. Mahesh Sharma	Pandit ji	Shawl Saropa	2009
80.	Shri Satish Pahwa	South Delhi-Donor	Shawl Saropa	2009
81.	Shri Suresh Nangia	South Delhi	Shawl Saropa	2009
82.	Shri H. K. Pahuja	Gurgaon Sabha	Shawl Saropa	2009
83.	Shri M. L. Luthra	Accountant	Shawl Saropa	2009
84.	Shri A. S. Chaudhary	Patron	Shawl Saropa	2009
85.	Shri Vasdev Tuteja	South Delhi	Shawl Saropa	2009
86.	Smt. Asha Gogia	Social worker	Shawl Saropa	2009
87.	Shri Sudarshan Pahwa	Exc. Member	Shawl Saropa	2009
88.	Shri Manish Dewan	Exc. Member	Shawl Saropa	2009
89.	Shri Madan Chawla	Exc. Member	Shawl Saropa	2009
90.	Shri G. D. Nangia	Chairmen	Trophy & Shawl Saropa	2010
91.	Shri Rakesh Ahuja	Admn. Trustee & Patron	Trophy & Shawl Saropa	2010
92.	Shri Megh Raj Khera	Founder	Trophy & Shawl Saropa	2010
93.	Dr. Jatinder Nagpal	Doctor	Trophy & Shawl Saropa	2010
94.	Dr. M. M. Anand	Doctor	Trophy & Shawl Saropa	2010
95.	Shri D. P. Minocha	Ex. President	Trophy & Shawl Saropa	2012
96.	Shri Anurag Chawla	President	Trophy & Shawl Saropa	2012
97.	Shri Vijay Huria	MCM	Trophy & Shawl Saropa	2012
98.	Shri Sita Ram Bhutani	Exc. Member	Trophy & Shawl Saropa	2012
99.	Shri Jeewan Mehta	Haridwar - Manager	Trophy & Shawl Saropa	2012
100.	Shri Megh Raj Khera	Founder	Shawl Saropa	2013
101.	Shri Suresh Nangia	South Delhi	Shawl Saropa	2013
102.	Shri Gulshan Ahuja	Donor	Shawl Saropa	2013
103.	Shri Aashotsosh Sharma	South Delhi	Shawl Saropa	2013
104.	Shri K. N. Nagpal	Vice President	Trophy & Shawl Saropa	2013
105.	Shri M. K. Nagpal	Donor	Shawl Saropa	2014
106.	Shri Amir Chand	Faridabad - Donor	Shawl Saropa	2014
107.	Shri Hans Raj Kalra	Exc. Member	Shawl Saropa	2014
108.	Shri Prabhu Dayal Satija	Exc. Member	Shawl Saropa	2014
109.	Shri Madan Mohan Chawla	MCM	Shawl Saropa	2014
110.	Shri C. M. Khanna	Donor	Shawl Saropa	2014
111.	Smt. Santosh Hasija	Donor	Shawl Saropa	2014



# ALL INDIA DERAWAL SAHAYAK SABHA (REGD.)

DERAWAL BHAWAN, F-27 & 28, Kirti Nagar, New Delhi-110 015

## LIST OF OUR HONOURED MEMBERS & AWARDS

### YEAR WISE 2015 ONWARDS

<u>S.No.</u>	<u>Name of the Person</u>	<u>Status</u>	<u>Honoured with</u>	<u>Year</u>
1.	Shri H. C. Bhutani	Chairman & Admn. Trustee	Dera Rattan	1994
2.	Shri G. D. Nangia	Chairman & Admn. Trustee	Dera Rattan	2015
3.	Shri Rakesh Ahuja	Admn. Trustee & Ex. Chief Patron	Dera Rattan	2015
4.	Shri M. R. Khera	Founder Member	Life Time Achievement Award	2015
5.	Shri Mohan Lal Mehta	Founder Member	Life Time Achievement Award	2015
6.	Shri Girish K. Mehta	Patron	Dera Vibhushan	2015
7.	Shri A. S. Chaudhri	Patron	Dera Bhushan	2015
8.	Smt. Laaj Dhingra	Social Worker	Dera Shardha Samman	2015
9.	Shri Jeewan Mehta	Haridwar - Manager	Dera Karamveer	2015
10.	Shri R. S. Lal	Admn. Trustee & Patron	Life Time Achievement Award	2016
11.	Shri M. L. Makhija	Admn. Trustee & Patron	Life Time Achievement Award	2016
12.	Shri D. P. Minocha	Patron	Dera Vibhushan	2016
13.	Shri L. N. Mehta	Chief Editor	Dera Bhushan	2016
14.	Shri S. R. Bhutani	Exec. Member	Dera Karamveer	2016
15.	Smt. Vinod Ahuja	Social Worker	Dera Sharda Samman	2016
16.	Shri M. L. Kumar	Social Worker	Karam Yogi	2016
17.	Shri Madan M. Mehta	Chairman & Admn. Trustee	Dera Rattan	2017
18.	Shri S. D. Gogia	Patron	Life Time Achievement Award	2017
19.	Shri A. S. Anand	Patron	Life Time Achievement Award	2017
20.	Shri K. S. Makhija	Patron	Life Time Achievement Award	2017
22.	Shri Anurag Chawla	Patron	Dera Vibhushan	2017
23.	Shri Suresh Kr. Nangia	Shiv Samiti	Dera Bhushan	2017
24.	Smt. Prabha Chawla	Social Worker	Dera Shardha Samman	2017
25.	Shri K. N. Nagpal	Exec. Member	Dera Karamveer	2017
26.	Shri Subhash Guglani	Exec. Member	Dera Karamveer	2017
27.	Shri Subhash Sachdeva	Ex. MLA & Social Worker	Karam Yogi	2017
28.	Shri Ravi Khera	Chief Patron & Admn. Trustee	Dera Rattan	2018
29.	Shri R. K. Tarneja	Celebrity	Life Time Achievement Award	2018
30.	Shri Ramesh Ahuja	Patron	Dera Vibhushan	2018
31.	Shri Harish Kumar Chhabra	Special Invitee	Dera Bhushan	2018
32.	Dr. Rita Wahi	Homoeopathy Dispensary	Dera Shardha Samman	2018
33.	Shri Ishwar Chand Khera	Co-Opted Executive Committee Members	Dera Karamveer	2018
34.	Shri Inder Kumar Chhabra	Co-Opted Executive Committee Members	Dera Karamveer	2018
35.	No Awardee	NONE	NONE	2019
35.	No Function held	NONE	NONE	2020-22
36.	Sh. Dina Nath Madan	Charity Towards Religious & Social Causes	Lifetime Achievement Award	2023
37.	Sh. Surender Kumar Mehta	Administrative Trustee	Dera Vibhushan	2023
38.	Sh. Sameer Grover	IT Advisor - Website	Dera Bhushan	2023
39.	Sh. Naresh Kumar Minocha	Executive Member	Dera Karamveer	2023



# ALL INDIA DERAWAL SAHAYAK SABHA (REGD.)

DERAWAL BHAWAN, F-27 & 28, Kirti Nagar, New Delhi-110 015

## LIST OF OUR HONOURED MEMBERS & AWARDS

### POSTHUMOUS AWARDS (CERTIFICATE) YEAR WISE 2023 ONWARDS

<u>S.No.</u>	<u>Name of the Person</u>	<u>Status</u>	<u>Honoured with</u>	<u>Year</u>
01.	Late Shri Baldev Raj Pulyani	Former Patron	Dera Vibhushan Award	2023
02.	Late Smt. Hema Bhutani	Social Worker	Dera Shardha Samman Award	2023
03.	Late Shri Ramnath Sachdeva	Former President	Dera Lifetime Achievement Award	2024
04.	Late Shri Sohan Lal Huria	Former Secretary	Dera Lifetime Achievement Award	2024
05.	Late Shri Radhey Sham Dhingra	Former Secretary	Dera Lifetime Achievement Award	2024
06.	Late Shri Titath Das Mehta	Former Sr. Vice President	Dera Lifetime Achievement Award	2024
07.	Late Shri Ishar Das Minocha	Social Worker	Dera .....	2024
08.	Late Shri Ramchand Rajpal (Bhagat Ji)	Social Worker	Dera Karamveer Award	2024
09.	Late Shri Chetan Das Ahuja	Social Worker	Dera Karamveer Award	2024
10.	Late Shri Mohan Lal Sethi	Former President	Dera Vibhushan Award	2024
11.	Late Shri Sunder Das Sachdeva	Social Worker	Dera Vibhushan Award	2024
12.	Late Shri Sham Lal Sehra	Social Worker	Dera Karamveer Award	2024
12.	Late Shri Puran Chand Lal	Social Worker	Dera Karamveer Award	2024
12.	Late Shri Vishan Das Grover	Social Worker	Dera Karamveer Award	2024



## ALL INDIA DERAWAL SAHAYAK SABHA (REGD.)

Following Deraawals have attained the age of 85 yrs. and above. Sabha wishes them long & healthy life



### SHRI GOBIND LAL MEHTA

D.O.B. : 11.08.1924  
Age : 100 + Years  
Gurugram



### MRS. KRISHNA KUMARI

D.O.B. : 1936  
Age : 88 Year  
New Delhi



### MR. GIAN CHANDRA NARANG

D.O.B. : 01.01.1933  
Age : 91 Years  
B17, Friends Colony West  
New Delhi-110063



### MS. SANTOSH HASIJA

D.O.B. : 13.04.1937  
Age : 87 Year  
R/o Faridabad



### SHRI DHARAM DEV NANGIA

D.O.B. : 10.06.1934  
Age : 90 Years



### SHRI BHIM SAIN KHERA

D.O.B. : 29.05.1939  
Age : 85+ Year  
Lajpat Nagar,  
New Delhi-110024



### MR. BHUSHAN LAL PARASHER

D.O.B. : 02.12.1936  
Age : 88 Years  
Janak Puri,  
New Delhi-110058



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# WHAT AN UNFORGETTABLE HISTORY?

## EXISTENCE OF AII INDIA DERWAL SAHAYAK SABHA (REGD.)

### DERAWAL BHAWAN'S KIRTI NAGAR, NEW DELHI AND HARIDWAR

It was the early winter of 1954, when I sat in government accommodation in Fire Brigade Lane, in Connaught Circus complex that Shri M.R. Khera came with a proposal that we should look for a new colony, named as Kirti Nagar, as our future home. While this was being discussed, the Mehta brothers Master Hira Nand and Parma Nand came. We decided to have a first handlook at that place and for this purpose engaged. cycles. We started on the long journey, from Panchkuian Road, to Pusa Road and then to the lonely and deserted Patel Road, which was then stoney, uneven and bumpy. After crossing the Railway crossing over which a fly-over has since been built, reached Najafgarh Road. Kirti Nagar was all agricultural land. A semblance of roads had been laid. **There was a well. The water, on being tasted was. found to be sweet. The place was liked and we decided to find out the selling agency.** This was not difficult. Applications were got filled from all we knew. The shop of Master Hira Nand and my house became the centres to talk about the new colony. **Refugees Rehabilitation corporation was traced to be the sole selling agency.** Every day dozens of forms were given, **first instalment paid and pro-visual allotments made.** Later we came to know that Master Charan Das was getting full share of commission from the Corporation while we slogged to sell the plots. So we decided to approach him and claim our share of the commission. Mehta brothers, **Shri Khera, Sohan Lal Huria, Mohan Lal Mehta and myself, went to see him in Darya Ganj. He was an elderly person, full of understanding and seeing our enthusiasm, encouraged us to sell the maximum number of the plots, before we left, he gave us an envelope.** Trying to feign that we were not really keen for it, we eagerly looked for a lonely place where we should open the envelope and see the amount. **To our great surprise, it was found to be bearer cheque for a few hundred rupees.** The question immediately arose how to spend the amount. Some suggested division, others purchase of books for distribution in some school and various other modes. **At last, it was decided that we should have a plot, which should serve us as a meeting place or a club or a community centre as we all had decided to settle down ultimately in that colony.**

The Secretary of the Corporation, who had become a friend by now was approached. He agreed to accede to our suggestion provided we made ourselves into a Sabha/Society or some organisation and made the application on printed letter heads. From there, we all went to Shri Narain Das Bhutani, who ran the Ajmere Gate Press, to help us to get the forms printed. This was done and the application made. **Hurriedly we decided to call our society, Derawal Welfare Association. This was on the spur of the moment.**

**At that time, no rich person, leader or any social guide was with us. It was the unity of purpose which bound us together. The first instalment was paid by me including the commission received earlier.** Subsequently the remaining three half yearly instalments were paid by me, and **the allotment of the plot was got confirmed, by the end of 1957.** Sarvshri Bhagwan Das Mehta, Bishan Das Mehta, Mr. Hira Nand Mehta Ghansham Das

Toteja, Radhe Sham Lall were closely associated. Shri Amar Nath Mehta and Shri Tirath Das Mehta, coming from Jalandhar and Mathura, became the ardent supporters of the scheme. Regular meetings began to be held and approaches made for the collection of funds.

Shri Hukam Chand Bhutani was associated in early 1958 and Shri Pammi Bhutani joined our ranks soon thereafter. Bye-Laws were made without any realisation of what type of implications would arise later. **A regular committee was formed in 1955, and the society registered as the Derawal Sahayak Sabha. That is how the keel of the present organisation and the super-structure of the Bhawan as it now stands was laid, in a quiet and unassuming manner without any public pronouncements.**

Early settlers, who built their houses in Kirti Nagar were R.S. Khera, S.D. Sachdeva, J.N. Nagpal, R.S. Lall and T.D. Mehta son of Hakim Devki Nandan, and Sohan Lal Huria. A truck of bricks was donated to the newly formed Sabha by which the boundary wall was put up on the plot in 1958. Now the Sabha stood on a firm foundation due to zeal, eagerness and enthusiasm of all. Our hopes and aspirations ran sky high as we all were determined to build a lofty castle of brotherhood, affinity, understanding and a sense of oneness.

That was the inspiration and objectives at the back of our minds then. **It was a team of workers, without any one trying to become the leader: All of us formed a cohesive, well-knit and a co-ordinated team and I headed it to complete the legal formalities, as its first founder President.** Shri Radhe Sham Khera, who had all along been one of the close associates became the first honorary secretary, during those difficult, hope-ful and formative years. Pammi Bhutani, with his towering per-sonality, full of exuberance, became ardent supporter of the cause of the Biradri.

No one of us, had the experience in the field of social beg-gary. There were many occasions when we went out for the pur pose but did not know how to start the topic. The only thing which urged and goaded us all, was the unshakable faith in our mission and the confidence that our Biradari will rise to the occasion and never let us down. **It was a happy team of workers, practical in approach and sincere in effort, each one spending from his own pocket, without grudge or publicity.**

**No one cared for any office and each time, ever willing to share any responsibility which was placed on the shoulders.** Another guiding factor was that we should call our elders and afford to them our respect or appreciation for their past services. It was aimed to honour them. These were some of the guidelines on which we worked, to lay the strong and self-less foundation for a lasting Sabha.

**The Sabha made its first public debut in December, 1960,** when the foundation stone of the present building was laid by Shri Hukam Chand Bhutani, chosen as our Chief Patron. The following year, the building was completed under the personal supervision of Shri Ram Chand ji Khurana and inaugurated in 1961. **Since the regular stream of funds appeared to be eusured, I was reimbursed money which I had paid towards the instalments of the plot.** So encouraging was the response of the Derawal community, it was declared amidst applause that similar functions would beheld each year.

The welcome arches, buntings en route, smiling faces of men, gaily dressed women, with a long trail of children, a flower bedecked stage. President of the function together with the Guest of Honour to adorn the stage, profuse garlanding ceremony, warm Moongs, to make the function spicy, glowing and brimming hearts, presented a spectacle. **Many an**

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**eye was full of tears of joy on meeting some of the old and separated friends**, since the days of partition. Improvised cultural pro-gramme for about a couple of hours and lunch at the end dropped the curtain on the day of the annual Mela, **which is now called as the Derawal Day.**

**A Derawal Directory was issued in 1962, under the direct supervision of Shri B. D. Mehta which contained names of over 1600 families**, together with the names of their children, their ages and educational qualifications. This was the first ever step in the process of rediscovery, an instrument within reach for search of suitable matrimonial alliances. During 1962 Derawal Masik Patrika was introduced, edited and published by Sh. Amar Nath Mehta. This Patrika became the official organ of the Sabha. The word Masik was dropped. Derawal Patrika continued to remain on the scene, till it was officially taken over by the sabha in 1966 during the President-ship of Sh. P.N. Bhutani. Although Sh. A.N. Mehta remained the editor, but in actuality he and I shared the entire responsibility for its publication with Hindi and English portions respectively, for over 18 years. **In the first meeting held in 1963, I stepped down from the Presidentship and Shri Bhagwan Das Mehta succeeded.**

**Shri Bhagwan Das was social, helpful, resourceful and had a willing team of workers. A new thought had been provoked and new goal set by Shri Balu Ram for having a Bhawan at Hardwar.** It was a gigantic task but the team set itself to it. A strong 21-member team went to Hardwar to look for a suit-able site for a plot. It was a matter of surprise for all of us to know that Hardwar is the only place where the land is sold in terms of square feet, instead of the common yards, with which we all are familiar.

The consensus, after a week stay was that we should go in for a built Dharamshala. The committee went again and this time late Shri Tej Bhan Mandan and Seth Ghansham Das G. Makhija came. **The Present Dharamshala was finally selected and the bargain was struck, non-judicial stamped papers purchased and the deed was got registered in 1963. This was indeed a great achievement, much to the satisfaction and pride of the Biradri. Following year, in 1964, the first ever Jalsa was organised at Hardwar to inaugurate and commemorate the purchase.** A large procession was arranged with Bhajan Manalies, Kirtan parties, interspersed with brass bands, ladies singing and dancing in the Jhummer style, men doing the all male warrior dance, called Chhej, wended its way through the main bazar of Hardwar, inching towards Hari-Ki-Pairi. A chariot, drawn by white steed, with the large portraits of Raghu Nandan—Sri Ram and Janak Dulari—Sita and that of Murli Manohar — Sri Krishna, following meekly was a car with nine feet long and five feet high Amar Jyot, resembling the colour and style of the Inder Dhanush.

At the end of the festivities this Amar Jyot was gently allowed to glide over the Ganga waters. It was the moment of jubilation. The function could not have been better organised than at that time. It was the team spirit of the entire com-mittee, which rose as one man, to do the allotted tasks.

Pakistan clashed with India in 1965. The war ended after 21 days but left a lot of misery of the wounded soldiers on both sides. During the Presidentship of Shri Ghanshyam Das Makhija, the Sabha arranged to carry two bus loads of wounded Jawans from the Military Hospital, Delhi Cantt and drove them to the old Fort where they were entertained to a

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rich and warm lunch. The Mahila Vibhag was one with the Sabha under the hospitable, lively and colourful early office bearers Mrs. Karam Devi Makhija, Mrs. Dayawati Bhutani, Mrs. Vidya Kalra, Mrs. Mahesh Parkash, Mrs. Amrit Sachdeva, Mrs. Shanta Dhingra and Mrs. Kunti Makhija when combined meetings were held.

The second Jalsa was organised at Hardwar in 1966, under the Presidentship of Pami Bhutani. This was on the same lines as that of 1964, but the frenzied fervour had slightly mellowed down.

**The third and the last function was held at Hardwar in 1969, when the Bombay Hall was completed under the supervision of Mr. G.D. Toteja and inaugurated at Derawal Bhawan.** It was named as the Bombay Hall as all the expenses towards the cost of the building of this hall on the second floor came from the Derawal Biradri of Maharashtra State. Seth Mohan Lal Khattar, Raizada Tirath Das and Shri S.P. Madan had come all the way from Bombay to take part in the festivities at Hardwar.

It was indeed a memorable day in the history of Derawals as it re-established and cemented the grown homogeneity of the two giant Biradries, which emerged as a great moral force of the Derawals. **In September of the same year, the Sabha also inaugurated its scheme of Sahayata Kosh at a special function presided over by Seth Mohan Lal Khattar.** This element of social service was introduced to render financial assistance to the needy. **This scheme could not make any remarkable headway due to the emergence on the scene of the Derawal Sewa Sangh, with the same avowed purpose.**

It created serious complications as most of the persons granted financial assistance managed to get it from both the organisations, resulting in the deprivation of many other deserving ones. The Sabha stopped this aspect of the social service.

Two libraries consisting of more than a thousand books each, on love, detective stories, philosophy, theosophy, religion and famous biographies, speeches/writings of Indian leaders like Guru Dev Rabinder Nath Tagore and Swami Viveka Nand, were given to the Sabha by the All-India Jampurī Bhratary Sabha, one for the Bhawan at Delhi and Hardwar. These two libraries were named as Narain Das Library who was one of the early pioneers in the line. This was done to commemorate his memory.

It is the conventional law of our Society that when the success achieved has reached certain heights of zenith clouds of suspicion and distrust surround rule. The Sabha was dragged into the Court of Law on unproven and malicious grounds of malpractices. This was when the Sabha was under the inspiring leadership of Shri P.C. Nangia. Although no elections could be held for five years owing to the court case, the activities of the Sabha did not suffer. Even though that was the saddest chapter in the life of the Sabha having created internal bickerings and rancour, there was no diminution in the annual functions.

A highly awkward and precipitous situation was created, when, as a protest against the dragging of the Sabha into the Court of Law, Shri Amar Nath Mehta declared his intention to fast unto death and Shri B.D. Khurana to immolate himself after twenty hours of his fast. Both of them, after their routine morning prayer came to the Bhawan and occupied respective positions. Within a few hours, this information passed on to us including Shri H.C. Bhutani and Shri P.C. Nangia. Seth Mohan Lal Khattar of Bombay, was in town. That was a moment to stay cool and not brandish abuses and curses who perpetrated that regretful act.

A sincere effort was made to convince them that those responsible had not brought any

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respect to the Sabha and had betrayed themselves than denigrate the institution, that the action was borne more out of frustration as their personal vendetta could not stand the popularity of the Sabha and that the Sabha stood at a much higher pedestal than any individual, no matter how great the men thought themselves to be. All of them stood exposed before the bar of the public opinion as by that act they had isolated themselves as an inimical class.

It was further argued that time was the best Master and that no action would be necessary to be taken in haste for which one may have to repent.

Although both felt strongly that the pride of the Sabha had been irked, but ultimately they agreed to have a sip of juice offered to them. Shouts of Zindabad. Long Live the Sabha, Amar Nath Amar Rahe and Bansi Dhar ji ki Jeet Rahe, rent the air. The crowd which had swelled to over two hundred, began to melt away with relief. Sarvshri Mehta and Khurana were gently led to their respective homes and we all returned fully satisfied with the success of the mission.

Even though the fast and the threat of immolation had been averted, public opinion had been roused which did have a great salutary effect on all who had acted behind the curtains.

The sailing was safe, despite the rough seas and storms of suspicion raged high. The 17 day war with Pakistan in 1971 resulting in the creation of another independent State Bangla-desh out of the Indian Sub-continent left deep scars among the Army personnel. Two bus loads of wounded and crippled Jawans, were brought from the Military Hospital Delhi Cantt on the Annual Mela and each one of them was given a suit case containing a towel, tooth baste, brush oil, comb and a shawl. These shawls were donated by the Seth Tak Chand Nangia Trust.

**All-India character was legally granted to the Sabha eighteen years after its inception.** The essential pre-condition to be satisfied was the production of eleven lists, each contain-ing names, addresses, avocation and specimen signatures, duly attested by the Oath Commissioner from eleven different States in the country. This was a difficult task. But I am grateful to all the friends and well wishers who helped me to fulfil this condition, imposed by the Department, in view of the opposition against it.

The historic twelve-year Kumbh Mela was celebrated at Hardwar in 1974. In anticipation of the great rush this Mela would attract, the Sabha set in motion again its constructive activity of completing the entire third floor. This was started in December, 1973, under the supervision of Shri Gowardhan Das Mallick running much against time. The Shradhalu Derawals who thronged in thousands, found a convenient place to spend lours there and have the Moksh Dham Bath in the sacred Ganga. Millions of people all over the country visit Hardwar and have a dip in the sacred waters of the Ganges. Every conceivable place is virtually littered with men, women and children on the road-side, foot-paths, lawns and tents. It looked like a vast sea of humanity inundating and submerging every place with human beings. Our Derawal brethren were however, comfortably lodged in the Bhawan.

Ghastly tragedies gripped the Sabha in 1974, when its Secretary Shri Raj Kishore Mehta, along with his cousin Shri Girdhari Lal Mehta, were crushed to death in a train accident, while returning home. Malik Gowardhan Das also passed away soon thereafter. The Sabha was shaken specially when the Mehta cousins were both around forty years in age. All those who were associated with the Sabha were drowned in sorrow.

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**Men are mortal but the institutions are not. Seth Narotam Das Malhotra donated the magnificent idol of Lord Shiva and Pawan Ganga, which are enshrined in the temple along with the idols of Radhika and Krishna.** Both these idols are Pratishtit, which means that their installation was preceded by Puranic ceremony, whereby Brahma is invoked to bestow on these idols, the same powers, grace and divinity which is actually enjoyed by them in the Godly realm. Seven Pundits sit down for four hours each day, perform Havan, recite Vedic Mantras specially prescribed for a particular diety and this continues for seven days. After completion of that, Langer is held at which over a thousand Saints, Brahmins and others are fed.

**This was done in 1979. Yet another ten feet long statue of Hanuman Ji was donated by Shri Krishan Swarup Makhija in 1981.** The gleaming statue has coloured glass pieces in the background in different shapes and designs, lending it the elegance and grace. Not much bothered and still less remembered, are two major regrets, which would aptly be called failures of the Sabha. The offer of 20,000 square yards of land in Janakpuri, one of the finest and spacious colonies in Delhi, for a school for a mere seventeen thousand rupees was allowed to lapse, the offer which stood open for two years by the Delhi Development Authority in 1971. The second was the rejection of the purchase of another Dharam Shala at Hardwar, adjacent to the present Bhawan for just ninety seven thousand rupees in 1974-75. Only if those two firm offers were accepted, the position and status of the Sabha and its financial resources would have been, not only in plenty but much vaster to feed other facets of the Sabha. However, need not dwell upon them any more.

Whether it was the construction phase of 1966, 1969 or 1974 or the Jalsa Organisation of 1964, 1966 and 1969, were not ordinary ordeals. It meant constant supervision, personal attendance or pouring in the finances and the organising capability, one car belonging to either Pami Bhutani, H.C. Bhutani, B.D. Mehta or P.C. Nangia, was always on the road, plying a weekly shuttle service regularly. It meant distraction from their own daily routine, but the job was completed with zest and without murmur. The undisputed leadership provided by Shri H.C. Bhutani, the bold and daring attitude that was Shri P.C. Nangia, the powerful and strong truthful voice of Shri Pami Bhutani or the quiet confidence of Shri Shan Lal Mehta, were all collectively responsible for the present success and stature of the Sabha.

**Even if there were certain mental reservations, the voice was never questioned. By shrewdness and tact Shri H.C. Bhutani stays atop as the Chief Patron. The Secretary ship of Shri R.S. Khera (Megh Raj Khera), Sarvashri (Late) O.P. Guglani, Sohan Lal Huria, Raj Kishore Mehta and Shri J.N. Nagpal, will be remembered in the history of the annals of the Sabha in general and specially by those who worked with them. All of them worked with devotion and untiring zeal.**

The preparation of the 50 feet long and 15 feet wide flower bedecked stage, over 30 Shamianas, nearly a thousand chairs, a few hundred sofa set pieces, durries, carpets, kanats, curtains and all other decorative arrangements for the annual function would cost quite heavily. **But the entire cost of all these items of furnitures was borne by Shri Baldev of the Bindra Tent House for over a decade. No expenses were debited to the Sabha.**

**Now it is Surinder Mohan Chawla of the Chawla Tent House who is rendering all these facilities,** to a larger extent owing to the expansion of the Pandal, without any

cost to the Sabha. This is a great contribution which is worthy of commendation. **The entire Derawal Biradri should be grateful to him Shri Surinder Chawla for this costly and selfless service.**

The Sabha has been celebrating the Derawal Day regularly for 25 years. 1984 was the Silver Jubilee Mela. The Sabha was being groomed and its machinery geared up for the great day. But owing the gruesome and dastardly murder of our beloved Prime Minister Smt Indira Gandhi, it was postponed and instead, it was celebrated at the Mavlanker Hall, New Delhi in the year 1985. We wish the Sabha and all Derawal the very best.

Its illustrious Patrons are Sarvshri P.C. Nangia, Sham Lal Mehta, Yash Pal Mehta, Narotam Das Malhotra, Tirath Das Mehta, Mohan Lal Ahuja and Mohan Lal Sethi.

There are already quite a large number of Derawal Biradries working independently in their respective spheres. It is time they all get together to possess a single platform to make their voice heard on an All India basis, a common agency to channelise their dormant energies and a source to bank upon for guidance and more fruitful cooperation, while all the fraternising units would retain their individuality. The Sabha will have to open up its minds and hearts to afford the much needed positive accommodation for the larger good of all Derawals.

A joint chorus has more force and wider vibrations than a single song. It is the unity of hearts which is the need of the hour. A bridge has to be put across, to bring all in one embrace. The time is ripe. Let us see who grasps it.

#### **PRESIDENTS OF THE ALL INDIA DERAVAL SAHAYAK SABHA, NEW DELHI**

1956-59	Shri Ram Nath Sachdeva	1960	Shri Ram Nath Sachdeva
1961	Shri Ram Nath Sachdeva	1962	Shri Ram Nath Sachdeva
1963	Shri Bhagwan Das Mehta	1964	Shri Bhagwan Das Mehta
1965	Shri Ghansham Das Makhija	1966	Shri Parma Nand Bhutani
1967	Shri Madan Lal Mongia	1968	Shri Sham Lal Mehta
1969	Shri Madan Lal Makhija	1970	Shri Puran Chand Nangia
1971	Shri Puran Chand Nangia	1972-74	Shri Puran Chand Nangia
1975-76	Shri Tirath Das Mehta	1977	Shri Ganga Dhar Guglani
1978	Shri Madan Lal Nangia	1979	Shri Madan Lal Nangia
1980	Shri Jai Dev Lal Nangia	1981	Shri Mohan Lal Ahuja
1982	Shri Mohan Lal Ahuja	1983	Shri Krishan Swarup Makhija
1984	Shri Mohan Lal Sethi	1985	Shri Manohar Lal Guglani
1986	Shri Ganga Dhar Nangia		

**EXCERPTS FROM THE BOOK "DERA PHULAN DA SEHRA"**  
Written by The **LATE SHRI RAM NATH SACHDEVA, 1987**  
**THE 1<sup>ST</sup> FOUNDER PRESIDENT OF**  
**ALL INDIA DERAVAL SAHAYAK SABHA (Regd.), 1955**

Courtesy : **RAVI KHERA**, Chairman & Administrative Trustee



# ALL INDIA DERAWAL SAHAYAK SABHA (Regd.)

## HAPPY BIRTHDAY

*Your life is a gift from the creator. Your gift back to the creator is what you do with your life.*

### FOR THE MONTH OF DECEMBER

DATE	NAME, ADDRESS & CONTACT NO.	DATE	NAME, ADDRESS & CONTACT NO.
06-12-1955 MS No.72	<b>SH. MOHENDER KUMAR KHERA</b> B-76, Jangpura-B, New Delhi 110014 Mob: 9871332066	20-12-1961 MS No. 216	<b>DR. ASHOK KUMAR TANEJA</b> D-3, Harsh Apartments IIT Society, Peera Garhi, Nairr MCD School, New-87, (M) 9481325909   drashoktaneja@gmail.com
07-12-1971 MS No. 70	<b>SH. AJAY KHERA</b> D-19, Jangpura-B, New Delhi-110014 Mob: 9999966415 khera.ajay114@gmail.com	21.12.1976 MS No. 173	<b>SH. YOGESH BHUTANI</b> 68A,3rd Floor,Single Storey, Ramesh Nagar, New Delhi-110015 Mob: 9213479878 /8285009878 yogeshbhutani@hotmail.com
08-12-1956 MS No. 300	<b>SH. RAMESH KUMAR AHUJA</b> BG-6/167B, Paschim Vihar, New Delhi-110063, Mob.: 9868283982	23-12-1956 MS No. 270	<b>SH. ASHOK KUMAR GROVER</b> H-13, Second Floor, M2K The Whitehouse, Sector 57, Gurugram, Haryana Mob: 9910011938 /9910011938 suryaenterprises181@gmail.com
11-12-1962 MS No. 202	<b>SH. VINOD KUMAR MALIK</b> A-3/311 Paschim Vihar, New Delhi 110063 Mob: 9811422731 vinodmlik1962@gmail.com	23-12-1969 MS No. 201	<b>SH. VISHAL HURIA</b> F-21, Ground Floor, Kirti Nagar, New Delhi-110015, Mob: 9718375535 vishalhuria@hotmail.com
14-12-1953 MS No. 113	<b>SH. VIJAY KUMAR BHUTANI</b> 1248, Sec-29, Mahavir Apptt. Noida-201301, Mob: 8800383943 vjbhutani@gmail.com	27-12-1975 MS No. 27	<b>SH. RAKESH MINOCHA</b> F-10B, Kirti Nagar, New Delhi 110015 Mob: 9312232161 minocha.rakesh@gmail.com
14-12-1960 MS No. 216	<b>SH. PRAVEEN KUMAR NANGIA</b> 10, Tarun Enclave Pitampura, Delhi 110034 Mob: 9650457106 parveenkumarnangia@gmail.com	26-12-1952 MS No. 70	<b>SMT. MITU MEHTA</b> D-57, 1st Floor, Kirti Nagar, New Delhi-110015



# ALL INDIA DERAWAL SAHAYAK SABHA (Regd.)

## HAPPY BIRTHDAY

*Your life is a gift from the creator. Your gift back to the creator is what you do with your life.*

### FOR THE MONTH OF JANUARY

DATE	NAME, ADDRESS & CONTACT NO.	DATE	NAME, ADDRESS & CONTACT NO.
01-01-1933 MS No.269	<b>SH. GIAN CHANDRA NARANG</b> B-17, Friends Colony West, New Delhi-110058 Mob. : 9871691841 gian.narang@gmail.com	01-01-1947 MS No.17	<b>SH. O.P. RAJPAL</b> F-18, Kirti Nagar, New Delhi-110015 Mob. : 9911542488 rajpal.op@gmail.com



## FOR THE MONTH OF JANUARY

DATE	NAME, ADDRESS & CONTACT NO.	DATE	NAME, ADDRESS & CONTACT NO.
01-01-1949 MS No.49	<b>SH. ISWAR CHAND SETIA</b> E-65, Saket, New Delhi-110017 Mob. : 8800737344 ishwarsetia1949@gmail.com	10-01-1948 MS No.195	<b>SH. VED MEHTA</b> B-1/10 Sector-9, LDA, Colony Kanpur Road, Lucknow-225012 Mob. : 9415023893 manish2405@gmail.com
01-01-1961 MS No.95	<b>SH. JAGDISH LAL THAKUR</b> 240, Tarun Enclave, Pitampura, Delhi-110034 Mob. : 9266468980 jagdishthakur61@gmail.com	10-01-1977 MS No.50	<b>SH. MOHIT AHUJA</b> 7/156, Ramesh Nagar, New Delhi-110015 Mob. : 9871022522 mohitahuja_india@yahoo.co.in
04-01-1949 MS No.48	<b>SH. PRABHU DAYAL SATIJA</b> L-77B &78-A, Malviya Nagar, New Delhi-110017 Mob. : 9871053202 prabhusatija@gmail.com	11-01-1984 MS No.206	<b>SH. ANKIT MEHTA</b> 13/8, West Patel Nagar, New Delhi-110019 Mob. : 9871468810 mapco.proaudio@gmail.com
05-01-1959 MS No.167	<b>SH. MANOHAR LAL LUTHRA</b> A-14, 2nd Floor, Manak Vihar, Near Tihar Village, Tandoor Chowk, New Delhi-110018 Mob. : 9811602281 mluthra@gmail.com	12-01-1936 MS No.162	<b>MAJ. MAHINDER KUMAR NAGPAUL</b> 248-G, M.I.G. Flats, Rajouri Garden, New Delhi-110027 Mob. : 9871833225
06-01-1948 MS No.285	<b>SH. VINOD RAJPAL</b> PT62/162, Lower Ground Floor, Kalka Ji, New Delhi-110019 Mob. : 9899106688 / 9810096433 vinodrajpal@gmail.com	13-01-1955 MS No.82	<b>SH. CHANDER SHEKHAR SHARMA</b> House No.1366 Sec-4, Urban Estate, Gurgaon-122001, (Haryana) Mob. : 9711460166 shekharsharma1955@gmail.com
08-01-1981 MS No.69	<b>SH. GAURAV KHERA</b> D-85, Kirti Nagar, New Delhi-110015 Mob. : 9999035311 gauravkhera@gmail.com	15-01-1961 MS No.127	<b>SMT. RAJNI JAITLY</b> E-106/4C, Gali No.7, Krishna Nagar, Sufdarjung Enclave, New Delhi-110029 Mob. : 9868115530 rajnijaitely88@gmail.com
09-01-1950 MS No.58	<b>SH. SHIV HURIA</b> 329-B, Pocket-2, Mayur Vihar, Phase-I, New Delhi-110091, Mob. : 9911336109 huria_s@yahoo.co.in	16-01-1938 MS No.34	<b>SH. JAGDISH CHANDER BATRA</b> G-109, Saket, New Delhi-110017 Mob. : 6267603967 jcbatra@gmail.com
09-01-1969 MS No.150	<b>SH. MANISH KUMAR ARORA</b> E-30, Greater Kailash-I, New Delhi-110048, Mob. : 9810017863 manisharora@aol.co.in	17-01-1952	<b>SH. MADAN GOPAL MEHTA</b> C-1/45, Janak Puri, New Delhi-110018 Mob. : 9810046862 madan@mehtaone.com
09-01-1976 MS No.45	<b>SH. VIBHU BHATIA</b> A-801, Sec-82, BPTP Park, Grandeura, Faridabad, Haryana Mob. : 9811008348 / 8527030666 bjpc02006@gmail.com	17-01-1956 MS No.11	<b>SH. SUDERSHAN PAHWA</b> 2/1-7, Front Line 1st Floor, Subhash Nagar, New Delhi-110018 Mob. : 9999091021 pahwasudershan2@gmail.com

## FOR THE MONTH OF JANUARY

DATE	NAME, ADDRESS & CONTACT NO.	DATE	NAME, ADDRESS & CONTACT NO.
19-01-1963 MS No.155	<b>SH. VIKAS SEHRA</b> A 111, 4th Floor, Lok Vihar, Pitampura, New Delhi-110034, Mob. : 9810028790 vikas@printexporia.com	24-01-1956 MS No.289	<b>SH. VED PARKASH CHAWLA</b> J-128, Kirti Nagar, New Delhi-110015 Mob. : 9810524156 ved@chawla.pw
19-01-1969 MS No.08	<b>SH. ANURAG CHAWLA</b> C-85,Ground Floor Kirti Nagar, New Delhi-110015, Mob. : 9810154811 anuragchawla@hotmail.com	26-01-1952 MS No.153	<b>SH. MANISH DIWAN</b> F-37, Mansarover Garden, New Delhi-110015 manish.davar@gmail.com
19-01-1988 MS No. 196	<b>SH. MANAS MUGLANI</b> 51A krishna Nagar, Kanpur Road, Lucknow-226012 (U.P.) Mob. : 9935161107 sanjaysoap@gmail.com	26-01-1956 MS No.07	<b>SH. HARISH CHHABRA</b> 3C/35, New Rohtak Road, New Delhi-110005 Mob. : 9818401848 harishprinting@yahoo.com
20-01-1958 MS No.240	<b>SH. PAWAN KALRA</b> 1041, Sector-19, Faridabad-121002 (Haryana) Mob. : 9812452515 pawankalra57@gmail.com	26-01-1976 MS No.191	<b>SMT. RUCHI MEHTA</b> C-4-F/175, Janakpuri, New Delhi-110058 Mob. : 9810907679 aenjumehta19@gmail.com
24-01-1951 MS No.88	<b>SH. HARISH CHANDER SEHGAL</b> House No.62-L, New Colony, Gurgaon-122001 (Haryana) Mob. : 9811263610 himanshusehgal@2005gmail.com	28-01-1958 MS No.71	<b>SH.OM PARKASH MEHTA</b> B-66, Jangpura-B, New Delhi-110014 Mob. : 9891011897
		31-01-1978 MS No.263	<b>MR. ROOPAK CHAWLA</b> H. No. 158, 1st. Floor, A-3 Block, Paschim Vihar, New Delhi-110063 Mob. : 9560255555 roopaq@gmail.com

**आज आपके जन्मदिन के शुभ अवसर पर हम तहे दिल से आपको शुभकामनाएं देते हैं। आपका साथ और स्नेह हमेशा बना रहे, यही हमारी ईश्वर से दुआएं हैं।**



**RAVI KHERA**  
Chairman & Admn. Trustee



**RAMESH AHUJA**  
Chief Patron

### ADMINISTRATIVE TRUSTEES

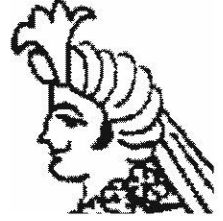
**Girish Mehta, Dharam Pal Minocha, L.N. Mehta, Surender Kumar Mehta & Anurag Chawla**  
All Patrons, MCM, Executive, Co-Opted Executive, Celebrities members, Special Invitees & Life Members.

# DERAWAL SAHAYAK SAMITI (REGD.) SOUTH DELHI

1st Floor, Prachin Shiv Shakti Mandir, Opp. Lodhi Hotel, Nizamuddin, New Delhi-110013

## FREE MATRIMONIAL SERVICES

Every Saturday & Sunday 11 AM to 2 PM



### PROFESSIONALS/PVT. SERVICE/GOVT. SERVICE BOYS :

01. 36(+) Years (05.10.88, 01.35 AM, Delhi), Height 5'-9", Fair, Medium Built, CMA- Cost Accountant Management, Dera Ghazi Khan family boy, Working with a MNC Genpack, Earning Rs. 12.00 Lakhs PA, Contact his Father Sh. Hakikat Rai Malhotra at Ph. 9910878721, 9625742300 (Mother), Suitable working girl required.
02. 33(+) Years (29.04.91, 02.00 PM, Palwal), Height 5'-10", Fair, Medium Built, LLB-Corporate Lawyer, Dera Ghazi Khan Family Boy, Working as Corporate Lawyer, Editor and Writer, Earning Rs. 12.00- 15.00 Lakhs PA, Contact his Father Sh. Satish Ahuja at Ph. 9811390484, Suitable working girl required.
03. 36(+) Years (08.10.88, 01.20, Palwal), Height 5'-11", Fair, 70 Kgs., B.Tech. From MDU, Dera Ghazi Khan Family Boy, working with Wipro at Gurgaon, Earning Rs. 15.00 Lakhs PA, Contact his Father Sh. Prem Prakash Sethi at Ph. 9050191921, 9050991616, 9991143843, Suitable working girl required.
04. 37(+) Years (30.11.87, 06.45, PM Delhi), Height 6', Fair, B.Com Working with Customer Service Consultant, Earning Rs. 5 LPA, Father Sh. Charanjeet Bhutani Mother (Housewife) Brother 1 (Married) settled in USA, Own house at Noida, Contact: 9899565268, 9811738830
05. Pahuja Boy 40(+) Years (23.12.84, 09.15, AM Delhi), Height : 5'-9", Weight : 69 Kg., B.Com from Delhi University & Post Graduate Diploma in 3D Animation and Visual Effects works as Lead Graphic Designer, Package : INR 7,00,000/- at Polygon Media, Noida Owned House : Pitampura & Flat in Noida, Contact : 88848 35654

### BUSINESS :

01. 40(+) Years (05.05.84, 06.35 AM, Delhi), Height 5'-10", Fair, Slim, 12th Pass, Dera Ghazi Khan Family Boy, running his Own Business of Water Supply at Srinivas Puri, Earning Rs. 30-40,000/- PM, Contact his Father Sh. Uttam Kumar Ahuja at Ph. 9810407869, 9899304411, Suitable girl required.
02. 33(+) Years (02.03.91, Delhi), Height 5'-4", Wheatish, Medium Built, 10th Pass, Delhi Family Boy, Doing Business of Kachori at Bhogal, Earning Rs. 30-40,000/- PM, Contact his Bhabhi Smt. Meenu at Ph. 9279035847, 8595294415 (Brother), Suitable girl required.
03. 38(+) Years (15.08.86, 11.30 AM, Ludhiana), Height 5'-9", Wheatish, Normal Built, 12th Pass, Sikh Family Vegetarian Boy, Running his College Canteen at F.I.I.B, Vasant Vihar, Earning Rs. 60,000/- PM, Contact him at Ph. 9971049776, Suitable Vegetarian homely girl required.
04. 28(+) Years (04.11.96, 04.00 PM, Delhi), Height 5'-10", Fair, Normal Built, B. Pharma, MBA, Using Specs, Multan Family Boy, Running his Own Medical Store and Dr. Pathlab Franchise at Chatterpur, Earning Rs. 01.00 Lakh PM, Contact his Father Sh. Chander Prakash Gulati at Ph. 9810666012, 9350813602, Suitable working girl required.
05. 30(+) Years (26.11.94, 06.15 AM, Delhi), Height 5'-4", Fair, Slim, ICWA, MBA in Finance from IMT Ghaziabad, Running his Own Ball Bearing Wholesale Business at Kashmiri Gate, Earning Rs. 1.25 Lakhs PM, Contact his Father Sh. Anil Bajaj at Ph. 9868126778, Suitable working girl required.
06. 24(+) Years (01.01.2000, 05.00 PM, Badaun, UP), Height 5'-3", Fair, Slim, 8th Pass, Own Business of Catering, Earning Rs. 3.00 Lakhs PA, Contact his Father Sh. Ram Parkash Yadav at Ph. 9557778744, Suitable girl required.
07. 30(+) Years (14.08.94, 08.00 AM, Delhi), Height 5'-11", Fair, Slim, Graduate, Dera Ghazi Khan Family Boy, Running his Own Cloth Shop at Sarojani Nagar Market, Earning Rs. 15-18 Lakhs PA, Contact his Father Sh. Mehta at Ph. 9871345129, 9810318053, Suitable Girl

08. 32 Years (04.09.92, 08.31 PM Delhi), Height 5'-5", Fair, Own House in West Delhi. Mother & Father (Retd.) from Govt. Service, Two Sisters Married in New Delhi. Garment Shop, Income: 50,000/- + PM, Required Beautiful & Fair, Slim & Educated Girl. Contact : 9999091021, Homely/Service required
09. 31(+ Years (17.08.93, 11.22 AM, Delhi), Height 5'-8", Fair, Medium Built, MBA, LLB, Running his own business at Okhla, Sangam Vihar, Earning Rs. 15-18 Lakhs PA, Contact his Father Sh. Suresh Kumar Arora at Ph. 9810930930, Suitable working/non working girl required.
10. 28(+ Years (04.06.96, 08.35 PM, Delhi), Height 5'-5", Fair, Normal Built, using Specs, PGDIM from DU, working with MNC of UK (work from home), Earning Rs. 20.00 Lacs PA, Contact his Father Sh. Rajeev Dhawan at Ph. 8860052507, Suitable girl required.
11. 42(+ Years (22.08.82, 00.05 AM, Delhi), Height 5'-3", Wheatish, Medium Built, Graduate, Shimla Family boy, working as Store Incharge with Pvt. Company, Earning Rs. 20,000/- PM, Contact his father Shree Mishri Lal Kanojia at Ph. 9871554677, 9999805645, 9654839580, Suitable girl required.

### **MANGLIK :**

01. 28(+ Years (25.07.96, 07.05 AM, Moradabad), Height 5'-8", Fair, Medium Built, MBA, Running Export Business of FMGC, Earning Rs. 75.00 Lakhs PA, Contact his Father Sh. Mahesh Gulati at Ph. 9837188117, Suitable girl required.
02. 30(+ Years (10.01.94, 03.15 PM, Delhi), Height 5'-10", Fair, Normal Built, MBA in HR and Marketing, Dera Ghazi Khan Family Manglik Boy, having white patches on the face, Working as Senior Sales Officer with a Reputed Paint Company, Earning Rs. 10.00 Lakhs PA, Contacts his Father Sh. Inder Kumar Ganotra at Ph. 9650991228, Suitable Vegetarian
03. 32(+ Years (11.10.92, 05.34 PM, Delhi), Height 5'-6", Fair, Healthy Body, MBA, Dera Ghazi Khan Family Boy, Working with MNC in Gurugram, Earning Rs. 10-15 Lacs PA, Contact His Father Sh. Deepak Arora at Ph. 9868664562, Suitable working girl required.
04. 33 (+) 7.11.1991, Height 5'-11", (Time: 5:58 PM, Delhi), M.Com, CA-INT, Self Employed, Earning Rs.15 to 17 Lakh PA, Dera Ghazi Khan Family Oriented, Understanding Girl preferred, Contact Mrs. Rajpal, Mob.: 09213105067, 9213903469. Service girl required

### **DIVORCEE :**

01. 47(+ Years (05.11.77, 05.00 AM, Delhi), Height 5'-3", Fair, Good Health, 12th Pass, Bengali Boy, Divorcee, No Issue, Working as a Area Manager in Hostel Management Area, Earning Rs. 30,000/- PM, Contact his Sister Smt. D Gosh at Ph. 9899108466, 8920257996, Suitable girl required, Cast No Bar.

### **GIRLS**

#### **PROFESSIONALS/PVT. SERVICE/GOVT. SERVICE/TEACHER :**

01. 32(+ Years (23.05.92, 01.45 AM, Faridabad), Height 5'-2" Fair, Slim, MA(Eng), using Specs, Advance Diploma in French Language from Delhi University, B1 Qualified from Alliance Franchise Delhi, Dera Khan family girl is working in Manav Rachna School in Faridabad as French Teacher, Earning Rs. 70,000/- PM, Contact her Father Sh. Inderjeet Singh Batra at Ph. 97188664405, 9891941377, Suitable educated boy required.
02. 37(+ Years (25.06.87, Amritsar), Height 5'-8", Fair, Slim, Graduate, Sikh Family Vegetarian Girl, working as a Website Manager in a Pvt. Company at VikaSpuri, Earning Rs. 1.20 Lakh PM, Contact his brother Sh. Amar Jeet Singh at Ph. 9971049776, Suitable Vegetarian boy in service/business required.
03. 24(+ Years (13.07.2000, 09.52 AM, Delhi), Height 5'-2", Fair, Slim, Masters in Economics from IIT, Kanpur, Very Low Anshik Manglik, Using Specs, Working as Senior Analyst in a MNC at Gurgaon, Earning Rs. 18.00 Lakhs PA, Contact her Father Sh. Kamal Mehta at Ph. 9810475712, Suitable professional boy in service with MNC required.
04. 28(+ Years (01.09.96, 07.17 am, Delhi), Height 5'-3", Fair, B.Tech., MBA from LBSIM, Dera Ghazi Khan Family Girl, Working with MNC in Gurugram, Earning Rs. 10-15 Lacs PA, Contact her Father Sh. Deepak Arora at Ph.



9868664562, Suitable boy in service/business required.

05. 32(+) Years (28.06.92, 01.20 PM, Delhi), Height 5'-1", Wheatish, Normal Weight, LLB, CS in Final Year, working as Compliance Analyst in a MNC at Gurugram, Earning Rs. 50,000/- PM, Contact her Father Sh. Ashok Goel at Ph. 9810176696, 9818430250, Suitable boy required.+

06. Diksha Chutani, 30 years (24.03.1993, 5:55 AM), Height - 5', B.Com (Graduate), Fair, Medium, Average body, Weight-50 kgs, Freelancer Makeup Artist, Founder at Moonshineventsbyd (Digital marketing agency), South Delhi prime location, Sibling 1 younger sister (working with designers with a firm at gurgaon), Mother housewife, Father Businessman, Contact Ph. : 9871882278 (Mother), E-mail ID : dikshachutani184@gmail.com, Her ideal match must be vegetarian, Well groomed open minded, Upper middle class, Well settled (Delhi).

### **MANGLIK :**

01. 24(+) Years (13.07.2000, 09.52 AM, Delhi), Height 5'-2", Fair, Slim, Masters in Economics from IIT, Kanpur, Very Low Anshik Manglik, Using Specs, working as Senior Analyst in a MNC at Gurgaon, Earning Rs. 18.00 Lakhs PA, Contact her Father Sh. Kamal Mehta at Ph. 9810475712, Suitable professional boy in service with MNC required.

02. 33(+) Years (14.05.91, 02.08 PM, Delhi), Height 5'-1", Fair, Slim, M.Com., working as AGM Operations in a Real Estate Company in Gurugram, Earning Rs. 80,000/- PM, Contact her Father Sh. Pramod Kashyap at Ph. 9958703375, Well Settled Non-Drinker Boy in service/business required.

### **DIVORCEE**

01. 29(+) Years (22.01.95, 06.05 AM, Delhi), Height 5'-8", Fair, Slim, BA, B.Ed., N.T.T., Jalandhar family girl, Divorcee with no issue, Two Months in Marriage, Working as a Teacher on Contract Basis in Andhra School in R K Puram, Earning Rs. 25,000/- PM, Contact her Father Sh. Raj Kamal Gogna at Ph. 9818022982, 9810903212, Suitable boy in service required.

**Ashutosh Sharma**  
9312105617



## शुभ कामनाओं सहित

# रिश्ते ही रिश्ते





**विवाह सम्बन्धी सेवा के लिए सम्पर्क करें :**

**Prabhu Dayal Satija**  
चेयरमैन  
(9871053202)

**Vasdev Tuteja**  
प्रधान  
(9899113436)

**Ashutosh Sharma**  
महामंत्री  
(9312105617)



## डेरावाल सहायक समिति (रजि०)



साउथ दिल्ली, पहली मंजिल, प्राचीन  
शिव शक्ति मंदिर, लोधी होटल के सामने निजामुददीन, नई दिल्ली- 110013

शनिवार एवं प्रत्येक रविवार प्रातः 11 बजे से दोपहर 2 बजे

## किसी दीवाली पर कुछ शब्द याद आए, जब जली थी किसी घर में दहेज प्रथा को लेकर एक प्यारी सी बिटिया, इस अवसर पर

1. ढूँढता रहे, हर जगह जो फूल, वो माली नहीं है, सिर्फ जलते दीयों का ही त्यौहार, दीवाली नहीं है। पतझड़ और अंधेरों में भी जो ढूँढ ले खुशियां, मन सदा रहे हरा उसका, रात कहीं भी काली नहीं है।।
2. पतंगा तो इक छोटी सी मोम की लौ को भी मान लेता है दीवाली, सिर्फ आदमी ही है, जो बहुत पाकर भी रहता है सदा खाली खुद के लिए जगमग दीपो की आस रखने वालो, इस मन को करो रौशन, जो पड़ा है पराई पीर से खाली।
3. पराया धन पराई नार, कभी मत ढूँढों, इनमें अपने दिल का करार, जो करना ही चाहते हो तो करो, सदा पराई बेटे से प्यार। मत मनाओ दीवाली, इनकी देह पर तेल डालकर, ये तो खुद है आपके घर का दीपक, इसीलिए यही प्यार की सच्ची हकदार।
4. अरे! बंगले की शोभा, शैंडलियर नहीं, घर की बहू होती है, वो तो इक जगह है जलताश ये पूरे घर में रौनक देती है। बहू के बिना, बेटा भी है अधूरा, अंधेरे में रहेगा परिवार, वंश बेल बढ़ाने में, इसी दीए का चाहिए सहयोग और प्यार। इसीलिए मत मनाओ दीवाली, इनकी देह पर तेल डालकर, बड़ी मेहनत से संवारा होता है हमने इसे, और सौंपते है तुम्हें प्यार से पाल पोसकर।
5. सच्ची दीवाली मनानी हो तो। - धैर्य, नर्मता और सादगी, इनके दीये तैयार, ममता, प्यार और करुणा के तेल से भरो इन्हें हर बार। बड़प्पन और सचरित्र के, लगाओ वन्दनवार, फिर देखो कैसा जगमग करे है, दीवाली का ये त्यौहार।
6. आओ: -  
माँ शिवशक्ति के आगे, अहद ये मिलकर करें सभी करेंगे मिसाल कायम जगत में, नहीं जलेगी अपने डेरे की बहू कभी डेरे का मतलब होता है घर - घर से शब्द बना है प्यार रौशन करेंगे हम, प्यार के इस दिए को, तो सुखी रहेंगे सब परिवार बस इसी तरह मनाएंगे हम, दीवाली का ये पवित्र त्यौहार।  
- सुमित्रा मखीजा

## एक कविता बढ़ती हुई POLLUTION पर जब मखीजा साहब अस्पताल में थे तो नज़ारा वहां देखा I.C.U. में तो लिखने को मन बना लिया उन हालात पर

हर साल जितनी बढ़ती आबादी है, उतनी ही बढ़ती बाईक और कार है, कल कारखाने सभी है बढ़ते जाते तो: - ग्लोबलाईज़ेशन ऑन पॉपुलेशन का बढ़ना, यही तो सच्चा सर है। पोल्यूशन में तो सांस लेना भी है संकट में, रोगों को क्यों दोष दें, वो भी तो बढ़ने को लाचार है। बच्चे, बूढ़े, या हो जवान, सभी दूषित हवा में है जी रहे, जल्दी - 2 मुरझा जाते हैं पौधे और पेड़। इसी दूषित हवा को, वो भी तो है पी रहें। कभी सुनते थे जनरल वार्ड में लगते हैं 8 - 8 बिस्तर, आज प्राइवेट अस्पतालों के, I.C.C.U. का भी वही हाल है।

बढ़ती आबादी और पोल्यूशन का यही तो कमाल है। आज खुद अस्पताल में जाकर देखा, क्या सुन्दर ये सीन है I.C.C.U. में भी है दो लाइनें और लाइन में बेड तीन है, वही रोना चीखना चिल्लाना, जनरल वाला ही सीन है पर एक बात है अच्छी, I.C.C.U. में, उदास होता नहीं है दिल, वहां कोई होने देता नहीं गमगीन है।

सुन्दर डाक्टर है सब Caralite नर्स भी नमकीन हैं, मलियाली भाषा, मीठी आवाज़ में है गिटपिट करती, माहौल बड़ा रंगीन है, एक बार तो दाद देनी होगी इस पोल्यूशन को, जिसने प्राइवेट अस्पताल के I.C.C.U. को दिया ये नज़ारा, बड़ा लवलीन है। हर तरफ दिखते है भागते हंसते चेहरे, हाथों में दवाईयों की ट्रे लेकर।

नज़ारे ये सब भी बड़े नमकीन है।

घर बाहर की भुला देते हैं कुछ पल के लिए परेशानियां

मन हो जाता इनमें तल्लीन हैं, नमस्कार इस पोल्यूशन को, दिखा दिए इसने नए सीन हैं। - सुमित्रा मखीजा

# बुद्धि में भ्रम

## ‘विनाशकाले विपरीत बुद्धि’

समय समय पर मानव की बुद्धि में जब भ्रम आ जाता है कि वह महान् है, वही सर्वश्रेष्ठ है, वह सबको अच्छी तरह से जानता है तब ऐसे व्यक्ति के लिए कवि कहते हैं :-

आंखों वाले तमस को, उजियारा मानते हैं।

अज्ञान के भंवर को, किनारा मानते हैं॥

जीवन के नियमों के अनुसार किसी भी व्यक्ति को दूसरों के प्रति मन में बुरे भावों को पनपने का अवसर नहीं देना चाहिए किन्तु फिर भी यह उज्ज्वल और चंचल मन बुद्धि के भ्रम के कारण हमेशा अपने दोषों पर विचार न करके दूसरों के विषय में त्रुटियां और बुराइयां देखता है। आपका अपना मन ही आपका सबसे बड़ा मित्र और आपका सबसे बड़ा शत्रु भी है। आप जैसा विचार करते हैं वैसे ही अभ्यास होने पर दोष हुए बिना ही आपको लोगों में दोष दिखाई देने लगते हैं। इस सत्य को चरितार्थ करते हुए सन्त कबीर ने सरल शब्दों में कह दिया :-

बुरा जो देखन मैं चला, तो बुरा न मिलिया कोय।  
जो दिल खोजा आपना, तो मुझसे बुरा न कोय॥

भगवद्गीता के अठारहवें अध्याय में भी यही कहा गया कि जब बुद्धि पर अन्धकार का पर्दा गिर जाता है तब आपको सबकुछ उल्टा और गलत दिखाई देने लगता है और नैतिक रूप से आपका पतन होने लगता है :-

बुद्धि का भ्रम ही है जिससे होता धर्म अधर्म।  
कौन जाने यह भेद और न जाने कर्म अकर्म।

इस विषय में महाभारत से एक रोचक प्रसंग है कि जब पितामह भीष्म की बुद्धि में भ्रम हो गया अन्तिम समय में भी वह धर्म का उपदेश दे रहे थे। बड़ी-बड़ी ज्ञान की बातें कह रहे थे कि दुःख के समय किसी भी प्राणी की रक्षा करना, उसकी पुकार को सुनना हमारा मुख्य कर्त्तव्य है। जब वह ऐसा कह रहे थे कि कक्ष से जोर-जोर से हंसने की आवाज आई तो देखते हैं कि द्रौपदी खिलखिला कर ऊंचे ऊंचे से हंस रही थी।

पितामह भीष्म ने उसकी ओर देखा और ऊंची आवाज में पूछा कि आप ऐसी कौन सी बात पर हंस रही है। द्रौपदी पहिले तो सकुचा सी गई और कहने लगी, ‘दादा जी ऐसी कोई बात नहीं’। आप अपना उपदेश देते रहिये। भीष्म ने क्रोध-भरे स्वर में कहा कि जब बड़े लोग बोल रहे हों तो उनके सम्मान में अकारण हंसना तुम्हे शोभा नहीं देता। अच्छी कुलवधुओं का यह लक्षण उचित नहीं है। तुम्हारी हंसी में यदि कोई रहस्य है तो हमें बताओ ताकि हम तुम्हें क्षमा कर सकें। द्रौपदी ने कहा - दादा जी यदि आप मेरी हंसी का कारण जानना ही चाहते हैं तो सुनिये “जब भरी सभा में मेरी साड़ी खींची जा रही थी और मुझे नग्न किया जा रहा था और मैं चिल्ला-चिल्ला कर रो-रो कर सबसे प्रार्थना कर रही थी कि मुझे बचाओ उस समय आपका यह ज्ञान कहां था?” आपके उपदेशों ने आपके हृदय को द्रवित नहीं किया। इसलिये आज के दिये हुए ज्ञान पर मुझे हंसी आ गई। भीष्म पितामह द्रौपदी से क्षमा याचना करते हुए समझाने लगे - बेटे! उस समय मैं दुर्योधन का अन्न खा रहा था और उसका पक्ष लेने के लिये विवश था। मैं मानता हूँ कि मेरी मति मारी गई थी और बुद्धि के भ्रम में खोया हुआ था किन्तु इस युद्ध के पश्चात् उस अन्न का अधिकार का सारा रक्त शरीर से बह चुका है। मेरे अन्दर ज्ञान की अग्नि और पश्चात्ताप से मैं जल रहा हूँ इसलिये आज मैं धर्म आचरण करने की बात कर रहा हूँ।

जिस प्रकार मानसरोवर झील में हंस और बगुला दोनों पक्षी साथ साथ रहते हैं किन्तु बगुले तो मछलियां दूँढते रहते हैं परन्तु हंस मोती चुगते हैं।

कबिरा लहरि समुद्र की, मोती बिखरे आया।  
बगुला परख न जानई, हंसा चुनि-चुनि खाया॥

उसी प्रकार मानव भी सांसारिक व्यवहार में मन्दबुद्धि न होकर अच्छी बुद्धि से मानसिक शान्ति और सफलता की ओर अग्रसर हो सकता है। बुद्धि भ्रम होने से मानव का कल्याण नहीं हो सकता है। इसलिए

‘अपनी बुद्धि के भ्रम को तू दूर किये जा।  
और बदले में भलाई भी भरपूर किये जा।

संकलन : महिन्दर बुद्धिराजा

# अभिमान और प्रशंसा

इनमें आपसी सगा सम्बन्ध अच्छा सुनना अच्छा नहीं लगता। अपनी प्रशंसा सुनकर अभिमानी होना तो स्वभाविक प्रवृत्ति है। जब भी आपकी बड़ाई हो रही होती है चाहे वह झूठ हो या सच! सुनने में मधुर लगती है। आप अपना मन टटोल कर देखिये, यह स्वाभाविक ही है कि जहां से आपको प्रशंसा रूपी मीठा-मीठा विष मिलता है उसी के साथ संगति करने और व्यक्ति अपना मनोरंजन भी करता है।

इन चन्द शब्दों में ही हमें कितनी बड़ी शिक्षा मिलती है कि यदि एक कुत्ते का भी आदर होता है तो वह भी आपका वफादार और मुख चाटने लगता है। यदि स्वामी उसकी पिटाई करता है तो काटने को दौड़ता है। अभिमानी मनुष्य के भी यही लक्षण है कि यदि उनके सामने विनम्र रहो, झुकते रहो, उनकी प्रशंसा करते रहो तो वह आपके सिर पर चढ़ बैठते हैं और तनिक भी उनकी उपेक्षा करो तो आपके शत्रु बन जाते हैं।

अपने अहम् में आकर अपनी प्रशंसा सुनना मानव मन की सबसे बड़ी दुर्बलता है। मेरा मेरा कहकर अपनी शान्ति को भंग न करें प्रशंसा और अभिमान की स्मृति को मिटाने का प्रयत्न करे। माना कि इस जीवन में घटनाओं और परिस्थितियों पर हमारा नियंत्रण नहीं होता किन्तु यह झूठी प्रशंसा पाकर अभिमानी होना मनुष्य के पतन का कारण बन जाता है।

प्रशंसा और अपमान की स्मृति को मिटाना ही मानव को मानवता के स्तर पर लाकर मानसिक शान्ति देता है। इन्सान अपने को ऊँचा दिखाने की होड़ में मान पाने की इच्छा से छल, कपट, ईर्ष्या द्वेष वैर आदि की भावनाएं उत्पन्न होती है।

अपनी प्रशंसा सुनकर अभिमानी होना जीव के महान शत्रु है जो व्यक्ति की बुद्धि और विवेक पर पर्दा डाल देते हैं पर इन दोनों से दूर रहकर मनुष्य सरल स्वभाव से, मधुर वाणी से, सेवा करते हुए अपने सद्व्यवहार से ईश्वरीय कृपा का अधिकारी हो सकता है। **मान बड़ाई न करे, बड़े न बोले बोल। हीरा मुख न न कहै, लाख हमारा मोल।।**

संकलन : सुरेन्द्र बुद्धिराजा

## अस्थि हानि लाती है पेरशानी

चाहती हैं बुढ़ापे में जवानी तो न होने दें अपनी अस्थि - हानि

अक्सर आपने लोगों को यह कहते हुए सुना होगा - 'मेरी हड्डियां खोखली हो गई हैं, अब हिला-डुला नहीं जाता' या 'मेरी हड्डी - हड्डी दर्द कर रही है' और यह भी कि 'अरे वह तो बड़ी हड्डी का है, उसे कुछ नहीं होगा या 'इन हड्डियों में अभी बहुत दम है।' सारी उम्र अच्छा दूध - दही, दाल, फल - सब्जी खाई है - ये जंक फूड नहीं खाए। दिन भर हाड़ - तोड़ मेहनत करते थे समझे।' ये केवल मुहावरे या कोरी बातें नहीं हैं, इन्हीं में छिपा है ओस्टिओप्रॉसिस या अस्थि हानि के कारण, पहचान और उपचार।

बढ़ती उम्र के साथ, महिलाओं में 40 वर्ष और पुरुषों में 50 वर्ष के बाद, अक्सर पीठ, कमर, टांगों, पैरों, कलाई के जोड़ों में दर्द हो जाता है जो दर्द - निवारक दवा से कुछ समय के लिए ठीक हो जाता है। हड्डियों के खोखलेपन या कमजोरी से कूल्हे या पैरों में फ्रैक्चर भी हो सकता है जिसके कारण लंबे समय तक बिस्तर पर रहना पड़ सकता है या जान भी जा सकती है। पुरुषों की अपेक्षा स्त्रियों में यह अधिक होता है। रजोनिवृत्ति तक यह बहुत बढ़ जाता है।

हड्डियों को ताकत देने वाला हार्मोन एस्ट्रोजिन इस उम्र में कम हो जाता है, तो हड्डियों में कैल्शियम कम हो जाता है। एस्ट्रोजिन आतों में कैल्शियम को सोखकर मूत्र में जाने से रोकता है।

अस्थि - हानि टेस्ट के **बोन डेन्सिटीमीटरी** की जांच से रोगी की हड्डियों की हानि की स्थिति का पता चलता है। अल्ट्रासाउंड की तरह ही यह जांच 15 मिनट लेती है।

अस्थमा, धूम्रपान, शराब, थायरॉइड, मिरगी, जिगर या गुर्दे के रोगी, लंबी वायु-यात्रा व कठोर व्यायाम से भी ओस्टिओप्रॉसिस होती है।

ओस्टिओप्रॉसिस से बचाव के लिए जरूरी है: संतुलित आहार, समुचित भारोत्तोलन व्यायाम। कैल्शियम व विटामिन डी का सेवन और स्वयं को फ्रैक्चर से बचाना। रोगी को डॉक्टर की सलाह लेते रहना चाहिए।

संकलन - नरेश कुमार मिनोचा



# यज्ञ की महिमा

क्या कहूं क्या भक्त पाता है यज्ञ के ध्यान में।  
मंत्रों के उच्चारण से

कुछ अलौकिक रस मिले जब मन लगे भगवान में।

इस यज्ञ हवन की परिभाषा केवल अग्नि प्रदीप्त करने उसमें समिधा घी सामग्री डालने से ही परिपूर्ण नहीं होती किन्तु उसमें भावना है सब प्राणियों के उपकार की सबके हित की। आर्यसमाज उन समस्त कार्यों को यज्ञ का नाम देता है जिसमें हम परोपकार, जनसेवा दान, उदारता और संगठित रूप से प्रेम सहित इसे सम्पन्न करते हैं। इन मंत्रों के उच्चारण से हम वेद शास्त्रों का स्वाध्याय और संस्कृति का उत्थान करते हैं।

उस ईश्वर की स्तुति और भक्ति से उसकी कृपा का धन्यवाद करते हैं। भौतिक जगत में ज्वलित अग्नि में घी समिधा और सामग्री डालने से अपने आस पास का वातावरण शुद्ध होता है। मानव जीवन से यह यज्ञ सम्पन्न करना 'सर्वे भवन्तु सुखिनः' की भावना मन में जाग्रत करता है।

गृह में यज्ञ करने से हम उस सर्वन्तर्यामी ईश्वर की सत्ता को स्वीकार करते हैं। जब हम नियमानुसार यह कहते हैं कि सब सत्यविद्या और जो भी पदार्थ विद्या से जाने जाते हैं उन सब का आदिमूल परमेश्वर ही है इसलिये हमारे जीवन में उसकी स्तुति, प्रार्थना उपासना करना हमारा मुख्य ध्येय होना चाहिये क्योंकि इससे आत्मबल और मानसिक शान्ति मिलती है।

यज्ञ करके जब हम ईश्वर के प्रति कृतज्ञता करते हैं जब हम यह प्रार्थना करते हैं तो हमारे मन में अपने कर्त्तव्य के साथ हम शुभ कर्मों की ओर प्रवृत्त होते हैं। अपनी सफलताओं पर हमें अभिमान नहीं होता और जीवन में असफलताओं से उत्साहहीन और निराश भी नहीं होते।

यज्ञ में सबसे पूर्व हम जब ओम् शब्द का उच्चारण करते हैं तो हमारा उत्पादक, रक्षक, धारक सभी वह ईश्वर ही है। हमारे पास जो भी धन बल विद्या और सामर्थ्य है वह उसी की कृपा से मिला हुआ है। जब हम मंत्र के अन्त में

'इदन्न मम' कहते हैं-यह सब मैं और मेरा नहीं है, सांसारिक वस्तुओं के प्रति हमारा मोह नष्ट होता है। अन्त में प्रयोग करने वाला स्वाहा शब्द हमें प्रेरणा देता है कि हमेशा प्रिय बोले उत्तम पदार्थों का दान पुण्य करें। यज्ञ के अन्त में 'सर्वे वै पूर्णे ऽ स्वाहा' मंत्र का बार-बार उच्चारण करने से हमें इस बात का ज्ञान होता है कि एक दिन इस वर्तमान संसार से जो हमारा सम्बन्ध बना हुआ है वह समाप्त हो जाता है। सब कुछ यहीं रह जाता है इसलिये सांसारिक वस्तुओं से मोह ममता न रखे नहीं तो उनके वियोग से दुःखी होंगे। जैसे सर्दी से ठिठुरते व्यक्ति को अग्नि के समीप जाने से शीत निवारण का सुख मिलता है वैसे ही यज्ञ करके उस प्रभु के ध्यान से मानव कर्म और स्वभाव पवित्र होकर मानसिक शान्ति अनुभव करते हैं। जिससे जीवन में उन्नति करने का साहस, धैर्य और शुभ कर्म करने की बुद्धि का सृजन होता है।

'यज्ञमय जीवन सफल जो कर गये।

वह अगम संसार सागर तर गये।

धर्ममय जीवन है बनता यज्ञ से।

पाप रूपी पात सारे झर गये'।

इसलिये मेरी यही भावना है कि हम संयमी होकर यज्ञ हवन करते रहें और कहें :-

जो हो रहा है उसी में हित है।

इससे बढ़कर शुभज्ञान नहीं।

जो कुछ मिला प्रभु आपकी करुणा।

न रख तृष्णा दुःख खान नहीं।

यही समर्पण भाव यज्ञ का।

प्रभु का गलत विधान नहीं।

छूट जाये सब कुछ पर छूटे।

रसना से ओम् नाम नहीं।।

क्योंकि ओ३म् ही आस्था है, ओ३म् ही विश्वास है इसलिये श्रद्धा से कहते रहें :-

भगवान् मेरा सहारा तेरे सिवाए नहीं है।

बस एक तू ही तू है कुछ दूसरा नहीं है।।

संकलन : विमल बुद्धिराजा

# ईश्वर पर विश्वास

ईश्वर साकार है या निराकार है।

इन सितारों से क्या आर है या पार है।।

हमारे धर्म में चाहे तैंतीस करोड़ देवी - देवताओं की पूजा भिन्न - भिन्न रूप से होती है या प्रकृति के रूप में हवन द्वारा अग्नि में सर्वस्व अर्पण करके यज्ञ करे, चाहे हमारे धर्मग्रन्थों का पाठन हो किन्तु किसी भी रूप में अपने ईश्वर के विश्वास का महत्त्व चाहे वह सन्मुख प्रतिमा (मूर्ति) के रूप में हो या निराकार उस प्रभु के प्रति विश्वास से कोई भी इन्कार नहीं कर सकता क्योंकि वह ही हमारा उत्पत्तिकर्ता, रक्षक, माता पिता बन्धु सखा सब कुछ है क्योंकि :-

आदमी पतंग और जिन्दगी एक डोर है।

हमारे हाथ कुछ नहीं उड़ाने वाला तो कोई और है।।

परन्तु इस जीवन में प्रत्येक मानव अपनी आस्थाओं और धार्मिक मान्यताओं से बंधा हुआ है जिस प्रकार अग्नि के समीप बैठने से अग्नि के गुण गर्मी और प्रकाश मिलता है जिस प्रकार फूलों से सुगन्ध मिलती है उसी प्रकार हमारे आन्तरिक मन के विश्वास से ही प्रार्थना, पूजा या उपासना का महत्त्व प्रमाणित होता है। आज इसी एक शब्द विश्वास पर कुछ विचार प्रस्तुत कर रही हूँ।

यदि हम धर्मग्रन्थों के पन्ने उलट कर देखें तो हनुमान जी ने राम पर पूर्ण विश्वास रखते हुए इतने बड़े पहाड़ को एक अंगुली पर उठा लिया था। सीता की रक्षा हेतु कैसे लंका में प्रवेश किया। गीता का विवेचन करें तो श्रीकृष्ण ने भी अर्जुन को यही तो उपदेश दिया कि जो भक्त मुझ पर विश्वास करता है मैं अपने भक्तों को कभी असहाय नहीं होने देता।

एक राजकुमार भगवान् में हठ विश्वास से महात्मा बुद्ध बने। एक गड़ेरिया का बेटा ईसामसीह बना। एक दुबला सा युवक अपने आत्मविश्वास और देशभक्ति के कारण राष्ट्रपिता महात्मा गांधी बने।

इन महापुरुषों और ऐतिहासिक गाथाओं की बात छोड़ एक सरल सा प्रसंग है कि 'एक बार एक पिता अपने नन्हें से बालक को सड़क से पार करा दूसरी ओर ले जा रहा था। स्वभाविक रूप से उसने बच्चे को सावधानी से दायें बायें देखकर सड़क पार करने का आदेश दिया। लेकिन जब मोड़ पर लालबत्ती हुई पिता ने उसका हाथ जोर से पकड़ा और घसीटते हुए शीघ्रता से सड़क पार करवा दी और देखा कि बालक ने अपनी दोनों आंखें अच्छी तरह से बन्द की हुई थी पिता को क्रोध आया और उसने ऊंची आवाज में बच्चे से पूछा कि मैंने तुम्हें सावधानी से इधर उधर देख कर चलने के लिये कहा था किन्तु वह नादान सा नन्हा बालक मुस्करा कर कहने लगा कि पिता जी आपने मेरा हाथ इतने जोर से पकड़ा हुआ था और मेरा आप पर विश्वास था कि आप मेरा अच्छी तरह से ध्यान कर रहे हैं। जैसे सड़क की गाड़ियों की तेज रफ्तार और भीड़ - भाड़ में पिता ने पुत्र का हाथ थाम कर उसकी रक्षा कर रहा था उसी प्रकार आज हर व्यक्ति जीवन की इस दौड़ - धूप में व्यस्त रहकर आंखें मूंद कर चल रहा है किन्तु ईश्वर ने उसका हाथ थामा हुआ है, जिस व्यक्ति का उस प्रभु में विश्वास है। रामचरित मानस में इस तथ्य को कितने सुन्दर शब्दों में कहा गया है :-

बिनु विश्वास भक्ति नहीं ते हि बिनु द्रवहि न राम।

राम कृपा बिन सपनेहूँ जीव न लहे विश्राम।।

ईश्वर में विश्वास से ही मन में आशा और उत्साह बना रहता है उससे ही अच्छी बुद्धि, विवेक और शुभ संकल्पों का विकास होता है। यही विश्वास उसे मानसिक शान्ति भी देता है।

जैसे हमारे शरीर में सांस लेने की क्रिया अपने आप हो रही है उसके लिये हमें प्रयत्न नहीं करना पड़ता उसी प्रकार यदि हम मन में, भगवान् में विश्वास की भावना को दृढ़ कर लें तो जीवन का मार्ग सहज हो जाता है।

संकलन - विमल बुद्धिराजा



# ALL INDIA DERAVAL SAHAYAK SABHA (Regd.)

F/27-28, Derawal Bhawan, Kirti Nagar,  
New Delhi - 110015

## OVERVIEW - POSTHUMOUS AWARDS

### Sabha bows in front of the forgotten Veterans.

Introducing **Posthumous Awards to honor veterans** in A.I.D.S.S. (Regd.) was a brilliant suggestion by my late father, Shri. Megh Raj Khera. Recognizing the contribution of veterans by presenting awards to their family members at the annual day function is a wonderful way to show appreciation and respect.

This initiative not only honors the memory of the veterans but also helps to increase membership and foster a sense of community within the organization. It's great to hear that this was successfully introduced at the 61st Annual Derawal Day in 2023.

Building on the legacy of our esteemed organization, we are proud to continue the tradition of honoring our veterans. This year, under the guidance of our TRUSTEES, we have resolved to pay tribute to the unsung heroes who, despite their remarkable contributions, remain unrecognized during their tenure.

To acknowledge their selfless service, the Sabha has carefully selected a group of distinguished seniors and social workers who have been instrumental in shaping our organization since its inception in 1955.

Although the list of deserving individuals is extensive, we aim to complete the recognition process over the next 4-5 years, ensuring that each veteran receives the appreciation they deserve.

We are delighted to invite the family members of our esteemed veterans to join us as we honor their loved ones with a special Appreciation Award, recognizing their remarkable contribution and dedication to our community.

# ALL INDIA DERAVAL SAHAYAK SABHA (Regd.)

F/27-28, Derawal Bhawan, Kirti Nagar,  
New Delhi -110015

सेवा  
परमोधर्म



Since 1955

**62<sup>nd</sup>**  
**ANNUAL**  
**DERAWAL DAY**

Life is just a circle.  
It is just a circle of life.  
People forget old veterans and then  
new stalwarts come in.  
So, “we need to remember the roots”

यह सिर्फ जीवन का एक चक्र है।  
लोग पुराने दिग्गजों को भूल जाते हैं  
और फिर नए दिग्गज आते हैं।

इसलिए,  
“हमें जड़ों  
को याद रखने की  
जरूरत है”



**LATE SHRI RAMNATH SACHDEVA**  
(02-07-1915 to 10-03-1987)

**Shri Ram Nath Sacheva** was the scion of the well known Zamidar Sachdeva family of Dera Ghazi Khan famous for its integrity and intellegence. After graduating from Lahore, he proceeded to Ceylon (Sri Lanka) as touring Salesman of Pioneer Sports.

He shifted to Delhi in 1940. He joined Army Headquarters and retired in 1974 as Under Secretary. Social service had been his purpose and part of life. Truly speaking, the idea of Derawal Bhawan in Delhi was originally conceived by him. He laid the keel of the Derawal Sahayak Sabha in 1956. He successfully organised the affairs of the Sabha as its Founder President for Seven years thereby bringing the Sabha to a firm base. During his time, that the Sabha made its first public appearance in 1960 when the foundation stone of the Bhawan in Kirti Nagar was laid.

Shri Ram Ratan Virmani Ji, Head Master of D.G. Khan Hindu High School wanted to retired due to old age 1964 he made frantic search for a dedicated, social worker to manage the affairs of the school. Fortunately his choice fell on his old pupil, Shri Sachdevaji, to shoulder this heavy responsibility. He honoured his Guru's wishes. Since then he successfully steered the School affairs as Secretary-cum-Manager for Seventeen years. During this time the School gained in dignity and financial stability.

He was a life member of Derawal Biradari, Maharashtra. He was conferred the title of "**Dera Rattan**" by the Derawal Biradari, Maharashtra. He was also the President of The All India Derawal Biradri, Delhi in the year 1986-87.

He wrote the Book, "**DERA PHULAN DA SEHRA**". History of Dera Ghazi Khan, rekindled the sweet memories of Dera. Unfortunately, he died ten days before its release, on the function of All India Derawal Biradri. He rekindled the sweet memories of Dera and thus made it immortal. Coming Generations will remember him with gratitude.

**All India Derawal Sahayak Sabha (Regd.)** honours with dignity Late Sh. Ram Nath Sachdeva, with "**DERA LIFETIME ACHIEVEMENT AWARD**" for his services for Derawal's welfare



## LATE SHRI SOHAN LAL HURIA

**Shri Sohan Lal Huria**, the esteemed son of Late Shri Chaman Lal Huria, was born into a revered and prominent agriculturist family in Dera Ghazi Khan (now in Pakistan). A man of unwavering devotion, integrity, and righteousness, you shared your life with Smt. Dhan Devi, a pious and God-fearing soul whose deep faith in **Shri Gopi Nath Ji** was a guiding light for the family.

The partition of 1947 brought profound upheaval to countless lives, and like many Derawal families, you faced the trials of displacement with courage and dignity. You initially resided in Pahar Ganj, Delhi before laying stronger roots in Kirti Nagar, where your foresight and leadership came to the forefront.

In an era of uncertainty, you emerged as a visionary, identifying and uniting Derawal families scattered across the city. Your selfless efforts to foster community bonds culminated in the establishment of a shared platform that would define the **Derawal legacy**. Alongside stalwarts such as Shri Ram Nath Sachdeva, Bhagwan Dass Mehta, Megh Raj Khara, R.S. Lal, R.S. Dhingra, Parma Nand Mehta, Hira Nand Mehta, and Amar Nath Mehta, you laid the foundation for the **Derawal Sahayak Sabha**. This historic initiative became a beacon of unity and collective purpose. The creation of the **Derawal Bhawan** in New Delhi and the **Derawal Dharamshala** in Haridwar stand as enduring symbols of your indomitable spirit, perseverance, and foresight.

Your life in Kirti Nagar was marked by a steadfast commitment to the welfare, prosperity, and unity of the Derawal community. As one of the **nine founding fathers** of the **All India Derawal Sahayak Sabha (Regd.)**, you personified dedication, innovation, and wisdom. Your inherent and impacting joviality, innate kindness, and ability to bring joy and laughter to those around you became your hallmark, leaving an everlasting impression on all who were blessed to know you.

On 26th July 1970, you departed peacefully, leaving an irreplaceable void in the hearts of your family and the **Derawal Biradari**. However, your spirit, ideals, and contributions continue to serve as an eternal inspiration. Your vision is the cornerstone upon which future generations thrive, and your legacy remains a shining beacon of hope and progress.

In recognition of your extraordinary contributions to the community, the **All India Derawal Sahayak Sabha (Regd.)** takes great pride in posthumously honoring you with the **"DERA LIFETIME ACHIEVEMENT AWARD."** This award not only pays tribute to you but also celebrates your remarkable lineage.

Your children, Shri Brij Bhushan Huria, a distinguished scholar and retired Chief General Manager of Industrial Finance Corporation of India, Shri Shiv Charan Huria, an esteemed ISO consultant and former Scientist at National Council for Cement and Building Materials, and Smt. Shiva Kharabanda, a pious and God-fearing lady, carry forward your legacy with grace, contributing meaningfully to society.

Our Sabha is equally honored to recognize your eldest grandson, Shri Manoj Huria, a Patron of our Sabha, a respected industrialist, and a prominent businessman whose contributions continue to reflect the values and vision you upheld so passionately.

Your life, achievements, and principles will forever be etched in the golden pages of history and in the hearts of all who cherish the Derawal identity. You will be remembered not only as a visionary leader but as the guiding light whose wisdom, compassion, and pioneering spirit illuminated the path for future generations.

With profound respect, deep admiration, and eternal gratitude, we honor your timeless legacy.



**LATE SHRI RADHEY SHAM DHINGRA**  
(24.09.1924 -24.05.2011)

**Shri Radhey Shyam Dhingra**, was born on 24th September 1924 in a very respectable and God fearing family at Dera Ghazi Khan (now in West Pakistan). He got married to a very simple and highly religious lady Mrs. Laj Wanti. Blessed with one son Shri Inder Kumar Dhingra, who is a Patron of our Sabha. Shri Hitesh Dhingra, your grandson is one of the regular and generous Donors. The family migrated to New Delhi when India got independence & stayed in Karol Pugh, thereafter moved to Jangpura in 1952 and finally settled in Kirti Nagar in the year 1960.

Sir, during your stay in Kirti Nagar, you always thought about creating a happy, joyous atmosphere like the one Derawal Brethern enjoyed in D.G. Khan. So, way back (as early between 1954-1957), a Committee of Derawals was formed, prominent among them were Sarvshri Ram Nath Sachdeva, Hira Nand Mehta, Parma Nand Mehta, Tirath Dass Mehta, Megh Raj Khera, Radhey Shyam Dhingra, Mohan Lal Mehta & Sohan Lal Huria. The Committee decided that Derawals should find a new place, where a colony be developed for the permanent living of Derawals. The idea was very much appreciated and Committee members met various Derawals staying in different parts of the city, convinced them to come, purchase plot in Kirti Nagar. The efforts of the members were successful. Later, a Society was formed in the name and style of "DERAWAL SAHAYAK SABHA" which came into existence in Sixties. In a joint effort by way of pooling money through donations, land was purchased in Kirti Nagar where **DERAWAL BHAVAN** stands today.

Sir, after retirement you devoted most of your time in the welfare activities of Derawal Biradari. You always wished Derawals to meet and talk about the golden period of pre independence. With a brilliant idea, you thought of such meetings. You were instrumental in forming a group of Derawals who studied at HINDU HIGH SCHOOL in D.G. Khan. Prominent among the group members were yourself, S/Shri R.S. Lal, M.R. Khera, R.K. Tarneja, Gopal Bhatia, K.S. Makhija, Madan Makhija, G.D. Nangia, Ramesh Ahuja, A.S. Chaudhary, N.D. Nangia, M.L. Kathpalia, Hem Rattan Makhija and many more. The group used to meet once a month at a designated place, joyfully exchanged their happy school memories as well as difficulties of post independence period.

Sir, you have always been an integral part of our Sabha. Your sincere efforts in bringing togetherness among Derawals is commendable Your selfless services shall always be remembered by the coming generations.

Sir you left for your heavenly abode to stay in the Golden Lotus Feet of Almighty God on 24th May, 2011.

With Dignity and Honour, **ALL INDIA DERAWAL SAHAYAK SABHA (Regd.)** confers on you "**DERA LIFETIME ACHIEVEMENT AWARD**" posthumously.



## स्वर्गीय श्री ईशर दास मिनोचा

(1919 to 12-07-1996)

आपका जन्म 1919 में डेरा गाजी खान में एक धार्मिक परिवार में हुआ। आपके माता-पिता की आप इकलौती संतान थे। बचपन में ही माता-पिता के देहांत के बाद, आपने अल्पायु से जीवन का भरण पोषण स्वयं किया। आपका विवाह सुश्री कृष्णवती के साथ एक सम्भ्रांत परिवार में हुआ। आपकी जीवन यात्रा में संघर्ष, मेहनत, और निष्ठा की भावना ने आपको एक अद्भुत व्यक्तित्व प्रदान किया।

आप सन 1947 में विभाजन के पश्चात दिल्ली आए। दिल्ली आने के बाद दिल्ली क्लॉथ मिल में नौकरी करने लगे और कीर्ति नगर में आपना निवास स्थापित किया। धार्मिक प्रवृत्ति का होने के कारण आप कीर्ति नगर में साप्ताहिक संकीर्तन मंडली से जुड़ गए। आपके तीन पुत्र और दो पुत्रियाँ हैं जिनकी शिक्षा आपने बहुत अच्छे से संपन्न कराई और सभी का विवाह आपकी देखरेख में संपन्न हुआ।

आपके संस्कारों से प्रेरणा लेते हुए आपके बड़े सुपुत्र श्री धर्मपाल मिनोचा जी आज, ऑल इंडिया डेरावाल सहायक सभा (पंजीकृत) में पैटर्न एवं प्रशासकीय ट्रस्टी के रूप में एवं दूसरे सुपुत्र श्री नरेश कुमार मिनोचा जी डेरावाल हेल्थ केयर सेंटर में अपनी निःस्वार्थ सेवाएं दे रहे हैं। आपके पोते श्री राकेश मिनोचा (सपुत्र श्री धर्म पाल मिनोचा जी) ने भी 2016 से सह-सचिव और सचिव के पद पर रहते हुए सभा को अपनी सेवाएं दीं।

**“जैसी हो भावना जिसकी वैसे हों विचार, संस्कार कुल बताते हैं, शिक्षा आपका व्यवहार”**

कीर्ति नगर में आपका परिवार डेरावाल बिरादरी से जुड़ा, जिसके चलते आप ऑल इंडिया डेरावाल सहायक सभा (पंजीकृत) के प्रत्येक डेरावाल वार्षिक दिवस पर आप हजारों लोगों के लिए भंडारा लंगर की व्यवस्था करते थे। आप समाज में जरूरतमंद लोगों की सहायता करने में हमेशा आगे रहते थे, चाहे वह खुशी के अवसर हों या दुःख के। आप लगभग 20 वर्षों तक (जब तक जीवित रहे) डेरावाल भवन की होम्योपैथी डिस्पेंसरी में अपनी सेवाएं प्रदान करते रहे। आपकी जीवन यात्रा संघर्ष, मेहनत, निष्ठा, और प्रभु भक्ति से परिपूर्ण रही। आपने 12 जुलाई 1996 को अपना शरीर छोड़ इस सांसारिक जीवन से विदा ली।

ऑल इंडिया डेरावाल सहायक सभा (पंजीकृत) आपकी निष्ठा, सहयोग की भावना, समाज के प्रति समर्पण एवं उत्कृष्ट सामाजिक सेवाओं के लिए आपको मरणोपरांत हर्ष और सम्मान के साथ **“डेरा लाईफ टाइम अचीवमेंट अवार्ड”** से सम्मानित करती है। आपका जीवन समाज सेवा और धार्मिक गतिविधियों में महत्वपूर्ण योगदान का प्रतीक है, आपकी विरासत और आपके आदर्श आने वाली पीढ़ियों को प्रेरित करते रहेंगे।





### LATE SHRI TIRATH DAS MEHTA

**Late Shri Tirath Das Mehta** was the eldest son of the Late Shri Hakim Devki Nandan. Surender Mehta, our patron and administrative trustee in the office, is the younger son. Sh. Vinai Mehta, son of Late Sh. Tirath Das Mehta is Special Invitee & Financial Consultant of our Sabha. Hakim Devki Nandan, fondly called as Hakim Sahib was the only son of Hakim Mohan Lal a Unani Hakim of Dera Ghazikhan who expired at a very young age and Hakim Sahib became the head of the joint family and settled in after Partition.

Shri Tirath Das being the eldest son used to come all the way from Mathura to attend the association's regular meetings, which were held to raise funds for the construction of Derawal Bhawan. In 1960, the family built thier house in Kirti Nagar and Hakim Sahib migrated with all his family members from Mathura to Delhi.

Shri Tirath Das has associated with the Sabha wholeheartedly since its inception. Due to his long association with the Sabha, he was elected President of the Sabha (1975-76) where he served with great zeal and a strong bond with the Sabha and Derawal Bhawan.

Besides his sincere association with Sabha, he was keen that the Derawal brethren keep regular links with each other. With that thought in mind, he kept organizing big parties at his farmhouse in Ballabgarh.

He was a man of strong principles and belief and always stood his ground for the noble cause only, which sometimes was bitter also.

It is now a great thought of the Management of **All India Derawal Sahayak Sabha (Regd.)** for our heavenly abode old founders, Seniors, and Social Workers of the Sabha to honour them, whose contributions were so selfless and dedicated that the Sabha could attain more and more strong and glorious association.

The Sabha, besides others, feels proud and has now decided to confer the Posthumous Award of **“DERA LIFETIME ACHIEVEMENT AWARD”** as a certificate of appreciation to the family of the Hakim Devki Nandan and Late Shri Tirath Das Mehta.



नित्यलीलालीन  
**श्री रामचन्द्र राजपाल (भगत जी)**  
 (20-09-1920 to 03-11-1979)

आपका जन्म 20.9.1920 को डेरागाजी खान के जाने माने परिवार में हुआ। कर्मशील प्रतिभा के धनी, शालीनता, सहिष्णुता एवं मधुरता आदि गुणों के धनी तथा प्रभु भक्ति में सदैव लीन रहने वाले श्री रामचन्द्र राजपाल जी उनकी भक्ति भावना, सत्संग के कारण 'भगत जी' कहकर पुकारा जाता था।

स्वर्गीय श्री रामचन्द्र जी नियम से प्रत्येक शनिवार सायं डेरावाल बिरादरी वालों के घर-घर जाकर साप्ताहिक संकीर्तन का आयोजन करते थे। तथा नौकरी से आने के बाद घर-घर जाकर ट्यूशन भी पढ़ाते थे।

मान्यवर, आपका परिवार आज जो कुछ भी है वह आपके तथा आपकी धर्मपत्नी जी के कारण है। आपके संस्कारों और उनके द्वारा दी गई सन्मति और मान सम्मान और विरासत आज भी परिवार के जीवन का हिस्सा है।

आपने अपने बच्चों की शिक्षा का पूरा ध्यान रखा। घर भी बनाया और बड़ी मेहनत करके सभी का संस्कारी परिवारों में विवाह करवाया। अचानक ही रिटायरमेंट के बाद 3 नवम्बर 1979 दिल का दौरा पड़ने से आपका शरीर पंच तत्वों में विलीन हो गया।

मान्यवर, आपकी जीवन यात्रा सत्य, निष्ठा तथा प्रभु भक्ति से परिपूर्ण रही है। आपके इन्हीं सात्विक गुणों से आपको गोलोक में श्रीहरि चरणों में निवास मिला।

डेरावाल बिरादरी आपकी निःस्वार्थ सेवाओं को सदैव याद रखेगी। ऑल इंडिया डेरावाल सहायक सभा आपकी सेवाओं के लिए आपको मरणोपरान्त, हर्ष और सम्मान के साथ "डेरा कर्मवीर पुरस्कार" से सम्मानित करती है।

### महामन्त्र

हरे कृष्णा, हरे कृष्णा कृष्णा कृष्णा, हरे हरे ।  
 हरे राम हरे राम, राम राम हरे हरे ॥  
 श्री कृष्णा चैतन्य प्रभु नित्य नन्दा ।  
 हरे कृष्णा हरे राम श्री राधे गोविन्दा ॥  
 रूप सनातन भक्त रघुनाथ जय ।  
 जीव गोपाल भज दास रघुनाथ जय ॥  
 जय कृष्णा चैतन्य जय नित्य नन्दा ।  
 जय द्विज गढ़ा घर गौर भक्त वृन्दा ॥  
 हरे कृष्णा हरे कृष्णा कृष्णा कृष्णा हरे हरे ।  
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### आरती श्री रामायण जी की

आरति श्रीरामायण जी की। कीरति कलित ललित सिय पी की ॥  
 गावत ब्रह्मादिक मुनि नारद। बालमीक विग्यान बिसारद ।  
 सुक सनकादि सेष अरु सारद। बरनि पवनसुत कीरति नीकी ॥  
 गावत बेद पुरान अष्टदस। छओ सास्त्र सब ग्रंथन को रस ।  
 मुनीजन धन संतन को सरबस। सार अंस संमत सबही की ॥  
 गावत संतत संभु भवानी। अरु घटसंभव मुनि बिग्यानी ।  
 व्यास आदि कबिबर्ज बखानी। कागभुसुडि गरुड के ही की ॥  
 कलिमल-हरनि बिषय रस फीकी। सुभग सिंगा मुक्ति जुबती की ।  
 दलन रोग भव मूरि अमी की। तात मात सब बिधि तुलसी की ॥



## स्वर्गीय श्री चेतन दास आहूजा (1925 to 18-07-2001)

श्री चेतन दास आहूजा जी का जन्म 1925 में डेरा गाज़ी खान के एक सम्मानित परिवार में हुआ। बचपन से ही आप कुशाग्र बुद्धि के बालक थे।

जब आप 12 वर्ष के थे तभी आपके पिताजी का निधन हो गया और आपका परिवार जिसमें आपकी माताजी, आप तीन भाई तथा एक बहिन के जीवन यापन तथा भरण - पोषण का दायित्व आपके कंधों पर आ गया। आपने कठिन परिश्रम करते हुए उस दायित्व को संभाला तथा 12 वर्ष की अल्प आयु में कई प्रकार के कार्य कर के परिवार को संभाला। प्रभु कृपा से आप के हाथों में कई प्रकार की योग्यता आ गई।

आप राष्ट्रीय स्वयं सेवक संघ (RSS) के भी सक्रिय सदस्य बन गये। आपके (RSS) से सहयोग व मानव सेवा के गुणों द्वारा विभाजन के समय आपने सभी डेरावाल परिवारों को सकुशल डेरागाज़ी खान से भारत भेजने में सहायता की तथा खुद सबके जाने के पश्चात ही प्रस्थान किया।

श्रीमान आपका विवाह सुश्री विशन देवी जी से हुआ तथा आपकी जीवन सगिनी उच्च स्तर की धार्मिक महिला थी जो प्रतिदिन मंदिर का द्वार खोल कर प्रभु सेवा करती थी। दिल्ली आने पर आपने बाजार सीता राम में कलपुर्जे बनाने का कार्य शुरू किया। अपनी एक वर्कशॉप भी खोली तथा आपकी कार्यकुशलता व मेहनत से आपके कार्य की तारीफ होने लगी, काम भी काफी अधिक हो गया। उसके पश्चात आपने मोती नगर नजफगढ़ रोड इंडस्ट्रियल एरिया में भी एक कारखाने की शुरुआत की तथा कश्मीरी गेट में दुकान भी खोली। आज आपके तीनों सुपुत्र आपके शुरू किये हुए व्यवसाय को कुशलता पूर्वक चला रहे हैं।

कीर्ति नगर में आप और आपका परिवार डेरावाल बिरादरी से जुड़ा तथा ऑल इंडिया डेरावाल सहायक सभा के हर वार्षिक अधिवेशन में आप प्रतिवर्ष फल, सब्जियां आदि ला कर लंगर की व्यवस्था में सहायता करते थे। यह कार्य आपने कई वर्षों तक किया। आपकी सेवा भाव की प्रवृत्ति आपके सुपुत्रों में भी है। आपके सुपुत्र श्री भारत भूषण आहूजा जी प्रत्येक रविवार को मंदिर में निःस्वार्थ सेवा और लंगर की व्यवस्था करते हैं। श्री भारत भूषण आहूजा जी आज डेरावाल सहायक सभा के अध्यक्ष हैं।

मान्यवर आपकी जीवन यात्रा संघर्ष, मेहनत, निष्ठा व प्रभु भक्ति से परिपूर्ण रही है तथा आपने 18 जुलाई 2001 को इस संसार से विदा ली।

मान्यवर आपका सामाजिक कार्यों व डेरावाल बिरादरी में सहयोग तथा सेवाओं के निहित ऑल इंडिया डेरावाल सहायक सभा (पंजी. आपको सदैव सम्मान से याद रखेगी तथा इस अवसर पर आपको मरणोपरांत “**डेरा करमवीर पुरस्कार**” से सम्मानित करती है।



## स्व. श्री मोहन लाल सेठी

श्री मोहन लाल सेठी जी का जन्म डेरागाजी खान के एक संभ्रांत परिवार में हुआ। आपके पिता श्री जुमाराम जी एक प्रतिष्ठित फल प्यापारी थे। आपका विवाह एक धार्मिक एवं उच्च संस्कारों महिला सुश्री बिमला जी से हुआ।

सन् 1947 में विभाजन के पश्चात आप परिवार सहित दिल्ली आ कर पहाड़गंज में ठहरे। आपने कड़ी मेहनत और लग्न से बर्फ का व्यापार प्रारम्भ किया जिसमें आपको महारत हासिल हो गयी। तत्पश्चात आपने सन् 1960 में फूलों के व्यवसाय में कदम रखा। प्रभु कृपा और कड़ी मेहनत से आपने उस व्यवसाय को आगे बढ़ाया। आज आप फूल मंडी के अग्रणी व्यवसायी हैं।

आप दिल्ली में सभी डेरावाल परिवारों के सम्पर्क में रहे तथा डेरावाल सहायक सभा के भी सम्पर्क में रहे। डेरावाल सहायक सभा के समाजिक कार्यों में आपने भरपूर सहयोग दिया। प्रतिवर्ष डेरावाल सहायक सभा के वार्षिक दिवस समारोह के अवसर पर फूलों की सजावट का काम तथा फूल मालाओं की निःशुल्क सेवायें आपने दी।

आपने व्यवसाय में अपने सुपुत्रों के भविष्य को भी ध्यान में रखा तथा उसी के फलस्वरूप आज आपके सभी सुपुत्र अच्छा व्यवसाय कर रहे हैं।

डेरावाल बिरादरी आपकी निःस्वार्थ सेवाओं को सदैव याद रखेगी। ऑल इण्डिया डेरावाल सहायक सभा (पंजी.) आपकी सेवाओं के लिये आपको मरणोपरान्त, हर्ष और सम्मान के साथ **“डेरा विभूषण पुरस्कार”** से सम्मानित करती है।



**LATE SHRI SUNDER DAS SACHDEVA**  
(19-08-1921 to 13-02-2015)

**Shri Sundar Dass Sachdeva** was born on 19th August, 1921 at Dera Ghazi Khan, the eldest of 7 children, in the renowned well educated family of Shri Harkishan Lai Sachdeva (Advocate) and Smt. Janki Devi Sachdeva.

Sir, after schooling from Hindu High School, DG Khan, you graduated from DAV College, Lahore in 1941, where you excelled in Hockey and Badminton and proudly represented the College and University. Soon after graduation, you joined Government Revenue Services. You married to a very simple and pious lady Smt. Kamla in January 1945, fathering 5 children, who are all well settled. All your children have acquired your brilliance and are well settled in their respective professions/fields.

Sir, you held several important assignments as a part of Central Government service all over then Independent India and retired as an Assistant Collector IRS. Sir, you lived in Kirti Nagar intermittently since 1959 and were very closely involved in day to day activities of Derawal Sahayak Sabha. Your able guidance and suggestions for the upliftment of the Sabha were always admired. Besides you were also an integral part of the Managing Committee of D.G. Khan Hindu High School, Palwal, for many years.

Sir, you were a person of outgoing personality with a great sense of humour. You made lifelong friends, had an adventurous nature and loved to travel and trek in the mountains.

Sir, you breathed your last and left for your heavenly abode peacefully on 13.2.2015 leaving a void that is hard to fill.

In recognition of your invaluable contributions, the **All India Derawal Sahayak Sabha (Regd.)** posthumously bestows upon you the prestigious "**DERA VIBHUSHAN AWARD**" with profound dignity and honour.



**LATE SHRI SHAM LAL SEHRA**  
(16-01-1916 to 01-02-2007)

**Shri Sham Lai Sehra** was born on 16.01.1916 in a Cloth Merchant family of Dera Ghazi Khan. Since childhood, you were an Introvert natured person. With high patriotic feeling, you joined Rashtriya Swayam Sewak Sangh and soon become Incharge of all SHAKHAS. You performed a National Duty and during partition, escorted people from villages to safer railway stations for migrating to India. Even your family members travelled alone and you were among the few last persons to leave Dera Ghazi Khan.

Sir, you were married to a highly religious lady SMT. GIAN DEVI daughter of Shri Devi Dayal Girdhar of Multan and blessed with seven daughters and one son.

After migration, you initially settled in Vijay Nagar , Delhi and later on shifted to Kirti Nagar. Your wife left for her heavenly abode at a very early age on 31.05.1958. You worked as an Auto Electrician and acquired proficiency in your trade. You always thought of living in a peaceful and' calm atmosphere. Your deep devotion to God, led you to join Bhajan Mandali and actively participating in SHRI SUNDAR KAND PATH at Derawal Bhawan, Kirti Nagar. You were an integral part of such events of Derawal Parivar at various locations.

You passed away peacefully on 01.02.2007. Sir, recognizing your active participation and close association to Derawal Biradari, **ALL INDIA DERAVAL SAHAYAK SABHA (Regd.)** New Delhi, honours you by conferring "**DERA KARMVEER AWARD**" posthumously.



## स्व. श्री पूरन चन्द लाल

(1918 to 25-02-2005)

श्री पूरन चन्द लाल जी का जन्म 1918 में डेरागाज़ी खान (आज के पाकिस्तान) के एक प्रतिष्ठित परिवार में हुआ। आपके पूज्य पिता श्री कुंवर भान जी हिक्मत (हकीम) का कार्य करते थे तथा जन सेवा में संलग्न रहते थे। आपने भी युवावस्था में घरेलू सामान का व्यापार करके परिवार में सहयोग दिया।

सन् 1947 में भारत विभाजन के पश्चात आप परिवार सहित दिल्ली आ कर पहाड़गंज, नई दिल्ली में ठहरे। जिन डेरावाल परिवारों को दिल्ली आने पर रहने का स्थान नहीं मिलता था उनकी आपने सहायता की तथा सहर्ष अपने निवास स्थान में रख कर जन सेवा की।

उसके पश्चात आप राष्ट्रीय स्वयं सेवक संघ (RSS) के सक्रिय सदस्य बन गये तथा राष्ट्र सेवा में अपना योगदान दिया। जीवन यापन के लिये आपने दिल्ली के विभिन्न बाजारों में साइकिल पार्ट्स को व्यापार किया।

उपरोक्त गतिविधियों के साथ-साथ आप दिल्ली में बसे डेरावाल परिवारों के संपर्क में भी रहते हुए डेरावाल बिरादरी के अनेक कार्यों में तन-मन-धन से अपना सहयोग दिया।

आपने स्वर्गीय बालूराम जी रावल के साथ-साथ उनके हर कदम पर पूरा सहयोग किया तथा स्वर्गीय श्री भगवान दास जी मेहता की आर्थिक सहायता से हरिद्वार में डेरावाल भवन का निर्माण करवाया। आपके अथक प्रयासों से ही आज डेरावाल भाई-बहिनों के लिए हरिद्वार डेरावाल धर्मशाला में ठहरने की उचित व्यवस्था है।

इसके अतिरिक्त श्री गोपीनाथ जी मन्दिर वृन्दावन तथा डेरावाल शिव समिति में भी आपका योगदान अतुलनीय है। आप समय-समय पर डेरावाल सहायक सभा के विभिन्न कार्यक्रमों में सर्वदा अग्रणी रहे।

मन्यवर, आपकी जीवन-यात्रा सत्य, निष्ठा, प्रभु भक्ति एवम् समाज सेवा से परिपूर्ण रही है। इन गुणों से आपको श्री हरि चरणों में 25.02.2005 को स्थान मिला। डेरावाल बिरादरी आपकी निःस्वार्थ सेवाओं को सदैव याद रखेगी।

ऑल इंडिया सहायक सभा (पंजी.) आपकी सेवाओं के लिए आपको मरणोपरान्त हर्ष और सम्मान के साथ **“डेरा कर्मवीर पुरस्कार”** से सम्मानित करती है।

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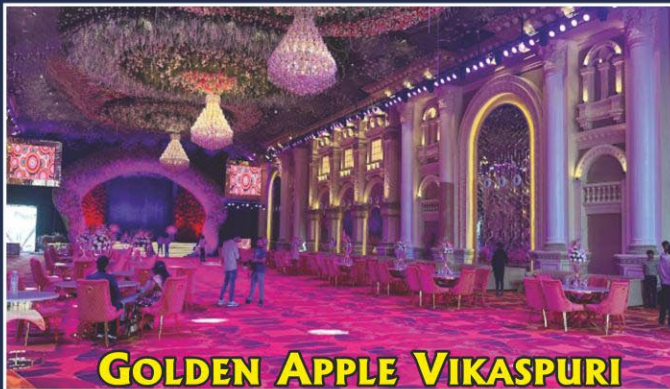
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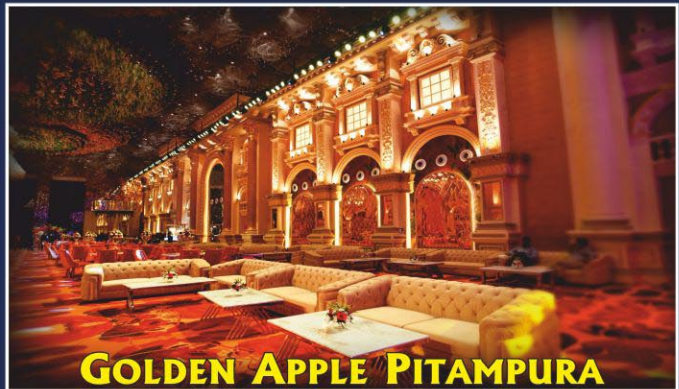
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## हम बीमार क्यों पड़ते हैं ?

अधिकतर बीमारियों का कारण दुषित वातावरण एवं प्राकृति के नियमों की अवहेलना करना होता है न कि शारीरिक कमियाँ। जान बूझकर अथवा अनजाने में हम हर समय दुषित वातावरण के प्रभाव में रहते हैं, जो हमारे स्वास्थ्य पर प्रतिकूल प्रभाव डालता है, जैसे - हम हर समय किसी न किसी रूप में जीवाणुओं और कीटाणुओं से संक्रमित भोजन, पानी और वायु का सेवन करते हैं। यहाँ तक कि कुछ जीवाणुओं के लिये तो हमारा शरीर एक 'फूड बैंक' बन जाता है और वे इस पर ही पलते हैं।

सामान्यतः हम रोगों के दुष्प्रभाव को ही देखते हैं, परंतु दुष्प्रभावों से बचने के उपायों की ओर पूरा ध्यान नहीं देते हैं। रोग एवं स्वास्थ्य दोनों शरीर के सन्तुलन पर निर्भर करते हैं। सन्तुलन की दशा में इनका शरीर पर प्रभाव लाभदायक और असन्तुलन की दशा में हानिकारक होता है।

**सूर्य का प्रकाश :** आदि काल से ही भारत वासी सूर्य के प्रकाश को स्वास्थ्यवर्धक एवं रोगनाशक शक्ति के रूप में मानते आये हैं। सूर्य - रश्मियों के दैनिक प्रयोग से मनुष्य कफ, पित्त एवं वायु से उत्पन्न सभी रोगों से मुक्त होकर सौ वर्ष पर्यन्त जीवित रह सकता है। उसमें भी सूर्य की प्रातःकालीन किरणें अत्यधिक उपयोगी होती हैं।

**जल :** मानव शरीर में लगभग दो तिहाई मात्रा जल की होती है। जल की मात्रा को बनाये रखने के लिए 8 से 10 गिलास पानी रोज पीना हितकर होता है। मुख्यतः वृद्धों को तो बिना प्यास 8-10 गिलास पानी रोज पीना चाहिये, क्योंकि वृद्धावस्था में प्यास कम लगती है, लेकिन जल की आवश्यकता तो बनी ही रहती है। जापान के सिकनेस संस्थान ने हाल ही में आम जनता के लिये एक बुलेटिन जारी कर यह बताया कि जिन असामान्य बीमारियों का निदान अभी तक सम्भव नहीं हो पाया है, उन्हें जल चिकित्सा से ठीक किया जा सकता है। यह एक बहुत ही सरल, सुविधाजनक तथा बिना व्यय की चिकित्सा है। इसमें प्रातः उठते ही 3 गिलास पानी पीना होता है, जिससे कब्ज - जैसे रोग तो कुछ दिनों में एवं दूसरे रोग कुछ समय में ठीक हो जाते हैं।

**साँस की सामान्य प्रक्रिया :** साधारणतया हमारे फेफड़े 8,76,000 गैलन वायु साँस के माध्यम से लेते हैं। एक मिनट में 15 बार साँस लेने की प्रक्रिया होती है। इस प्रकार एक दिन में 21,600 बार यह प्रक्रिया होती है। साँस लेने की गति मनुष्य के

स्वास्थ्य के साथ जुड़ी रहती है। जल्दी - जल्दी साँस लेना एक तनावयुक्त अस्वस्थ शरीर की ओर संकेत करता है। इसलिये यह जरूरी है कि पूर्ण मात्रा में साँस ली जाय। जो ऑक्सीजन साँस के द्वारा अन्दर ली जाती है, उसकी 1/5 मात्रा मस्तिष्क के काम में आती है। व्यायाम एवं प्राणायाम करने से स्वतः ही वायु की आवश्यकता की पूर्ति हो जाती है। 'योग सुधा' बेंगलुरु के शोध के अनुसार यदि हम बायीं नासिका से 27 बार साँस की प्रक्रिया दिन में चार बार एक महीने तक अपनायें तो यह प्रक्रिया शान्ति प्रदान करती है। यही प्रक्रिया, दाहिनी ओर से करने पर वजन कम हो जाता है।

**व्यायाम :** व्यायाम एक आश्चर्यजनक एवं शक्तिवर्द्धक औषधि है। अगर वैज्ञानिक तरीके से, प्रतिदिन 40 मिनट व्यायाम किया जाय, तो यह शरीर के अंगों के तन्तुओं (सेल्स) - को पुनः ताजा कर देता है, जिससे शरीररूपी मशीन सुचारू रूप से कार्य कर सकती है। हाल के कई वैज्ञानिकों ने परीक्षण कर यह उजागर किया है कि यदि हम किसी अंग का उपयोग नहीं करते हैं, तो उसे खो बैठते हैं। (यूज इट ऑर लूज इट)

**ध्यान :** ध्यान एक ऐसी प्रक्रिया है, जिससे व्यक्ति अपने शरीर, मन एवं आत्मा का शुद्धीकरण कर सकता है। यदि नियमित तौर पर दिन में 2 बार 15-15 मिनट के लिये ध्यान किया जाय तो कई प्रकार की मानसिक बीमारियों से छुटकारा पाया जा सकता है तथा जीवन शान्तिप्रिय एवं आनन्दित हो जाता है। ध्यान के लिये यह आवश्यक है कि मनुष्य अपने साथ अपना कुछ समय, अपनी रीढ़ की हड्डी को सीधा रखते हुए किसी सुविधाजनक स्थान पर कम्बल के ऊपर बैठकर ध्यान करे। इसके द्वारा शरीर के अंगों का आपस में इतना समन्वय हो जाता है कि सकारात्मक विचारों से व्यक्ति किसी भी रोग पर स्वतः ही विजय प्राप्त कर सकता है। इससे एक अनुभूति भी प्राप्त होती है, जिससे मनुष्य परिस्थितियों को स्वीकार कर लेता है। आप वही बन जाते हैं, जो आप सोचते हैं - इसका अनुभव ध्यान में ही होता है, क्योंकि आन्तरिक शक्ति का उपयोग ध्यान द्वारा ही किया जा सकता है। हमारा हृदय बन्द मुट्ठी जितना ही है, लेकिन हमारा यह अंग हर समय कार्यरत रहता है। ध्यान - प्रक्रिया द्वारा इसे विश्राम मिलता है, इससे यह आपकी दीर्घकाल तक सेवा कर सकता है।

**भोजन का अनुशासन :** यहाँ तक कहा गया है कि मनुष्य का स्वस्थ उसके खाने पर ही आधारित है। इस सन्दर्भ में विटामिन 'सी' का बड़ा महत्त्व है। यदि उचित भोजन के मुख्य बिन्दु जानने का प्रयास किया जाय, जो ये प्रमुख रूप से तीन ही हैं : (1) भूख लगे तभी खाना, (2) जो आपके शरीर के अनुकूल हो, वही खाना और (3) कम खाना। एक बात सदैव स्मरण रखने योग्य है कि 'पेट में दाँत नहीं होते।

**हितभुक :** अर्थात् सात्विक खाना वही खाओ जो हितकारी हो।

**मितभुक :** अर्थात् भूख से कम खाना (भूख से कम खाओ)।

**मितभुक -** अर्थात् न्यायोपार्जित खाना (ऋतु के अनुकूल खाओ)।

'अग्नि आहार को पचाती है और उपवास मलों व विकारों को पचाता है अर्थात् नष्ट करता है। - डॉ. डेवी भी इस कथन की सत्यता प्रकट करते हुए कहते हैं - "रोगी को भूखा रखकर आप रोग को भूखा मार सकते हैं। पिछले बीस वर्षों में उपवास चिकित्सा पर काफी प्रयोग हुए हैं। इससे 80 प्रतिशत बीमारियाँ अपने आप ठीक होती पाई गई हैं। केवल दो या तीन दिन के उपवास से दैनंदिन रोग तथा दीर्घ उपवास से चिरकालिक रोग में सुधार होता है।"

आत्मबल इस संसार का सबसे बड़ा बल है। अंतर्जगत की शक्तियों का महत्त्व कहने-सुनने से नहीं, वरन् अनुभव करने से ही जाना जा सकता है।

**रात्रि शयन से पूर्व निम्न कार्यवाही करें :**

**दाँत साफ करें :** टूथ पेस्ट से नहीं अंगुली से मंजन करें। दाँतों में फँसे टुकड़ों को खाली एवं गीले ब्रुश से निकाल सकते हैं।

**महत्त्वपूर्ण :** दिन में जाने अनजाने जो गलतियाँ हुई हैं, उनका स्मरण कर उनकी पुनरावृत्ति अगले दिन से न करने का संकल्प लें।

हकीम लुकमान कहते थे कि मनुष्य समय से पहले मरने और गड़ने के लिये अपनी कब्र अपनी जीभ से खुद खोदता है। इसका तात्पर्य यह था - चटोरेपन से वशीभूत जिहा अनुपयोगी पदार्थों को अनावश्यक मात्रा में उदरस्थ कराती है और जीवन मरण का संकट उत्पन्न करती है।

**अंतिम पर महत्त्वपूर्ण :** रोज थोड़ा समय दूसरों की भलाई के काम में लगायें, उस समय आपको अपनी चिंता करने से मुक्ति मिलेगी।

**विटामिन्स एवं पोषक तत्व जो इम्युनिटी को मज़बूत करते हैं :** जैसे-जैसे हमारी उम्र बढ़ती है वैसे-वैसे हमें इन्फेक्शन होने का खतरा भी बढ़ जाता है। विभिन्न कारणों से हमारा रोग प्रतिरोधक तंत्र कमजोर हो जाने से ऐसा होता है। इन सबका सबसे बड़ा कारण सही पोषण न मिलना होता है।

तो हमारे लिए सही पोषण क्या है? इसका जवाब है पोषक तत्व, जैसे विटामिन A, C, D, E, B2 B6 और B12, जिंक, ओमेगा 3, फोलिक एसिड और आयरन। इन्फेक्शन के विरुद्ध हमारे शरीर की रोग प्रतिरोधक शक्ति को बढ़ाने और बीमार पड़ने पर हमारे स्वस्थ हाने में लगने वाले समय को कम करने के लिए ये आवश्यक है। हमारा दैनिक आहार शरीर के कई पोषक तत्व प्रदान करता है। लेकिन वह पर्याप्त नहीं होते हैं। हर भोजन से अधिकतम पोषक तत्व प्राप्त करने के लिए आपको यह सुनिश्चित करने की आवश्यकता है कि आप जो कुछ भी खाते हैं, वह सही खाद्य सामग्री से बना हो।

**पोषक तत्व एवं लाभ :**

**विटामिन A :** रोग प्रतिरोधक प्रतिक्रिया सुधारने में मदद करे।

**विटामिन C :** सर्दी और खांसी से लड़ने में मदद करे।

**विटामिन D :** इनफ्लेमेशन से लड़ने में सहायता करे

**विटामिन E :** इम्युनिटी को बढ़ाने में मदद करे

**ओमेगा 3 :** स्वस्थ रोग प्रतिरोधक तंत्र बनाने में सहायक होता है।

**क्या भारत के प्रौढ़ विटामिन C की कमी से ग्रस्त हैं ?**

भारत के हर 4 में से 3 बुजुर्गों में खाने को लेकर खराब आदतें और जीवन शैली के कारण विटामिन C की कमी है, यह पाया गया अरविंद आई हॉस्पिटल (पुदुचेरी) और एम्स (नई दिल्ली) के विशेषज्ञों के साथ लंदन स्कूल ऑफ हाइजीन एंड ट्रॉपिकल मेडिसिन के प्रोफेसर एस्ट्रिड फ्लेचर के एक अध्ययन में। यानी हमारे 75% से अधिक बुजुर्ग विटामिन C की कमी के शिकार हैं। आज हम जिस कठिन समय का सामना कर रहे हैं, उसे देखते हुए यह पहले से भी कहीं ज़्यादा जरूरी है कि हम अपने दैनिक आहार में विटामिन C निश्चित करें जो इम्युनिटी बढ़ाने में मदद करे।

## विटामिन - सी के 7 फायदे :

- (1) विटामिन - सी एक शक्तिशाली एंटीऑक्सिडेंट है, जो बीमारियों से लड़ने में शरीर की मदद करता है।
- (2) यह आम सर्दी और खांसी जैसी कई बीमारियों से लड़ता है।
- (3) विटामिन - सी हमारे शरीर से विषाक्त पदार्थों को बाहर निकालने में मदद करता है, नसों को आराम देता है और रक्तचाप को नियंत्रित करता है।
- (4) यह बैड कोलेस्ट्रॉल को कम करने में बहुत महत्वपूर्ण भूमिका निभाता है, जो दिल की कई बीमारियों के लिए जाना जाता है।
- (5) यूरिक एसिड के स्तर को कम करता है, सूजन को कम करता है और यहां तक कि गाउट के जोखिम को भी कम करता है।
- (6) आयरन के अवशोषण को बेहतर बनाने में मदद करता है।
- (7) याददाश्त की रक्षा करता है और सोचने की क्षमता

को बेहतर बनाता है।

दूध एवं डेयरी पदार्थों में शरीर के लिए आवश्यक कई चीजें एक साथ होती हैं। अतः इनका नियमित सेवन, खाने में रही किसी कमी को पूरा करने में सहायक होता है तथा पौष्टिकता बढ़ाता है।

आहार के सम्बन्ध में यह विशेष उल्लेखनीय है कि सही एवं परिपक्व भूख लगने पर ही खाना खाये।

रूस के स्वास्थ्य विशेषज्ञ ब्लाडीमार कोरेचोवस्को का मत है 'भूख से जितना अधिक खाते हैं, समझना चाहिये कि उतना ही विष खाते हैं'।

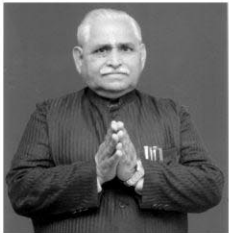
सवेरे जल्दी उठेगा जो, रहेगा हर वक्त वो हंसी खुशी।  
न आयेगी सुस्ती कभी नाम को, खुशी से करेगा हर इक काम को।  
'सुबह का वक्त और ठण्डी हवा' 100 दवाओं से बेहतर दावा होती है।

शरीर को भगवान का मंदिर समझकर आत्म संयम और नियमितता द्वारा आरोग्य की रक्षा करें।  
**सुदर्शन पाहवा**  
संरक्षक : ऑल इण्डिया डेरावाल सहायक सभा (रजि.)  
Retd. Section Officer from Govt. Service

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## बहुत सी बीमारियों का इलाज है “अदरक”

अदरक का विशुद्ध शब्द है आर्दक। वास्तव में अदरक गरमी प्रदान करने वाली वस्तु है, लिहाजा इसका सेवन सर्दी अथवा वर्षा के मौसम में अवश्य करना चाहिए। इसको सुखाकर इसे सोंठ का नाम दे दिया जाता है। अदरक को अपने आपमें स्वास्थ्य के दृष्टिकोण से गुणों की खान कहा जाता है। आइये, इसके कुछ गुणों से लाभ उठाने का प्रयास करें।

- अपच की शिकायत होने पर एक चम्मच शहद में अदरक का रस मिलाकर पी लें। आपको राहत महसूस होगी।
- पेट में गैस हो रही हो तो एक चौथाई चम्मच नींबू का रस मिलाकर चाट लें। पेट की गैस समाप्त हो जाएगी। और आप राहत महसूस करेंगे।
- गैस की ही शिकायत होने पर इस तरह से भी अदरक का सेवन आप कर सकते हैं। अदरक, हरड़, बहेड़ा, आंवला तथा सोंठ (सूखा अदरक) काली मिर्च और पीपल (सभी पांच ग्राम) लेकर पीस लें। अब एक प्याला पानी उबाल कर उक्त मिश्रण को मिलाकर पी जायें। अप्रत्याशित रूप से आराम मिलेगा।
- अगर आपकी नाक बंद हो और आंखों में जलन हो तो अदरक का रस और गुड़ मिलाकर सूंघें। आराम मिलेगा।
- अगर आवाज फट रही हो या गला बैठ गया हो तो अदरक को धोकर उसमें चाकू से काट कर, गूदा सा बनाकर उसमें चुटकी भर हींग भर कर पान के पत्ते में लपेटकर कड़े (उपले) की मध्यम आंच पर भूनें। बाद में ठंडा कर अदरक को पीस कर छोटी-छोटी गोलियां बनाकर दिन में चार बार एक एक गोली चूसें। आराम मिलेगा।
- गले में खराश होने पर अदरक के रस में शहद मिला कर चाटें। गला ठीक हो जायेगा।
- यदि आपकी उंगली कुचल गयी हो (खून न बह रहा हो) तो अदरक को बारीक कुचल कर गरम कर लें और कुचले हुए हिस्से पर किसी कपड़े की सहायता से बांध दें। दर्द में आराम मिलेगा।
- मिचली आ रही हो तो अदरक को छील कर उसके एक छोटे से टुकड़े पर नींबू निचोड़ कर ऊपर से नमक छिड़क कर चबाइये। आराम मिलेगा।

- उल्टी सी महसूस हो रही हो तो साफ अदरक के एक टुकड़े के समान नींबू रस करीब उतनी ही मात्रा में अनारदाना और मुनक्का मिलाकर पीस लें। इस चूर्ण को चाटें।
- पूरी रात सोने के पश्चात् भी दिन में कॉलेज अथवा ऑफिस में नींद आ रही हो तो चाय बनवाते वक्त सोंठ का चुटकी भर पाउडर मिलाकर डालें और प्रातःकाल लगातार एक सप्ताह तक पियें।
- पेट में जलन यानी अम्लता की शिकायत होने पर सूखा अदरक और हरी धनिया की पत्ती मिलाकर कूट लें। इसे एक गिलास पानी में मिलाकर उबालें। एक तिहाई पानी बचने पर उसमें शहद मिलाकर पी जाएं। आराम मिलेगा।
- कब्ज होने पर एक टुकड़ा अदरक और एक मध्यम आकार का आम और नींबू का रस निचोड़ कर एक प्याला पानी में मिलाकर पी जाएं।
- कमर दर्द की शिकायत होने पर अदरक की फाक पर नींबू का रस और नमक छिड़क कर सेवन करने से कमर का दर्द जाता रहता है। गर्भवती स्त्रियों को चाहिए कि सोंठ के चूर्ण को तेल में भून कर पीठ और कमर में मालिश करानी चाहिए। इससे कमर और पीठदर्द की शिकायत नहीं रहती।
- खट्टे डकार आने पर अदरक के साथ अनारदाना, काली मिर्च, काला नमक, हींग और दालचीनी मिलाकर पीस लें। इतनी ही मात्रा में मिश्री मिलाकर नींबू के रस में लेप बना लें और दिन में तीन-बार चाटें। यदि डकार ज्यादा आ रही हों तो चार बार भी चाटा जा सकता है। खांसी के साथ बुखार आ रहा है तो एक चम्मच सोंठ के चूर्ण में एक चुटकी अजवाइन डाल कर खायें और आराम करें। पसीने के साथ ही आपकी सारी शिकायत समाप्त हो जायेगी। दिन में तीन बार इसका इस्तेमाल करें।
- यदि गला पक जाने का कारण खांसते वक्त खून आ रहा हो तो घबरायें नहीं। अदरक कुचल कर गरम करें और घी अथवा तेल में भूनकर किसी साफ कपड़े में बांधकर गले में लपेट लें। आराम मिलेगा।

– डी.पी. मिनोचा



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सभा उन सदस्यों को भी श्रद्धांजलि दे रही है जिनका डेरावसल पत्रिका के पिछले प्रकाशन  
December 2024 के दौरान निधन हो गया था :

DATE	NAME & ADDRESS	DATE	NAME & ADDRESS
<b>सभा के पूर्व मार्गदर्शक</b>		<b>सभा के पूर्व मार्गदर्शक</b>	
05-12-1996	<b>LATE SH. HEM RATTAN MAKHIJA</b> Former Patron Kirti Nagar, New Delhi.	25.12.2021	<b>LATE SMT. LAJWANTI DHINGRA</b> W/o Late Sh. Radhey Sham Dhingra, One of our Founder Members. Recipient of Dera Shardha Saman in 2015 & Head of Mahila Satsang Mandli,
20.12.2002	<b>LATE SH. S. M. CHAWLA</b> Former President & Patron (F/o Sh. Anurag Chawla-Admn, Trustee)	17.12.2023	<b>LATE SH. KRISHAN SWARUP MAKHIJA</b> Dera Lifetime Achievement Awardee in 2017 & Former Patron, N.D.S.E., New Delhi
06.12.2006	<b>LATE SH. M. L. AHUJA</b> Former President & Patron Eldest Brother of Late Sh. Rakesh Ahuja, Former Admn. Trustee, Chief Patron & Dera Rattan Awardee (2015)	<b>डेरावाल बिरादरी-समाज सेवी</b>	
01.12.2008	<b>LATE SMT. CHANDER KANTA SACHDEVA</b> W/o Late Sh. Ram Nath Sachdeva One of The Founding Fathers & 1st President of Sabha, Kirti Nagar, New Delhi.	18.12.1975	<b>LATE SH. NARAIN DAS MEHTA</b> Moti Nagar, New Delhi
20.12.2011	<b>LATE SMT. SANGEETA KHERA</b> W/o Shri Ravi Khera, Chairman & Admn. Trustee. Recipient for the benevolent act of Organ Donation by Honourable Health Minister Dr. Harsh Vardan.	16-12-1992	<b>LATE SH. RAGHU NATH SEHRA</b> Janakpuri, New Delhi
13.12.2015	<b>LATE SH. SUNDER DAS SACHDEVA</b> Former Vice President, Retired IRS officer. Recipient of Shawl Saropa, Palam Vihar, Gurugram	01-12-1993	<b>LATE MAJ. S. K. GOGIA (Retd.)</b> S/o Late Sh. N. D. Gogia, Former Chairman & Admn. Trustee. Kirti Nagar, New Delhi
01.12.2018	<b>LATE SMT. BIMLA VERMA</b> W/o Dr. R. S. Verma, President of AIDSS Function (2012), Faridabad Winner of many Awards, Recognized the empowered woman by former President Mrs. Pratibha Patil, Best Principal Trophy etc.,	05-12-1994	<b>LATE SMT. SAVITRI DEVI BHUTANI</b> W/o Late Sh. Atam Parkash Bhutani, Kirti Nagar, New Delhi
		08.12.1993	<b>LATE SHRI MOHAN LAL MEHTA</b> F/o Late Capt. Ramesh Mehta, Kirti Nagar, New Delhi.
		18-12-1993	<b>LATE SMT. SUSHILA DEVI MEHTA</b> Kirti Nagar, New Delhi
		19.12.1993	<b>LATE SH. SHANTI LAL THAKKAR</b> Kirti Nagar, New Delhi
		15.12.1996	<b>LATE SH. JETHA NAND LUTHRA</b>
		22.12.1996	<b>LATE SMT. SHANTI DEVI GOGIA</b> East Patel Nagar, New Delhi.

<b>डेरावाल बिरादरी-समाज सेवी</b>	
<b>DATE</b>	<b>NAME &amp; ADDRESS</b>
31.12.2000	<b>LATE SMT. SHANTI DEVI NANGIA</b> Kirti Nagar, New Delhi.
13.12.2001	<b>LATE SMT. KRISHNA DEVI WADHWA</b> New Rajender Nagar, New Delhi.
19.12.2001	<b>LATE SMT. GANESH DEVI RAKHEJA</b> Mother of Sh. Guru Dutt Rakehja, Patron, Vishal Enclave, New Delhi
23.12.2002	<b>LATE SH.DINA NATH GROVER</b> Vijay Nagar, New Delhi.
05-12-2004	<b>LATE SMT. CHANDER KANTA DHINGRA</b> Social Worker Teacher at Girls Knitting School at Bhawan & Recipient of Shawl Saropa, Uttam Nagar, New Delhi
31.12.2008	<b>LATE SH. RAKESH MEHTA</b> S/o Late Sh. Sadhu Ram Mehta, West Patel Nagar, New Delhi.
06.12.2006	<b>LATE SHRI R. S. BATRA</b> Janakpuri, New Delhi
30.12.2010	<b>LATE SMT. YOGESH BHUTANI</b> W/o Sh. Prem Bhutani, Dehradon, D/o. of Late Sh. Bhagwan Das Mehta, One of the Founders of Sabha

<b>डेरावाल बिरादरी-समाज सेवी</b>	
<b>DATE</b>	<b>NAME &amp; ADDRESS</b>
18.12.2012	<b>LATE SH.SADA NAND KHERA</b> Jangpura-B, New Delhi.
23.12.2014	<b>LATE SH. SATISH PAHWA</b> Generous Donor, Greater Kailash, New Delhi.
24.12.2014	<b>LATE SH. ASHOK ABBI</b> Son in Law of Late Sh. Mohan Lal Mehta, One of our Founding Fathers, Hyderabad.
02.12.2016	<b>LATE SH. MOHAN MEHTA</b> Ghaziabad, U.P.
11.12.2018	<b>LATE SH. KRISHAN LAL KATHURIA</b> F/o Sh. Ramesh Kathuria (G. Secretary) Kirti Nagar, New Delhi
07.12.2022	<b>LATE SMT. BHAWNA DHAWAN</b> A relative of Former President Sh. Madan Mohan Chawla, Bikaner.
01.12.2024	<b>LATE SH. VIKAS HURIA</b> Younger brother of Sh. Manoj Huria, Patron Switzerland.
18.12.2024	<b>LATE SH. ANIL KHURANA</b> A relative of Patron Sh. Vijay Huria Amritsar (Punjab)

***You have been and will always be a guiding force and inspiration to all of us.  
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Chairman & Admn. Trustee



**RAMESH AHUJA**

Chief Patron

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पिता का स्थान तो ईश्वर के तुल्य है। दुनिया में केवल पिता ही एक ऐसे इंसान है, जो चाहते हैं कि मेरे बच्चे मुझसे भी ज्यादा कामयाब हों...

- पिता एक उम्मीद है, एक आस है, परिवार की हिम्मत और विश्वास है, बाहर से सख्त और अंदर से नर्म है, उनके दिल में दफन कई मर्म हैं।
- पिता संघर्ष की आंधियों में हौसलों की दीवार हैं, परेशानियों से लड़ने को दो धारी तलवार हैं, बचपन में खुश करने वाला खिलौना है, नींद लगे तो पेट पर सुलाने वाला बिछौना है।
- पिता जिम्मेवारियों से लदी गाड़ी का सारथी है, सबको बराबर का हक़ दिलाता यही एक महारथी है, सपनों को पूरा करने में लगने वाली जान है, उनसे तो माँ (मम्मी) और हम बच्चों की पहचान है।

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- प्रार्थना और विश्वास दोनों अदृश्य है, परन्तु दोनों में इतनी ताकत है कि नामुमकिन को मुमकिन बना देते हैं। धुंआ दर्द बयां करता है और राख कहानियां छोड़ जाती है, कुछ लोगों की खामोशियाँ भी निशानियाँ छोड़ जाती है।

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01.	Indian Book Depot	Front Cover Inner	19.	Diamond Factory	64
02.	Rahat	04	20.	Derawal Sahayak Smaiti (Vasudev Tuteja)	85
03.	The Friends Industrial Corporation	08	21.	Euphoria Mansion	104
04.	Emkay Printers	33	22.	Golden Apple	106
05.	Philco	36	23.	Handa Medical Store	106
06.	Kathuria Goods Carrier	40	24.	Har Shree Nath Garment Collection	109
07.	Chandra Lakshmi Fraternity Fund Pvt. Ltd.	44	25.	Derawal Shiv Samiti	115
08.	Space Organics	46	26.	Shri Gopinath Ji Mandir Seva Samiti (Trust)	115
09.	Davar Relators & Infrastructure Pvt. Ltd.	48	27.	Mandir Shri Gopinath Ji (Dera Gazi Khan)	116
10.	Sheller	50	28.	Derawal Shiv Samit (Nizamuddin)	116
11.	Supa's	52	29.	Derawal Divas ki Shubh Kamnayan (Harish Chhabra)	117
12.	Jyoti Book Shop	54	30.	Khera Real Estate	118
13.	New White House	54	31.	SJM Promoters	119
14.	Harish Kumar & Co.	56	32.	Malik Music Events	120
15.	Jyoti's Noddy	58	33.	Hotel Jageer Palace	121
16.	Bharati Rakheja	60	34.	Elgin Electronics Pvt. Ltd.	122
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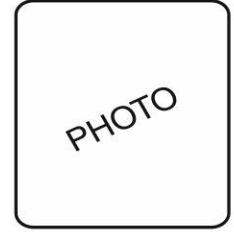
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Mob. No.....Tel.No.....Email ID.....
- (vi) Office Name & Address : .....  
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- (vii) Is / Were your Father / any of the Family members / Relative, already a Member / Life member of the Sabha, if yes / No. Please give his / her name and membership No.....  
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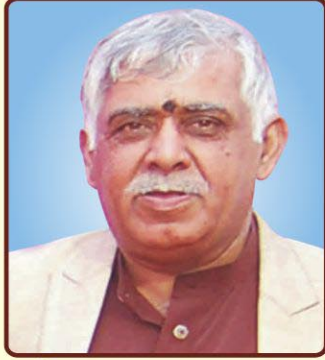


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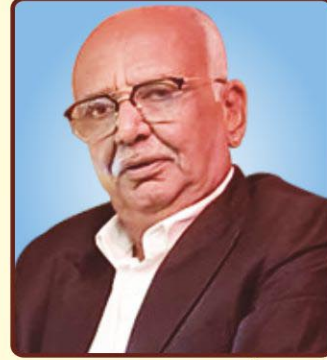


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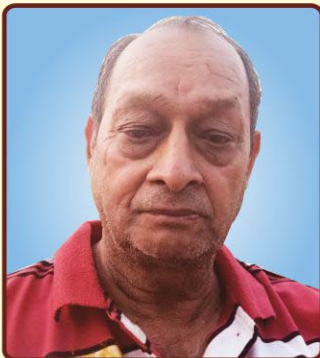
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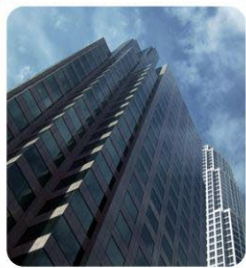
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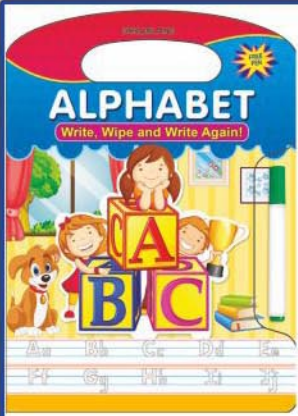
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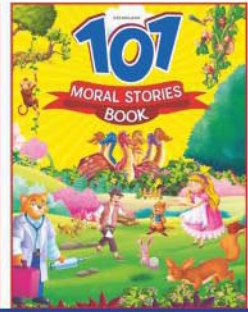
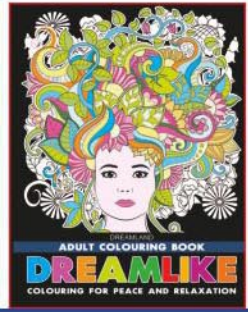
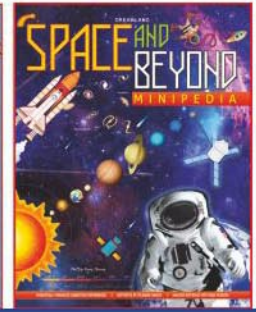
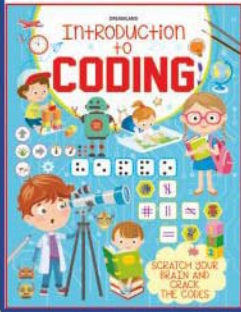
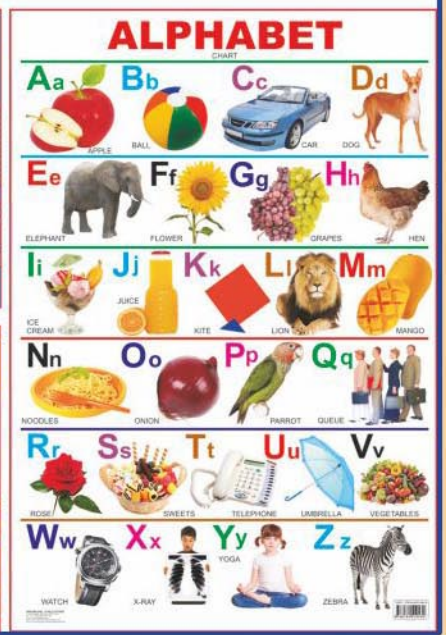
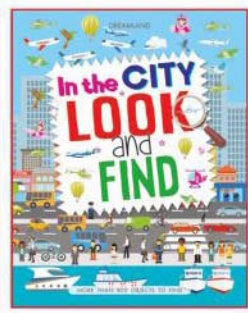
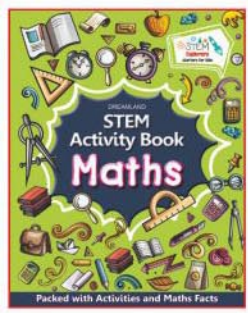
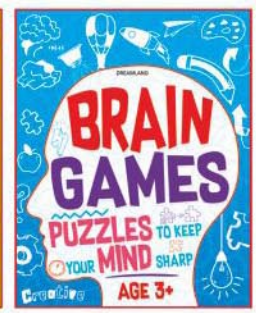
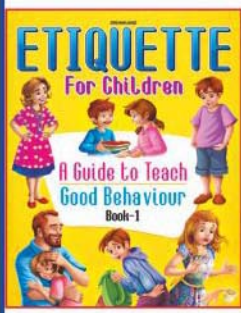
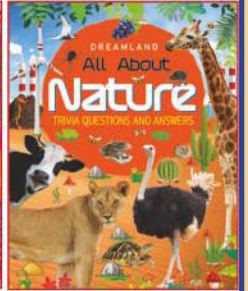
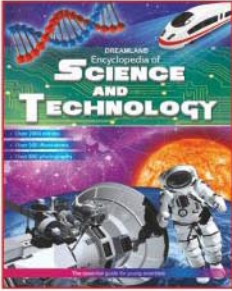
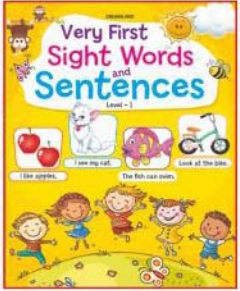
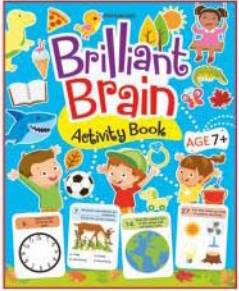
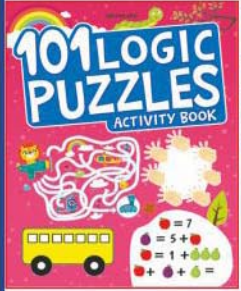
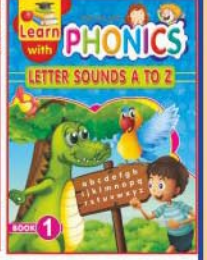
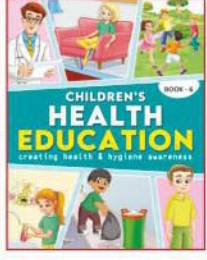
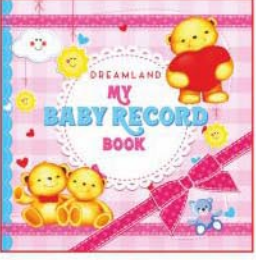
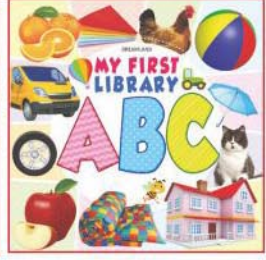
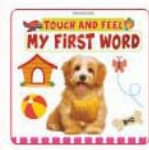
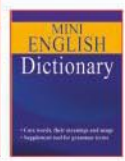
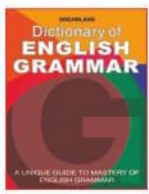
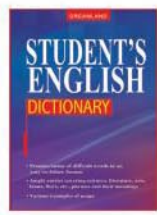
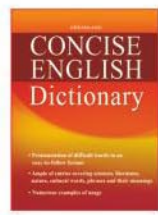
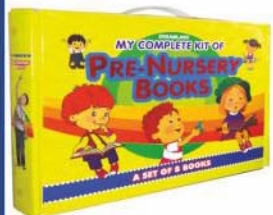
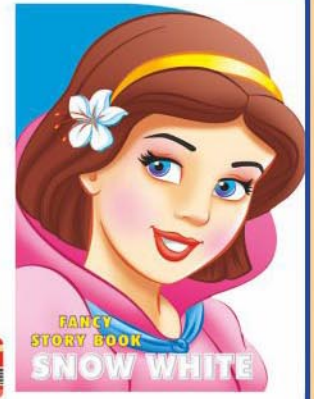
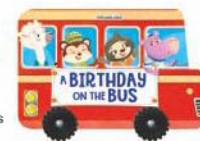
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